

Paddles UP News

REMINDER:

CPCC AGM

Don't forget our
**Annual General
Meeting**

Thurs. Jan. 18th

New Location: Club
Boardroom @ 7:00 p.m.

CPCC vs RCC

Holiday Hockey Game

The annual hockey scrimmage between CP & Rideau unfortunately ended in a 6-5 loss for CPCC. It certainly was not from the lack of effort shown by our CPCC athletes. The Team fought back from a 4-0 score at the end of the 1st period to tying the game in the 2nd. It was anybody's game entering the 3rd period however RCC took the lead. Thank you to all the fans that came out and CHEERED on this great group of hockey players.



Picture Below:

Reminiscing of warmer weather, CPCC regatta



CELEBRATING 125 years

Watch for upcoming events throughout the **WHOLE** year as we celebrate 125 years of paddling successes & history!

Happy New Year!

Our guiding theme for this 2018 season is PURPOSE. It is often too easy to fall into our daily routine and become comfortable with the daily grind that is training, school, eating, and sleeping. However, as athletes it is all too important to ensure that every effort we put forward comes with a purpose, to work toward constant development, progression, and ultimately, achieving that dream goal you have all set out to chase down.

Now is the time to start getting excited to push yourselves that extra percentage, that extra km, to start thinking about how everything you do in training and at home will contribute to your future successes, and to start getting excited to get back on the water to see what all of your hard work has amounted to.

Celebrating 125 years of history

The Canoe Club is reaching out looking to for your stories & history on the club over the past 125 years. If you or someone you know has a story, picture or memorabilia that they are will to share we would LOVE to hear from you. Please email communications@cpcanooclub.com

Winter Fundraiser Celebrations:

Please note that the club has chosen to forgo the winter fundraiser this year as we are aiming towards a BIGGER celebration later in the year focusing on celebrating our 125th anniversary. Watch for updates in the coming months.

Spread the Word...

Online Canoe Club Registration is OPEN!

- ✂ **Registration nights:** January 17th, 24th, & the 31st from 6-8pm @ the Canoe Club
- ✂ 25% down to secure your spot for summer!
- ✂ ALL registration forms along with a \$250 post-dated volunteer cheque for August 31st
- ✂ Volunteer Cheque must be handed in during 1 of 3 registration nights

The club SOLD OUT of programming last summer so make sure you go online quickly & register!! Down payment is by EFT or cheque/cash to be dropped off the week you register.

Updated programs will be online by the morning of January 17th.

If you have any questions, please don't hesitate to reach out to commodore@cpcanooclub.com