



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
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ANNOUNCEMENTS:

MCCBCHST Statement – 9/2/2015
(Malaysian Consultative Council of Buddhism, Christianity, Hinduism, Sikhism & Taoism)
“1 million translated copies of the Quran to be distributed to non-muslims a cause for concern”

Dear Parishioners

You may have read about a millions copies of Quran been printed and to be distributed to the non-muslims. We urge all Parishioners not to receive it. During this holy season of Lent, we are encouraged to read the Holy Bible for our faith development. The Quran will be distributed in our work places, at the Malls, in schools and other places. Just reject it.

(For more information please refer to the notice-boards.)

STATIONS OF THE CROSS –

Friday, 13 March, 2015
(E) 7.30 pm followed by Mass.
(T) 7.15 pm in the parish hall.

RITE OF THE 2ND SCRUTINY –

(4th week of Lent)
On Saturday, 14 March, 2015 during the 7 pm Mass, our “Elect” who are continuing on the purification process, will celebrate the Rite of the Second Scrutiny focusing on purifying their spiritual blindness.

RITE OF THE 3RD SCRUTINY (5th week of

Lent) On Saturday, 21 March, 2015 during the 7.00 pm Mass, our Elect who are preparing their full initiation at Easter, will celebrate the “Rite of the 3rd Scrutiny,” which highlights the saving power of Christ in setting them free. We are invited to come together with them, to pray with them and for them reminding ourselves of our need to rid ourselves of our negative values and to try to live in His love.

NEW-INTAKE (or) “ADULT ENQUIRY TO THE CATHOLIC FAITH”

If you know of friends who are interested in making enquiry into the Catholic Faith, please invite them now to register at the Parish Office. Please take note that the sessions will start end of June.

(food for thought)

Fasting with the Tongue this Lent

(Fr. Ed Broom,OMV)

A 30-day tongue-fasting journey & reflecting on the strength that your tongue possesses.

One of the most powerful weapons that we have at our disposal is between the two layers of our teeth – namely, our tongue. The words that issue from our mouth have an incredible power for good and for evil.

Pope Francis constantly is reminding us of the importance of vigilance over our whole being; and this includes our tongue and the words that come forth. Time and time again Pope Francis exhorts us to avoid gossip, back-biting and speech that damages others.

Saint James reminds us: “We should be slow to speak and quick to listen.” In **St. James chapter 3** – a must to read with respect to the control of our tongue – Saint James in a clear and challenging fashion outlines the dangers of the tongue and the damage that this small instrument can do. Man can tame all animals, but not the tongue. It is small, but like a little spark that can start a huge fire.....

Jesus, who is the Logos – the Word of God made flesh – likewise warns us of the importance of the tongue, speech, and a reminder of the Day of Judgment! The Lord Himself says: “Out of abundance of the heart the mouth speaks.”

Lent: The Season of Conversion

The season of Lent is a time of conversion of life, this also includes conversion of the way we speak. The 3 traditional ways to attain to true conversion of heart and life are (1) Prayer, (2) Almsgiving (3) Fasting.

One can and should fast from food, especially on Ash Wednesday and Good Friday. Nonetheless, this is no exhaustive! Fasting can be done in many other ways. For example, fasting of the eyes from harmful TV programmes, fasting from laziness at work, fasting from being overly critical and judgmental in our hearts.

Still there is other form of fasting: fasting of the tongue, fasting in speech, fasting from offending others with our words.

Why not undertake this on your Lenten journey as you head to the Cross on Good Friday, with your hearts joyfully awaiting the Risen Lord Jesus the day of Resurrection?

MARRIAGE:Please contact the Parish Priest at least **SIX MONTHS** in advance.**BAPTISM:**Please contact the Parish Priest at least **ONE MONTH** in advance.**ADULT ENQUIRY TO THE CATHOLIC FAITH:****9/3/2015** – 8.00 pm - St.Mark's Rm.**PARISH ACTIVITIES & MEETINGS:***(March, 2015)*

- * 8/3/2015 – 11.00 am – Tamil Apostolate (St.Paul's Rm.)
- 2.00 pm - PHDC tuition (3rd floor)
- 3.00 pm - Eucharistic Ministers (St.Mark's Rm.)
- 3.00 pm - Liturgy Script Writers (Wallace Rm.)
- 3.30 pm – Hospitality Ministers (ven Francis Xavier Rm.)
- * 10/3/2015 – 8.15 pm - Legion of Mary (C) (St.Matthew Rm.)
- * 11/3/2015 – 8.00 pm - Chinese group (ven Francis Xavier Rm.)
- * 13/3/2015 - 8.00 pm – PHDC (St.Mark's Rm.)
- * 14/3/2015 – 11.00 am – Packing of rations (Wallace hse.)
- * 15/3/2015 – 10.00 am – Distribution of rations (Wallace hse.)
- * 17/3/2015 – 8.15 pm - Legion of Mary (C) (St.Matthew Rm.)
- * 18/3/2015 – 8.00 pm - Chinese group (ven Francis Xavier Rm.)
- * 24/3/2015 – 8.15 pm - Legion of Mary (C) (St.Matthew Rm.)
- * 25/3/2015 – 8.00 pm - Chinese group (ven Francis Xavier Rm.)
- * 26/3/2015 – 8.00 pm – Area Coordinators, Representatives (St.Mark's Rm.)
- * 28/3/2015 – 9.00 am – RCIA Day of Recollection (Pastoral Centre)
- * 29/3/2015 – 9.00 am – Blood donation (Parish hall)
- 2.00 pm – PHDC Tuition (3rd floor)
- 3.00 pm – RCIA rehearsal (church)
- 4.00 pm – All Liturgical ministries involved in Holy Thursday, Good Friday, Holy Saturday (church)

BIBLE REFLECTION & HOME-GATHERINGS:

- 8/3/2015 – 6.00 pm – BEC St.Benedict; Home of Evelyn & Francis Lee.
- 10/3/2015 – 8.00 pm – BEC St.Paul; Home of Linda Oon & Louis Hb.
- - 7.30 pm – BEC St.Faustina; Home of Mdm Magdalen.
- 15/3/2015 – 6.00 pm – BEC St.Philip; Home of Santhanadass.
- 17/3/2015 – 8.00 pm – BEC St.Philomena; Home of Dr.Francis & Evelyn Toh.
- 24/3/2015 – 7.30 pm – BEC St.Faustina; Home of Mdm Paramese.
- 31/3/2015 – 7.30 pm – BEC St.Faustina; Home of Peter C.

COFFEE MORNINGS 2015:*(All breakfast will go on till 11.30 a.m.)*

- 8/3/2015 - Faith Educators.
- 15/3/2015 – St.Mary's Chapel (Zone 1) (Peter C.)

LINEAMENTA for the Synod on the Family

All married Couples are invited for this session on

(date) **Sunday, 8 March, 2015.**

(time) 3.00 pm – 6.00 pm

(venue) Church of St.Michael, Ipoh.

We encourage all couples to attend so that questionnaires relating to family life can be answered and submitted to Rome.

*To be prepared for the session, please take a copy of the questionnaires from your parish office. Thank you.***PENITENTIAL SERVICE**

In preparation for Easter, penitential service will be held at -

Date	Confession	Venue
Mon .9/3	7.00 pm	Church of the Most Holy Redeemer, Tg.Malim
Tues.10/3	7.00 pm	Church of St.Joseph, B.Gajah
Wed. 11/3	8.00 pm	Church of Sacred Heart, Kampar
Thurs 12/3	7.30 pm	Church of St.Francis de Sales, Sitiawan
Mon.16/3	8.00 pm	OMPH, Ipoh
Tues.17/3	8.00 pm	OLOL, Silibin
Wed.18/3	8.00 pm	SMC, Ipoh
Wed.25/3	7.00 pm	Taiping church
Thurs.25/3	7.30 pm	Church of St.Anthony, T.Intan

BLOOD DONATION CAMPAIGN

Ministers of Hospitality is organizing Blood Donation Campaign on Sunday, 29 March, 2015 from 9.00 am to 12.30 pm.

We hope more volunteers will come forward to donate blood to save lives.

Contact: S.Benedict (013 5180240)/
S.Phillips (013 5200307)**NOVENA PRAYERS TO****ST.PEREGRINE**

EVERY TUESDAY AT 5.45 PM in the Meditation Room. During this Novena Devotion, names of cancer patients will be lifted up. All are invited. For enquiries, call: 019-5769166/ 012-5833904.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets

* EVERY FRIDAY (6 PM TO 7 P.M.)

* EVERY SATURDAY AT 11.00 A.M. – 12 NOON in the Meditation room.

EVENING FOR THE ENGAGED**2015**

Couples planning to get married in the year 2015, please take note of the EE Weekends english during the year. You are requested to register six (6) weeks before the weekend dates.

EE100	24- 26 April, 2015
EE101	26-28 June, 2015
EE102	21-23 Aug, 2015 (BM)
EE103	6-8 Nov., 2015

Please see your Parish Priest for registration.

TAMIL MARRIAGE PREPARATION**WEEKEND - 2015**

Domus St.Anne, Bukit Mertajam	29, 30, 31 May	1/5/2015
Chapel St.Chastan & Imbert, Prai	Aug. 20, 21, 22	Closing date: 1/8/2015
Church of Sacred Heart, Kampar	Nov. 20,21, 22	Closing date: 1/11/2015