

Madison County Senior Citizens Center

Golden Times

February 2017

Issue II

Find the



hidden inside this newsletter. When you find the groundhog call the center at 740-852-3001 by Friday, February 10th and tell us where it is located. If correct, your name will be entered into a drawing to win 5 free lunches. Last month the glove was found on page 5. The winner was Wanda Reid! Congratulations Wanda!

*The Senior Center will
be closed Monday,
February 20th in
observance of
Presidents' Day.*



2017 Governing

Board Members

Larry Gessel-President

Sharon Manion-Vice President

Shirley Witwer-Secretary

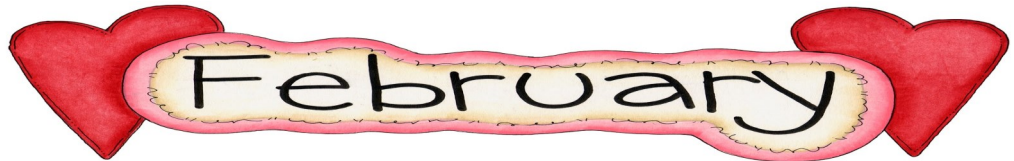
Jeann King Ron Cress

Donna Sheridan

Jerry Tompkins

Loretta Anthony

Eilene Duncan



Here we are the second month of the year already...whoosh, there goes the time; again. We've had a mild winter, I know some of you are happy about that, personally I am still holding out for a little snow yet this winter.

So I am going to apologize before I start this topic of conversation, it may upset some of you, it upsets me that I even need to discuss it, but here goes. This is part of my job I don't look forward to, discussing an unpleasant issue. The restrooms at the center, the public restrooms, restrooms used by many. So, when I started working here I thought it odd that there needed to be a sign above the toilets reminding a person to flush after they finished their personal business, I mean we are grown-ups, we have known that for years, right? Well, recently the staff has been forced to clean up some rather disgusting restroom issues, myself included and I am just going to say, it is not in my job description or any of the staff's for that matter, to clean up another person's crap; literally. This isn't just general cleaning of the toilets folks, we are required to do that, but we are cleaning it off the walls, all over the toilet seats, off of the floor, I wish I was exaggerating, sadly, I'm not. I understand sometimes things happen, a sudden upset stomach, but that's not what this is. How one conducts themselves in the privacy of their own home is their business, but this is a public place and we just can't have it. I am politely asking you, if you make a mess in the restroom, please make a staff member aware of the issue, it is unsanitary and we need to clean it up immediately. So that's my uncomfortable topic, sorry, but it has become a serious issue and needs to stop.

For our new members, if this is your first newsletter, I promise this isn't the general purpose of my director's letter, but I do address issues that affect our center, the wellbeing of our members and guests of our center, if needed.

A quick note, different subject, we are now offering soup cards for the senior café, for you soup eaters, you can buy a \$10.00 card for 5 bowls of soup.

Thank you for supporting the Madison County Senior Center. If you would like to volunteer, no bathroom duty, I promise, please call Janisse or Marilyn. Thank you to everyone that helps at the center everyday!

Misty



Friday, December 30th we had our end of the year party. There was a lot of wonderful food to share with our friends. Eilene Duncan made a log cabin cheese ball. It was so cute we hated to eat it! Fifty people came in for fellowship with each other and stayed to watch the movie Sully.



What's better than chair volleyball? Chair volleyball with 2 beach balls at once! This was a particularly wild Thursday group. If you have never tried chair volleyball, you don't know what you are missing! It's a lot of fun!



There's nothing like a great game of Bingo! The Adult Day Center clients love to play it on Thursday afternoons.



The Woodcarvers Group loaned us some of their creations for our display case. They are a very talented group! They meet Wednesdays at 9:30 a.m.

Also Pete Bennett had on display in January yard art that he makes from all kinds of different scraps and spare parts. They were very interesting to look at. It was amazing what he is able to put together.

If you have something you would like to share in our display cases, call the center at 740-852-3001 to set something up.



The office amaryllis! Eilene Duncan donated a bulb to us. We enjoyed watching how fast it grew everyday.

Avada Audiology & Hearing Care

A representative will be at the senior center once a month from 9 a.m. to 12 p.m.

Free hearing tests available.

Call 1-937-323-6129 for an appointment.

Lions Club

The London Lions Club will pay for eye exams and eye glasses for anyone who lives in Madison County and is financially not able to. If you have any old glasses, you may bring them to the Center and put them in the box provided in the lobby. For more information contact Roger Morris at 740-852-3145.

High Euchre Score

1-9-17 Tom Rutschilling and Roy Haggitt 69

1-23-17 Patty Evans 65

High Bridge Score

12-28-16 Bob Majka 3800

1-4-17 Elaine Penix 4350

1-11-17 Clarabel Littler 3540

1-18-17 Jerry Cummins 4190

1-25-17 Carol Rogers 5370

**Rays of Hope, For Seasons of Life Support Group**

The title tells you that in any season of life you are welcome to attend the group. Join us as we move into February. Every Tuesday at 1:30 p.m. we call all who are seeking a new plan that will help us to socialize. Very important for any season of the year, but winter can bring what is called Winter Blues, and for some it brings more depression because of being isolated.

Tuesdays at 1:30 p.m. at the Senior Center

Donna Wharton, Facilitator & Care Counselor.

740-490-5936 or dmwharton342@yahoo.com

Monday:

9:00 a.m.- Chair Volleyball

9:30 a.m. - Crocheting, Knitting & Needle Crafts

10:30 a.m. - Sitting Exercise/ Strengthening

1:00 p.m. – Euchre

1:00 p.m.– Photo Group meeting February 13th

Tuesday:

9:00 a.m.– 3 p.m. Quilting Class

10 a.m.-12:00 p.m. Bowling at Madison Lanes

1:30 p.m.– Rays of Hope for Seasons of Life Support Group

5:00 p.m. - Cards and Billiards

5:00 p.m.—Beginner Line Dancing

6:00 p.m. - Advanced Line Dancing

Wednesday:

9:00 a.m.. - Chair volleyball

9:30 a.m. - Woodcarvers

10:30 a.m. - Low Impact Aerobics/Seated Strengthening

12:05 p.m. - Bridge

2:00 p.m.—Diabetes and Weight Loss Support Group

7:00 p.m. - Public Bingo (over 18 years of age.)

Thursday:

9:00 a.m. - Chair volleyball

9:00 a.m.– Fun Bingo

Friday:

9:00 a.m.- Painting Class with Harry Croghan

10:00 a.m.- Chimes 1st and 3rd Friday

10:00 a.m.-Choir 2nd and 4th Friday

1:00 p.m.— Free Movie and Popcorn at the senior center. See what is playing on page 6.

**Fitness Room open Mon.-Fri. 8 a.m. to 4 p.m. and Tuesdays until 7:30 p.m.

Remember.....

We have a great fitness room here at the center that is included with your membership dues! You can access it anytime we are open including Tuesdays until 7:30 p.m.



2017 MEMBERSHIP DUES

Please remember to stop at the Center office or mail in your \$15 annual dues as soon as possible.

Cash or Check accepted

Our mailing address is:

Madison County Senior Citizens
Center

280 West High Street

London, OH 43140

Safe Driver Class

Wednesday, February 15, 2017

1 p.m.

At the Senior Center

Presented by Madison County Health Dept.

Please call the center at 740-852-3001 to sign up!

Free Tax Assistance co-sponsored by the AARP and the IRS

271 Elm Street, London

(Emergency Management Agency)

Mondays and Wednesdays

9:00 a.m.—1:30 p.m.

Tax returns cannot be dropped off

at the Senior Center.

Call 740-852-3001 at the Madison County Senior Center to make an appointment. All tax returns (Federal, State and School) will be E-filed unless otherwise required by the IRS.

Friday Cinema



All are comedies and all are rated PG-13

February 3rd—The Hollars starring Anna Kendrick, Margo Martindale

February 10th—Valentine's Day starring Kathy Bates, Patricia Dempsey, Bradley Cooper.

February 17th—Bridget Jones's Baby starring Renee Zellweger, Colin Firth, Patrick Dempsey.

February 24th—Ghostbuster's starring Melissa McCarthy, Kristen Wiig

Join us right after lunch at 1:00 p.m.

****Movie subject to change due to availability**

FREE POPCORN!

There are many ways and many reasons to donate to the Madison County Senior Center. One way, memorial contributions, reason, to remember a friend while supporting an organization they loved. Many families of deceased members will ask that a donation be made to the center in memory of their loved one because the center was such a vital part of their life. Last year we received over \$3500 in memorial contributions and we sincerely appreciate it. Remember, the reason we are here is to help seniors stay active and independent. These contributions go a long way toward helping us provide needed services and activities.

Any donation you would like to make to the center for any reason is deeply appreciated. While planning your estate, please remember the Madison County Senior Center. Through your kind donations and continued support we are able to provide so many services for the seniors of Madison County and as weird as it may sound, be here for the next generation of seniors.

On behalf of myself, Governing Board of Directors and the center staff, thank you for your continued support.

Misty Bradley, Executive Director

Greetings from the Adult Day Center

Hello February!

We want to thank everyone for their donations and thoughtfulness. We are going to have a Pizza Party on Valentine's Day thanks to our friend Marilyn Henry and Charlie!

Have a safe and happy Valentine's Day!

Beth, Pam, Jeanna and all of our wonderful volunteers.

In The Kitchen with Joanna

Chicken Gumbo Soup

- ¾ cup all purpose flour
- 1 stick of butter or margarine
- 1 gallon of water
- 2-3 tablespoons of chicken base
- ½ cup chopped green pepper
- 3 cloves of garlic, finely minced
- ½ cup fresh chopped parsley
- 1 ½ teaspoons of Creole seasoning
- 1 ½ tablespoons of Worcestershire Sauce
- 1 (10 oz.) package frozen cut okra, thawed
- 6 skinless boneless chicken breasts
- 1 cup of chopped onion
- ½ cup of chopped celery
- ½ cup sliced green onions
- 1 15 oz. can of diced tomatoes and green chili's (Rotel)
- 3 ½ cups of hot cooked rice (Uncle Bens Converted Rice works best)

Place chicken in a large pot and cover with water, add chicken base. Bring to a boil. Reduce heat to a simmer and cook for 45 minutes. When chicken is cooked, remove and cool. Dice chicken into bite size pieces. Approximately 2 to 3 cups. Set aside.

Place butter in a large pot over medium heat. Add diced onions, celery, green peppers, garlic and cook until celery is tender. Add flour to make a rue. Cook rue for 1 to 2 minutes, add 1 cup of broth to rue and stir until well blended and starts to thicken. Add remaining broth and rest of the ingredients, including diced chicken and hot cooked rice. Bring to a boil and reduce to a simmer. Simmer for about 45 minutes.



UPCOMING TRIPS!!



FEBRUARY MYSTERY LUNCH—Monday, February 13th. Fee for this trip is \$5. We will leave the center at 10:30 a.m. For 2017 we are sometimes going to go back to some of our favorite Mystery Lunch locations. This is one everyone liked and it's not too awfully far away for winter driving. I will let you know when we will be going back for another "Best of Mystery Lunch" location.

THE FORGOTTEN WAR AT THE OHIO HISTORY CONNECTION– Wednesday, February 22nd. Fee-\$15 which includes admission and van transportation. We will leave the senior center at 9:00 a.m. Explore the museum which is now featuring a collection of black and white photographs by Max Desfor from the Korean War. Also see the 50's Pop Culture exhibit, a Lustron house and more. Lunch will be on your own.

LACOMEDIA PRESENTS AWAY IN A BASEMENT!– Friday, March 10th. The Church Basement Ladies are back! We will travel to Springboro, leaving the center at 9:15 a.m. The fee for this trip is \$65 and includes motor coach transportation, buffet lunch including dessert and a great show. Note that server and bus driver tips are not included. **Deadline to sign up and pay is Wednesday, February 8th.** *Seats still available on the motor coach!*

MARCH MYSTERY LUNCH– Wednesday, March 29th. We will leave the center at 11:00 a.m. Fee is \$5 to ride the van and lunch is on your own.

SNOOTY FOX!! SHOPPING TRIP– Friday, April 21st. We are taking reservations from Senior Center Members Only until February 15th since we are only taking **1 motor coach** this time. Starting February 16th non members may sign up. We will leave the center at 9:00 a.m. sharp! Fee for this trip is \$25 for motor coach transportation. Lunch and bus driver tip are on your own. **We are asking that you pay for your spot on the motor coach when you sign up.**

AMISH COUNTRY DAY TRIP IN HOLMES COUNTY—Thursday, June 8th. Fee for this trip is \$72. This includes motor coach transportation, guide, Walnut Creek Flea Market shopping, lunch, back country roads tour, shopping at Troyer Country Market, cheese and sangria samples at Swiss Heritage Winery and Broad Run Cheese House, all applicable taxes and meal gratuity. Deadline to sign up and pay is Thursday, May 4th. Departure time will be in the March newsletter.

Remember: Trips are subject to cancellation if the weather is bad. Call the center if you are in doubt.

******Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!!**

Day Trip Payment and Cancellation Policy

When you sign up for a trip, **you are expected to pay for the trip when signing up.** If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip's departure. If you have questions please contact Janisse at 740-852-3001.

Delightful Dining

Don't forget to sign up for Delightful Dining so we can make accurate reservations!

Ride the vans for \$5.00 per person while the seats last or you may drive and meet us there.

Monday, February 6, 2017

Coover Memorial House

134 North Main St.

London, OH 43140

Please arrive by 5 p.m. at the Coover House.

Deadline to sign up was January 30th.

Monday, March 6, 2017

Cappy's Pizza

225 Lafayette Street

London, OH 43140

We will leave the Center at 5:00 p.m. and arrive at the restaurant around 5:15 p.m.

Overnight Trips

New York City Trip, June 14-18, 2017—Please pay your 2nd payment as soon as possible if you have not already done so. Final payment due by April 1st. Plan to come Wednesday, March 22 at 1 p.m. for a NYC meeting if you have any questions or want help ordering tour or Broadway show tickets.

Maryland Trip, October 17-19, 2017—With a train ride, casino (with \$25 in free slot play), shopping and history this trip should be a whole lot of fun. There is still room on the motor coach! Contact the senior center office if you would like a brochure mailed to you or stop in and pick one up. This trip is \$549 per person double. A deposit of \$100 will hold your spot for the trip with the balance due by August 1st. We are having a meeting on Wednesday, March 8th at 1:00 p.m. for anybody that missed the original presentation or if you have any questions about the trip. Please call the center if you plan to attend this meeting.

Christmas in Tennessee, November 28-December, 2017—Capture the holiday spirit! Featuring Christmas shows, dining and shopping at Opryland Nashville and Pigeon Forge. One night stay at the Opryland Resort Hotel in Nashville, panoramic highlights of Nashville Tour, 2 nights at The Inn on the River in Pigeon Forge, 3 hot breakfasts and 3 dinners included.

Tickets/Admission to the following attractions: Diamond Rio Country Christmas Dinner Show at Opryland, ICE! Opryland's Christmas ice themed sculptures, Christmas at Dixie-Dolly Parton's Dixie Stampede Dinner Show, Titanic Pigeon Forge, Music Mansion Theater, Dollywood Smoky Mountain, Smith Morning Variety Show.

Price for this trip is \$875 per person double, \$815 per person triple.

Save your spot with \$50 registration per person (fully refundable until August 31, 2017).

Final payment due by October 1, 2017. Travel insurance available.

Call the Senior Center office at 740-852-3001 or stop in for registration form or more details.

SISTER ACT



Come with us to LaComedia Friday, May 12th, 2017 to see the feel-good musical comedy smash hit based on the 1992 film that has audiences jumping to their feet! Featuring original music by Tony and eight time Oscar winner, Alan Menken, this uplifting musical was nominated for five Tony Awards, including Best Musical.

Trip Fee is \$65 and includes motor coach transportation, buffet lunch and the show. Fee does not include driver and lunch server tips.

Motor coach leaves the center at 9:15 a.m. returning approximately 4:00 p.m.

Deadline to pay: Friday, April 7th.

When disco diva, Deloris Van Cartier, witnesses a murder, she is put in protective custody in the one place the cops are sure she won't be found: a convent! Disguised as a nun, she uses her unique disco moves and singing talent to inspire the choir and breathe new life into the church and community.



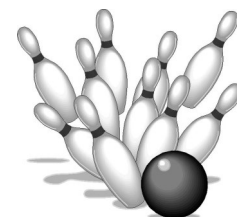
Welcome New Members!

Phyllis Alder Pat Funk Lori Owens
Darlene Lanning Donna Hundley Laura Evans
Donald Colvin Carolyn Wickline
Sue Kennedy David Long Connie Dwyer
Vi Carter Brenda Fitch Anne Morris
Butch Hayes Kevin Gleich
Paul Stonerock Molly Rosati
Ruthanne & Gordon Johnson

There were 111 new members in 2016! We have over 800 total members. We are always interested in anything you would like to see us offer. Whether it is a different type of exercise class, a movie you would like us to show, a trip you would like us to schedule, something new to serve at lunchtime, etc. If we are able to arrange it, we have the space, and it isn't cost prohibitive, we will try our best to do it.

This is your Senior Center. Make good use of it. Have fun! Attend classes offered! Make new friends! It's up to you how much you get out of it!

B O W L I N G	Judy Hastings	114	Bill Link	134	Susie Lindig	120	Skip Fout	158
	Karen King	137	Larry Threlkeld	123	Beverly Evans	132	Carolyn Garver	124
	Carl King	166	Johnny Harden	106	Paul Hackworth	154	Donnie Hawkins	120
	Barb Gordin	116	Charlie Johnson	141	Ralph Stidham	120		
	JR Venrick	165	John Conn	142	Cecil Herman	101		
	Barb Andrix	105	Gene Noble	127	Jim Harden	118		
	Carol Nafzger	126	Barb Cooper	86	Paul Stonerock	147		
	Gary Sollars	120	Duane Glass	190	Valerie Mabra	90		



February Birthdays

Patron	Birthday	Patron	Birthday
Wright, Donald	02-02	Duncan, Eilene	02-18
Brohard, Joe	02-02	Cress, Carl D.	02-18
Slaughter, Reynold	02-03	Clark, Joseph	02-18
Harrington, Don L.	02-03	Ell, Reta	02-19
Ison, Robert	02-04	Tompkins, Jerry	02-19
Carter, William	02-04	Keene, Delbert	02-19
Rowland, Debbie C.	02-04	Weddle, Alma	02-21
Watkins, John M.	02-06	Bennett, James	02-21
Moreland, Russell	02-06	Pratt, Jane	02-22
Lowery, Melvin	02-06	Poland, Shirley	02-22
Emrick, David	02-07	Reynolds, Michael	02-23
Anthony, Loretta	02-08	Daniels, Joan	02-23
Bidwell, Keith	02-10	Geesling, Linda	02-23
Compston, Anna	02-10	Miller, Joyce	02-24
Finney, Diana	02-10	Milstead, April	02-24
Rife, Barbara	02-10	McGuire, Thomas	02-25
Wilson, Carolyn	02-11	Moore, Freddy	02-25
Coulson, Juanita	02-12	Sadler, Joanna	02-25
Darding, Vaughn	02-12	Lawles, John	02-25
Watts, Patricia	02-12	Chin, Theresia	02-25
Farler, Lois	02-13	Penwell, Gloria	02-26
Strine, John	02-14	Kennedy, Ruth	02-26
Clark, Lorrie	02-14	Newman, Walter T.	02-27
McMillin, Jane	02-14	Mason, Gilbert	02-27
Forrest, Patricia	02-15	Darding, Jean	02-27
Alt, Dorothy A.	02-15	Pickens, Joyce	02-27
Williams, Charles	02-15	Meyersick, Henrietta	02-27
Grooms, Linda	02-16	Stryker, Cally	02-27
Yerian, Becky	02-16	Krerowicz, Lorraine	02-28
Owens, Betty	02-17	Hanna, Richard	02-28
Streit, Karen	02-17	Ervin, Arlene	02-28
Walters, Patty	02-18	Stryker, Kent	02-28
Ballard, Eleanor	02-18	Steele, Darlene	02-28
Jones, James	02-18	France, Ronald	02-29

Funny Valentine's Day Quotes

Rita Rudner: I love being married. It's so great to find one special person you want to annoy for the rest of your life.

Hoosier Farmer: Love is the thing that enables a woman to sing while she mops up the floor after her husband has walked across it in his barn boots.

Phyllis Diller: Never go to bed mad-stay up and fight.

Erich Segal: True love comes quietly, without banners or flashing lights. If you hear bells, get your ears checked.

Brendan Francis: A man is already halfway in love with any woman who listens to him.

Charles Dickens: Never sign a Valentine with your own name.

Happy Valentine's Day from all of us at the Madison County Senior



**Friends of
Madison County
Parks & Trails**
P.O. Box 308
London, Ohio 43140
WWW.FMCPT.COM

Membership Individual \$15
Family \$25 Sponsor \$50+
Individual Lifetime \$250
Registration Form on Website
E-mail FMCPT@columbus.rr.com

Support:

**The Madison
County
Park District**

GET INVOLVED

FREE HEARING SCREENING

Mention this
ad and receive:

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- ▶ FREE Cleaning and Checkup
- ▶ FREE Video Ear Inspection
- ▶ Financing Available

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1905 West North Street
Springfield, OH 45504

Taunya Hough, Licensed Hearing Instrument Specialist

avada.com

Office Hours: M-F, 9:00am - 5:00pm

Walk-In Hours: M-F, 1:00pm - 2:00pm

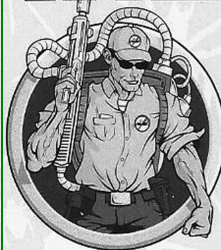
The X-TERMINATOR

BUGS... won't be back!!

614-600-6496

West Jefferson, Ohio
mike.conway66@yahoo.com

**Spiders, Bees, Ants, Roaches,
Termites, Bed Bugs, Mosquitos,
and all general pests**



London Public Library

Your everyday library!

Visit www.mylondonlibrary.org

- Educational Events for all Ages
- Online Services/Computers
- Summer Concert Series
- Newest Books
- Latest DVDs
- Video Games
- Wifi Hotspot
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 Office: (740) 852-6446 - Fax: (740) 852-6445



Public
Welcome!

**Madison County Senior Citizen's
 Center, Inc.**

280 West High Street • London

Wednesday 7:00 p.m.

Coverall Jackpot

Progressive Games

Smoke Free Facility

Madison County Senior Citizens Center

280 West High Street

London, OH 43140

Phone: 740-852-3001

Fax: 740-852-3052

We're on the Web!

mcsenior.org or on Facebook at

Madison County Senior Citizens Center

Dated Material

February 2017



Misty Bradley, Executive Director

Ramalingam Selvarajah, M.D., Medical Director

Janisse Williams, Activity Coordinator/Marketing

Marilyn Lowery, Front Office/ Substitute Driver

Ruth Kennedy, Staff Nurse/Wellness Coordinator

Beth Dillion, Daycare Aide

Pam Chenos, Daycare Aide

Jeanna Bernard, Daycare Aide

Bonnie Radcliff, Daycare Aide/Substitute

Sandy Darlington, Daycare Aide/Substitute

Jackie Cain, Homemaker

Joanna Sadler, Chef

Steven Wehrs, Cook

Robert Puckett, Maintenance/Driver

Brenda Castle, Transportation Coordinator

Carolyn Wilson, Driver

Wayne Bricker, Substitute Driver

The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.

COAAA Advisory Council Meetings Open to Public

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 174 East Long St., Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

Mission Statement

The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.