



A.M.* Snack Menu Summer/Fall-2021

* Provided daily in Preschool only.

AM snacks provided to all rooms on PA days, School Breaks and Summer Camp

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit
Week 2	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	Multigrain Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit
Week 3	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M. G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit
Week 4	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit

P.M. Snack Menu

Week 1	No Nut Butter Rice Cakes Fresh Fruit	Pumpkin Banana Loaf Fresh Fruit	Berry Squares Fresh Fruit	Sliced Cheddar Apple Sauce Bread Sticks	*Tuna Salad Whole Wheat Bagel Fresh Fruit * Rm 105&107 Cream Cheese
Week 2	Yogurt Bran Cookies Fresh Fruit	Mixed Berry Loaf Fresh Fruit	Ricotta Cream Cheese Whole Wheat Multigrain Crackers Fresh Fruit	No Nut Butter Whole Wheat Bagels Fresh Fruit	Morning Glory Muffin Fresh Fruit
Week 3	Carrot Cake Fresh Fruit	Sliced Cheddar Whole Wheat Multigrain Crackers Fresh Fruit	Apple Sauce Rice Cake	Gold Fish Raisins	* Egg Salad Whole Wheat Mini Pita Fresh Fruit 2% Milk * Rms 107 & 105 - Cream Cheese
Week 4	Yogurt Granola Bar Fresh Fruit	Ricotta Cream Cheese Whole Wheat Bagel Fresh Fruit	Bran Raisin Muffin Fresh Fruit	Chickpea Lentil Dip Whole Wheat Pita Veggie Stick	Nachos Cheese Salsa

Water available at all times