

## Children's **Winter** Daily Schedule

### Preschool Room

**7:30-8:15** Arrival/Free play/Family Grouping

**8:15-8:30** Morning Snack

**8:30-9:30** Morning Program Activities

**9:00-9:30** Washroom Routine

**9:00-9:10** Group 1 Washroom Routine

**9:10-9:20** Group 2 Washroom Routine

**9:20-9:30** Group 3 Washroom Routine

**\*\*If too cold, alternative schedule \*\***

**9:30-9:35** Tidy Up Time

**9:40-9:45** Tidy Up Time

**9:35-9:50** Morning Circle Time (3 Circles)

**9:45-10:00** Circle Time

**9:50-10:00** Cloakroom/ Get Dressed

**10:00-11:00** Indoor Gross Motor Activity

**10:00-11:15** Morning Outdoor Program Activities

**11:00-11:15** Quiet Play/Book Time

**11:15-11:30** Hand Washing Routine

**11:30-12:15** Lunch

**12:15-12:45** Washroom Routine

**12:30- 2:30** Sleep Time

**2:30- 3:00** Washroom Routine

**2:30-2:40** Group 1 Washroom Routine

**2:40-2:50** Group 2 Washroom Routine, Group 1 Cloakroom

**2:50-3:00** Group 3 Washroom Routine, Group 2 Cloakroom

**3:00- 3:10** Group 3 Cloakroom

**3:00-4:00** Afternoon Outdoor Program Activities

**4:00-4:15** Hand Washing Routine

**4:15-4:30** Afternoon Snack

**4:30-5:30** Afternoon Program Activities

**5:00-5:15** Washroom Routine/Evening Snack

**5:30- 5:45** Afternoon Circle (2 Circles)

**5:45-6:00** Quiet play/Home Time

## Children's **Summer** Daily Schedule

### Preschool Room

**7:30-8:15** Arrival/Free play/Family Grouping

**8:15-8:30** Morning Snack

**8:30-9:30** Morning Program Activities

**9:00-9:30** Washroom Routine

**9:00-9:10** Group 1 Washroom Routine

**9:10-9:20** Group 2 Washroom Routine

**9:20-9:30** Group 3 Washroom Routine

**9:30-9:35** Tidy Up Time

**9:35-9:50** Morning Circle Time

**9:50-10:00** Cloakroom/ Get Dressed

**10:00-11:15** Morning Outdoor Program Activities

**11:15-11:30** Hand Washing Routine

**11:30-12:15** Lunch

**12:15-12:45** Washroom Routine

**12:30- 2:30** Sleep Time

**2:30- 3:00** Washroom Routine

**2:30-2:40** Group 1 Washroom Routine

**2:40-2:50** Group 2 Washroom Routine, Group 1 Cloakroom

**2:50-3:00** Group 3 Washroom Routine, Group 2 Cloakroom

**2:40- 3:10** Group 3 Cloakroom

**\*\*If too hot, Alternative Schedule\*\***

**3:00-4:00** Afternoon Outdoor Program Activities

**3:00-3:15** Afternoon Snack

**4:00-4:15** Hand Washing Routine

**3:15-4:30** Afternoon Program Time

**4:15-4:30** Afternoon Snack

**4:30-4:40** Tidy Up Time

**4:30-5:30** Afternoon Program Activities

**4:40- 4:50** Afternoon Circle

**5:00-5:15** Washroom routine

**4:50-5:00** Cloakroom/ Get Dressed

**5:30- 5:45** Afternoon Circle

**5:00-5:30** Afternoon Outdoor Program Activities

**5:45-6:00** Quiet Play/Home Time

**5:30- 5:45** Washroom Routine/Evening Snack

**5:45-6:00** Quiet Play/Home Time