



SOULFLOW PADDLE COMPANY

## **KCPO SUP CUP**

**Presented by Bow Valley Stand Up  
Paddleboarding Company**

## **09:00 a.m. Saturday, July 15 - 2000 metres.**

Welcome to the 4th annual KCPO Stand Up Paddle Board Race presented by Bow Valley Stand Up Paddle Boarding Company.

We look forward to welcoming you all in Canmore and thank you for your support of Grizzly Mountain Events. Please don't hesitate to contact us if you have any questions or concerns after reading through the following information.

**Race Package Pick Up** - will take place at Rebound Cycle on Friday, July 14 from 3 p.m. until 5 p.m. at [www.reboundcycle.com](http://www.reboundcycle.com) - 902 Main Street in Canmore.

**Race Morning Package Pick Up** - will also be available on race morning at Quarry Lake beach from 07:30 – 08:30 a.m.

**Warm Up Paddle** - is permitted anytime before 08:45 a.m.

**Pre Race Briefing** - All paddlers will then be asked to exit the water in time for our pre-race briefing at 08:50 a.m.

**Event Distance 2000m** = 4 rectangular clockwise laps. Check [www.grizzlyevents.ca](http://www.grizzlyevents.ca) for course map.

**Awards, Snacks and Draw Prizing** - will take place on the beach at approximately 09:45 a.m.

We look forward to welcoming you all at the beach, bright and early on Saturday morning.

**Tony Smith - Grizzly Mountain Events**



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