Eastlake Gazette Lake Community News

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Willoughby Times Eastlake Gazette

Willowick Courier = Painesville Pride

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8 Pages



Dennis Morley Mayor/Safety Director

Hope this article finds you healthy and good in spirits. It has been a very difficult March with the Coronavirus pandemic. Our businesses have been affected and voting has been delayed until June 2nd. Please remember to use our local businesses if they have carried out options.

IMPORTANT NOTICE: Effective Wednesday, March 18th, Eastlake City Hall will be closed to the public.

Our goal is to maintain quality and timely services to the best of our ability during this unprecedented time. In doing so, the City must also provide a safe environment for our employees and visitors while adhering to the public health protocols.

The City Hall staff will be working regular business hours and assisting citizens via phone and email. Please visit www. eastlakeohio.com or City of Eastlake Facebook for details about alternative ways to access

Continued at right

Willoughby-Eastlake Library: Resources Available Online 24/7

With the Willoughby-Eastlake These digital services include include Tumblebooks, Sesame the date that the library reopens. Public Library being closed, resources are still available online 24/7. There are many digital resources that can be accessed with a Willoughby-Eastlake Public Library card from home.

but are not limited to: Overdrive (eBooks and audiobooks), Hoopla (movies, music, audiobooks and graphic novels) and Kanopy (documentaries, classics and Indie films). Children's resources Street eBooks and ABC Mouse.

For the duration of the closure, due dates for checked-out materials (including wifi hot spots and tablets) and holds for materials will be extended to

There is no need to return any of those items during the period that the library is closed.

Additional information and resources can be found on the library's website at we247.org.

Ohio Department of Health: This or That Prevention & Preparedness

https://coronavirus.ohio.gov/ wps/portal/gov/covid-19/home/ resources/how-you-can-preventand-prepare

This or That Prevention - Social Distancing

Instead of this: Only washing your hands on occasion, or just using water.

Do That: Wash your hands regularly! Use water and soap and wash for at least 20 seconds.

Instead of this: Sneezing into your hands (ew!).

<u>Do That:</u> Sneeze into your arm or a tissue.

Instead of this: Checking social

media or cable news 24/7. **<u>Do That:</u>** Continue to stay

informed, but also disconnect on occasion. Try reading a new book or trying meditation. Mental health is important.

Instead of this: Going straight to the doctor or urgent care when you're feeling under the weather.

<u>Do That:</u> Believing every rumor you see online or using nonreputable sources.

Instead of this: Believing every rumor you see online or using nonreputable sources.

<u>Do That:</u> Use reputable sources!

Get info from verified accouts from CDC, Ohio Department of Health, Governor Mike DeWine, local health departments, and verified media accounts.

This or That Preparedness -**Social Distancing**

Instead of This: Panicking and buying enough toilet paper for a year.

Do That: Don't panic. Just make sure you have enough food and medication for a possible 14 day quarantine period.

Instead of This: Going to the grocery store every day.

Do That: Go once a week, during non-peak times.

Instead of This: Going out if you're an older adult or have a preexisting medical condition.

<u>Do That:</u> Ask your family, friends, or neighbors if they can get your groceries or run errands for

Instead of This: Being mean or rude to service workers, healthcare professionals, or others on the front lines of the outbreak.

Do That: Be kind! We're all in this together and kindness is more important than ever.

Mayor

Continued from left

City services, including permits and service requests, or contact City Hall at 440-951-2200. Here is the list of extensions.

Mayor's office 1001,1002 **Building Department** 1008,1004,1007,1017 Service Department 1006,1400 Finance 1011,1010,1021,1014, 1012

Police non-emergency 951-1400 follow the prompts

Fire non-emergency 951-2287 Emergency 911 Eastlake City Council 1016

Eastlake Council President

Thanks Eastlake...we appreciate your cooperation and patience during this time. Mayor Morley

Lake County General Health District has received confirmation

of its first reported case of novel

coronavirus or COVID-19 on March 17, 2020 The individual is a female between the ages of 20 and 30 years of age. No further information will be released about the individual.

"While this is the first confirmed case of a Lake County resident, it is likely that COVID-19 is spreading in our community, and we expect the number of confirmed cases to grow. It is imperative that all businesses, organizations, and residents follow social distancing practices to the best of their abilities," stated Ron H. Graham, Health Commissioner. Governor Mike DeWine and Health Director Dr. Amy Acton have taken unprecedented steps to curb the spread of illness, and while our way of life will change in the short-term, these steps are necessary to protect the most vulnerable in our community and save lives. We will continue to work with our local, state, and federal partners as we respond to this ever-changing situation."

The best prevention against COVID-19 and other infectious disease remains to:

- Wash your hands often
- · Stay home when you're not feeling well, or have a cough, fever, or other illness
- Cover coughs and sneezes, and avoid touching your face
- Disinfect frequently touched surfaces often
- Practice social distancing. Maintain a six-foot radius between yourself and others.

If you are feeling ill, and have signs of fever or respiratory illness, please contact your healthcare provider first before going to any healthcare facility. Please also consider using telemedicine options that may be available to vou.

Ohio Department of Health's call center to answer general questions about COVID-19 can be reached at 1-833-4-ASK-ODH (1-833-427-5634), and is open from 9:00 a.m. until 8:00 p.m. Lake County General Health District will begin issuing bi-weekly Situation Reports that will also be available on the Lake County General Health District website (www.lcghd.org).

For more information on COVID-19, visit the websites of Lake County General Health District, Ohio Department of Public Health (www.coronavirus. ohio.gov), the Centers for Disease Control and Prevention (www. cdc.gov), and the World Health Organization (www.who.int).

ČDC – https://www.cdc.gov/ coronavirus/2019-ncov/index.

ODH – https://coronavirus. ohio.gov/wps/portal/gov/ covid-19/

LCGHD - https://www.lcghd. org/2019-novel-coronavirusncov/

Have a safe and Happy Easter Dennis

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City of Eastlake Council Reports



Michael Zuren Ward 1 Councilman

I want to begin by saying my heart go out to all who have been affected by the corona virus. If you have questions regarding the virus please contact the Lake County General Health District 440-350-2543 or online at https:www.lcghd.org

Non-Profit Meeting

Thank You to everyone that participated in the Non-Profit Meeting at Willo-Praise on March 12th. Representatives from the following organizations attended: Willo-Lake, McKinley Community Outreach, Pip Printing, 100 Youth that Care, Dollar Bank, Eastlake Women's Club, Operation STAT, VFW 3863, Lake Events, Eastlake Eagles' Aerial watch, Project Rustic Recreations, Habit, Willowick Pet Food Pantry, Lake County and Ashtabula County Community Cats, Purrfect Partners Ohio, Thrifty on the Continued at right

Eastlake azette

A Lake Community News Publication

Matt Nelisse Publisher

Deanne Nelisse Advertising Production

Nancy Fath Kristy Neville Sales Associates

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Jason Kasunick Ward 3 Councilman

Greetings, Eastlake. This is a difficult article to write because we have to submit articles in advance to make publication. As I am writing this, many events have already been cancelled or postponed, while schools and businesses have been required to close over the Coronavirus outbreak. I do not know how this situation will change by the time you read this. I will just say the following.

As a lifelong resident, I believe in our community's ability to put differences aside and help those in need. I've seen it many times. This is just on a larger scale, but we will get through this. I know hardships are presented due to the measures taken, but please know these measures are necessary to prevent hospitals from getting inundated and protect public health as much as possible. Please keep social distance to prevent transmission while also keeping an eye on our families, friends and neighbors to insure health and safety. Let's do our best to help those who are losing income and when we have the chance, help our small businesses who will be losing business for a time.

We owe a debt of gratitude to those who work tirelessly to protect our health and safety including our police firefighters, medical professionals, and all workers cannot take time off. They are all putting themselves out there to insure things continue functioning properly. Thanks also to our leadership who took swift, decisive action to slow the spread of the pandemic. And, of course, thanks to all of you for your cooperation and understanding. Please remember, we are all in this together and we will get through because we care and will help each other.

Zuren

Continued from left

Vine, and First UCC Eastlake.

We discussed numerous events and fundraisers which we will be posting on the Lake County Non Profits Fundraisers and Events Facebook site. Some of the events discussed included: Eastlake Nature Day (June 28th), CRSA Jr. Fishing Clinic (June 27th), Operation Spring Cleaning Donation Drive (April 18th), and Willoughby South and Eastlake North Job Fairs (April – Dates may be rescheduled). We also discussed the following upcoming fundraisers: (1) Operation STAT Game Show Night May 9th, 2020 at the Patrician Party Center \$35. Please call John at 440-867-8529 for tickets (Date may be rescheduled), and (2) Lake County and Ashtabula Cats Caturday Night Fever April 18th, 2020 at the Mentor Headlands Community Center \$30. Please call 216-956-5129 for tickets.

Postponed Events:

The Taste of Eastlake Vine Street Crawl with Easter Bunny schedule for March 29th has been postponed. This event is a great way to introduce residents to some of our local restaurants that offer a wide variety of great tasting foods and ambiance. A new date and time will be announced shortly.

The Eastlake North and Willoughby South High School Student Job Fairs scheduled for April have been postponed. The purpose of the student job fairs are to help students meet local potential employers throughout the community (not open to public). Candidates ages 14 and older are encouraged to attend. Free workshops offered, including: how to prepare

for an Interview and Resume Building (Ohio Means Jobs-Lake County), and employment resources (Willoughby-Eastlake Library). New dates and times will be announced shortly.

Spring Cleaning Donation Drive

We have teamed up with two local non-profit agencies for a spring cleaning donation drive. Habitat for Humanity Restore located at 34225 Vine Street Eastlake and Thrifty on the Vine located at 32929 Vine Street Willowick to assist their efforts in helping people in need. Habitat for Humanity cleans and resells furniture to fund their community efforts and Thrifty on the Vine resells clothing, shoes, toys, linens, books, and smaller items to fund their community meals and outreach programs. On April 18th from 1 to 4pm each location will have superheroes for pictures, cookies, and family friendly beverages during the donation drive. Please contact Michael Zuren 440-251-5381

with any questions. Tree Planting/Grounds and River Clean Up

On April 19th, we will be celebrating Earth Day and Arbor Day this year with the Chagrin River Salmon Association at

201 Erie Road Eastlake, Ohio 44095. Please bring your gloves, trash bags, and shovels. We will be planting saplings, picking up trash/debris, and cleaning up the river. Earth Day is an annual event celebrated around April 22nd demonstrating support for environmental protection. Please contact Councilman Jason Kasunick or Councilman Michael Zuren with questions.

CRSA Jr. Fishing Clinic

The Chagrin River Salmon Association will be holding their annual Jr. Fishing Clinic on June 27th from 9 to 11am at: 201 Erie Road Eastlake, Ohio. The Jr. Fishing Clinic is free and open to children ages 5 to 12 years old. There are six education stations for children, including: learning to fish, tying knots, casting range, and the Lake Erie and local ecosystems. Participants can catch live fish from a stocked tank with over 300 fish. Free lunch is provided and fishing related gifts are provided to all participating children. For Free registration: Call Don Miller at (440) 417-

Eastlake Nature Day (5th **Annual**)

On Sunday, June 28th from 12 to 3pm the 5th Annual Eastlake

Continued on page 6





Lakeland Honors Program Provides High-Achieving Students With Opportunities to Excel

Lakeland Community College launched an honors program in fall 2018 for high-achieving students. The program has attracted students with a gradepoint average (GPA) of 3.5 or higher, who also excelled on their ACT. To date, the program has accepted 94 participants. The

average GPA of the group is 3.73.

addition to honors coursework, students may participate in a variety of cocurricular and extra-curricular activities, events and leadership opportunities.

Lakeland's honor students at a glance:

majority has just graduated from high school, there are some adult learners in the mix. The group range in age from 17-53.

• Majors/degrees – Most are pursuing an Associate of Arts or Associate of Science degree with additional interest in business,

care.

• Scholarships – Lakeland need-based offers honors scholarships in all disciplines as well as full-tuition merit scholarships in cybersecurity and all Associate of Science program

Cities represented Students come from Ashtabula, Barberton, Canton, Chagrin Falls, Chesterland, Chardon, Cleveland, Concord, Conneaut, Eastlake, Geneva, Highland Heights, Jefferson, Kirtland,

• Age range - While the education, engineering or health Madison, Mentor, Mentor-onthe-Lake, Middlefield, Novelty, Painesville, Perry, Rock Creek, Rome, Wickliffe, Willoughby, Willoughby Hills and Willowick.

Lakeland currently has five honors transfer partnerships with local and regional fouryear institutions. Transferring students save on tuition for two years while at Lakeland; they also gain the advantage of a strong academic program with great transfer options.

More information lakelandcc.edu/honors.

Opportunity starts HERE!

Get started or get ahead on your educational goals with summer term classes.



Summer term classes are offered in five or eight-week formats.

- First summer session (5 weeks): May 18 June 23
- Full summer session (8 weeks): June 8 Aug. 2
- Second summer session (5 weeks): June 24 July 30

lakelandcc.edu/summer





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April 25, 2020

Lake County Residents Only - No Businesses

Lake County Fairgrounds - Free to Residents 1301 Mentor Ave., Painesville Township (Commercial Building near entrance)

SATURDAY, APRIL 25, 2020 - 9:00 a.m. - 1:00 p.m. Rain or shine

Battery back-ups, cable boxes, CD/DVDs, CD/VCR/DVD players, cell phones, circuit boards, coffee makers, computers/towers, curling irons, digital cameras, digital office phones, docking stations, fax machines, game systems, hair dryers, hard drives, keyboards, laptops, microphones, microwaves, modems/networking, printers, radios, scanners, servers speakers switches, tablets, toasters, typewriters, wires/cables, vacuums and most other corded or rechargeable household electronics

Prohibited Items:

TVs, CRT monitors, exercise equipment, large appliances, bulbs, loose batteries. Trailers prohibited.

See website for complete list of ACCEPTED & PROHIBITED ITEMS at LakeCountyOhio.gov/Utilities - Special Collections Information

Sponsored by the Lake County Solid Waste District, the Lake County Board of Commissioners and the Lake County Department of Utilities.

Call OSU Extension at 440-350-2582 or the Solid Waste District at 440-350-2644

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Bankruptcy 101:

Overcoming the Fear of Filing Bankruptcy

Filing bankruptcy is scary on many fronts. I know because I'm a bankruptcy lawyer and I talk to bankruptcy clients every day. I also have had financial problems like most everyone else and I was scared at the time. I thought about filing bankruptcy. I must admit it was a very frightening thought. I really believed that my life for all practical purposes would end in humiliation and despair. I believed that everyone would look at me and talk and snicker. That it would be in the newspapers and my parents would disown me and that I would die lonely because no one would ever speak to me again. Forget about ever getting another date. They probably wouldn't even let me adopt a cat.

At that time, I couldn't put my finger on why the thought of filing Bankruptcy was so HORRIFYING. Since that time, I have had the opportunity to speak with many people who have gone through the bankruptcy process and now I know why the idea of bankruptcy is so scary. I also know now why it is such an irony that the solution to so many scary things causes us such apprehension. The reason is simple. It is an assault on our pride. A blow to our ego.

There is no other reason to fear such a remarkably effective solution to real tragedy (like, say, having your wages garnished, being sued, losing your home, not having money to eat, dying from stress, going insane, etc.) Pride is one of the seven deadly sins because it causes us to do things that we should not. It also causes us NOT TO DO THINGS THAT WE SHOULD.

Based on my conversations with many people I have concluded that bankruptcy is looked at in the negative. I know people are reading this last line and thinking "duh-yeah!" But in my world, I don't think it is so straight forward. Because I see fearful, distressed, stressed out, suicidal, miserable, guilt ridden, angry people made better by bankruptcy. Not just a little better, either. A lot better. The "I can't believe it, but I actually have peace of mind!" kind of better. I run into people at the grocery store who tell me life has never been so good. I wouldn't normally believe them because I knew them. They were our clients. They were people who came into our office eight months earlier depressed, hopeless, despondent, fearful and beaten. But now their faces, their demeanor and their attitudes are hardly recognizable. They have been restored to sanity.

They have been healed and they know peace. That past life that was so unmanageable, painful and, seemingly, spiraling downward out of control did not crash and burn. Something took the controls and managed to pull it back up seconds before the fiery fateful collisionmoments before they came to that dark place that is not known but dreaded. That something was the law of Bankruptcy!

It was probably something greater that took them to the acceptance that bankruptcy was the only thing that could right their lives at this point. But that is beyond this discussion. Everybody's bottom is at a different level. The only question is how much suffering a person endures and makes their family endure until they embrace the solution. I am a simple man. I think financial problems have a simple solution. That solution is bankruptcy.

So, no, you are not a loser if you need bankruptcy and use it. You will be a winner. Trust me, I know. We are not dealing with kids or irresponsible adults who went crazy at the mall and want to skate out of debt. Not in this world. Not now. In these times, people are struggling to eat; to drive to work; to live. And, no, you are not the only one who is in this much financial trouble. You only think you are because they don't make television sitcoms about the pretty people living in California hanging out at the beach filling out their bankruptcy petition. YOUR FINANCIAL PROBLEM IS TEMPORARY. YOU WILL RECOVER. You just need a little breathing room. If you let it cause you health problems- those may be permanent. General Motors is a prime example. They went bankrupt in 2009. In 2011 they made record profits.

So, what's my point? Don't listen to other people's opinions because they are only parading their ignorance. Don't be proud because pride is the mask of a fool. Don't be afraid because there is a solution to financial distress. Don't think you're the only one because that's just other people lying to you. Don't be idle because if you are, you'll never be free from the financial craziness, harassment, emotional turmoil and debt collector head games. And do be positive because winning is a state of mind not a state of financial wealth. Get your peace of mind back!

Robert C. Biales

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best deal when it's time to replace your outdated windows & doors is easier than you realize.

Start by calling Shoreline Remodeling Window and Company. A company with a professional, experienced track record dating back to 1954. That's 65 years of total customer satisfaction made possible by all our past clients who trusted in our ability to meet or exceed their expectations on receiving the "real deal" for their remodeling projects.

We start by reviewing your project and listening to your goals and concerns and we welcome any recommendations you may have. Then together we establish a budget and work to stay within that

Your materials selections are hands-on, not from pictures out of brochures and once all your selections have been made, we order any products that are not in

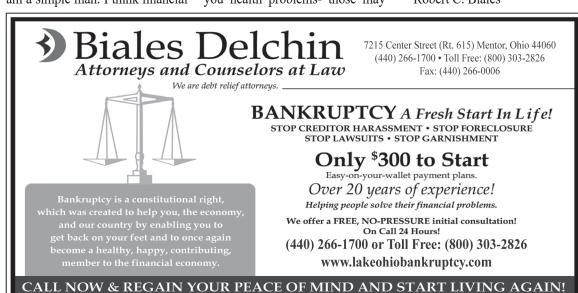
After scheduling a start date and work begins, we stay on the project from start to finish. To make your remodeling experience as stress-

Deciding who to call to get your free as possible, we always keep you informed of the progress of the

Because Shoreline Window and Remodeling Company is a family owned business, you will always be dealing directly with the owner, no pushy salesman or inexperienced tradesmen. Our company is bonded and insured, and our workers are covered by workers compensation for your protection.

We have the highest ratings with the Better Business Bureau and Angie's List. We take pride in our workmanship so you will not only be current client, but in the future, we want to be "the one" contractor you call to take advantage of our other professional services including kitchen and bathroom remodeling. Plus, we also accept all major credit cards & special financing.

Let us show you how to make your next remodeling project a little easier by calling Shoreline Window and Remodeling Company at (440) 946-1495 or (440) 336-3300. You can also look us up at www. shorelinewindowandremodeling.





Spring Bird Walks with Blackbrook Audubon Begin April

Blackbrook Audubon Society will begin their annual Spring Bird Walks at 7:30 a.m. April 12 at Headlands Beach State Park. Birders of all skill levels are welcome to attend this series of six walks Sundays through May 17.

Participants can park in the lot at 9600 Headlands Road. This Mentor Marsh parking lot is on the west side of Shipman Pond at the

northern trailhead of Zimmerman Preserve. This migrant hotspot Audubon. Sites of other walks in Ashtabula, Geauga and Lake Trail. Birders will have the option of the walk or a "big sit" on the final Sunday, May 17. Participants should bring chairs, binoculars, beverage cups and snacks to share for this passive style of birding at 8:30 a.m. Blackbrook will provide coffee and beverages. Meet at the far eastern side of the parking lot, row P-1, near the Headlands Dunes State Nature

is reached by using the entrance to Headlands Beach State Park, which is at the northern end of Rt. 44 or Heisley Road. The entrance to the handicapped-accessible boardwalk leading to the beach is near the gathering spot for the Big Sit. The restrooms at the park are also nearby.

This will be the 87th annual Spring Bird Walk series for the series by chapters and park districts are listed here.

Blackbrook Audubon started as the Blackbrook Bird Club and has been leading walks in this area since the 1940's. Now Blackbrook is the local chapter of National Society covering Counties. Follow Blackbrook Audubon Society on Facebook.

*These walks may be canceled to meet guidelines on social distancing.

For more information, email blackbrookaud@aol.com or visit blackbrookaudubon.org.

For Advertising Rates and Information: www.LakeCommunityNewsOhio.com



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four rooms	\$135
chair	\$35
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*great room is considered two rooms	

Call for prices on stairs, dining chairs, oriental rugs & open areas of rooms.

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Women's Committee Presents "Wing It" May 13th

The Women's Committee of the or call 440.951.7500, X 103 no Fine Arts Association will present "Wing It" May 13 at the Kirtland Country Club, 39438 Kirtland Road, Willoughby. "Wing It" is an internationally ranked quartet of college students from Solon, Ohio that sings barbershop and a cappella harmony.

The menu is chicken, mushroom and spinach crepes, frosted grapes, fresh fruit, mixed greens salad, melba toast, dinner rolls, and sticky buns. Creme brulee and macaroons are the dessert.

Email fineartsrsvp@gmail.com

later than April 30. Reservations are required. The cost is \$40.00 per person payable at the door in cash or by check. Valet parking will begin at 11:00 a.m.

The Women's Committee is an independent auxiliary whose mission is to support and promote The Fine Arts Association in the appreciation of the creative arts of music, dance, art and drama (www.fineartsassociation.org).

This program may be canceled as circumstances warrant.

This Spring Get the Most Thorough Carpet Cleaning Ever... Guaranteed!

For really clean carpets & upholstery this spring, leave the dirty work to your local professionals at Quick Dry Carpet & Upholstery Cleaning.

We offer an affordable, aggressive 4-step process that allows your carpet to dry in about 45 minutes PLUS every job comes with our 30-day ironclad guarantee! After an enzymatic pre-treatment to heavily soiled areas, we do an industrial vacuuming. By using state-ofthe-art equipment containing a non-residue solution, we remove stubborn dirt and stains and a nylon lifter is used to groom the beautifully cleaned carpeting.

Offering economical disinfectants, deodorizers, and protectors; we also specialize in upholstery, Oriental and area rug cleaning throughout residential and commercial Lake County; plus we are listed with the Better Business Bureau. Quick Dry stands behind every job 100%. If you are not happy with our work, within 30 days we will re-clean the area in question for FREE! You pay nothing! Not one cent!

Weekend and evening appointments available at no additional charge. Look for the money saving COUPON within this issue, then contact Quick Dry at (440) 269-4971 or visit us at www.quickdryohio.com for all your professional carpeting and upholstery cleaning needs!

Matt's Lawn Service - Proudly Serving Lake County Since 1990

Matt's Lawn Service, Inc. has been providing service to residential and commercial customers for over 30 years.

The business started in 1990 when owner, Matt Goglin was 15 years old. He pushed a lawn mower around the neighborhood he grew up in and was able to grow his business by word of mouth. Providing quality weekly lawn maintenance and being dependable has helped the business to grow and expand over the years. "Being depandable and providing customer satisfaction is the key to owning a successful service based business. We truly care about satisfying our clients needs," says owner Matt Goglin.

Matt's Lawn Service provides quality services at affordable prices. For a free estimate contact Matt's Lawn Service, Inc. at 440-255-8887.



Tours Announces 2021 Travel Desintations Fitzgerald

Put adventure on the map in 2021 with two exciting travel opportunities from Fitzgerald Tours. In May, you can sail from Amsterdam to Zurich on a deluxe Rhine River boat cruise that takes you from the tulip fields of Holland to the Black Forest region of Germany. In September, immerse yourself in the rich history and local culture of Poland. It's a Central European tour that highlights the beauty and soul of this democratic country.

Debra and Tom Fitzgerald of Fitzgerald Tours make it easy to travel internationally. They have been leading tours to destinations around the world for

18 years, beginning with trips to evening entertainment, Wi-Fi, Ireland from their home base, Fitzgerald's Irish Bed & Breakfast in Painesville. Their popular trips offer travelers an enjoyable way to explore new destinations with carefully planned itineraries that cover all the details. Kick-off receptions let travelers connect with one another in advance.

The Rhine River cruise sets sail from May 29-June 9, 2021. Travelers will explore the majesty of three countries: Holland, Germany and Switzerland. Shore excursions will include visits to two UNESCO World Heritage sites. Enjoy a suite or stateroom of your choice with onboard meals (with complimentary wine, beer and soft drinks) and much more. Save \$1000 or get free airfare (up to \$1200) per person and save an additional \$300 when you pay in full by April 15, 2020.

Explore highlights of Poland with a comprehensive tour, September 10-20, 2021. The tour will begin in Warsaw, the 700-year-old capital that is a symbol of Polish nationhood. Visit castles and cathedrals, a centuries-old salt mine and the notorious concentration camp Auschwitz-Birkenau, a UNESCO World Heritage site. Poland is a country of great beauty with a

it all to life.

Travel packages by Fitzgerald Tours include meals, admission to all attractions and much more.

complex history – this tour brings Space is limited and these popular trips sell out fast so reserve your space now. For pricing and additional details, visit www. FitzgeraldTours.com or call (440) 796-3529.

Tour Magnificent Poland

With European Experts Tom & Debra Fitzgerald of Fitzgerald's Irish B&B and Tours

September 10 - 20, 2020

\$4,289.00 per person based on double occupancy (Single supplement \$640.00)

Poland Tour Includes

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Pre-Departure Party at Fitzgerald's Irish B&B

Contact:

Debra Fitzgerald Fitzgerald Tours 47 Mentor Avenue Painesville, OH 44077 (440) 796-3529

FitzTours@gmail.com

Itinerary includes: Krakow, Royal Castle & Cathedral, Wieliczka Sal Mines, Auschwitz-Birkenau, Warsaw, St. John's Cathedral, Wilanow Palace, Poznan, the Croissant Museum, Gdansk, Oliwa District, Sopot, Gydnia, and Marlbork Castle

Group Size Limited Reserve Today!

Call about our Rhine River Cruise May 29-June 9, 2021 Visit Holland, Germany, and Switzerland

Irish Bed & Breakfast

Full itinerary and details at www.FitzgeraldTours.com



Zuren

Continued from page 1

Nature Day will be held at: 201 Erie Road Eastlake. Free guided canoe tours from ODNR and CRWP (Enjoy waterfront views, wildlife, and beautiful Lake Erie

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large. Home improvement is part

of every homeowner's life and

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getting the job done easier.

from the Chagrin River). Canoes, paddles, life jackets provided. Pre-registration is required and time slots will be announced. Kids can fish in the freshly stocked fish tank (rods, bait, and fish are supplied). The fish tank holds over

tradesmen have at least 25 years experience in home building and/ or home improvements.

Give our office a call weekdays between the hours of 7:30 a.m. and 6:00 p.m. where you will be greeted by a live person and never by a recording. Ask about our seniors discount and money saving coupons.

Call Handyman on Call at 440-

OUT SENIOR

300 fish. There will be numerous presentations from conservation environmental agencies offer hands on learning for children. Limited food and refreshments will be available for a nominal cost. This is a free community event.

The time and date of the next Vine Street Corridor Business Meeting will be announced shortly. The Vine Street Corridor Business Meeting offers networking, promotion, and showcasing our local companies.

Your Councilman Michael Zuren, Ward 1



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National Diabetes Prevention Program

According to the Center for Disease Control and Prevention, approximately 88 million American adults—more than 1 in 3—have prediabetes. Of those with prediabetes, more than 80% do not know they have it.

It's important to talk to your doctor about getting your blood sugar tested if you have any of the risk factors for prediabetes, which include but are not limited to:

- Being overweight
- Being 45 years or older
- Having a parent, brother, or sister with type 2 diabetes
- Being physically active less than 3 times a week
- Had gestational diabetes or gave birth to a baby weighing more than 9lbs.

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Get the FACTS on

Medicare Health

• Having polycystic ovary syndrome.

If you have prediabetes, the CDC's National Diabetes Prevention Program has a behavioral change program that can help you make lifestyle changes to prevent or delay type 2 diabetes and other serious health problems.

The program begins with 16 core sessions offered in a group setting over a 6-month period. In these sessions, you will receive training to make realistic changes in your diet and exercise and provided with strategies to control your weight. A specially trained coach will help motivate you.

Once you complete the core sessions, you will have six more months of follow-up sessions

Mon., May 11 • 6-8:00 pm

Mon., May 18 • 6-8:00pm

Morley Library

Wed., June 3 · 6:30-8pm

Concord

Library

Willoughby Hills

To Register Call: 440-942-3362

To Register Call: 440-255-5700

Community Center

To Register Call: 440-639-4650

ese events are for educational purposes only and no pl acific benefits or details will be proposed. Limited seati a-registration required. Some nominal fees may apply. to help you maintain healthy habits and an additional twelve months of ongoing maintenance sessions if you meet certain weight loss and attendance goals during the first year.

The program is limited to Medicare Part B beneficiaries who meet the specific guidelines for the program. You can find details at www.cdc.gov/diabetes/prevention and ask your health care provider to provide you with a referral. If you are eligible, you will pay nothing for these services.

You can also find more information on Medicare's

coverage for diabetes in publication, Medicare Diabetes Supplies, Services and Prevention Programs. It explains in detail coverage for diabetes medication, equipment, supplies, insulin pumps, shoes, therapeutic medical nutritional therapy services and more. For your copy of this publication you can go online to www.Medicare.gov/publication or call 1-800-Medicare to request a copy.

For your questions on life, health, Medicare Advantage Plans and Medicare Supplements, call or email me at Lmutsko@mutskoinsurance. com or call 440-255-5700.

Laura Mutsko is a licensed broker insurance a complete line of health and life insurance products, including Individual, Group and Family Health, Annuities, Long Term Care Insurance, Medicare Advantage, Medicare Supplement Plans, Medicare Part D Prescription Coverage, Vision, Dental and Life Insurance. Mutsko Insurance Services, LLC is located at 6982 Spinach Drive in Mentor, Ohio. Laura can be reached at 440-255-5700 or through email at Lmutsko@mutskoinsurance.

For more information, visit www.mutskoinsurance.com.

Are You Ready to "Cut the C

In the past, many of you have asked me "Is it possible to cut the cable?" My reply has always been "not yet, but soon". I've been saying it for 7 years. Well, "SOON" is HERE!!

After many months of research, I have finally come to the conclusion that it IS POSSIBLE to "CUT THE CABLE" and save a substantial

amount of money. Since everyone has their own needs, I can customize a solution to allow you to cancel your U-verse, cable or satellite service.

If you have any questions or would like more information on getting rid of your cable or satellite company, please contact me.

Mobile Computer Solutions is a

mobile computer repair service that comes to your home or business. I have over 20 years experience. I pride myself on building my business on reliability, honesty and finding multiple solutions for each

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client's personal budget.

Mobile Computer Solutions is your best source for onsite computer, repair and upgrades. We sell new and refurbished towers and laptops. We also can help you with mobile device solutions such as adding your device to your network, data syncing, security, printing options and more. MCS was established to provide fast affordable onsite service to anyone in need. We provide the fastest service in the industry and are available 7 days a week!

My name is Jeff Berg and I am available to personally speak with you to discuss your individual technology needs. I invite you to contact me at (440)461-3900, (216) 789-7936 or jeff@mobilecsllc.com so I can personally help you find a solution for your household or business technology challenges.

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SCRAP TIRE COLLECTION

May 2, 2020

Lake County Residents Only - No Businesses

Lake County Fairgrounds - 1301 Mentor Ave., Painesville Township (Follow the signs at entrance)

SATURDAY, MAY 2, 2020 - 8:00 a.m. - 1:00 p.m. *Rain or shine*

FREE: Up to six (6) automobile/light truck tires WITHOUT rims.

- \$2 each, tires without rims, cash/check only
- \$4 each, tires on a rim, cash/check only
- \$10 each, any oversized tire, cash/check only

Personnel will be on hand to collect the required fees and correct change is appreciated. Cash or check only, payable to the Lake County Dept. of Utilities.

Sponsored by the Lake County Solid Waste District, the Lake County Board of Commissioners, and the Lake County Department of Utilities.

For more information about the Scrap Tire Collection:

<u>LakeCountyOhio.gov/Utilities</u> - Special Collections Information
Call the OSU Extension at 440-350-2582 or the Solid Waste District at 440-350-2644

Corporate Clients Include Parker Hannifin, Progressive Insurance and Wendy's International.

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Right now, Hoernig Heating and Air Conditioning is offering a Central Air Conditioning Tune-Up for only \$69.95 (Regular price \$95.95). This cooling preventative maintenance safety check includes:

- 1. Check refrigerant charge
- 2. Leak test unit if necessary
- 3. Check and adjust fan belt
- 4. Check bearings

- 5. Align pulleys & lubricate Preventative Maintenance Safety motor
- 6. Check Filters
- 7. Check condenser
- 8. Check drain
- 9. Check operation of thermostat 10. Operational check systems.

Want to save even more?? Then have us perform a Heating

Check Regular price \$95.95) at the same time and we'll service both systems for only \$98!!

The gas furnace tune-up and safety check includes:

- 1. Clean burners
- 2. Clean, light pilot
- 3. Check Heat Exchanger
- 4. Check main gas valve
- 5. Adjust burner & pilot
- 6. Adjust blower belt

- 7. Check & adjust furnace controls
- 8. Check safety pilot operation
- 9. Oil blower.

Hoernig Heating & Air Conditioning offers free estimates, 24 hour service, 10% senior citizen discounts, and can service any brand. We're also licensed, bonded, and insured.

Give us a call today to schedule a tune-up at (440) 942-8175.

Audubon Offers Solutions to Plastic Pollution

Blackbrook Audubon will present "The Problem with Plastic" by Jill Bartolotta 7:00 p.m. Tuesday, April 21 at Penitentiary Glen Reservation.

Jill is the Ohio Sea Grant Extension Educator for Ashtabula and Lake Counties. Her research focuses on single-use plastics and barriers to reusable alternatives.

Ninety-six percent of the trash found on beach cleanups along the Great Lakes is plastic, most of it identified as single-use. Its presence is wreaking havoc on ecosystems, the safety of our food and drinking water, and the economy.

"The Problem with Plastic"

Meet Us in the Garden Series

Join Lake County Master Gardener Volunteers for one Saturday each month from March through November to learn about a variety of garden topics. Each class is scheduled to begin at 10 a.m. And runs for 1 to 1 ½ hours. This year's series will be held in the Community Room in the Painesville Township Offices at 55 Nye Road, Painesville next door to the Fire Station.

An informational brochure is posted on the Ohio State Extension website at http://lake.osu.edu.

Upcoming Topics:

*Classes may be canceled as circumstances warrant.

• Saturday May 2, 2020 – Color Continuous Using Perennials

Your garden can be interesting and colorful all year long and one garden can have many looks. Learn to combine many elements into a coherent whole and what you need to have available to be successful.

• Saturday June 6, 2020 – "Bee" Friendly with Natives

Native plants have evolved with our native bees. These plants are not only beautiful but provide multiple ecosystem services. Learn how planting with natives provides benefits to you and our

will take an in-depth look into our decades-long use of plastic, its effects on us and the environment, and provide simple steps to break free from plastic.

Blackbrook serves coffee and tea, but asks attendees to bring their own cups or mugs to cut down on single-use cups.

The program is open to all. Penitentiary Glen is at 8668 Kirtland-Chardon Road, Kirtland.

For more information, visit blackbrookaudubon.org.

Follow Blackbrook Audubon Society on Facebook. Blackbrook Audubon is the local chapter of National Audubon Society covering Ashtabula, Geauga and Lake counties.

This program may be canceled by Lake Metroparks or as circumstances warrant.

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