

## **The Ten Commandments – Our Obedience of Love**

*Keeping the Ten Commandments demonstrates our love to God and Jesus. If invited, Christ will live out his law in us. Also as a true follower of Jesus we will follow his example in keeping the seventh day of the week as the Sabbath of the Lord.*

**1. Your Love – Expressed in Keeping the Commandments:**

John 14:15 **If ye love me, keep my commandments.**

**2. What is His Commandment? John 14:34.**

*Joh 13:34 A new commandment I give unto you, That ye **love one** another; as I have loved you, that ye also love one another.*

*Joh 15:12 This is my **commandment**, That ye **love one** another, as I have loved you.*

**3. Commandment Keeping is a sign of our Relationship with God:**

1 John 2:3 And hereby we do know that we know him, **if we keep his commandments.**

**1John 5:2 By this we know that we love the children of God, when we love God, and keep his commandments.**

**4. Keeping His commandments demonstrates to ourselves we love God:**

1 John 5:3 For this is the **love of God**, that **we keep his commandments**; and his commandments are not grievous.

**5. His Law is Holy, Just, and Good:**

Romans 7:12 Wherefore the law is **holy**, and the **commandment holy**, and **just**, and **good**.

**6. The Law is to be fulfilled in us:**

Romans 8:4 That the **righteousness of the law** might be fulfilled in us, who walk not after the flesh, but after the Spirit.

**7. The Law has not been done away:**

Matthew 5:18 For verily I say unto you, **Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law**, till all be fulfilled.

**8. The Commandments demonstrate our love for God and love for man:**

Matthew 22:40 On these two commandments hang all the law and the prophets.

**9. We will be Judged by the law of liberty (Freedom):**

James 2:12 So speak ye, and so do, as they that shall be judged by the law of liberty.n (Freedom)

**Note:** The ten commandment Law is call the Law of Liberty – Freedom.

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### **10. James demonstrates he is speaking of the Law of God:**

James 2:8 If ye fulfill the **royal law** according to the Scripture, Thou shalt love thy neighbour as thyself, ye do well: vs. 9 But if ye have respect to persons, ye commit sin, and are convinced of the **law as transgressors**.

### **11. Break One Commandment you are guilty of breaking it all:**

James 2:10 For whosoever shall keep the whole law, and yet offend in one point, he is guilty of all.

### **12. James illustrates that He is speaking of the 10 commandments:**

James 2:11 For he that said, Do not commit adultery, said also, Do not kill. Now if thou commit no adultery, yet if thou kill, thou art become a transgressor of the law.

James 2:12 So speak ye, and so do, as they that shall be judged by the **law of liberty**.

### **13. The Commandments are not a burden:**

1 John 5:3 For this is the love of God, that we keep his commandments: and his **commandments are not grievous. (not a burden)**

### **14. Remember the Sabbath day:**

Ex 20:8 Remember the **sabbath day**, to keep it holy.

9 Six days shalt thou labour, and do all thy work:

10 But the seventh day is the **sabbath of the LORD thy God**: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates:

11 For in six days the LORD made heaven and earth, the sea, and all that in them is, and **rested the seventh day**: wherefore the LORD **blessed the sabbath day, and hallowed it.**

**Note:** The 7<sup>th</sup> day Sabbath in the 4<sup>th</sup> commandment designed to make God first in our life by setting time aside to worship Him from all distractions.

### **15. The Sabbath was instituted – began – after the 6 days of Creation:**

Ge. 2:1 Thus the heavens and the earth were finished, and all the host of them.

2 And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made.

3 And God blessed the seventh day, and sanctified it: because that in it he had rested from all his work which God created and made.

### **16. The Sabbath is a Sign we belong to God:**

Ezekiel 20:20 And hallow my Sabbaths; and they shall be a **sign between me and you, that ye may know that I am the LORD your God.**

**Note:** The sabbath is about a relationship with God. It demonstrates that we belong to Him and that we are His Children, and He is our God.

## **The Sabbath in the New Testament and Worship**

### **17. They went to synagogue -church on the Sabbath:**

Acts 13:14 But when they departed from Perga, they came to Antioch in Pisidia, and **went into the synagogue on the Sabbath** day, and sat down.

Acts 13:42 And when the Jews were gone out of the **synagogue**, the Gentiles besought that these words might be **preached** to them the next **Sabbath**.

### **18. Notice the people came out the next Sabbath – weekly event – to hear God's word:**

Acts 13:44 And the next **Sabbath** day came almost the whole city together **to hear the word of God**.

Acts 16:13 And on the **Sabbath** we went out of the city by a river side, **where prayer** was wont to be made; and we sat down, and spake unto the women which resorted *thither*.

Acts 17:2 And Paul, as his manner was, went in unto them, and three **Sabbath days** **reasoned with them out of the Scriptures**,

Acts 18:4 And he **reasoned in the synagogue every Sabbath**, and persuaded the Jews and the Greeks.

### **19. Keep the Sabbath by not doing your own pleasure on it:**

Isaiah 58:13 If thou turn away thy foot from the Sabbath, from doing thy pleasure on my holy day; and call the Sabbath a delight, the holy of the LORD, honourable; and shalt honour him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words:

**Note:** We don't participate in worldly practices or businesses on the Holy Sabbath.

### **20. In Heaven we will Worship on the Sabbath:**

Isaiah 66:23 And it shall come to pass, that from one new moon to another, and **from one Sabbath to another, shall all flesh come to worship before me, saith the LORD**.

### **21. Scriptures were read in the synagogue every Sabbath:**

Ac 13:27 For they that dwell at Jerusalem, and their rulers, because they knew him not, nor yet the **voices of the prophets which are read every Sabbath day**, they have fulfilled them in condemning him.

Ac 15:21 For Moses of old time hath in every city them that preach him, being **read in the synagogues every Sabbath day**.

### **22. We are not to stop going to church:**

Hebrews 10:25 Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching.

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### **23. True Worshipers will worship in Spirit and in Truth:**

John 4:23 But the hour cometh, and now is, when the true **worshippers shall worship the Father in spirit and in truth:** for the Father seeketh such to worship him.

True worshipers will worship in truth – the Sabbath is truth. See the following verses.

### **24. The All God's commandments are truth:**

Psalms 119:151 Thou art near, O LORD; and all thy commandments are truth.

### **25. The Sabbath is the truth:**

Psalms 119:151 Thou art near, O LORD; and **all thy commandments are truth.** (This includes the Sabbath)

**Note: So true worshipers will worship the Lord on the Sabbath.**

## Jesus Worshiped on the Sabbath

### **26. Jesus worshiped on the Sabbath:**

Luke 4:16 And he came to Nazareth, where he had been brought up: and, as his custom was, he went **into the synagogue** on the **Sabbath** day, and **stood up for to read.**

Mark 1:21 And they went into Capernaum; and straightway **on the Sabbath day he (Jesus) entered into the synagogue, and taught.**

Mark 6:2 And when the **Sabbath day was come, he (Jesus) began to teach in the synagogue:** and many hearing him were astonished, saying, From whence hath this man these things? and what wisdom is this which is given unto him, that even such mighty works are wrought by his hands?

### **27. True Followers of Jesus will follow Jesus and keep the Sabbath:**

1 Peter 2:21 For even hereunto were ye called: because Christ also suffered for us, **leaving us an example, that ye should follow his steps:**

### **28. God's People will keep His Commandments and the Faith of Jesus:**

Revelation 14:12 Here is the patience (endurance) of the saints: here are they that **keep the commandments of God,** and the **faith of Jesus.**

Do you want to follow God and express your love to him by obeying His commandments including keeping the Seventh-day **Sabbath**?

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## Sabbath & Time – Supplemental Study.

### 29. Sabbath is from Sunset Friday to Sunset Saturday.

Leviticus 23:32 It shall be unto you a Sabbath of rest, and ye shall afflict your souls: in the ninth day of the month at even, from even unto even, shall ye celebrate your Sabbath.

**Time has Never been Lost concerning the weekly cycle.**

**A. Scientific Validation for our unchanged weekly cycle.** Sunday through Saturday. Science has validated that our weekly cycle from Sunday to Saturday has never been altered. The United States naval observatory, Washington D.C. stated:  
*“We have had occasion to investigate the works of specialists in chronology. And we have not found one of them that ever had the slightest doubt about the continuity of the weekly cycle since into the Christian era. In fact if you ask the astronomer, Larkin, he says, there was no change in the weekly cycle. Indeed, the cycle of the week has come down to us in unbroken sequences of seven.”* The United States naval observatory, Washington D.C. **March 12<sup>th</sup>, 1932.**

**B. Jews around the world have meticulously honored the 7<sup>th</sup> day of the week for centuries.**

### **C. Jesus’ Custom was to keep the Sabbath. Luke 4:16.**

1. There is absolutely no Biblical Record that Jesus kept any other day.
2. True followers of Jesus will follow Christ’s example. 1 Peter 2:21.

### **D. Christ’s crucifixion identifies which day is the Sabbath. Luke 23:50-56.**

1. Christ’s followers kept the Sabbath even after his death. Luke 23:50-56.
2. The Sabbath follows the preparation day (Friday). Luke 23:54; Mark 15:42;
3. The preparation day is the day before Sabbath. Mark 15: 42.
4. The first day of the week follows the Sabbath. Matthew 28:1; Mark 16:1,2.

### **E. Review.**

1. Preparation day -- Friday.
2. Sabbath. -- the day after preparation day. (Saturday)
3. First day of the week. -- Sunday.

### **F. Jesus Kept the Sabbath even during death.**

1. The Jews did not want to leave the bodies on the cross on the Sabbath. Jo.19:32, 33.
2. When the soldiers came to break Jesus’ legs, he was already dead. John 19:32,35.
3. Christ died on Friday.

-Christ was buried on Friday. John 19:40-42.

-He rested on the Sabbath in the tomb.

### 30. Word for Saturday – is Sabbath in many languages

Italian – sabato

Spanish- sábado

Macedonian - Сабота -Sabota

Belorussian - субота – Sybota

Malay -Sabtu

Bulgarian - събота -Sybota

Norwegian - lørdag (Lord's Day) Catalan – dissabte

Polish - sobota

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Croatian – subota	Portuguese -sábado	Czech - sobota
Romanian – sâmbătă	Danish – lørdag	Russian -суббота-sybbota
esperado -sabato	Serbian – cyбoтa-sybota	Filipino - Sabado
Slovak – sobota	Sloveniah -sobota	Galician - sábado
Swedish – Lördag	Georgian- შაბათი – shabat'i	Ukrainian - Субота
Greek -Σάββατο -sabbato	Hungarian – szombat	Indonesian - Sabtu

**Conclusion:** The Sabbath was instituted from creation. God gave it to man for rest and seek God on that day. The weekly cycle has never changed. The Sabbath stands today as a reminder of God's creative power and a memorial to creation. We will keep it in heaven and on the new earth. It is the day Jesus and the apostles kept, and we will keep it because we are true followers of Jesus.