

## Menu Form for children ages 1-12 years

Month            Menu #   12  Year   2017  

	<b>Meal Pattern</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	<ul style="list-style-type: none"> <li>Bread or bread alternate (including cereal)</li> <li>Juice or fruit or vegetable               <ul style="list-style-type: none"> <li>Milk, Fluid</li> </ul> </li> </ul>	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk
<b>Snack</b>	<ul style="list-style-type: none"> <li>Milk, fluid</li> <li>Juice or fruit or vegetable</li> <li>Bread or bread alternate</li> <li>Meat or meat alternate</li> </ul>	Water Cucumbers Ranch Dip Vegetable Thins	Juice Cheddar Biscuits	Juice Snack Mix (Kix, Pretzel, Goldfish, Fruit snacks)	Juice Apples Popcorn	Water Fruit Pizza
<b>Lunch</b>	<ul style="list-style-type: none"> <li>Meat or meat alternate</li> <li>Vegetable and/or fruit</li> <li>2nd Vegetable or fruit</li> <li>Bread or bread alternate               <ul style="list-style-type: none"> <li>Milk, fluid</li> </ul> </li> </ul>	Canadian Bacon Pizza Broccoli Fruit Cocktail Bun Milk	Crunchy Chicken Casserole Green Beans Pineapple Rolls Milk	Goulash (hamburger) Peas Apricots Noodles Milk	Taco Casserole Corn Oranges Chips Milk	Baked Swiss Chicken w/rice Cauliflower Peaches Milk
<b>Snack</b>	<ul style="list-style-type: none"> <li>Milk, fluid</li> <li>Juice or fruit or vegetable</li> <li>Bread or bread alternate</li> <li>Meat or meat alternate</li> </ul>	Juice Graham Crackers Frosting	Water Rice Cakes Nutella	Juice Banana Bread	Juice Smores Mix (Teddy Graham, Chocolate chips, Marshmallows)	Juice Pretzels Cheese

Use these codes: (1) New food, (2) Nutrition activity, (A) Vitamin A food, (C) Vitamin C food, (HM) Center made (S) Seasonal