

*The Barony of Windhaven  
Welcomes you To:  
Fighter School 2025*



[www.baronyofwindhaven.org/school](http://www.baronyofwindhaven.org/school)

Schedule updated 02/20/2025 7:00 PM

Time	Vigil	Armored List 1	Armored List 2	Armored List 3	Armored List 4	Rapier List 1	Rapier List 2	Rapier List 3	Rapier Pickups	Youth List	Archery/Thrown	
9:00		Inspections & Pick Ups	Site Opens/Authorizations					Passing Your First Authorization	Site Opens/Authorizations		Site Opens	
9:45	Morning Court											
10:30	Inspections & Pick Ups									Closed		
11:00-11:45	Evelein Jantz Vigil Held near armored list from 10:30-4:30	Basic Ladder Drills	Fighting language	The Greatsword (or How to Lose Friends and Alienate Co-workers)	Combat Archer and Shieldpersons	Teaching in the SCA	Intro to Sabre	The Gates of Martial Progression	String Theory	Introduction to Youth Combat / Gear	Thrown Weapons Marshal Roundtable	
12:00		Lunch										
1:00-1:45		Basic spear	Eastern European use of Tension in the fight	Hand positioning for polearm	The S.M.A.C.K. Talk	Quadrants	Bringing a Knife to a Gunfight	Small Melee Tactics for Rapier	Pick-up Fighting	Fighting with Great Weapons	Flemish Twist Bowstring Construction	
2:00-2:45		Improving Your Infighting and Groundfighting	Running a Flank	Adv footwork	Lead vs Follow	Area of Excellence	Being a Short Fighter	Sword care	Italian Sword and Cloak	How to Hit like a Girl	Combat Archery and Siege Engineering Roundtable	
3:00 - 3:45		How to fight outside you weightclass	Preparing for Crown List	Small Frame Mechanics and Physio	Sinister Fighting	MoD Office Hours			Crossover Roundtable	Melee 101	Archery Marshals Roundtable	
4:00-5:30		Melee				Melee				Closed		
6:00		Evening Court										

**9:00 AM** – Site Opens

Inspections & Pickups  
Armored Combat List 1

Authorization  
Armored Combat Lists 2-4  
Rapier Lists 2-4

Passing Your First Authorization  
Instructor: Baroness Diedre  
Location: Rapier List 1  
Demystifying the authorization process. A real authorization can be done at the end, if needed.

**9:45 AM** – Morning Court

**10:30 AM – 11 AM**

Inspections & Pickups  
Armored Combat Lists 1-4  
Rapier Lists 1-4  
Youth List

**11 AM – 11:45 AM**

Basic Ladder Drills  
Instructor: Shin  
Location: Armored Combat List 1  
We will go over a few ladder drills I know and a few I learned from Branos.

Fighting language  
Instructor: Faolan Mac Brain  
Location: Armored Combat List 2  
Arms Needed: Weapon Gauntlets  
We will discuss how language impacts how we think about fighting, our bodies, body mechanics, perceptions of others, and visualization.

The Greatsword (or How to Lose Friends and Alienate Co-workers)  
Instructor: THL O'no Kagemori  
Location: Armored Combat List 3  
Basic to intermediate Greatsword, with focus on footwork, positioning and half-swording. Full armor not required, but your own greatsword and gauntlets highly encouraged.

Combat Archer and Shieldpersons

Instructors: Axel and Jacquette  
Location: Armored Combat List 4  
Arms needed: Full Armor  
Are you a combat Archer interested in learning how to command your own shield wall? Are you a Shieldperson that wants to be learn how to guard combat archers? This class is for you.

Teaching in the SCA

Instructor: THL Clydwyn  
Location: Rapier List 1  
From teaching new folks to coaching the experienced. All levels welcome from armored or rapier backgrounds. Interactive lecture.

Intro to Sabre

Instructors: Duke Vlad, Baron Bazyli, and Lord Aelfwine  
Location: Rapier List 2

The Gates of Martial Progression

Instructor: Master Robert Talbot  
Location: Rapier List 3  
Master Robert will be discussing the typical developmental timeline of a combatant, as well as describing common road signs and blocks that these combatants might encounter. Can be taken as a primer to Master Joseph's classes.

String Theory

Instructor: Master Jean-Robert  
Location: Rapier List 4  
A new approach to visualize keeping your line closed during an attack

Introduction to Youth Combat / Gear

Instructor: Abelard die Elster (Subject to change)  
Location: Youth List  
An introduction to youth combat, the rules, the equipment, and why kids like it.

Thrown Weapons Marshal Roundtable

Instructor: Aine ingen Maelpatraic  
Location: Archery/Thrown Weapons  
Please join DEM TW for a review of the updated Northshield Thrown Weapons Handbook, updates to marshal reporting requests from Society, and a check in on what's working and where we have opportunities for improving

support within our community! All are welcome - no need to be a TW marshal or MIT, though ALL who are or are interested in being a TW marshal or MIT are encouraged to attend.

### 12:00 PM – Lunch

### 1:00 PM – 1:45 PM

#### Basic Spear

Instructor: Prince Skio inn Riki  
Location: Armored Combat List 1  
Arms Needed: Weapon Gauntlets  
Basic spear

#### Eastern European use of Tension in the fight

Instructor: Duke Brannos  
Location: Armored Combat List 2  
Understanding your own tension and opponents in a fight and how to use both for your advantage.

#### Hand positioning for polearm

Instructor: Yngvar  
Location: Armored Combat List 3  
Arms Needed: Weapon Gauntlets  
Where your hands need to be vs range of opponent.

#### The S.M.A.C.K. Talk

Instructor: Capt. Duncan Burns  
Location: Armored Combat List 4  
Have you ever wondered about how HEMA might go mixed with Tai Chi? A dish of Italian Fencing with a dash of the 5 Rings of Miyomoto Musashi? The purpose of this class is NOT to fully answer that, but to take ideas and methods from the many and varied sources on combat arts/swordplay and distill them down into something you can use TODAY!  
The Simplified Method of Amalgamated Combat Knowledge (S.M.A.C.K.) Talk outlines core principles and ideas from swordplay sources covering over 750 years (1100-1850), combined and contrasted with the actual realities of Human Physiology, Mind/Body interface, and stuff as we learn it together.

Topics covered included:

- Biomechanics of combat movements.
- Stances, guard and voiding movements.
- Measure(distance, pace and timing) and control of each.

- Sword blow mechanics.
  - The 'Economy of Violence'.
- Handouts and Links provided for references.

#### Quadrants

Instructor: Master Joseph  
Location: Rapier List 1  
A class for intermediate fencers looking to hone their ability to analyze a fight. Master Joseph will be demonstrating how you can quickly and easily analyze different fencers, identify their core capabilities, and create a plan to beat them. Joseph will be demonstrating his Quadrant system, and plans to have a brief lecture followed by guided fight analysis at the end of class.

#### Bringing a Knife to a Gunfight

Instructor: Master Robert Talbot  
Location: Rapier List 2  
Come learn to methods of dealing with a refused guard from someone who lives in one.

#### Small Melee Tactics for Rapier

Instructor: THL Clydwyn  
Location: Rapier List 3  
Intermediate to advanced tactics for melee teams. No combat will be held. However, movements and spacing will be discussed and practiced by attendees.

#### Pickup Fights

Location: Rapier List 4

#### Fighting with Great Weapons

Instructor: Abelard die Elster (Subject to change)  
Location: Youth List  
The benefits and drawbacks and techniques of fighting with a sword that's longer than you are tall.

#### TBD Archery/Thrown Activity

Instructor: TBD  
Location: Archery/Thrown

### **2:00 PM – 2:45 PM**

#### Improving Your Infighting and Groundfighting

Instructor: Count Kaydian Bladebreaker

Location: Armored Combat List 1

Arms Needed: Full Armor

1 hour practical class on basic infighting techniques for A+ close range fighting, how to keep your guard and prevail once you've been legged and on the ground and tips on how to fight downed opponents. 1 hour - we will be running through some of techniques fully armored but even if you don't have armor, I will have some boffers to help with training.

#### Running a Flank

Instructor: Sir Melrakki

Location: Armored Combat List 2

Arms Needed: Weapon Gauntlets

How to protect a flank in melee. How to harass a flank of a unit in melee. How to be a nuisance to the enemy in melee.

#### Adv footwork

Instructor: Duke Brannos

Location: Armored Combat List 3

Understanding beyond the ladder drills and incorporating Circular footwork and learn to build footwork into combinations. Class will include Footwork and striking with a foam sword.

#### Lead vs Follow

Instructor: Baroness Katja

Location: Armored Combat List 4

In this class we will go over what it means to be leading vs following in a fight. This concept was taught to me by Countess Sir Sadb of the Midrealm.

#### Area of Excellence

Instructor: Master Joseph

Location: Rapier List 1

A class for Advanced fencers who wish to improve their game and start winning tournaments. Master Joseph will be discussing the concept of an "Area of Excellence" as first discovered by Gold Medal Epeeist Johan Harmenburg, and how you can use this concept to solidify your game.

#### Being a Short Fighter

Instructor: Duke Ajax

Location: Rapier List 2

#### Sword care

Instructor: THL Tribaldi

Location: Rapier List 3

How to take care of your sword and make it your own.

#### Italian Sword and Cloak

Instructor: Magnifico Valentin Malatesta

Location: Rapier List 4

Sword and Cloak in 16th & 17th Century Italian Sources

#### How to Hit like a Girl

Instructor: Abelard die Elster (Subject to change)

Location: Youth List

Featuring input from fighters who are not boys.

#### Combat Archery and Siege Engineering

Roundtable

Instructors: Rhys ap Owein ap Gwyn, DEM- Chief of Artillery, and Knutr Olafsson Osiðar

Location: Archery/Thrown Weapons

### **3:00 PM – 3:45 PM**

#### How to fight outside your weightclass

Instructors: Syr Gunther and Sir Drust

Location: Armored Combat List 1

Arms Needed: Weapon Gauntlets

Perspectives from both sides of the polearm.

#### Preparing for Crown List

Instructors: Axel Ulfgarsson and Jacquette D'Anjou

Location: Armored Combat List 2

What does it take to prepare and fight in a Crown List as a fighter and consort? Join Jarl Axel and Jacquette Hatan for a discussion on what they do to prepare.

#### Small Frame Mechanics and Physio

Instructor: Dutchess Helga

Location: Armored Combat List 3

Description TBD.

