

## **NEW! Online Dance Workshops!**

With all the changes that schools have had to adapt with regards to Covid-19, we hope that these online interactive, curriculum based workshops will be helpful to teachers / schools!

### **How it works:**

- We have a list of 1-hour workshops for Grade groupings - K to 2, 3 to 4, and 5 to 8
- Each workshop is delivered live through Zoom
- Each workshop is designed so students can be in their own bubble - in their own classroom, or wherever in the school it is best to set up.
- As the workshop progresses, our facilitators can adjust the workshop to your class, and give more personalized instruction and feedback, something that can't be done with a pre-recorded dance workshop, or dance instruction through YouTube, etc.

As always, we are trying to keep our fees low, so each workshop has been reduced to a one hour time segment, at a **cost** of \$100 plus HST. Payment can be made prior to the workshop through mailed cheque or Interac e-transfer, or within 48 hours of the completion of workshop .

**Available workshops** (when booking over email, please specify you want the online, one hour version, not the in-person workshops):

### **Moves Like Swagger:** (Grades 2 to 8)

This hard-hitting, energetic, easy-to-follow workshop is guaranteed to make you break a sweat! With choreography heavily influenced by

street dance, students will learn the fundamentals of hip-hop while grooving out to the latest up-beat tunes.

**Boom Boom Pow:** (Grades K to 4)

This fun primary / junior dance program will introduce students to the steps and styling of hip hop and jazz, while giving them a chance to explore their first steps in performance. This is a great option for introducing students in a relaxed and friendly way, to basic dance skills appropriate for their age group.

**Dance Around the World mini:** (Grades K to 8)

Dance Around the World (Mini) - 1 hour workshop Groups can choose 2-3 styles of dance to learn from: Bollywood, Country, Latin, Hip Hop, Hawaiian, or Belly Dance, a dance routine from each genre is taught and practised.

**Gone Country:**

Grades 4 to 8 - a great introduction or extension of your dance program where we bring back the Hot Country days of the 1990's. Students learn multiple line dances to country / pop music To make it more fun, students and teachers can dress up in country-western themed clothing. The level of dance will be aimed at the average ability of the class, however no previous dance experience is necessary!

## **Dance and Play:**

Dance & Play - 1 hour workshop - up to 40 students – a combination of formatted dance in a line dance format, and creative movement and musical interpretation incorporated into a storyline to a piece of classical music.

### *Ballroom Line Dance:* Grades 4 to 8

Learn basic ballroom steps to a variety of music (mostly contemporary), without the pressure of any physical contact between students! Taught in *a line dance format*.

### DRAMA BASICS: Grades 3 to 8

An opportunity for students to engage in drama curriculum including concepts of stage movement, blocking, and improvisational techniques will be explored with games and demonstrations by the students - all done in a Covid-safe manner!