Structures Nation System Exacutors COMPARIENT I CPE		CE/CME Evaluation & Credit Claim Form			Enduring	
					Credits: 1.00	
Date:		TITLE OF ACTIVITY: Sleep Apnea Dr. Kirk Withrow, Associate Professor, UAB				
			- ,			
Please Check One			St. Vincent's Blo			
St. Vincent's East St. Vincent's St. Clair St. Vincent's One Nineteen						
St. Vincent's Health S	System is committe	ed to excellen	ce in continuing educa	tion and your opir	nions are critical to us in this effort.	
	•		-		uation form. PLEASE PRINT	
				Email Address: (This is where your		
Legal Name:				CE/CME certificate		
Legar Hume.				and or transcriptwill		
				be sent)		
Identify which	□ MD		□ PA	Ministry and		
continuing	□ NP	RN		Facility:		
education hours apply to you:	🗆 PharmD	🗆 RPh	🗆 Tech			
apply to you.	🗆 ОТ	□PT	□Social Worker			
	□Student	□Other				
Please rate	the presentat	ion on eac	h of the followir			
					Strongly Disagree	
The activity met the stated objectives.			0		C	
The presentation was scientific and objective.			0		0	
The presentation was free from commercial bias.			0		C	
The online activity was conducive to my learning.			0		0	
Comments:						

- 1. Which one of the following is the most efficacious treatment for OSA?
 - a. Nasal surgery
 - b. Tracheostomy
 - c. CPAP
 - d. Bariatric surgery

2. OSA is the excessive, recurrent collapse of the airway during sleep leading to complete (apnea) or partial (hypopnea) obstructions.

- a. True
- b. False
- 3. What are the symptoms of OSA?

- 4. Risk factors for OSA are:
 - a. Smoking
 - b. Alcohol
 - c. Anatomic factors
 - d. Positive family history
 - e. Obesity
 - f. African and Asian Descent
 - g. Men twice as likely affected
 - h. a, d and e
 - i. All of the above
- 5. OSA is common and affects 25 million adults in US.
 - a. True
 - b. False

Comments on this enduring material:

Please scan back for credit to: <u>lisa.davis2@ascension.org</u> Fax: (205) 838-3518

St Vincent's HEALTH SYSTEM	Attendance F Title:	Roster Cro	edits: 1.00 Direct Sponsored	
Date:			Jointly Sponsored	
☑ Inter-professional □ Single Discipline				
Please Check One: St. Vincent's Bird	mingham St. Vincen	it's Blount St. V	/incent's Chilton	
St. Vincent's East St. Vincent's St. Clair St. Vincent's One Nineteen External Other:				
	Hospital/Ministry/ (Pharmacy)		Check That Apply	
Name (Please Print)	Business	DOB & NABP #		
, , , , , , , , , , , , , , , , , , ,			MD DO Resident	
			NP PA CRNP	
			🗌 RN 🔄 Other 🗌 Student	
			🗌 Pharmacist 🗌 RPh 📄 Tech	
			MD DO Resident	
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			🔄 RN 🔄 Other 🗌 Student	
			Pharmacist RPh Tech	
			🗌 MD 🔄 DO 📃 Resident	
			🗌 NP 🔄 PA 📃 CRNP	
			RN Other Student	
			Pharmacist RPh Tech	
			MD DO Resident	
			NP PA CRNP	
			RN Other Student	
			Pharmacist RPh Tech	
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			RN Other Student	
			Pharmacist RPh Tech	
			MD DO Resident	
			\square NP \square PA \square CRNP	
			RN Other Student	
			Pharmacist RPh Tech	
		1		

Physicians: St. Vincent's Health System is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians. Designation Statement: The St. Vincent's Health System designates this live activity for a maximum of see above AMA PRA Category 1.00 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse: Ascension Health is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Provider Number: P0340. This activity is approved for 1.0 Contact Hours continuing education.

Pharmacists: The St. Vincent's Health System is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Completion of this knowledge-based activity provides for 1.0 contact hour (0.1 CEU) of continuing pharmacy education credit.

Faculty/Course Director/Planners: STVHS has selected all faculty participating in this activity. It is the policy of STVHS that all CME/CE planning committees, faculty, authors, editors, and staff disclose relationships with commercial interests upon nomination or invitation of participation. Disclosure documents are reviewed for potential conflicts of interest and if relevant, they are resolved prior to confirmation of participation. Only those participants who have no conflict of interest or who agreed to an identified resolution process prior to their participation were involved in this activity.

St. Vincents Health System Contrary Professional Education CMEEting: CPE		CE/CME Evaluation & Cre	Credits: 1.00			
		Course: "Obstructive S	Direct Sponsored			
Date:		Instructor: Dr. Kirk Withrow	Jointly Sponsored			
 Inter-professional Single Discipline 		Otolaryngology, UAB				
	_	cent's Birmingham St. Vince	ent's Blount 🗌 St. V	/incent's Chilton		
		ncent's East St. Vincent's S		t's One Nineteen External Meeting		
	-		-	opinions are critical to us in this effort.		
P	lease note: a CME/CE tr	anscript is issued only upon recei		valuation form. PLEASE PRINT		
Legal Nam			Email Address: (This is where your			
Legal Nam	e.		CE/CME certificate and			
			or transcriptwill be sent)			
Identify	□ MD		Ministry and			
which	□ NP	🗆 PA 🛛 RN	Facility:			
continuing education	🗆 PharmD	🗆 RPh 🛛 Tech				
hours appl	y 🛛 Student/Resid	dent 🛛 Other	PHARMACY NABP # and DOB			
to you:						
				l		
	ng objectives for this a					
Upon com Interdiscip		participants should be able to:				
		y of Obstructive Sleep Apnea				
-		able for CPAP intolerant OSA patie	ents and importance o	f appropriate referral		
	•	OSA patients particular those who a		•••••		
	be comorbidities associa	· ·				
	eaker(s) meet each of	f the objectives? 🔄 Yes 🔄 🕅	No			
Commen						
		u plan to make in your practice an		a result of this CE/CME activity?		
	÷ *	cognize and interpret the signs and symptoms of OSA				
0	Recognize the evidence-based link between sleep apnea, hypertension, cardiovascular disease, and mortality					
What new team strategies will you employ as a result of this activity? Implement practice-based procedures to screen and manage patients at risk for or with evidence of obstructive						
sleep apnea						
0	O Compare treatment alternatives and decide about the best alternative that may suit patients' needs					
0	Improve multidisciplinary team roles and communication to improve decision making skills for a better patient outcome					
O This activity will not change my practice, because my current practice is consistent with what was taught						
How will your role in the collaborative team change as a result of this activity						
Knowledge management Improve healthcare processes and outcomes I Effective communication skills						
Patient outcomes						
Did the information presented reinforce and/or improve your current skills? Yes No						
Organizational or institutional barriers Reimbursement Cost Administrative Support						
Do you perceive any		ent adherence		Reimbursement/Insurance		
barriers in applying		essional consensus or guidelines	□Inadequa	ate time to assess or counsel patients		
		of resources		ers		
Experience Other:						
FOR CME/CE CREDIT – BOTH SIDES OF THE EVALUATION ARE REQUIRED TO BE FILLED OUT COMPLETELY						

<i>Did you perceive commercial bias or any commercial promotional products displayed or distributed.</i> No Yes (If yes please Comment)					
What I learned in this activit	v has increased my confidence	e in improving patient outcom	ne results. Yes No		
	· · · ·				
What other CE/CME topic(s)	would you like to attend?				
Speaker(s) Session	Speakers knowledge of Subject	Quality of Presentation & Handouts	Overall Activity		
	<u>Matter</u> Excellent Good Average Poor	Excellent Good	Excellent Good Average Poor		
Comments on activity: Did the speaker(s) provide an opportunity for questions and discussion? Did the speaker(s) provide an opportunity for questions and discussion? No (If no please comment)					
Were there problems-in-practice related to this topic that were not addressed at this CE/CME activity that you felt should have been?					
I will apply the knowledge and	d/or skills gained during this ac	tivity in my work:	No		
This activity created an atmosphere that fostered adequate discussion time in which input and feedback was welcome:					
Credit)	ACY TECHNICIANS CREDIT O	NLY (must fill out these two	questions to receive		
What is obstructive sleep apr	nea and who's at risk?				
What are some symptoms	and signs of OSA?				
REQUEST FOR CREDIT - If you wish to receive credit for this activity, please return this completed form					
By checking the box, I certify the above is true and correct.					
Signature:					
Thank you for participating and we appreciate your candid feedback to improve your experience at future activities. To receive credit all questions must be completed on the evaluation					
Please scan back for credit to: lisa.davis2@ascension.org (205) 838-3518 FAX					