

Ferris ISD
McDonald Lunch Menu
February 2017

Jan 23, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		Feb - 1 Steak Fingers!!! 4 Whipped Potatoes~~~~ Country Gravy- !!! Carrot Coins*** Honey Wheat Roll Fruit Cocktail~~~ MILK - Variety	Feb - 2 Chicken Parmesan*** Mozarella Cheese~~~ Cheesy Garlic Breadsti GARDEN SALAD*** English Peas *** Ranch Dressing~~~ Pears~~~ MILK - Variety	Feb - 3 Pepperoni Calzone Corn*** Broccoli Florets Cheese Sauce Peaches In Light Syrup MILK - Variety
Feb - 6 Hot Dog on a Bun Shredded Cheese!!! Sweet Potato Gems Ranch Beans~~~ APPLES,Fresh-*** Ketchup/Mayo/Mustard MILK - Variety	Feb - 7 NACHOS WITH GRO Cheese Sauce Refried Beans~~~ GARDEN SALAD*** Spanish Rice Pear In Light Syrup Salsa*** MILK - Variety	Feb - 8 Salisbury Steak Brown Gravy Whipped Potatoes~~~~ English Peas *** Honey Wheat Roll Fruit Cocktail~~~ MILK - Variety	Feb - 9 Baked Potato Soup Grilled Cheese Sandwi Celery Sticks*** Carrot Sticks*** Pineapple Tidbits In Natural Juice pc Ranch Dressing!!! MILK - Variety	Feb - 10 Cheeseburger~~~ Potato Stix Sandwich Trims Strawberry cup*** Spinach*** Ketchup/Mayo/Mustard MILK - Variety
Feb - 13 Mini Corn Dogs !!! Baked Beans~~~ Corn Cob 3" Macaroni & Cheese Mustard, pc~~~ Ketchup, pc~~~ Raisins MILK - Variety	Feb - 14 Beef Tacos Spanish Rice Taco trims*** Refried Beans~~~ Peaches In Light Syrup pc salsa Rosati Ice MILK - Variety	Feb - 15 Oven Baked Chicken Whipped Potatoes~~~~ Country Gravy- !!! Green Beans *** Applesauce Honey Wheat Roll MILK - Variety	Feb - 16 Spag.&Meat Sauce ~- Carrot Sticks*** Celery Sticks*** Mozarella Cheese~~~ GARDEN SALAD*** Cherry Craisins Cheesy Garlic Breadsti pc Ranch Dressing!!! MILK - Variety	Feb - 17 Pepperoni Pizza Corn*** Broccoli *** Cheese Sauce ORANGES*** MILK - Variety
Feb - 20 Holiday Presidents' Day	Feb - 21 Beef Taco Bowl Lettuce and Tomato*** Shred Cheese Refried Beans~~~ Spanish Rice Pears~~~ MILK - Variety	Feb - 22 Chicken Nugget !!! Whipped Potatoes~~~~ Country Gravy- !!! Black Eye Peas-*** Honey Wheat Roll Peaches In Light Syrup MILK - Variety	Feb - 23 Chicken patty~~~ Wheat Buns*** new 2. Sandwich Trims Ranch Beans~~~ APPLES,Fresh-*** Ketchup/Mayo/Mustard MILK - Variety	Feb - 24 Pepperoni Calzone Corn*** Broccoli Florets Cheese Sauce ORANGES*** MILK - Variety
Feb - 27 Chicken Fried Steak P Wheat Buns*** new 2. Potato Stix Ranch Beans~~~ Peaches In Light Syrup Sandwich Trims PICKLES,DILL!!! Ketchup/Mayo/Mustard MILK - Variety	Feb - 28 Fajita Chicken Bowl*** Whole Grain Rice Pinto Beans*** Shred Cheese Pico Romaine Lettuce ORANGES*** MILK - Variety			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.