Equipment and Supplies

- Be relentless and persistent in pursuit of your child's healthcare or technology needs and supports. The "squeaky wheel does get the grease."
- Keep a non-cordless phone in your home that does not require AC power to work. In the event of a power failure, cordless phones won't work.
- Carry a cell phone with you at all times when away from home.
- Invest in a stroller that has a sturdy and roomy storage space for your equipment. A double stroller can provide the space and the convenience you need. You can use the front seat for the suction machine and the back seat for your child.
- Put a roll of paper towels in EACH bathroom and near the kitchen sink. Use paper towels instead of dishcloths, facecloths, guest towels, or hand towels. This practice will help prevent the spread of germs.
- Put a bottle of hand sanitizer and a box of tissue paper in EVERY room of your house, in the car and in your diaper bag, etc. Have everyone use them when hand washing is not available.
- Make sure you have a "To go bag" with all the essential trach supplies that you need in case of an emergency: spare trach, one trach a size smaller, scissors, extra trach ties, ambu bag, etc.
- Invest in a video-enabled baby monitor as the cry of a child with trach is often soft or not audible. These monitors work well even in a dark room.
- You can now easily put your child's vital medical information on a flashdrive and carry it with you at all times. Be sure to update frequently.
- Put your monthly order schedule on your calendar. The calendar will remind you when to place your order.