

Class Schedule

TAEKWO	NDO					
				7/31/18	*Sparring Class (No Trial Students)	Make-Up & Special Classes
	DAY 1		DAY 2		DAY 3	DAY 4
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TKD Attire:	Dobok Only	Dobok Only	Any	Any	Any	Any
						Make Up Class for All Ages 9AM - 9:45AM
Check this month's calendar for the Casual Day & Nunchuck Class dates. See you there!						Hi5 Demo Training 9:45 AM - 10:30 AM
4:00 PM - 4:30 PM	<u>Tiny Tiger</u> (Ages 5-6)	<u>Tiny Tiger</u> (Ages 5-6)	<u>Tiny Tiger</u> (Ages 5-6)	<u>Tiny Tiger</u> (Ages 5-6)	Tiny Tiger (Ages 3-6) ALL BELTS	
4:30 PM - 5:15 PM	ALL BELTS	White - Yellow Stripe	ALL BELTS	White - Yellow Stripe	(Ages 7-11) COLOR BELTS	Team HI-5 Poomsae
5:15 PM - 6:00 PM	Purple - Blue Stripe	ALL BELTS	Purple - Blue Stripe	ALL BELTS	(Ages 12+ Color Belts) (Ages 8+ Black Belts)	Competition Training 10:30AM - 12:00 PM
6:00 PM	<u>Tiny Tiger</u>	<u>INTRO</u>	<u>Tiny Tiger</u>	<u>INTRO</u>	Team Hi-5 Kyoruki Competition	
6:30 PM	(Ages 3-4)	<u>CLASS</u>	(Ages 3-4)	<u>CLASS</u>	Training 6:00 - 7:30	
6:30 PM	Brown - Black	(Ages 12+) ALL BELTS	Brown - Black	(Ages 12+) ALL BELTS	* You may participate	*Sparring is Mandatory
7:15 PM	Belt		Belt		in sparring classes	during
7:15 PM - 8:00 PM	Adult Class	Adult Class	Adult Class	Adult Class	starting White Belt.	testing starting Green Belt.

* MAKE UP CLASSES ARE FOR STUDENTS WHO HAVE ATTENDED <u>2</u> CLASSES OR LESS DURING THE WEEK.

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