



Throwers Club Masters Throwers Meet #1

Toronto Track and Field Centre
Saturday, May 17, 2014
10:00am start

Fees:	1-3 Events \$20 for members \$25 for non-members \$20 for junior/university/para athletes Throws Pent \$25 for members, \$30 for non-members \$25 junior/university/para athletes Membership Required (Ontario Masters Athletics, Athletics Ontario, Athletics Canada or USATF). For Members meet rate, entrant must be paid up Throwers Club member for 2014	
Events:	Throws Pentathlon, Triathlon and Single Throws Events (hammer, shot put, discus, javelin and weight throw). Events will be held in order of the Throws Pentathlon i.e. hammer, shot put, discus, javelin and weight throw. Scoring is by WMA 2010 tables. Throws Pentathlon and Triathlon will be 3 attempts for each event. Individual events will be 6 attempts. Men and women will compete in the same flights. Meet will start at 10:00am sharp. There is a new hammer cage this year. <u>This is an Athletics Ontario Sanctioned Meet</u>	
Entry:	Email your entry to Bill Pearson at b.pearson@rogers.com by Thursday, May 15th at 4pm . Please indicate which events you wish to enter and your age class. Please bring payment to meet. NOTE: There will be NO same day entries	
Equipment:	Throwing equipment for all age classes and events will be provided. Throwers who wish to use their own implements must bring them 45 minutes before the meet starts for weigh-in. Once weighed-in, implements will be part of the meet implements and available for use by all competitors.	
Results:	Complete results will be posted following the meet on the Throwers Club website at www.throwersclub.ca	No qualifying standards for entry
Facilities:	Full throwing facilities for hammer, shot put, discus, javelin and weight throw. For further information see - http://www.toronto.ca/parks/sports/trackfield.htm Pay parking is available at lots just west and east of the Toronto Track and Field Centre.	
Hosted by:	Throwers Club	www.throwersclub.ca

