


**Del Norte Senior Center**  
**1765 Northcrest Drive**  
**Crescent City, CA 95531**  
**707-464-3069**  
**Hours 9:00am to 4:00pm**

**COME JOIN US!!!**  
**Lunch Served**  
**Monday Thru Friday**  
**11:00am TO 12:30Pm**



# July 2024

SUN	MON	TUE	WED	THU	FRI	SAT
Gift shop open Daily	1 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Games 12:30	2 Crochet Friendship Group 12:30 Book Club 12:30	3 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards /Games 12:30	4  <b>SITE COSED</b>	5 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Games 12:30	6
7	8 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Games12:30	9 Crochet Friendship Group 12:30 Book Club 12:30	10 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards 12:30	11 Craft and Coloring 12.30	12 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards 12.30	13
14 Gift shop open Daily	15 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards /Games12:30	16 Crochet Friendship Group 12:30 Book Club 12:30	17 Yoga 9:00-9:45 Cards 12:30 Bingo 12:30	18 Craft and Coloring 12:30 Foster Grandparents 12:00	19 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Games 12.30	20 
22 	23 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Games 12:30 Bunco (Women Club)	24 Crochet Friendship Group 12:30 Book Club 12:30	25 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Games 12:30	26 Craft and Coloring 12:30	27 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Games 12.30	28
29 Volunteer Opportunities Available	30 Chair Yoga 9:00-9:45 Mat Yoga 9:45-10:30 Cards/Games 12:30	31 Crochet Friendship Group 12:30 Book Club 12:30				<b>Senior Legal Service</b> <b>464-3069</b> <b>1-800-972-0002 X304</b> <b>1-707-445-0866 X304</b>