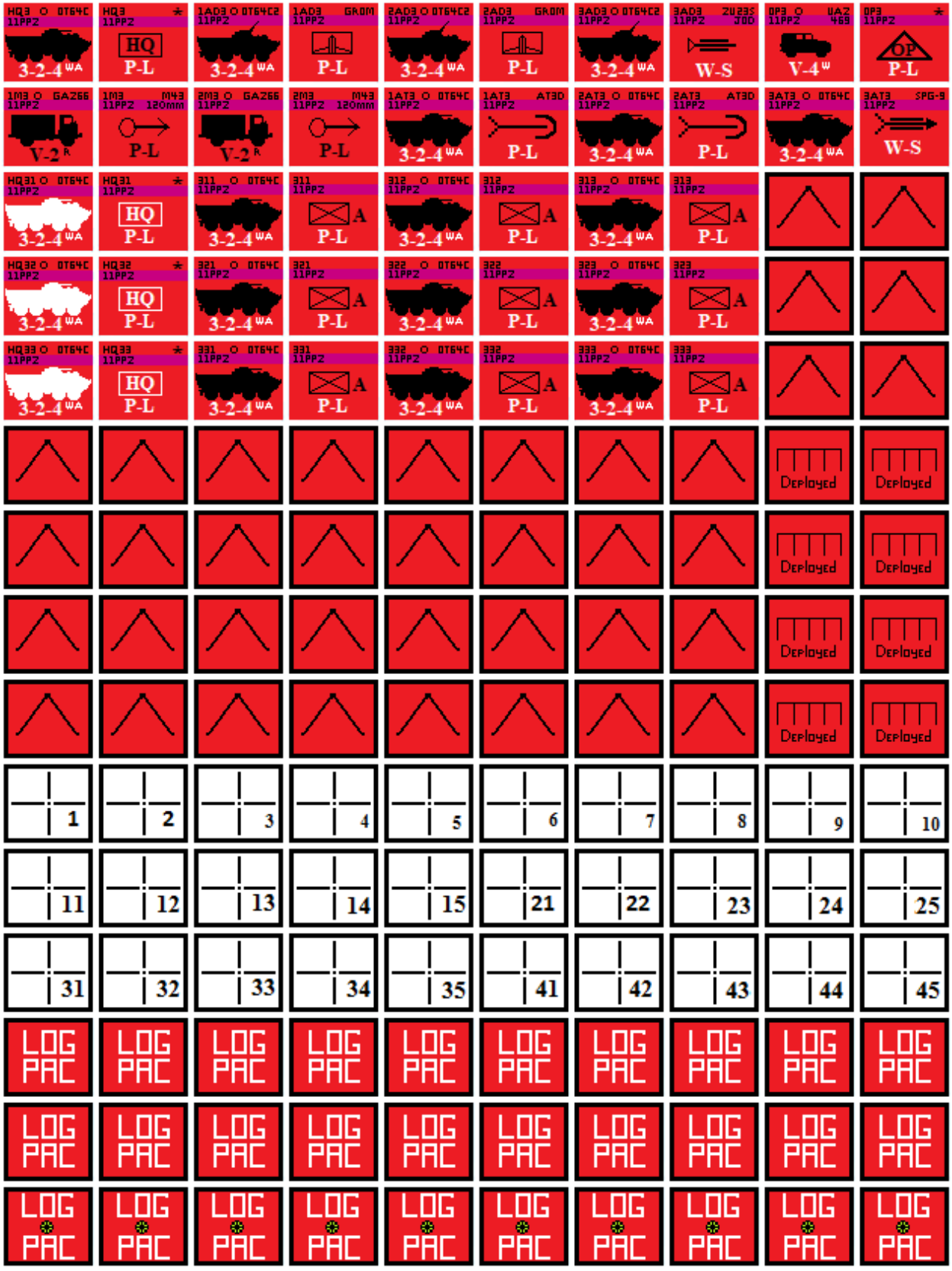11 Pułk Piechoty Zmechanizowane