HEALTH STATUS QUESTIONNAIRE

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| CONDITION | YES CURRENTLY | YES BEFORE | HOW LONG AGO | NEVER | RECOMMENDATIONS |
| PACEMAKER |  |  |  |  | No |
| DURING PREGNANCY |  |  |  |  | No |
| SCIATICA |  |  |  |  | See Virtual Gym Sciatica Padding + IREPAIR |
| CARPAL TUNNEL |  |  |  |  | IREPAIR |
| ONE MONTH AFTER DELIVERY |  |  |  |  | For Flat belly and Detox |
| FOUR MONTHS AFTER CESAREAN |  |  |  |  | Ask Physician |
| KELOIDS |  |  |  |  | IREPAIR |
| CANCER |  |  |  |  | Ask Physician |
| HEART PROBLEMS |  |  |  |  | Ask Physician |
| VISCERAL FAT / FATTY LIVER |  |  |  |  | Virtual Gym |
| SWELLING |  |  |  |  | Virtual Gym |
| SEIZURES |  |  |  |  | Ask Physician |
| HORMONAL IMBALANCE |  |  |  |  | Virtual Gym |
| DIABETES |  |  |  |  | Caution |
| METAL PLATES |  |  |  |  | Caution |
| COUPHING / BREATHING PROBLEMS |  |  |  |  | Caution |
| FEVER |  |  |  |  | Caution |
| OTHER MEDICAL ILLNESS |  |  |  |  | Caution |
| OTHER MENTAL ILLNESS |  |  |  |  | Caution |
| HIGH BLOOD PRESSURE |  |  |  |  | Ask Physician |
| SURGERY |  |  |  |  | Ask Physician |
| FLU |  |  |  |  | Caution |
| HEADACHE |  |  |  |  | Caution |
| EXERCISES REGULARLY |  |  |  |  | Will Enhance Core Strength, Speed & Stamina |
| SMOKING / ALCOHOL (CIRCLE ONE) |  |  |  |  | Intensive Detox |
| MEDICATIONS / VITAMINS |  |  |  |  | Intensive Detox |

\* PLEASE LIST MEDICATIONS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*PLEASE LIST VITAMINS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_