

Volga Dance Academy Summer Camps 2019
Week of June 17-21, 2019

Start Time	End Time	Day 1	Day 2	Day 3	Day 4	Day 5
8:00	9:00	Before Care (Please add \$75/week)				
9:00	9:45	Cardio/Physical Training				
10:00	10:45	Latin Basics (Rumba)	Latin Basics (Rumba)	Latin Basics (Rumba)	Latin Basics (Rumba)	Latin Basics (Rumba)
11:00	11:45	Music	Music	Music	Music	Music
12:00	1:00	Lunch Break				
1:00	1:45 PM	Stretching or Rounds and Routines	Stretching or Rounds and Routines	Stretching or Rounds and Routines	Stretching or Rounds and Routines	Stretching or Rounds and Routines
2:00	2:45	Art or Rounds and Routines	Art or Rounds and Routines	Art or Rounds and Routines	Art or Rounds and Routines	Art or Rounds and Routines
3:00	3:45	Standard Basics (Foxtrot)	Standard Basics (Foxtrot)	Standard Basics (Foxtrot)	Standard Basics (Foxtrot)	Standard Basics (Foxtrot)
4:00	6:00	After Care (Please add \$75/week)				