

"Appeal"ing Affirmations

The power to change the next chapter of my life is currently in my hands.



The power to change the next chapter of my life is currently in my hands.

My life is what I make of it. My heart holds the map to the road ahead of me. With my actions, I chart the course of my life. **Every decision I make shifts me in a new direction.**

I set goals for myself to help me pace my journey. When I know where I want to go, I can choose a path that will get me there.

If I want to go where I have never gone before, I must act in a way I have never acted. Within me, I possess the courage to step up to the challenge and out of my comfort zone. In doing this, I can reach my desired destination.

I have the authority to alter the course of my life by making different decisions. Where I choose to go is completely up to me. There are things that are beyond my control, but how I react to those things changes how they impact on my life. My response is within my control.

I could choose to do nothing and just allow things to happen to me, but I refuse to be a victim of circumstance. **I actively pursue my dreams because I am passionate about fulfilling my destiny.** I avoid apathy by arming myself with the knowledge of my purpose.

I make the most out of my life when I know my intentions and do everything within my power to accomplish them. I actively seek out opportunity at every turn.

Today, I choose to shake off fear and take hold of the authority I possess over my life.

Self-Reflection Questions:

1. Am I willing to do things I have never done before in order to achieve things I have never achieved before?
2. How have my previous decisions affected my life?
3. What kind of decisions do I want to make from now on?

