Directions:

From NORTH & SOUTH: Take the Garden State Parkway to Exit 82/82A, and exit onto Route 37 West. Take Route 37 West 1.7 miles to Holiday Mall/Aldi shopping center. Right turn into the shopping center at Squan Furniture.

From WEST: East on Route 70 to Route 37 East. Drive 5 miles to U-turn at Oak Ridge Parkway (Rt. 527). Take Route 37 West 1/10th mile to Holiday Mall/Aldi shopping center. Right turn into the shopping center at Squan Furniture.

From EAST: West on Route 37, then 1.7 miles from the Garden State Parkway interchange to the Holiday Mall/Aldi shopping center. Right turn into the shopping center at Squan Furniture.





Welcome

Unitarian Universalist Ocean County Congregation

734 Route 37 West/ PO Box 5184
Toms River, NJ 0875/08754
(Holiday Mall/Aldi Shopping Center)
info@uuocc.org 732-244-3455
www.uuocc.org

WELCOME

UUOCC is a spiritual community where all are welcome. We embrace diversity and affirm the self-worth and value of every person.

UUOCC offers an alternative for the churched or unchurched in search of a spiritual home; for those seeking a religion without dogma; for free thinkers; for parents who wish to encourage their children to think independently about religion and values and for couples in interfaith marriages.

UUOCC is a *Welcoming Congregation*, committed to acceptance of lesbian, gay, bisexual and transgender people.

Sunday services begin at 10:30 am; doors open at 10:00 am and Religious Education and childcare are available. After service, Hospitality Hour is an opportunity to meet and connect with each other while enjoying a cup of coffee and a bite to eat.

While UU has no creed or dogma, we do covenant to affirm and promote these Seven Principles:

- 1. The inherent worth and dignity of every person.
- 2. Justice, equality and compassion in human relations.
- Acceptance of one another and encouragement to spiritual growth in our congregations.
- 4. A free and responsible search for truth and meaning.
- 5. The right of conscience and the use of the democratic process within our congregations and in society at large.
- 6. The goal of world community with peace, liberty and justice for all.
- 7. Respect for the interdependent web of all existence of which we are a part.

Embrace the Soul Embolden the Spirit Enrich the Community

What do UU's believe?

WE believe in the freedom of religious expression.

WE believe in the toleration of religious ideas.

WE believe in the authority of reason and conscience.

WE believe in the never-ending search for Truth.

WE believe in the worth and dignity of each human being.

WE believe in the ethical application of religion.

--Excerpted from David O. Rankin's "What do UUs believe?"

There is more to **UUOCC** than Sunday morning services. For instance, our Social Justice Committee (SJC) informs and educates the congregation about social issues, seeks solutions to injustices, partners with like-minded organizations, and develops informed leaders.

Actions taken by the SJC include but are not limited to:

We collect food to give to *The HOPE*Center for distribution to needy families.

We partner with *Interfaith Hospitality*Network to feed and shelter homeless

Ocean County families.

We work with the *UU Legislative Ministry* of *NJ* to affect public policy by interacting with legislators and communicating our values.

We keep members informed, advising them of actions they may take.

UUOCC coordinates groups of intellectual, spiritual and social interest to the congregation. Activities include book discussion, dream analysis, healthy cooking, Pagan and Wiccan theology and meditation/Buddhist study, among others. Please refer to the brochure, *Connecting at UUOCC*, for more information about these groups.

Please note that this is a companion brochure to "Connecting at UUOCC" and "Joining UUOCC." Also check out our website at www.uuocc.org.