Getting Your Cat into the Carrier for Travel

Below you will find helpful tips to help your cat feel more comfortable in the carrier. By making your cat's carrier a safe, secure, and pleasant place on a daily basis, you can reduce the stress he or she may feel related to visits to the veterinary hospital or travel.

Tips for making the carrier a fun place for your cat:

- Set the carrier in a favorite place for your cat
- Put a favorite blanket or soft, absorbent towel in the carrier
- Place a few pieces of your cat's favorite treats in the carrier
- Use a pheromone spray (such as Feliway) on bedding in the carrier to help calm your cat
- Leave the door open and let your cat get comfortable going in and out
- When your cat intentionally chooses the carrier as a hiding place, close the door for small periods of time
- Make the carrier a comfortable resting, feeding, or play location. Keep the carrier out and accessible in the home, not just when you are getting ready to take your cat somewhere.

Tips for getting an unwilling cat into a carrier:

- Utilize treats and favorite bedding or toys to encourage your cat into the carrier
- Do not chase or force your cat into the carrier! This will increase stress and equate the carrier with fear and anxiety.
- Try getting your cat into a small room with few hiding places. This will encourage your cat to choose the carrier as a hiding place.
- If your cat is comfortable being held and wrapped in a towel, gently place him or her in the carrier rear end first. If your carrier has a removable top, gently place your cat into the carrier with the top off, then place and secure the top.

If your cat seems stressed from the car ride and arrival at our clinic, please let our receptionist know as soon as you arrive. We will work to make your cat as comfortable as possible by finding a quiet room for you and your cat to wait, and decrease the stressors that cats face when spending time in a veterinary clinic.