

Spring 2021

Spring Valley Seniors Staying Put



Caring ~ Connecting ~ Contributing

Welcome Spring



Rich O'Connell, Pres.

With the pleasant days of spring, the breezes have brought in a few new challenges, and a few new opportunities to assist our clients. A new and expanded transportation service program is due to begin in the near future, along with some additional in-home services. New volunteers have stepped forward to join our existing crew, to fill these new requests. We thank them for their volunteer efforts. On behalf of SVSSP Board, I would like to express a sincere “Thank You” to the many donors who provide us the opportunity to continue our coordination of volunteers and services to seniors and adults with disabilities in our community.

BOARD OF DIRECTORS

President:

Rich O'Connell

Vice President:

Sandy Thompson

Secretary:

Sue Christopher

Treasurer:

Janice Ottman

Board Members:

Lori Peterson

Kari Jensen

Ron Thompson

Volunteer Director:

Kathy Nyeggen

Administration Dir:

Diane Huebel



May Day—May 1st

The custom went something like this.....
As the month of April rolled to an end, people would begin gathering flowers and candies and other goodies to put in May baskets to hang on the doors of friends, neighbors, and loved ones.

Happy May Day!

Staying Put - Founders Feature-Keith & Nina



Keith & Nina Larson

We became aware of the concept of what has become Spring Valley Seniors Staying Put from the very beginning. We responded to a notice for persons interested in helping seniors and disabled people in our community. As we were both retired and felt this would be a worthwhile project for us.

The initial meeting at Gilman town hall was attended by approximately 10 interested members. Margy Balwierz was the driving force with her enthusiasm and research into this type of program, that really got the ball going. The energy of that original group was instrumental in organizing what has become SVSSP. The cheerful and competent leadership of Kathy Nyeggen has helped the program prosper.

We are pleased to see how successful and what an asset to this community SVSSP has become. We served as volunteers from the beginning and will be happy to help whenever and however we are able.

Keith and Nina

Volunteerism [ˌvɒlənˈtɪrɪzəm] NOUN
the use or involvement of volunteer labor, especially in community services.

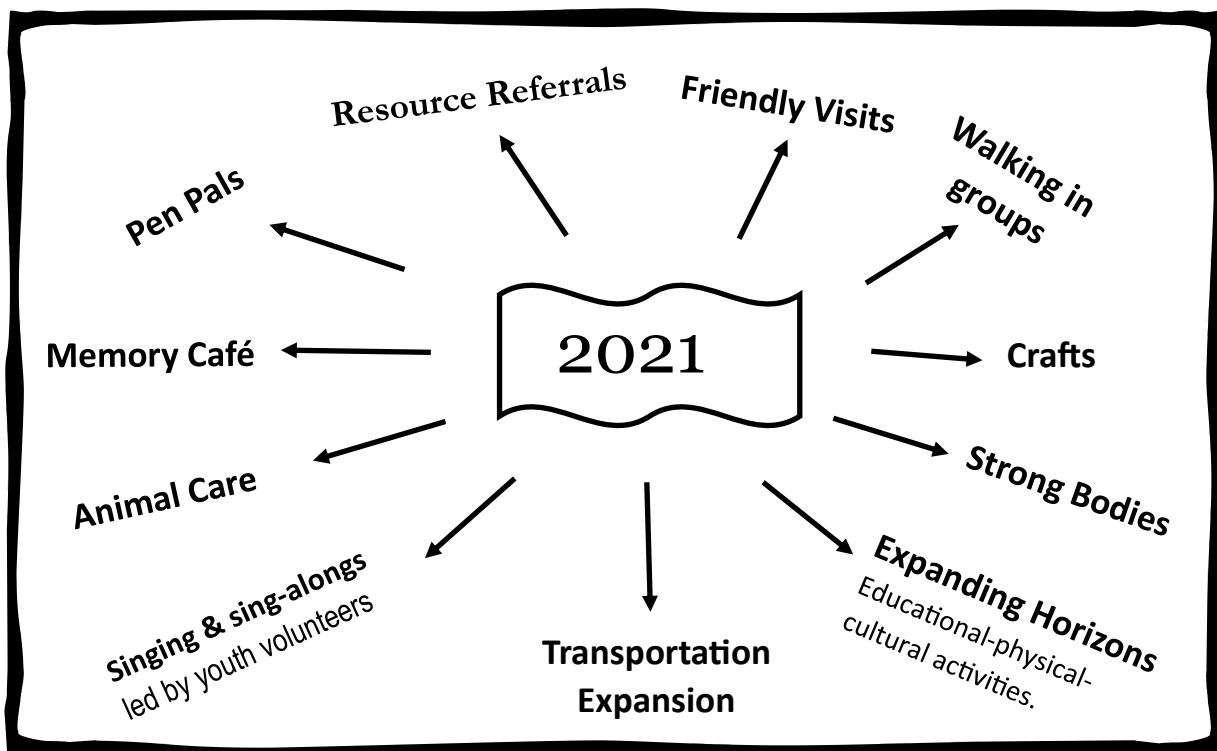
Since 2015, when *Staying Put* was just forming, Nina and Keith Larson have volunteered their time & talents in numerous realms, and steadily. Some of those areas have been: serving as board members, transportation assistance, care-giver timeouts, handbook editing, and especially noteworthy, their tireless effort as Meals-on-Wheels delivery drivers for the past 5 ½ years. The Larson’s exemplify the spirit of volunteerism, not only for Staying Put, but for the community as a whole.

Kathy Nyeggen

To read the full history of how *Staying Put* began check out the website,
<http://www.springvalleystayingputorg/home.html>
715-778-5800

Staying Put — Renewal

Spring Valley Seniors Staying Put seeks to resume services and activities beginning May 1, 2021. The best protection of our client's and volunteer's health is our top priority, thus necessary mandates have been put into place.



Spring Valley Seniors Staying Put is committed to following the guidance of the CDC and the Pierce County Dept. of Health with regard to safety procedures and protocols for older adults. We will also align with the Spring Valley Public Library and other local protocol. <https://springvalleylibrary.org/>

REQUIREMENTS INSIDE VEHICLES & ALL INDOOR SPACES

- ◆ Full COVID-19 vaccinations, with exceptions or signature of waiver
- ◆ Mask-wearing while inside a car, *Staying Put* office, homes, or any indoor environment
- ◆ Distancing as recommended by the CDC and Pierce County Dept. of Health
<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/older-adults.html>
https://www.co.pierce.wi.us/departments/public_health/index.php
- ◆ Sanitization of vehicle door handles and passenger's seats after each ride
- ◆ Office visits are recommended by appointment, for a limited duration and a limited number of people
- ◆ Windows will be opened for ventilation

Staying Put - Transportation Expansion

Staying Put is expanding their Rides For Medical Appointments and Groceries

Staying Put will be collaborating with New Freedom Transportation/Center for Independent Living on non-local transportation coordination for Spring Valley members (Beginning June 1, 2021). New Freedom is a well-established organization (based in Menomonie) that already provides transportation to multiple counties, including Pierce.



Calling All Drivers!

We are currently seeking drivers from the Spring Valley area willing to transport members to medical appointments or to get groceries (in Baldwin, Menomonie, River Falls, Eau Claire, Twin Cities, dependent upon personal parameters). **Mileage will be reimbursed.**

For more information or if you have questions,

Please Call 715-778-5800



The **Meals on Wheels** program through the **Pierce County ADRC**, continues to operate. To inquire about this program, contact the **Pierce County ADRC** with questions: **(715) 273-6780**.

For those enrolled in the Meals on Wheels program in Spring Valley, *Staying Put* volunteers will deliver your hot and nutritious meal Tuesday—Friday.

Phone: 715-778-5800

E-mail: spring.valley.ssp@gmail.com

www.springvalleystayingput.org

Staying Put— Welcome

New Volunteers—



Don & Donna Blegen



Thank you for stepping up, especially during this challenging time.



Randy Nyeggen



Mary Thompson

“ Never underestimate your ability to make someone else’s life better – even if you never know it.”

~ Greg Louganis~



A New Service

Audrey is looking forward to utilizing her skill set as an animal science student at UW-River Falls, as a volunteer in animal consultation and husbandry. She is excited to offer select grooming services, in-home animal care, and other need-based animal assistance. She shares her life with her Australian Cattle Dog, Ruby and is excited to offer home-visits with Ruby in the coming months.



Audrey Bigaouette

“Volunteers do not necessarily have the time; they just have the heart.”

~Elizabeth Andrew



Staying Put— Welcome

New Youth Volunteers



Left to right:

JR Hybben
Justin Reilly
Phoebe Vodnik
Lydia Hannack
Connie Jones
Merrick Johnson

“ You’re never too young to change the world”

~ Author Unknown

National Honor Society students from Spring Valley High School took some day-off-school morning hours to rake at the home of David and Connie Jones – owners/operators of Creekside Coffee. A big ‘Thank-you’ to the students for their work, and to Karen Fesenmaier/eachar & National Honor Society Advisory – for helping to coordinate this project!



Thank You To our

 **Volunteers**

National Volunteer Week (April 18-24) is an opportunity to recognize the impact of volunteer service and the power of volunteers to tackle society’s greatest challenges, to build stronger communities and be a force that transforms the world. Each year, we shine a light on the people and causes that inspire us to serve, recognizing and thanking volunteers who lend their time, talent and voice to make a difference in their communi-

Do all the good you can.
By all the means you can.
In all the ways you can.
In all the places you can.
At all the times you can.
To all the people you can.
As long as ever you can.

~ John Wesley

Staying Put— A Sweet New Chapter



Naomi McLeod

“Here I go again! Skirting 80 and starting on a new adventure, baking and selling scones from my farmhouse kitchen” ~

About a year ago, *Staying Put* member, Naomi McLeod, bravely offered to bring scones to a *Staying Put* tea-party event, although she had never made a scone in her life. How hard could it be? Well she found out. She ended up studying hundreds of scone recipes, trying lots of them, changing this, changing that, until she had perfected what she calls Heartscones and named herself a “Sconemason”. She researched the ‘cottage food law’ and is ready to begin a sweet new chapter in her life.

Why not, even at nearly 80.

Heartscones include such delectable delights as:

- Just 'Mint' For You Choc-Chocolate Chip
- Very Choc-Chocolate Chip
- 'Blues' Berry
- Simply Cinnamon
- Scintillating Cinnamon Raisin
- Comfy Cozy Cranberry
- Rollicking Rhubarb
- Tally Ho Traditional Afternoon Tea



*Blessings All
Cheerio, Pip Pip, & Tally Ho!*

Naomi McLeod, Sconemason
N8273 County Road I
Spring Valley, Wi 54767
Cell: 763-280-1436
Email: Naomi@svtel.net

As time passes on

By Tom Krause

I turn the next page
To discover a new me
While I continue to age.

I may no longer be
Who I was long ago
But I still can matter -
That much I know.

With a new set of tools
I have gathered from time -
I keep looking forward
to more mountains to climb.

My best is not over
As the skeptics might say -
I just learn how to conquer
In a much wiser way.

So don't sell me short -
I am not nearly done
I CAN STILL MATTER -
I've only just begun.

Staying Put - Remembering

We lost our good friend, **Brian Kirby**

April 13, 2021



*S*taying Put delivered volunteer services to Brian throughout recent years, thoroughly enjoying his friendliness, personality and sense of humor.

Sitting at our office still is an Easter lily, hand-delivered by Mr. Kirby. We recall many other occasions of Brian's generosity and friendship. One was last summer, with a cherry tomato plant that he insisted we needed. We then insisted he come and partake of its yield all summer long as he passed by the plant.

This past Christmas, Brian sent *Staying Put* a pretty poinsettia. Once he posted a message of gratitude in the local paper. What an appreciative, sweet man.

Brian walked about town almost daily, even on cold winter days, strolling past our office window - occasionally stopping in. He participated in Strong Bodies fitness classes until they were suspended, and intended to rejoin when resumed this spring. We will sorely miss his presence at that class.

The flowers he would plant, from his 2nd floor apartment balcony that spilled over the railing, were a lovely site to see.

Brian was a very fine person, impacting the Spring Valley community in so many ways. We were so grateful to have known him.



Brian always enjoyed an Irish coffee at the St. Pat's dinner at Sacred Heart Church . *This one is for you.*



Thank You!



Thank you
to our
anonymous
donors

Donations received from Jan 15, 2021 — April 25, 2021

INDIVIDUALS

Margy & Gary Balwierz
Jean Blegen
Chuck & Martha Davis
Pearl Ducklow
John & Nancy Ellingson
Dale & Marilyn Finke
Barry & Connie Golden
Ed & Cindy Helmke
Vicki & Berlyn Howe
Lynn Huiskamp & Jay Esch
Michael & Kathleen Hutter
Dave & Rita Johnson
Bob & Patty Jones
Brenda & Duane Kado
Charles & Cheryl Larsen
Kathleen & Doug Last
John & Sonja Lenarz
Beverly Lueth
Larry & Diane Madson
Janice & Jim Ottman
Fred Pierce
Robert & Mary Ann Richardson
Gene and Carol Roland
Robert & Dorothy Sebion
Nichole Snyder
Dennis Sorenson
Joe and Brenda Stangl
Ron Thompson
Jeanette Timm
Johannes & Sharon Vandenberg
Patricia Wood

BUSINESSES & ORGANIZATIONS

Spring Valley Chamber of Commerce
Ice Kick-Ball Tournament – Bobby Hague
Andersen Corporation

IN MEMORY OF

Calvin Brooke
Joyce Brooke
Audrey Feiler
Fran Ellefson
Jan & Tom Ellefson
Jan & Eric Hatling
Peggy Timm
Audrey Feiler Family
Gene Geiger
Chris Geiger
Lorna Herbaly
Jan & Tom Ellefson
Roger Huebel
Marsha Brunkhorst
Wayne & Linda Miklian
Diane & Rich O'Connell
Ada Hughes
Pat Gavic
Jill & Bill Klanderma
Steve & Linda Price

Thank You

Kathy Nyeggen for all she
does in the community.
Rob & Lori Peterson

IN-KIND

Brian Kirby
Ron Thompson
First Bank of Baldwin



IN MEMORY OF (Cont)

Adolph Johnson
Jan & Tom Ellefson
Rita & Terry Goveronski
Brian Kirby
Jon & Linda Anderson
Jill & Bill Klanderma
Sam Quy
Pat Gavic
Jill & Bill Klanderma
Harley Rudesill
Francine Rudesill
Carolyn Sorenson
Larry Sorenson
Beulah Thompson
Nancy Cleveland
Jon & Linda Anderson
Stephen Traynor
Doris Traynor
Karen Wisemiller
Mary Hampton
Ralph Gavic 

Happy Birthday
March 30

FOUNDATIONS

Pierce Pepin Cares



Spring Valley Seniors Staying Put, Inc.
S312 McKay Ave.
P.O Box 193
Spring Valley, WI 54767

PRESORTED
STANDARD
US POSTAGE
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ZIP CODE 54767
PERMIT NO. 36

Address Service Requested

Staying Put

Offers an array of non-medical volunteer services to the community (within Spring Valley school district) in continuing the rural tradition of *neighbors helping neighbors*. There is no charge for services, and donations are graciously accepted.

Spring Valley Seniors Staying Put, LLC
S312 McKay Ave.
PO Box 193
Spring Valley, WI 54767
(we are located in the First Bank of Baldwin building)

Phone: 715-778-5800

**E-mail: spring.valley.ssp@gmail.com
www.springvalleystayingput.org**

***Staying Put* mission:** Coordinating volunteers to help seniors and adults with disabilities to maintain their independence