

September Lunch Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
			1) Roasted Pork loin with cornbread stuffing, green beans, fruit and milk.
5) Labor Day. No School.	6) Bean and cheese rolled tacos with salsa, sour cream, fruit and milk.	7) BBQ pulled pork on a bun with green beans, fruit juice and milk.	8) Beanie Weenie Casserole with cornbread, veggies, fruit and milk.
12) Baked spaghetti with steamed veggies, fruit juice and milk.	13) grilled chicken salad with dressing, fruit and milk.	14) Hot dog on a bun with tater tots, fruit juice and milk.	15) Baked Macaroni and cheese with green beans, fruit and milk.
19) Sydney's chicken and rice with fruit juice and milk.	20) Green chili pork with salsa, sour cream, fruit and milk.	21) Egg salad sandwich on whole wheat with veggie sticks, fruit and milk.	22) Mustang bowl with fruit juice and milk.
26) Orange chicken with brown rice, sautéed veggies, fruit juice, milk and a fortune cookie.	27) Walking taco salad with fruit and milk.	28) Pepperoni pizza with a side salad, fruit juice and milk.	29) Fiesta burrito bowls with salsa, fruit, and milk.

Notes:

There will be two types of milk offered at each meal:

Breakfast: skim and 1% white

Lunch: 1% white and fat free chocolate

*Menu is subject to change as needed.

"This institution is an equal opportunity provider."