



STONE CREEK
Assisted Living & Memory Care

GRIEF RELIEF SUPPORT GROUP

SEPTEMBER 21, 6 - 7:30 P.M.

Monthly, every 3rd Thursday

FREE EVENT

StoneCreek
Assisted Living & Memory Care
17701 N. Western Ave.
Edmond, OK 73012

**Grief is a process and is different
for everyone.**

Our support group helps individuals with
the process of healing after loss.

Our group is open to the community and
is designed to help people cope with
feelings of grief, loneliness, and sadness
in a safe and caring environment.

Come be a part of our community.

MONTHLY TOPICS TO INCLUDE:

- Understanding the grief process
- Coping with feelings
- Self-care
- Relationships & dealing with others

SUPPORT GROUP FACILITATORS:

Jenni Massengill
COD@StoneCreek-AL.com

Renae Cerquitella
Renae@StartHereCoachingServices.com

For questions and
additional information
call 405-330-5020.