

## Menu Form for children ages 1-12 years

Month      Menu # 9Year      2017

	Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<ul style="list-style-type: none"> <li>Bread or bread alternate (including cereal)</li> <li>Juice or fruit or vegetable               <ul style="list-style-type: none"> <li>Milk, Fluid</li> </ul> </li> </ul>	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk
<b>Snack</b>	<ul style="list-style-type: none"> <li>Milk, fluid</li> <li>Juice or fruit or vegetable</li> <li>Bread or bread alternate</li> <li>Meat or meat alternate</li> </ul>	Water Cheese Triscuits	Juice Wild Berry Muffins	Water Oranges Beef Saltines Crackers	Juice Cinnamon Rolls	Water Frozen Go-Gurt Crackers
<b>Lunch</b>	<ul style="list-style-type: none"> <li>Meat or meat alternate</li> <li>Vegetable and/or fruit</li> <li>2nd Vegetable or fruit</li> <li>Bread or bread alternate               <ul style="list-style-type: none"> <li>Milk, fluid</li> </ul> </li> </ul>	Ramen Noodle Skillet (chicken) Peas Mandarin Oranges (noodles) Milk	Cheeseburger Pie Broccoli Peaches Rolls Milk	Ham and Cheese Corn Apricots Crackers Milk	Beef and Noodles Cauliflower Strawberries (noodles) Milk	Turkey Wrap Green Beans Pineapple Tortilla Shell Milk
	<ul style="list-style-type: none"> <li>Milk, fluid</li> <li>Juice or fruit or vegetable</li> <li>Bread or bread alternate</li> <li>Meat or meat alternate</li> </ul>	Juice Animal Crackers Pudding	Juice Oatmeal Cookies	Juice Cheesy Snack Mix	Water Grapes Wheat Thins	Juice Seasoned Pretzels

Use these codes: (1) New food, (2) Nutrition activity, (A) Vitamin A food, (C) Vitamin C food, (HM) Center made (S) Seasonal