

Community NOW

EMPOWERMENT THROUGH KNOWLEDGE

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This Is How I Am Changing MY World

We cannot believe it is already March! The school year is going by at the speed of lightening, and we cannot help but reflect on the great accomplishments that have come about from our Community Now programs this school year.

Community Now's SLTs have hit the ground running! They have engaged in numerous mental wellness, self-love, and team building activities. In addition, a few of our SLTs are now posting on their school sites. That is so amazing! From day 1 until now, we have seen so much growth and improvement in our youth. They are the next generation who WILL change the world, and we admire all of their potential.

Our events have been engaging, festive, and exciting. We are extremely thankful for the volunteers we have on board at Community Now. They have helped us make a change! Our volunteer socials have been nothing but wonderful times with amazing people, activities, conversations, and of course some delicious food. We are thankful for having the opportunity to thank YOU and all of

our volunteers for the time and dedication they put into making Moreno Valley great!

The mental wellness movement has been such a key focus in our approach as a team. We have witnessed positive changes in several adults and children, which excites us. Our empowerment and mental wellness programs have opened Moreno Valley community members up to new outlooks on life and new possibilities. Teaching others how to appreciate themselves, acknowledge their worth, and cope with daily life occurrences is what we aim to do! We are ecstatic to help and watch the growth of our fellow community members.



Metamorphosis

Community Now's Student Leadership teams are engaging in activities that promote strength and self-awareness. How is it possible to become fully aware of the person you are, and accept that person? IT IS NOT EASY! But it is possible. We are helping our students get to this point through lessons and interactive activities. This month we started off with our "Labels" activity. This gives our students perspective on life! It shows them the power behind labels, but even deeper, it shows them that their power is greater than those labels! Children are labeled every day! They are quick to be judged and constantly labeled as "trouble-maker, chatty, opinionated, stubborn, high-strung, etc." As a result, they are treated as their labels. THIS MUST CHANGE. We teach our children that they do not have to stand for this. They are NOT who they are labeled as. They are simply children who have every right to express themselves and explore the complex world.

In unison with this activity, our SLTs engaged in an "Adversity vs. Perspective" activity. The goal? To show students that the challenges they face, the people that criticize them, and the difficulties life throws at them DO NOT mean they cannot succeed. In fact, we want to teach our students that when quitting seems like the only option, do not fall to adversity. Take the hardships, the critiques, the labels, and put them into perspective. You are not who anyone else says you are. YOU are YOU. You are who YOU say you are and who YOU want to be. Keep going. Never give up!

To tie the past few months together, the SLTs have been working on collages of their yearlong activities. They are posting these collages around their schools to show their fellow student body how they are changing THEIR world, one step at a time, day by day. This is the first step in changing the world!

Get
PLUGGED in

LET'S MARCH

STOP BULLYING



The date is set and we are ready for takeoff!! Our Anti-bullying march will take place on June 4th from 9am to 1pm. Mark your calendars everyone! This is going to be a city wide event full of excitement, activities, movement, and purpose! We will be marching from VFW to The Conference and Recreational Center with signs, posters, excitement, and energy! There will be raffle prizes, t-shirts, water bottles, coffee mugs, and motivational bracelets. You will not want to miss out! Our Community Now team is extremely excited. We have been waiting on this event all year long! Everyone is welcome to participate and join us take a stand against bullying. Let's unite together as a community and STOP BULLYING.

This rally and march is very important to us because it speaks up about a cause that needs to be addressed and fixed! Looking for a way to get involved? We are looking for volunteers and organizations march with us and help us bring awareness to this important issue. Come out with your team, your organization, your group, and make a banner that shows your stand against bullying. Take a stand, and speak out. If this cause sparks an interest in you or your organization, contact us at our CN office today! We would love to see many organizations marching in unison with us.

STAND UP SPEAK OUT



It's Tea Time

Are you ready for our last volunteer social of the school year? We're going all out this time! Community Now is making April bigger and better than ever. Wear your craziest, fanciest hat and come out to our fundraiser, tea, and end of the year tea. That's right-three fun events in one! Our end of the year fundraiser will be a tea to celebrate our fantastic volunteers and all the effort they put into making Moreno Valley a great, safer community. We will be raffling off baskets, promoting awareness for June's Anti-bullying March, and raising funds for our Student Leadership Teams and their end of the year party. Why did we say to bring your best hat? That's right, we are having a fancy hat contest! The winner gets a fancy prize to match their fancy hat, so go all out. If you are interested in lending a helping hand and being a part of making this event amazing, get in touch with us! We would love for you to join us!

Connect with Us!

- ❖ Contact our office at: (951) 333-9965
- ❖ Connect with us online on Facebook, Twitter, Instagram, LinkedIn
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