

Ridgeview Global Studies Academy

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	Cheeseburger	Muffin / Yogurt /Cheese	Chicken/ Waffles	Burrito	Pizza	
	Lett/ Tom/ Pickle	Veggie Sticks	Green Beans	Rice / Beans	Corn	
	Broccoli	Peas	Cauliflower/ Salad	Lett / Tom / Cheese	Salad	
	Fruit / Juice	Fruit / Juice	Fruit / Juice	Fruit / Juice	Cookie/ Fruit	
	Milk	Milk	Milk	Milk	Milk	
8	9	10	11	12	13	14
	Shepherd's Pie	Chicken Fajita	Baked Chicken	Hamburger	Chicken Nuggets	
	Mixed Veggies	Lett/Tom/Cheese	Mashed Potatoes	Tots	Roll	
	Cauliflower / Salad	Rice / Beans	Green Beans	Peas & Carrots	Broccoli/Carrots	
	Baked Apples	Fruit / Juice	Fruit / Juice	Fruit / Juice	Freezie/ Fruit	
	Milk	Milk	Milk	Milk	Milk	
15	16	17	18	19	20	21
	Hotdog On Bun	Beef Taco	Chicken Sandwich	Baked Pasta	Pizza	
	Baked Fries	Rice & Beans	Broccoli / Carrots	Bread	Corn	
	Baked Beans	Lett / Tom / Cheese	Salad	Italian Veggies	Salad	
	Fruit / Juice	Fruit / Juice	Fruit / Juice	Salad / Fruit / Juice	Baked Apples	
	Milk	Milk	Milk	Milk	Cookie / Milk	
22	23	24	25	26	27	28
	NO	NO	MERRY	NO	NO	
	SCHOOL	SCHOOL	CHRISTMAS	SCHOOL	SCHOOL	
29	30	31				
	NO	NO				
	SCHOOL	SCHOOL				