

OFSAA West Regionals
Track and Field
University of Windsor Stadium - 01/06/2012 to 02/06/2012
Results

Women 100 Meter Dash Midget

West Region: * 12.12 2002		Emily JOHNSON/J. F. Ross				
Name	Year	School	Prelims	Wind	H#	
Preliminaries						
1		Madeline McCloskey	Essex	12.53Q	2.0	1
2		Sydney Fisher	London Central	12.68Q	1.7	2
3		Stacey Henshaw	Lord Dorchester	12.80Q	2.0	1
4		Tiffany Hanham	Banting, Sir F.	12.86Q	1.7	2 12.852
5		Ali Meyerink	Orangeville	12.86Q	2.0	1 12.855
6		Onaope Egbedeyi-Emmanuel	Vincent Massey	12.87Q	1.7	2
7		Tatum Dietrich	Resurrection	13.16q	2.0	1
8		Dashel Serieux	St.Mary's-Kitche	13.19q	2.0	1
9		Kadianne Webb	Chatham-Kent	13.22	1.7	2
10		Jayden Anderson-Johnston	Madill, F.E.	13.25	2.0	1
11		Courtney Wright	Jacob Hespeler	13.28	2.0	1
12		Jasmine Hurst	General Amherst	13.29	1.7	2
13		Alicia Johnson	St. Christopher	13.33	1.7	2
14		Olivia Valiquette	St. Michael	13.40	1.7	2
15		Ciara Lark	Walkerton	13.48	1.7	2
16		Jocelyn McGlynn	Ursuline College	13.54	2.0	1

Women 100 Meter Dash Midget

West Region: * 12.12 2002		Emily JOHNSON/J. F. Ross				
Name	Year	School	Finals	Wind	Points	
Finals						
1		Madeline McCloskey	Essex	12.45	1.8	
2		Tiffany Hanham	Banting, Sir F.	12.78	1.8	12.771
3		Sydney Fisher	London Central	12.78	1.8	12.774
4		Onaope Egbedeyi-Emmanuel	Vincent Massey	12.88	1.8	
5		Stacey Henshaw	Lord Dorchester	12.91	1.8	
6		Ali Meyerink	Orangeville	12.93	1.8	
7		Dashel Serieux	St.Mary's-Kitche	12.99	1.8	
8		Tatum Dietrich	Resurrection	13.14	1.8	

Women 200 Meter Dash Midget

West Region: * 24.70 2002		Emily JOHNSON/J. F. Ross				
Name	Year	School	Prelims	Wind	H#	
Preliminaries						
1		Tiffany Hanham	Banting, Sir F.	26.07Q	2.7	1
2		Madeline McCloskey	Essex	26.29Q	2.9	2
3		Ali Meyerink	Orangeville	26.32Q	2.9	2
4		Stacey Henshaw	Lord Dorchester	26.68Q	2.7	1
5		Sydney Fisher	London Central	26.56Q	2.9	2
6		Jasmine Hurst	General Amherst	26.72Q	2.7	1
7		Gina McNally	North Lambton	26.86q	2.7	1
8		Dashel Serieux	St.Mary's-Kitche	26.96q	2.9	2
9		Jayden Anderson-Johnston	Madill, F.E.	27.01	2.9	2
10		Emily McCurdy	Assumption-Brant	27.15	2.9	2
11		Sarah Welch	Ross, John F.	27.17	2.9	2
12		Zahra Sepahi	Waterloo	27.79	2.9	2
13		Alicia Johnson	St. Christopher	28.30	2.7	1
14		Morgan Muzzatti	Sandwich	28.41	2.7	1

15 Lauren Laing	Saunders	28.48	2.7	1
16 Elissa Wilson	St. Christopher	28.57	2.7	1

Women 200 Meter Dash Midget

West Region: * 24.70 2002 Emily JOHNSON/J. F. Ross				
Name	Year	School	Finals	Wind Points

Finals

1 Madeline McCloskey	Essex	25.36	1.3
2 Tiffany Hanham	Banting, Sir F.	25.70	1.3
3 Ali Meyerink	Orangeville	26.13	1.3
4 Sydney Fisher	London Central	26.38	1.3
5 Jasmine Hurst	General Amherst	26.53	1.3
6 Dashel Serieux	St.Mary's-Kitche	26.67	1.3
7 Gina McNally	North Lambton	26.70	1.3
8 Stacey Henshaw	Lord Dorchester	26.98	1.3

Women 400 Meter Dash Midget

West Region: * 57.3h 1982 Donalda DUPREY / Pt. Elgin-Saugeen				
Name	Year	School	Finals	H# Points

1 Kailee Sawyer	Bluevale	57.77	2
2 Brianne Bracci	Vincent Massey	58.97	2
3 Madison Hill	Lucas, A.B.	1:00.79	2
4 Sarah Welch	Ross, John F.	1:01.34	2
5 Taya Ambrose	Doyle, Mgsr.E.A.	1:02.13	2
6 Gina McNally	North Lambton	1:02.30	2
7 Julia Moreau	St. David	1:03.09	1
8 Jasmine Hurst	General Amherst	1:03.17	2
9 Shae-Lyn MacIsaac	Brennan, F.J.	1:03.34	2
10 Lauren Thompson	Madill, F.E.	1:03.93	1
11 Gigi Joseph	Lucas, A.B.	1:04.08	1
12 Emily McCurdy	Assumption-Brant	1:04.12	1
13 Aleah Marton	General Amherst	1:04.55	1
14 Olivia Valiquette	St. Michael	1:05.53	1
15 Lauren Laing	Saunders	1:05.84	1
16 Elissa Wilson	St. Christopher	1:05.85	1

Women 800 Meter Run Midget

West Region: * 2:12.68 2002 Alyson KOHLMEIER/Sarnia-St. Patirck's				
Name	Year	School	Finals	Points

1 Kailee Sawyer	Bluevale	2:10.69*
2 Mackenzie Mayers	Banting, Sir F.	2:15.95
3 Sarah Kwajafa	South Huron	2:20.24
4 Jessica Martin	Saugeen District	2:21.66
5 Fiona Rocheleau	Vincent Massey	2:24.14
6 Brianne Bracci	Vincent Massey	2:26.40
7 Taya Ambrose	Doyle, Mgsr.E.A.	2:27.27
8 Madison Hill	Lucas, A.B.	2:30.29
9 Ally MacDonald	London Central	2:31.21
10 Taylor Conte	St.Thomas	2:31.74
11 Sarah VanWyk	London Christian	2:31.99
12 Amy Burke	Waterloo-Oxford	2:32.66
13 Georgia Auger	Northern- Sarnia	2:36.52
14 Kaden Roy	Brennan, F.J.	2:38.64
15 Anika Vanderhelm	Northern- Sarnia	2:40.43

Women 1500 Meter Run Midget

West Region: * 4:33.99 1997		Erin MCLURE / Waterloo CI		
Name	Year	School	Finals	Points
1	Charlotte Prouse	London Central	4:47.44	
2	Brianne Bracci	Vincent Massey	4:47.46	
3	Mackenzie Mayers	Banting, Sir F.	4:48.79	
4	Fiona Rocheleau	Vincent Massey	4:51.50	
5	Nicole Hessels	Norwell	4:51.60	
6	Taylor Conte	St.Thomas	5:01.03	
7	Madison Visscher	Woodland Christi	5:01.84	
8	Sarah Kwajafa	South Huron	5:09.21	
9	Nancy Ulicny	St. Anne-Windsor	5:10.09	
10	MacKenzie Martin	Medway	5:12.74	
11	Amy Burke	Waterloo-Oxford	5:12.75	
12	Amy Zuccato	Cardinal Carter	5:12.86	
13	Leah Coon	St. John College	5:19.15	
14	Sarah Goudie	Saunders	5:20.77	
15	Megan Black	North Lambton	5:24.60	

Women 3000 Meter Run Midget

West Region: * 9:48.0h 1986		Jennifer ARMSTRONG / London-South		
Name	Year	School	Finals	Points
1	Charlotte Prouse	London Central	10:35.54	
2	Hannah Woodhouse	Gbss	10:49.39	
3	Nicole Hessels	Norwell	10:53.55	
4	Madison Visscher	Woodland Christi	10:55.52	
5	MacKenzie Martin	Medway	11:13.01	
6	Sarah Hesman	London Central	11:23.62	
7	Megan Black	North Lambton	11:42.40	
8	Laura Travaglini	St.Thomas Aquina	11:48.43	
9	Leah Brodovsky	Guelph	11:49.76	
10	Nancy Ulicny	St. Anne-Windsor	11:54.05	
11	Amy Zuccato	Cardinal Carter	12:02.87	
12	Lisa Gibson	Medway	12:18.72	
13	Genevieve Yancy	Lajeunesse	12:35.64	
14	Jordan Ammoscato	Sandwich	12:48.83	
--	Fiona Rocheleau	Vincent Massey	DNF	

Women 80 Meter Hurdles Midget

West Region: * 11.52 1996		Jessica ZELINKA / London-Banting			
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Lexi Aitken	St. Anne-Clinton	12.16Q	0.6	2
2	Bella Efremenko	Cameron Heights	12.52Q	1.3	1
3	Emily McKay	Waterloo	12.90Q	1.3	1
4	Maggie Lyons	Riverside	13.23Q	0.6	2
5	Hayley Howes	Vincent Massey	12.95Q	1.3	1
6	Charlotte Kitchener	Brantford	13.29Q	0.6	2
7	Logan Weigel	Centennial	13.36q	0.6	2
8	Mariet Wierenga	Ursuline College	13.51q	1.3	1
9	Reiley Dresser	St. Anne-Windsor	13.53	1.3	1
10	Tiffany Hanham	Banting, Sir F.	13.55	1.3	1
11	Aleah Marton	General Amherst	13.64	1.3	1
12	Martine Koestel	Centennial	13.72	0.6	2
13	Maggie Rooke	Ingersoll	13.75	0.6	2
14	Marissa Carson	Medway	14.03	0.6	2
15	Robyn Gruninger	Banting, Sir F.	14.07	0.6	2
16	Serena Hunt	Kingsville	14.20	1.3	1

Women 80 Meter Hurdles Midget

West Region: * 11.52 1996		Jessica ZELINKA / London-Banting		
Name	Year	School	Finals	Wind Points
Finals				
1 Lexi Aitken		St. Anne-Clinton	11.89	1.0
2 Emily McKay		Waterloo	12.74	1.0
3 Hayley Howes		Vincent Massey	12.89	1.0
4 Maggie Lyons		Riverside	12.99	1.0
5 Charlotte Kitchener		Brantford	13.02	1.0
6 Logan Weigel		Centennial	13.23	1.0
7 Mariet Wierenga		Ursuline College	13.97	1.0
8 Bella Efremenko		Cameron Heights	14.26	1.0

Women 300 Meter Hurdles Midget

West Region: * 43.80 1997		Jessica ZELINKA / London-Banting		
Name	Year	School	Finals	H# Points
1 Lexi Aitken		St. Anne-Clinton	43.59*	2
2 Sarah Goudie		Saunders	47.83	2
3 Aleah Marton		General Amherst	48.58	2
4 Robyn Gruninger		Banting, Sir F.	48.76	1
5 Claire Thompson		Ursuline College	48.88	2
6 Emily McKay		Waterloo	48.99	2
7 Rachel Avram		Cameron Heights	49.17	2
8 Maggie Lyons		Riverside	49.52	2
9 Anna Sutton		Ross, John F.	49.84	1
10 Reiley Dresser		St. Anne-Windsor	50.53	1
11 Kylie Perry		Kennedy, Hon.W.C	50.65	1
12 Lauren Thompson		Madill, F.E.	52.07	1
13 Kiana Chin		Huron Heights	52.31	2
14 Lauren Coy		Northern- Sarnia	52.32	1
15 Jaslyn Forster		Medway	52.68	1
16 Julia Moreau		St. David	52.76	1

Women 4x100 Meter Relay Midget

West Region: * 50.00 1996		LONDON - BANTING		
School	Year	Relay	Finals	H# Points
1 Vincent Massey - Windsor	'A'		51.26	2
1) Brianne Bracci		2) Onaope Egbedeyi-Emmanuel		
3) Reena Francis		4) Hayley Howes		
5) Fiona Rocheleau		6)		
2 Centennial - Guelph	'B'		52.37	2
1) Logan Weigel		2) Montana Woolford Browne		
3) Haylee Champagne		4) Samantha Leigh		
5) Martine Koestel		6)		
3 Sandwich - Windsor	'A'		52.63	2
1) Morgan Muzzatti		2) Leah Panek		
3) Maya Jack-Popovich		4) Cayley Theos		
5) Emily Hatton		6)		
4 Northern - Sarnia	'A'		52.80	2
1) Jessica Shaw		2) Elaine Larocque		
3) Georgia Auger		4) Madison Huzevka		
5) Lauren Coy		6)		
5 Catholic Central - London	'A'		53.01	2
1) Lauren Ferrara		2) Raven Newman		
3) Jenna Quinn		4) Hannah Brown		
5) Jessica Rzasa		6)		
6 Saunders - London	'A'		53.34	2

7	Tecumseh Vista Academy A 'A'	53.36	2
	1) Selena Celic	2) Kelcie Dowdell	
	3) Sarah Lombardi	4) Amanda Mustapha	
	5) Ana Stupar	6) Ashley Tumber	
8	John F. Ross - Guelph 'A'	53.53	2
9	Cameron Heights - Kitchener 'A'	53.69	1
	1) Rachel Avram	2) Gabby Hankins	
	3) Olga Solodova	4) Bella Efremenko	
	5) Alyssa Schiedel	6)	
10	F. E. Madill - Wingham 'A'	53.85	1
	1) Lauren Thompson	2) Jayden Anderson-Johnston	
	3) Natalie Spanswick	4) Rachel Cook	
	5) Laura Souch	6)	
11	St. David - Waterloo 'A'	54.25	1
	1) Claire Scott	2) Kirsten Pendlebury	
	3) Jessica Olsen	4) Toni Alberto	
	5) Julia Moreau	6)	
12	Bluevale - Waterloo 'A'	54.26	1
	1) Kailee Sawyer	2) Claire Bergen	
	3) Emily Jensen	4) Rachel Dickie	
	5) Cora Culley	6)	
13	St Thomas of Villanova-Lasalle 'A'	54.46	1
	1) Brooke O'Gorman	2) Lindsay Paling	
	3) Anca Enache	4) Lexus Guiotto	
14	Lambton Central - Petrolia 'A'	55.18	1
	1) Emily Campbell	2) Marika Fowler	
	3) Rachel Irvine	4) Cindy McCormick	
	5) Taylor Parnham	6)	
15	Medway - Arva 'A'	55.24	1
--	Mother Teresa - London 'A'	DNF	1
	1) Michaela Valente	2) Zoe Cotton	
	3) Carolina Herrera	4) Cassidy Hill	
	5) Ola Skiba	6)	

Women High Jump Midget

West Region: * 1.73m 1984										Leanne MADILL / Guelph-Centennial		
Name	Year	School	Finals	Points								
1 Lexi Aitken		St. Anne-Clinton	1.60m									
	1.35	1.40	1.45	1.50	1.55	1.60	1.65					
	P	O	O	O	XXO	XXX						
2 Anastasia Maslak		Ursuline College	1.50m									
	1.35	1.40	1.45	1.50	1.55							
	O	O	O	XO	XXX							
3 Jaimee Clarke		South Huron	J1.50m									
	1.35	1.40	1.45	1.50	1.55							
	O	O	XO	XXO	XXX							
4 Ashley Wheeler		Stratford Centra	J1.50m									
	1.35	1.40	1.45	1.50	1.55							
	O	XO	XXO	XXO	XXX							
5 Emily McKay		Waterloo	1.45m									
	1.35	1.40	1.45	1.50								
	O	XO	XO	XXX								
6 Ciara Lark		Walkerton	1.40m									
	1.35	1.40	1.45									
	O	O	XXX									
7 Robyn Frosst		Oakridge	J1.40m									
	1.35	1.40	1.45									
	O	XO	XXX									
8 Emily Campbell		Lambton Central	J1.40m									
	1.35	1.40	1.45									
	O	XXO	XXX									

8	Emily Herreman	Delhi	J1.40m
	1.35 1.40 1.45		
	O XXO XXX		
10	Alison VanderWal	London Christian	1.35m
	1.35 1.40		
	O XXX		
10	Hannah Dudney	Sandwich	1.35m
	1.35 1.40		
	O XXX		
12	Madison Huzevka	Northern- Sarnia	J1.35m
	1.35 1.40		
	XO XXX		
13	Kirsten Neuteboom	Grey Highlands	J1.35m
	1.35 1.40		
	XXO XXX		
--	Reiley Dresser	St. Anne-Windsor	NH
	1.35		
	XXX		
--	Philipa Leato	Holy Trinity	NH
	1.35		
	XXX		
--	Jessica Shaw	Northern- Sarnia	NH
	1.35		
	XXX		

Women Long Jump Midget

West Region: * 5.78m 1996							Jessica ZELINKA / London-Banting	
Name	Year	School	Finals	Wind	Points			
1 Anna Larsson		Macdonald, J.A.	4.95m	NWI				
4.55m(NWI)	4.75m(NWI)	4.45m(NWI)	4.95m(NWI)	4.84m(NWI)	4.76m(NWI)			
2 Ashlin Taylor		Oakridge	4.91m	NWI				
4.74m(NWI)	4.34m(NWI)	4.91m(NWI)	4.83m(NWI)	4.76m(NWI)	4.77m(NWI)			
3 Jenna McCurdy		Assumption-Brant	4.83m	NWI				
4.83m(NWI)	4.57m(NWI)	4.53m(NWI)	4.71m(NWI)	4.75m(NWI)	4.83m(NWI)			
4 Leah Panek		Sandwich	4.82m	NWI				
4.31m(NWI)	4.69m(NWI)	4.69m(NWI)	4.36m(NWI)	4.82m(NWI)	4.78m(NWI)			
5 Logan Weigel		Centennial	4.81m	NWI				
4.38m(NWI)	4.37m(NWI)	4.81m(NWI)	4.60m(NWI)	4.27m(NWI)	3.76m(NWI)			
6 Sydney Wootton		Saunders	4.77m	NWI				
4.65m(NWI)	4.77m(NWI)	4.55m(NWI)	4.53m(NWI)	3.94m(NWI)	4.69m(NWI)			
7 Courtney Wright		Jacob Hespeler	4.76m	NWI				
4.23m(NWI)	4.76m(NWI)	4.51m(NWI)	4.49m(NWI)	4.43m(NWI)	FOUL			
8 Elyse Balfour		Glencoe	4.68m	NWI				
4.41m(NWI)	4.50m(NWI)	4.68m(NWI)	4.33m(NWI)	4.60m(NWI)	FOUL			
9 Kiana Chin		Huron Heights	4.64m	NWI				
4.64m(NWI)	4.41m(NWI)	4.56m(NWI)						
10 Claire Thompson		Ursuline College	4.62m	NWI				
4.50m(NWI)	4.37m(NWI)	4.62m(NWI)						
11 Serena Hunt		Kingsville	4.59m	NWI				
4.59m(NWI)	4.40m(NWI)	4.45m(NWI)						
12 Sarah France		Banting, Sir F.	4.49m	NWI				
4.21m(NWI)	4.39m(NWI)	4.49m(NWI)						
13 Kadianne Webb		Chatham-Kent	4.45m	NWI				
FOUL	4.45m(NWI)	4.08m(NWI)						
14 Jocelyn McGlynn		Ursuline College	4.42m	NWI				
4.01m(NWI)	3.79m(NWI)	4.42m(NWI)						
15 Elissa Wilson		St. Christopher	4.39m	NWI				
4.30m(NWI)	4.31m(NWI)	4.39m(NWI)						
16 Brittany Benjamin		Regina Mundi	4.38m	NWI				
4.38m(NWI)	4.32m(NWI)	4.27m(NWI)						

Women Triple Jump Midget

West Region: * 11.53m 28/05/2011 Angela Mercurio, St.Mary's-Kitche						
Name	Year	School	Finals	Wind	Points	
1 Anna Larsson		Macdonald, J.A.	10.96m	0.7		
	FOUL(4.1)	10.95m(2.5)	10.42m(3.2)	FOUL(1.8)	10.96m(0.7)	10.78m(0.9)
2 Courtney Wright		Jacob Hespeler	10.79m	1.9		
	10.18m(3.0)	10.55m(1.5)	10.68m(1.3)	10.62m(4.2)	10.32m(3.1)	10.79m(1.9)
3 Ashlin Taylor		Oakridge	10.72m	1.6		
	10.23m(2.5)	10.61m(1.1)	10.72m(1.6)	10.58m(2.6)	10.06m(0.2)	10.53m(2.3)
4 Anastasia Maslak		Ursuline College	10.56m	1.3		
	10.03m(1.0)	10.43m(1.6)	10.54m(3.9)	10.46m(2.0)	FOUL(1.8)	10.56m(1.3)
5 Jenna McCurdy		Assumption-Brant	10.39m	3.0		
	10.39m(3.0)	10.27m(2.9)	10.32m(0.9)	10.07m(1.0)	10.17m(1.2)	10.23m(1.6)
6 Elyse Balfour		Glencoe	10.37m	1.3		
	9.92m(0.5)	FOUL(1.3)	10.37m(1.3)	9.99m(2.7)	9.62m(2.3)	9.87m(0.9)
7 Kadianne Webb		Chatham-Kent	10.16m	1.6		
	9.52m(2.3)	10.16m(1.6)	9.77m(1.9)	FOUL(1.1)	10.08m(3.1)	FOUL(0.1)
8 Sydney Wootton		Saunders	10.02m	2.2		
	9.22m(1.8)	9.70m(1.2)	9.93m(1.7)	10.02m(2.2)	9.82m(2.4)	9.89m(0.8)
9 Leah Panek		Sandwich	9.91m	2.3		
	9.37m(2.2)	FOUL(1.4)	9.91m(2.3)			
10 Sarah France		Banting, Sir F.	9.90m	1.6		
	9.00m(1.3)	9.55m(1.6)	9.90m(1.6)			
11 Bella Efremenko		Cameron Heights	9.87m	0.6		
	9.67m(1.5)	9.27m(2.6)	9.87m(0.6)			
12 Hayley Howes		Vincent Massey	9.79m	3.2		
	9.79m(3.2)	FOUL(2.9)	9.42m(2.3)			
13 Alysia Morin		Kingsville	9.75m	2.1		
	9.71m(2.8)	9.75m(2.1)	9.57m(1.7)			
14 Sarah Kwajafa		South Huron	9.54m	1.7		
	9.25m(2.0)	9.54m(1.7)	9.51m(0.6)			
15 Daniela Valente		St. Anne-Windsor	9.35m	1.6		
	9.16m(1.9)	9.35m(1.6)	9.26m(2.3)			
16 Kiana Chin		Huron Heights	9.06m	1.8		
	FOUL	9.06m(1.8)	FOUL			

Women Shot Put Midget

West Region: * 12.06m 1979 Liz POLYAK / Brantford-North Park						
Name	Year	School	Finals	Points		
1 Savannah LaRoche		Assumption-Brant	10.64m			
	9.43m	9.13m	9.10m	9.21m	10.05m	10.64m
2 Achianna Okutinyang		Sandwich	9.37m			
	9.02m	9.17m	9.30m	8.43m	8.46m	9.37m
3 Kyra Ridgwell		Erin	9.06m			
	8.58m	8.22m	FOUL	9.06m	8.13m	8.62m
4 Christina Hertner		Lord Dorchester	8.92m			
	8.35m	8.48m	8.92m	8.16m	8.28m	8.09m
5 Harlee Jantzi		Stratford Centra	8.88m			
	8.48m	8.68m	8.16m	FOUL	FOUL	8.88m
6 Baljot Deol		Vista Academy	8.59m			
	8.12m	8.59m	7.21m	8.42m	8.01m	8.00m
7 Ashley Herfst		McGregor, John	8.58m			
	8.42m	8.58m	8.55m	8.25m	8.00m	7.65m
8 Emily Campbell		Lambton Central	8.41m			
	8.41m	8.08m	8.07m	8.13m	8.28m	7.86m
9 Marlowe Schott		Elmira	8.08m			
	8.08m	7.47m	7.92m			
10 Tessa Mallough		Mother Teresa	8.02m			
	7.87m	7.62m	8.02m			

11 Maddy Mooney	St. Anne-Windsor	8.00m
7.99m 7.97m 8.00m		
12 Calynn Claus	Delhi	7.98m
7.91m 7.27m 7.98m		
13 Nicole Katerberg	Listowel	7.94m
7.94m 7.81m 7.31m		
14 Emily Meier	Madill, F.E.	7.83m
7.83m 7.53m 6.75m		

Women Discus Throw Midget

West Region: * 40.46m 1979		Liz POLYAK / Brantford-North Park	
Name	Year School	Finals	Points
1 Savannah LaRoche	Assumption-Brant	29.81m	
FOUL 28.30m FOUL 29.17m 29.81m FOUL			
2 Christina Hertner	Lord Dorchester	29.58m	
27.07m 24.10m 24.53m 23.35m 29.58m FOUL			
3 Jamie Simpson	Stratford NW	28.05m	
28.05m FOUL FOUL 27.79m FOUL 27.58m			
4 Jory Fulcher	Lambton Central	27.65m	
26.59m 26.30m 22.47m 27.04m 27.65m 26.61m			
5 Maggie Lyons	Riverside	26.01m	
23.12m 26.01m FOUL 23.29m 24.44m FOUL			
6 Stephanie Milling	St.Joe's-Windsor	25.97m	
25.97m FOUL 25.02m 20.49m FOUL FOUL			
7 Samantha Lynch	Ross, John F.	24.78m	
19.73m 23.43m FOUL 21.06m 24.78m 22.31m			
8 Savannah Banks	Woodstock CI	24.05m	
FOUL 24.05m 18.89m 22.61m FOUL 20.98m			
9 Kayla Griffiths	St. Clair	23.12m	
19.82m 21.24m 23.12m			
10 Harlee Jantzi	Stratford Centra	22.39m	
21.87m 19.98m 22.39m			
11 Jaime Simons	St. David	22.33m	
18.59m 22.33m 20.94m			
12 Shay Currah	St. Michael	20.73m	
FOUL 16.69m 20.73m			
13 Calynn Claus	Delhi	19.44m	
19.44m 16.94m 17.59m			
14 Anna Sawicki	Assumption-Winds	19.17m	
18.37m 18.59m 19.17m			
15 Adrianna Blitterswyk	Johnson, P.	19.10m	
19.10m 14.65m 18.08m			
16 Tierney Probert	Vista Academy	17.37m	
FOUL 17.37m FOUL			

Women Javelin Throw Midget

West Region: * 39.25m 2009		Brooke ROWLAND, Westside	
Name	Year School	Finals	Points
1 Madeline McCloskey	Essex	35.87m	
30.05m 35.87m 33.89m FOUL PASS PASS			
2 Kaela Collin	Lord Dorchester	33.35m	
27.91m 33.35m 30.55m 30.74m 29.71m 31.30m			
3 Christina Hertner	Lord Dorchester	29.00m	
26.26m 24.98m 29.00m 27.92m FOUL FOUL			
4 Cianna Bechard	Chatham-Kent	28.96m	
FOUL 26.98m 25.50m 28.96m 27.73m 26.06m			
5 Sydney Jones	Elmira	28.86m	
24.72m 28.86m FOUL 25.44m FOUL 25.30m			
6 Taylor Parnham	Lambton Central	28.12m	

	18.47m	22.11m	28.12m	27.22m	26.28m	FOUL	
7	Delany Bender			Clarke Road			27.56m
	FOUL	27.56m	25.91m	26.81m	26.89m	FOUL	
8	Marlowe Schott			Elmira			26.68m
	20.04m	25.97m	26.68m	20.40m	FOUL	18.80m	
9	Jamie Simpson			Stratford NW			26.27m
	23.37m	25.30m	26.27m				
10	Katie Clement			Brennan, F.J.			25.84m
	22.95m	FOUL	25.84m				
11	Kyra Ridgwell			Erin			25.69m
	25.32m	23.68m	25.69m				
12	Ashley Herfst			McGregor, John			25.35m
	22.33m	24.11m	25.35m				
13	Tory Harshman			St. Mary's (Os)			24.70m
	FOUL	24.44m	24.70m				
14	Rachel McLean			Glencoe			21.18m
	FOUL	21.18m	FOUL	0.02m			
15	Iejoma Staunton			Guelph			21.08m
	21.08m	20.29m	20.96m				

Women 100 Meter Dash Junior

West Region: * 11.89 1995 Margaret FOX / Guelph-Bishop Mac.							
Name	Year	School	Prelims	Wind	H#		
Preliminaries							
1	McKayla Eves	Lambton Central	12.70Q	1.5	2		
2	Lexi Gillooly	C.C.H. - London	12.83Q	-0.1	1		
3	Kassidy Matthews	Simcoe	12.75Q	1.5	2		
4	D'Onna Gayle	St.Mary's-Kitche	12.85Q	-0.1	1	12.844	
5	Isabella Habuda	Belle River	12.85Q	-0.1	1	12.849	
6	Agata Kulczynska	St.Mary's-Kitche	12.91Q	1.5	2		
7	Mariah Wilson	Huron Park	13.06q	1.5	2		
8	Jade Griffiths	Maranatha Christ	13.09q	1.5	2		
9	Anne Gauthier	Waterloo	13.13	1.5	2		
10	Olivia Lane	Bishop MacDonnel	13.34	1.5	2		
11	Adriana Beukeboom	C.C.H. - London	13.34	-0.1	1		
12	Kenzie Jackson	Central Elgin	13.36	-0.1	1		
13	Renee Fox	Lajeunesse	13.44	-0.1	1		
14	Shelby Branton	St.Thomas	13.66	-0.1	1		
15	Courtney Rose	Parkside	13.67	-0.1	1		

Women 100 Meter Dash Junior

West Region: * 11.89 1995 Margaret FOX / Guelph-Bishop Mac.							
Name	Year	School	Finals	Wind	Points		
Finals							
1	Lexi Gillooly	C.C.H. - London	12.61	1.8			
2	Isabella Habuda	Belle River	12.74	1.8			
3	McKayla Eves	Lambton Central	12.77	1.8			
4	Kassidy Matthews	Simcoe	12.86	1.8	12.853		
5	D'Onna Gayle	St.Mary's-Kitche	12.86	1.8	12.854		
6	Agata Kulczynska	St.Mary's-Kitche	12.92	1.8			
7	Jade Griffiths	Maranatha Christ	13.00	1.8			
8	Mariah Wilson	Huron Park	13.10	1.8			

Women 200 Meter Dash Junior

West Region: * 24.13 1995 Margaret FOX / Guelph-Bishop Mac.							
Name	Year	School	Prelims	Wind	H#		
Preliminaries							

1	Katie Sieling	Macdonald, J.A.	25.68Q	+0.0	2
2	Isabella Habuda	Belle River	26.05Q	-0.2	1
3	Kassidy Matthews	Simcoe	26.20Q	-0.2	1
4	Roslyn Mainland	Waterloo-Oxford	26.29Q	+0.0	2
5	Jada Akins	Sandwich	26.38Q	+0.0	2
6	Elizabeth Barbon	Mother Teresa	26.48Q	-0.2	1
7	Agata Kulczynska	St.Mary's-Kitche	26.51q	+0.0	2
8	Danielle Casavecchia	C.C.H. - London	26.86q	-0.2	1
9	Lexi Gillooly	C.C.H. - London	26.91	+0.0	2
10	Ashley Hosker	Bishop MacDonnel	26.95	+0.0	2
11	Emma Sparnaay	Belle River	27.05	-0.2	1
12	Adriana Beukeboom	C.C.H. - London	27.17	-0.2	1
13	Renee Fox	Lajeunesse	27.22	+0.0	2
14	Mariah Wilson	Huron Park	27.38	-0.2	1
15	Jenna Rops	Lambton Central	28.16	+0.0	2
16	Shayla Chauvin	Belle River	28.18	-0.2	1

Women 200 Meter Dash Junior

West Region: * 24.13 1995 Margaret FOX / Guelph-Bishop Mac.
 Name Year School Finals Wind Points

Finals

1	Katie Sieling	Macdonald, J.A.	25.34	2.2
2	Kassidy Matthews	Simcoe	25.67	2.2
3	Isabella Habuda	Belle River	25.96	2.2
4	Elizabeth Barbon	Mother Teresa	25.98	2.2
5	Jada Akins	Sandwich	26.03	2.2
6	Roslyn Mainland	Waterloo-Oxford	26.28	2.2
7	Danielle Casavecchia	C.C.H. - London	26.46	2.2
8	Agata Kulczynska	St.Mary's-Kitche	26.56	2.2

Women 400 Meter Dash Junior

West Region: * 54.56 1994 Nadia SCHMEIDT / London-John Paul II
 Name Year School Finals H# Points

1	Brittany Gill	St. Anne-Windsor	59.77	2
2	Paiton Del Monte	Vincent Massey	1:00.13	2
3	Elizabeth Barbon	Mother Teresa	1:00.48	2
4	Stephanie Scane	Kennedy, Hon.W.C	1:00.90	1
5	Danielle Casavecchia	C.C.H. - London	1:01.12	2
6	Danielle Grasman	London Christian	1:01.60	2
7	Roslyn Mainland	Waterloo-Oxford	1:01.63	2
8	Ashley Hosker	Bishop MacDonnel	1:01.80	2
9	Jada Akins	Sandwich	1:02.30	1
10	Katie Sieling	Macdonald, J.A.	1:02.55	1
11	Kassidy Matthews	Simcoe	1:03.51	2
12	Danielle Austin	North Middlesex	1:04.51	1
13	Kaitlyn Austin	North Middlesex	1:05.61	1

Women 800 Meter Run Junior

West Region: * 2:08.52 02/06/2007 Jessica Parry, C. C. London
 Name Year School Finals Points

1	Brittany Gill	St. Anne-Windsor	2:19.71	
2	Paiton Del Monte	Vincent Massey	2:19.87	
3	Lauren Holman	St. Christopher	2:23.39	
4	Samara Collin	Assumption-Brant	2:25.53	
5	Michaela Therrien	Belle River	2:26.84	
6	Olivia Scagnetto	St.Mary's-Kitche	2:27.50	
7	Jessica Gaudette	St. Anne-Windsor	2:29.08	

8 Taylor Jarvis	Guelph	2:29.76
9 Brianna Bird	Madill, F.E.	2:30.45
10 Danielle Austin	North Middlesex	2:32.34
11 Andrea Cimino	C.C.H. - London	2:32.65
12 Sara Reimer	Valley Heights	2:33.14
13 Colleen Scott	Lady of Lourdes	2:33.55
14 Sarah Duic	St. Anne-Windsor	2:37.73
15 Julia Benati	Lord Dorchester	2:39.14

Women 1500 Meter Run Junior

West Region: * 4:28.35 01/06/2007 Jessica Parry, C. C. London				
Name	Year	School	Finals	Points
1 Olivia Little		Vincent Massey	4:47.56	
2 Sarah Wismer		Centennial	4:49.85	
3 Allison Deery		St. Christopher	4:58.62	
4 Olivia Scagnetto		St.Mary's-Kitche	4:58.96	
5 Alyssa Bolliger		Lady of Lourdes	5:02.80	
6 Maleah Marquis		Lucas, A.B.	5:08.60	
7 Lauren Holman		St. Christopher	5:09.32	
8 Amber Sealey		Centr Wellington	5:11.24	
9 Ciara Multari		Sandwich	5:11.84	
10 Andrea Cimino		C.C.H. - London	5:14.00	
11 Brianna Bird		Madill, F.E.	5:20.56	
12 Shae Colman		Northern- Sarnia	5:22.31	
13 Rachel Martin		North Middlesex	5:24.10	
14 Jamie-Lea Sharpe		Medway	5:32.32	
15 Samara Collin		Assumption-Brant	5:34.98	
16 Morgan Jones		Sandwich	5:38.99	

Women 3000 Meter Run Junior

West Region: * 9:50.02 2001 Amy KOHLMEIER /Sarnia-St.Patrick's				
Name	Year	School	Finals	Points
1 Olivia Little		Vincent Massey	10:31.59	
2 Sarah Wismer		Centennial	10:47.29	
3 Alyssa Bolliger		Lady of Lourdes	10:59.70	
4 Allison Deery		St. Christopher	11:04.68	
5 Amy Santagato		Orangeville	11:06.36	
6 Emily Williams		North Lambton	11:21.75	
7 Ciara Multari		Sandwich	11:35.19	
8 Amber Sealey		Centr Wellington	11:35.74	
9 Rachel Martin		North Middlesex	11:37.41	
10 Julia Hildebrand		Elmira	11:39.91	
11 Maleah Marquis		Lucas, A.B.	11:44.73	
12 Jamie-Lea Sharpe		Medway	11:46.25	
13 Sydney Hawkins		Riverside	11:57.07	
14 Morgan Jones		Sandwich	12:01.79	
15 Samantha Brochu		Regina Mundi	12:28.86	
16 Natalie Rohfritsch		Stratford Centra	13:05.35	

Women 80 Meter Hurdles Junior

West Region: * 11.01 1998 Jessica ZELINKA / London-Banting					
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Micaela McLean		Huron Heights	12.25Q	1.8	1
2 Alex Morrow		Saugeen District	12.26Q	1.7	2
3 Ivy Coulis		St. David	12.27Q	1.8	1
4 Mallory Straatman		Lambton Central	12.76Q	1.7	2

5	Holly Cavanagh	Holy Cross	12.82Q	1.8	1	
6	Neely Ducre	Sandwich	13.34Q	1.7	2	
7	Sidney Weiss	Northern- Sarnia	13.10q	1.8	1	
8	Andrea Limburg	St.Thomas Aquina	13.13q	1.8	1	
9	Amber Shaw	General Amherst	13.47	1.8	1	
10	Shelby Branton	St.Thomas	13.52	1.7	2	13.514
11	Emma Kowal	Banting, Sir F.	13.52	1.7	2	13.516
12	Christie Moir	Medway	13.66	1.8	1	
13	Katie Whyte	Ross, John F.	13.72	1.7	2	
14	Andrea Bokkers	St. Anne-Clinton	13.81	1.7	2	
15	Sara Cecile	Lambton Central	13.97	1.8	1	
16	Ali Logan	North Park	14.12	1.7	2	

Women 80 Meter Hurdles Junior

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West Region: * 11.01		1998	Jessica ZELINKA / London-Banting			
Name	Year	School	Finals	Wind	Points	
=====						
Finals						
1	Alex Morrow	Saugeen District	11.94	1.7		
2	Micaela McLean	Huron Heights	12.04	1.7		
3	Ivy Coulis	St. David	12.52	1.7		
4	Mallory Straatman	Lambton Central	12.54	1.7		
5	Holly Cavanagh	Holy Cross	12.72	1.7		
6	Andrea Limburg	St.Thomas Aquina	13.09	1.7		
7	Sidney Weiss	Northern- Sarnia	13.13	1.7		
8	Neely Ducre	Sandwich	13.18	1.7		

Women 300 Meter Hurdles Junior

=====						
West Region: * 41.78		1994	Nadia SCHMEIDT / London-John Paul II			
Name	Year	School	Finals	H#	Points	
=====						
1	Alex Morrow	Saugeen District	45.08	2		
2	Ivy Coulis	St. David	45.61	2		
3	Stephanie Shaw	Centr Wellington	46.36	2		
4	McKayla Eves	Lambton Central	46.57	2		
5	Stephanie Scane	Kennedy, Hon.W.C	46.84	2		
6	Danielle Grasman	London Christian	48.26	2		
7	Rachelle Leduc	Vincent Massey	49.09	1		
8	Stacey Hannan	Erin	49.57	1		
9	Christie Moir	Medway	49.60	2		
10	Rachel Slegers	Strathroy D C I	49.74	1		
11	Shelby Branton	St.Thomas	50.29	1		
12	Teal Nolte	Banting, Sir F.	50.57	1		
13	Allessandra Ceccacci	St.Thomas	51.39	1		
14	Holly Howson	Madill, F.E.	51.74	1		
15	Amanda Craven	Ursuline College	53.42	1		
--	Micaela McLean	Huron Heights	FS	2		

Women 4x100 Meter Relay Junior

=====						
West Region: * 49.80		2006	LONDON - BANTING			
		K. Law, M.Harris, B.Rausch, S.Malek				
School	Year	School	Finals	H#	Points	
=====						
1	Catholic Central - London	'A'	50.43	2		
	1) Adriana Beukeboom					2) Elise DeDecker
	3) Danielle Casavecchia					4) Lexi Gillooly
	5) Andrea Cimino					6) Nicole Vivona
2	Essex - Essex	'A'	50.92	2		
	1) Kelsie Parish					2) Madeline McCloskey
	3) Hannah Pittao					4) Tori Roovers

5) Alicia Quinlan	6) Britni Stephens		
3 St. Mary's - Kitchener 'A'		51.28	2
1) Angela Mercurio	2) D'Onna Gayle		
3) Catherine Zafera	4) Agata Kulczynska		
5) Olivia Scagnetto	6)		
4 Mother Teresa - London 'A'		51.78	2
1) Olivia Gunnell	2) Elizabeth Barbon		
3) Leah Devos	4) Alyssa Valente		
5) Fatou Bangoura	6) Michaela Valente		
5 Lambton Central - Petrolia 'A'		51.87	2
1) McKayla Eves	2) Jenna Bolton		
3) Mallory Straatman	4) Jenna Rops		
5) Sara Cecile	6)		
6 Belle River - Belle River 'A'		52.08	2
1) Richelle Brown	2) Isabella Habuda		
3) Emma Sparnaay	4) Shayla Chauvin		
5) Michaela Therrien	6) Lexi Conlon		
7 Centre Wellington - Fergus 'A'		52.46	1
1) Tina Richards	2) Myla Manser		
3) Amber Sealey	4) Stephanie Shaw		
5) Cyann Hollis	6)		
8 Parkside - St. Thomas 'A'		52.81	1
9 Sandwich - Windsor 'A'		52.83	2
1) Mikayla Jerald	2) Adian Okutinyang		
3) Natalie Coughlin	4) Jada Akins		
5) Neely Ducre	6)		
10 Resurrection - Kitchener 'A'		52.95	1
1) Danielle Buttinger	2) Semara Desmeules		
3) Hannah Askin	4) Blanaid McNally		
5) Brianne Snider	6)		
11 Waterloo - Waterloo 'A'		53.59	1
1) Sabina Burazerovic	2) Emily McKay		
3) Zahra Sepahi	4) Anne Gauthier		
5) Aurora Moreno Bautista	6)		
12 St. Anne - Windsor 'A'		53.67	1
1) Natalie Omahen	2) Marissa Mcnaughton		
3) Kristy Ireland	4) Chloe Kancko		
5) Lisa Casagrande	6)		
13 F. E. Madill - Wingham 'A'		53.70	1
1) Holly Howson	2) Naomi van Stuyvenberg		
3) Brianna Bird	4) Tristin Cook		
5) Nicole Jacobs	6)		
14 St. Thomas Aquinas - London 'A'		53.86	1
1) Jordynn Diebold	2) Andrea Limburg		
3) Mackenzie Pearce	4) Laura Travaglini		
5) Ashley Stoyanovich	6) Olivia Lyons		
15 Northern - Sarnia 'A'		54.14	2
1) Katrina Fairbairn	2) Kelsey Crawford		
3) Sidney Weiss	4) Victoria Ennett		
5) Shae Colman	6)		
16 Centennial - Guelph 'A'		54.29	1
1) Melissa Huang	2) Elizabeth Pharoah		
3) Monica Sanago	4) Emily Birkett		

Women High Jump Junior

=====											
West Region: * 1.77m 1985			Catherine BOND / Woodstock CI								
Name	Year	School	Finals	Points							
=====											
1 Erin Katerberg		Listowel	1.72m								
1.35	1.40	1.45	1.50	1.55	1.58	1.61	1.66	1.69	1.72	1.75	
P	P	P	O	O	O	XXO	XO	XO	XXO	XXX	
2 Kristina VanDamme		Lambton Central	1.55m								

	1.35	1.40	1.45	1.50	1.55	1.58			
	O	O	O	O	XO	XXX			
3	Amy Bultje						Chatham Christia	1.50m	
	1.35	1.40	1.45	1.50	1.55				
	XO	O	O	XO	XXX				
4	Abbey Williamson						Parkside	J1.50m	
	1.35	1.40	1.45	1.50	1.55				
	O	XO	XO	XXO	XXX				
5	Sydney Clarysse						Holy Trinity	1.45m	
	1.35	1.40	1.45	1.50					
	P	O	O	XXX					
5	Leslie Campbell						Simcoe	1.45m	
	1.35	1.40	1.45	1.50					
	O	O	O	XXX					
7	Cayla Jolley						West Hill	J1.45m	
	1.35	1.40	1.45	1.50					
	O	XXO	XO	XXX					
7	Allison VanSligtenhorst						St. Mary's (Os)	J1.45m	
	1.35	1.40	1.45	1.50					
	XO	XO	XO	XXX					
9	Maddi Green						Chatham-Kent	J1.45m	
	1.35	1.40	1.45	1.50					
	XO	O	XXO	XXX					
10	Neely Ducre						Sandwich	1.40m	
	1.35	1.40	1.45						
	P	XO	XXX						
11	Jillian Kapteyn						London Christian	J1.40m	
	1.35	1.40	1.45						
	XXO	XO	XXX						
12	Morgan Miller						Belle River	J1.40m	
	1.35	1.40	1.45						
	XO	XXO	XXX						
13	Brittany Thibault						Sandwich	1.35m	
	1.35	1.40							
	O	XXX							
13	Cierra Healey						St. John College	1.35m	
	1.35	1.40							
	O	XXX							
15	Katie Fraser						Holy Cross	J1.35m	
	1.35	1.40							
	XO	XXX							
--	Danielle Grasman						London Christian	NH	
	1.35	1.40							
	P	XXX							

Women Pole Vault Junior

=====									
West Region: * 3.70m 28/05/2010 Alysha Newman, Mother Teresa									
Name	Year	School	Finals	Points					
=====									
1	Anna Larsson	Macdonald, J.A.	3.10m						
	1.70	1.90	2.05	2.20	2.35	2.50	2.60	2.70	3.10
	P	P	P	P	P	O	O	O	XO
2	Ashley Stoyanovich	St.Thomas Aquina	2.60m						
	1.70	1.90	2.05	2.20	2.35	2.50	2.60	2.70	
	P	P	P	O	O	O	XO	XXX	
3	Kaitlyn Pretli	Sandwich	2.50m						
	1.70	1.90	2.05	2.20	2.35	2.50	2.60		
	O	O	O	O	O	XXO	XXX		
4	Bella Efremenko	Cameron Heights	2.35m	Won jump off -2.40					
	1.70	1.90	2.05	2.20	2.35	2.50	2.60		
	P	O	O	O	O	P	XXX		
5	Jordynn Diebold	St.Thomas Aquina	J2.35m						

	1.70	1.90	2.05	2.20	2.35	2.50		
	P	P	O	O	O	XXX		
5	Lisa Rutherford						Macdonald, J.A.	J2.35m
	1.70	1.90	2.05	2.20	2.35	2.50		
	O	O	O	O	O	XXX		
7	Britni Stephens						Essex	J2.35m
	1.70	1.90	2.05	2.20	2.35	2.50		
	O	O	O	O	XO	XXX		
8	Andrea Limburg						St.Thomas Aquina	2.20m
	1.70	1.90	2.05	2.20	2.35			
	P	P	O	O	XXX			
8	Brianne Mediratta						St. Anne-Windsor	2.20m
	1.70	1.90	2.05	2.20	2.35			
	P	O	O	O	XXX			
8	Shannon Ferguson						Sandwich	2.20m
	1.70	1.90	2.05	2.20	2.35			
	O	O	O	O	XXX			
11	Aerin Venema						Macdonald, J.A.	J2.20m
	1.70	1.90	2.05	2.20	2.35			
	O	O	XO	O	XXX			
12	Robyn Frosst						Oakridge	J2.20m
	1.70	1.90	2.05	2.20	2.35			
	P	XXO	O	XO	XXX			
13	Denise Mirza						St. Anne-Windsor	2.05m
	1.70	1.90	2.05	2.20				
	O	O	O	XXX				
14	Megan Stephens						Kingsville	1.90m
	1.70	1.90	2.05					
	O	O	XXX					
14	Lydia Heuving						Lord Dorchester	1.90m
	1.70	1.90	2.05					
	O	O	XXX					
16	Trudy Driedger						Delhi	J1.90m
	1.70	1.90	2.05					
	O	XXO	XXX					

Women Long Jump Junior

West Region: * 5.76m 1981 Tina LETOURNEAU / Windsor-Brennan							
Name	Year	School	Finals	Wind	Points		
1	Angela Mercurio	St.Mary's-Kitche	5.44m	3.2			
	4.93m(0.2)	4.93m(0.5)	4.98m(0.6)	4.99m(1.1)	5.12m(0.5)	5.44m(3.2)	
2	Alex Morrow	Saugeen District	5.28m	2.5			
	5.04m(0.4)	FOUL(2.6)	5.22m(-1.0)	5.18m(2.4)	5.08m(-0.3)	5.28m(2.5)	
3	McKayla Eves	Lambton Central	5.19m	3.5			
	5.00m(0.6)	PASS(-0.5)	4.99m(1.1)	5.19m(3.5)	5.07m(0.5)	5.09m(0.3)	
4	Natalie Coughlin	Sandwich	5.10m	1.4			
	4.94m(2.6)	4.88m(0.5)	4.68m(-1.8)	4.56m(-0.3)	5.10m(1.4)	5.02m(-0.8)	
5	Courtney Brugger	Jacob Hespeler	5.04m	0.5			
	4.78m(0.2)	5.04m(0.5)	4.98m(0.7)	5.02m(0.9)	4.90m(0.3)	4.86m(1.3)	
6	Carly Steer	Holy Names	4.92m	1.8			
	4.88m(-0.1)	4.74m(1.4)	4.62m(1.0)	4.48m(0.8)	4.92m(1.8)	4.16m(+0.0)	
7	Natalie Couvillon	Holy Names	4.91m	1.1			
	4.73m(+0.0)	4.85m(-0.3)	4.91m(1.1)	FOUL(-0.3)	4.77m(1.7)	4.77m(1.0)	
8	D'Onna Gayle	St.Mary's-Kitche	4.85m	1.0			
	4.60m(0.3)	PASS	4.85m(1.0)	4.64m(0.9)	4.59m(+0.0)	4.59m(0.3)	
9	Micaela McLean	Huron Heights	4.67m	2.1			
	4.67m(2.1)	4.35m(1.2)	4.33m(-1.9)				
10	Hannah Devries	Parkside	4.50m	0.6			
	4.50m(0.6)	4.38m(0.5)	FOUL(-1.7)				
11	Lauren Saly	Oakridge	4.45m	-0.7			
	4.44m(0.1)	4.30m(0.7)	4.45m(-0.7)				

12	Kaitlin Davie	Leamington	4.38m	1.4
	4.11m(0.8)	4.38m(1.4)	4.31m(0.2)	
13	Ashley Stoyanovich	St.Thomas Aquina	4.19m	-0.1
	PASS	PASS	4.19m(-0.1)	
14	Kara Salomons	London Christian	4.18m	1.4
	2.96m(0.8)	3.63m(0.6)	4.18m(1.4)	
15	Sara Cecile	Lambton Central	3.83m	2.8
	FOUL	3.83m(2.8)	3.79m(2.8)	
16	Fatou Bangoura	Mother Teresa	3.77m	0.9
	3.77m(0.9)	FOUL	FOUL	

Women Triple Jump Junior

West Region: * 11.94m 1995						Monique HAAN / London Christian	
Name	Year	School	Finals	Wind	Points		
1	Angela Mercurio	St.Mary's-Kitche	11.63m	NWI			
	FOUL	11.30m(NWI)	11.63m(NWI)	FOUL	11.60m(NWI)	11.63m(NWI)	
2	Courtney Brugger	Jacob Hespeler	10.82m	NWI			
	10.03m(NWI)	10.82m(NWI)	10.43m(NWI)	10.56m(NWI)	10.29m(NWI)	FOUL	
3	Lauren Saly	Oakridge	10.22m	NWI			
	9.93m(NWI)	9.71m(NWI)	9.94m(NWI)	10.05m(NWI)	9.75m(NWI)	10.22m(NWI)	
4	Holly Cavanagh	Holy Cross	10.18m	NWI			
	FOUL	9.45m(NWI)	9.76m(NWI)	10.07m(NWI)	9.49m(NWI)	10.18m(NWI)	
5	Jenelle Scoyne	Simcoe	10.13m	NWI			
	9.79m(NWI)	10.13m(NWI)	9.97m(NWI)	9.98m(NWI)	9.93m(NWI)	10.06m(NWI)	
6	Carly Steer	Holy Names	10.10m	NWI			
	9.96m(NWI)	FOUL	9.67m(NWI)	9.90m(NWI)	9.63m(NWI)	10.10m(NWI)	
7	Vanessa Wharram	Kingsville	10.05m	NWI			
	9.90m(NWI)	10.05m(NWI)	9.65m(NWI)	9.66m(NWI)	9.89m(NWI)	9.79m(NWI)	
8	Hannah Devries	Parkside	10.01m	NWI			
	9.74m(NWI)	10.00m(NWI)	10.01m(NWI)	9.83m(NWI)	9.22m(NWI)	10.01m(NWI)	
9	Shantel Plummer	Stratford Centra	9.75m	NWI			
	9.38m(NWI)	9.75m(NWI)	9.72m(NWI)				
10	Paige Johnston	Lambton-Kent	9.58m	NWI			
	9.58m(NWI)	9.41m(NWI)	9.38m(NWI)				
11	Allison VanSligtenhorst	St. Mary's (Os)	9.56m	NWI			
	8.95m(NWI)	9.52m(NWI)	9.56m(NWI)				
12	Katrina Fairbairn	Northern- Sarnia	9.41m	NWI			
	9.17m(NWI)	FOUL	9.41m(NWI)				
13	Lisa Mihalik	Lambton Central	9.39m	NWI			
	FOUL	9.39m(NWI)	9.08m(NWI)				
14	Ciara Multari	Sandwich	9.28m	NWI			
	FOUL	FOUL	9.28m(NWI)				
15	Allie Kennedy	Central Elgin	8.99m	NWI			
	8.87m(NWI)	8.85m(NWI)	8.99m(NWI)				
16	Tatiana Poluch	Lady of Lourdes	8.49m	NWI			
	FOUL	FOUL	8.49m(NWI)				

Women Shot Put Junior

West Region: * 13.30m 1981						Liz POLYAK / Brantford - North Park	
Name	Year	School	Finals	Points			
1	Lauren Bohn	Lajeunesse	10.67m				
	FOUL	10.49m	10.20m	10.44m	10.67m	10.10m	
2	Lauren Williams	Riverside	10.17m				
	9.80m	10.17m	9.61m	9.54m	FOUL	9.84m	
3	Beth Kester	South Huron	10.12m				
	10.07m	10.02m	10.12m	9.56m	9.71m	9.70m	
4	Krystin Lawrence	Belle River	10.01m				
	10.01m	9.58m	9.07m	9.39m	8.88m	9.35m	
5	Alexandra Hanna	Brennan, F.J.	9.97m				

	8.98m	FOUL	9.49m	9.59m	9.41m	9.97m		
6	Caroline Hummell				St. Christopher		9.82m	
	8.48m	9.49m	9.26m	9.25m	9.58m	9.82m		
7	Courtney Higenell				Central Huron		9.58m	
	8.34m	8.60m	8.17m	8.63m	8.82m	9.58m		
8	Sky Grant-Alexander				Delhi		9.46m	
	8.53m	8.04m	8.66m	8.07m	9.46m	8.60m		
9	Krista Klumpenhauer				Listowel		8.54m	
	7.47m	8.16m	8.54m					
10	Becca Morrison				Erin		8.27m	
	7.04m	FOUL	8.27m					
11	Quincy Sickle-Jarvis				Saunders		8.05m	
	FOUL	FOUL	8.05m					
12	Emma Rozman				C.C.H. - London		7.85m	
	7.85m	6.95m	7.07m					
13	Adrianna Olszewski				Lady of Lourdes		7.74m	
	7.32m	7.65m	7.74m					
14	Aida Raab				Lady of Lourdes		7.71m	
	7.71m	7.66m	6.85m					
15	Molly Halpin				Saugeen District		7.55m	
	7.42m	7.55m	6.99m					
--	Hope Long				Ridgetown		ND	
	PASS	PASS	PASS					

Women Discus Throw Junior

West Region: * 44.24m 1981							Liz POLYAK / Brantford-North Park	
Name	Year			School	Finals	Points		
1	Carleigh Sanders			Oakridge	30.31m			
	28.89m	30.31m	FOUL	27.84m	29.52m	FOUL		
2	Lauren Williams			Riverside	28.77m			
	27.51m	28.77m	FOUL	28.63m	FOUL	24.76m		
3	Katelyn VandenEynden			Strathroy D C I	28.40m			
	22.77m	24.65m	28.07m	27.21m	23.16m	28.40m		
4	Quincy Sickle-Jarvis			Saunders	28.23m			
	20.34m	25.86m	22.55m	FOUL	21.71m	28.23m		
5	Riley Wilhelm			St. Christopher	26.78m			
	26.24m	26.78m	FOUL	FOUL	17.68m	24.48m		
6	Melissa Bennett			Northern- Sarnia	26.69m			
	23.64m	26.49m	22.81m	22.48m	23.25m	26.69m		
7	Naomi van Stuyvenberg			Madill, F.E.	26.64m			
	26.64m	FOUL	FOUL	FOUL	FOUL	FOUL		
8	Becca Morrison			Erin	26.53m			
	22.43m	FOUL	26.53m	FOUL	FOUL	25.49m		
9	Ali Underwood			Madill, F.E.	25.36m			
	24.39m	25.36m	FOUL					
10	Deborah Martin-Nino			Ross, John F.	25.07m			
	25.07m	FOUL	FOUL					
11	Adrianna Olszewski			Lady of Lourdes	23.90m			
	FOUL	23.90m	FOUL					
12	Alex Clodd			Orangeville	23.02m			
	23.02m	20.98m	15.86m					
13	Lauren Bohn			Lajeunesse	21.72m			
	FOUL	19.73m	21.72m					
14	Lexine VanLeerzem			Lambton Central	21.38m			
	19.51m	18.38m	21.38m					
15	Tanisha Cloud			Northern- Sarnia	19.27m			
	18.04m	18.29m	19.27m					
16	Deanna Morbrook			Johnson, P.	19.19m			
	19.19m	17.16m	FOUL					

Women Javelin Throw Junior

West Region: * 48.84m 1989 Margaret GRIFFITHS / Windsor-Brennan						
Name	Year	School	Finals	Points		
1 Bailey Dell		Sandwich	35.73m			
	35.73m	34.39m	34.36m	35.18m	34.51m	32.11m
2 Laura Drope		Northern- Sarnia	34.68m			
	32.28m	31.84m	32.85m	34.68m	31.79m	32.87m
3 Jenna Bolton		Lambton Central	32.70m			
	30.52m	30.29m	31.50m	31.93m	32.70m	30.98m
4 Courtney Higenell		Central Huron	31.99m			
	29.79m	26.78m	24.59m	29.42m	31.99m	26.12m
5 Alexandra Hanna		Brennan, F.J.	31.65m			
	30.22m	23.51m	25.05m	31.65m	27.49m	25.38m
6 Olivia Prinz		St. Patrick's	31.08m			
	31.08m	31.00m	30.50m	29.10m	FOUL	28.93m
7 Taylor Fawcett		St. Mary's Dcvi	30.35m			
	28.42m	30.35m	FOUL	28.83m	FOUL	FOUL
8 Becca Morrison		Erin	30.06m			
	FOUL	30.06m	27.11m	27.50m	24.48m	28.95m
9 Morgan Bates		Ingersoll	29.75m			
	29.26m	FOUL	29.75m			
10 Mandy Johnstone		Brennan, F.J.	29.18m			
	29.18m	FOUL	27.51m			
11 Hannah Hanchiruk		Huron Park	28.70m			
	FOUL	28.70m	24.90m			
12 Mariah Kloosterhoff		Saugeen District	27.79m			
	24.61m	25.24m	27.79m			
13 Courtney Townsend		Valley Heights	27.00m			
	FOUL	23.81m	27.00m			
14 Aida Raab		Lady of Lourdes	26.25m			
	FOUL	26.25m	25.02m			
15 Robyn Quinn		Kincardine	26.01m			
	26.01m	17.74m	21.90m			
16 Ainslea Forbes		Central Elgin	24.20m			
	24.20m	FOUL	FOUL			

Women 100 Meter Dash Senior

West Region: * 11.89 27/05/2011 Jellisa Westney, St. Benedict						
Name	Year	School	Prelims	Wind	H#	
Preliminaries						
1 Marissa Kurtimah		Guelph	12.25Q	0.6	1	
2 Emily Omahen		St. Anne-Windsor	12.38Q	2.4	2	
3 Alisha Sealey		Centr Wellington	12.44Q	2.4	2	
4 Tegan Sauer		Forest Heights	12.54Q	0.6	1	
5 McKenzie Johnson		Laurier, Sir W.	12.71Q	2.4	2	
6 Jenny Carrique		Grand River	12.72Q	0.6	1	
7 Kayla Smith		Madill, F.E.	12.81q	2.4	2	12.806
8 Monica Januszek		St.Mary's-Kitche	12.81q	2.4	2	12.807
9 Samantha Brosseau		C.C.H. - Windsor	12.87	2.4	2	
10 Leanne Holdaway		Northern- Sarnia	12.96	0.6	1	
11 Amy O'Donnell		C.C.H. - London	13.08	0.6	1	
12 Sarah Cook		Madill, F.E.	13.25	2.4	2	
13 Carly Horvath		Ursuline College	13.29	2.4	2	
14 Dimitra Lerikos		Saunders	13.35	0.6	1	
15 Tina Pantic		Herman, W.F.	13.36	0.6	1	
16 Anisha MacLean		Chatham-Kent	13.36	0.6	1	

Women 100 Meter Dash Senior

West Region: * 11.89 27/05/2011 Jellisa Westney, St. Benedict

Name	Year School	Finals	Wind	Points
Finals				
1 Marissa Kurtimah	Guelph	12.43	-0.8	
2 Emily Omahen	St. Anne-Windsor	12.58	-0.8	
3 McKenzie Johnson	Laurier, Sir W.	12.65	-0.8	
4 Alisha Sealey	Centr Wellington	12.71	-0.8	
5 Tegan Sauer	Forest Heights	12.88	-0.8	
6 Jenny Carrique	Grand River	12.94	-0.8	
7 Kayla Smith	Madill, F.E.	13.05	-0.8	
8 Monica Januszek	St.Mary's-Kitche	13.06	-0.8	

Women 200 Meter Dash Senior

West Region: * 24.70	1999	Jessica ZELINKA/Banting		
Name	Year School	Prelims	Wind	H#

Preliminaries

1 Alison Fraser	Ross, John F.	24.65Q	3.0	1
2 Taylor Farquhar	London Central	25.38Q	3.5	2
3 Marissa Kurtimah	Guelph	24.97Q	3.0	1
4 Christine MacNeill	London Central	25.47Q	3.5	2
5 Emily Omahen	St. Anne-Windsor	25.15Q	3.0	1
6 Michelle Reddy	St. Christopher	25.60Q	3.5	2
7 Nicole Settingington	Oakridge	25.28q	3.0	1
8 Monica Januszek	St.Mary's-Kitche	25.35q	3.0	1
9 Helena Reinfels	Centennial	25.49	3.0	1
10 Carolyn Adams	Lucas, A.B.	25.66	3.0	1
11 Alisha Sealey	Centr Wellington	25.79	3.5	2
12 Madison Dalley	Belle River	25.91	3.5	2
13 Samantha Brosseau	C.C.H. - Windsor	26.40	3.5	2
14 Sierra Wolfe	Essex	26.77	3.5	2

Women 200 Meter Dash Senior

West Region: * 24.70	1999	Jessica ZELINKA/Banting		
Name	Year School	Finals	Wind	Points

Finals

1 Marissa Kurtimah	Guelph	24.29*	0.8
2 Alison Fraser	Ross, John F.	24.41*	0.8
3 Christine MacNeill	London Central	24.55*	0.8
4 Emily Omahen	St. Anne-Windsor	24.62*	0.8
5 Monica Januszek	St.Mary's-Kitche	25.05	0.8
6 Taylor Farquhar	London Central	25.06	0.8
7 Nicole Settingington	Oakridge	25.36	0.8
8 Michelle Reddy	St. Christopher	25.39	0.8

Women 400 Meter Dash Senior

West Region: * 55.02	1985	Nadia SCHMEIDT / London-J.Paul II		
Name	Year School	Finals	H#	Points

1 Alison Fraser	Ross, John F.	56.36	2
2 Taylor Farquhar	London Central	57.18	2
3 Michelle Reddy	St. Christopher	58.38	2
4 Alisha Sealey	Centr Wellington	58.78	2
5 Madison Dalley	Belle River	59.17	2
6 Katie Parry	St.Thomas Aquina	1:00.41	1
7 Courtney Fleming	Sandwich	1:01.21	1
8 Alex McLean	Herman, W.F.	1:01.46	2
9 Morgan Hendriks	Lord Dorchester	1:01.56	1
10 Breanne Nicholas	Blenheim	1:01.61	1

11	Kelsey King	Central Huron	1:02.42	1
12	Sierra Wolfe	Essex	1:02.57	2
13	Ashley Snyder	Holy Trinity	1:02.67	1
14	Alejandra Gonzales	Regina Mundi	1:03.32	2
15	Samantha Ireland	Bluevale	1:07.12	1

Women 800 Meter Run Senior

West Region: * 2:09.88 2008 Jessica PARRY, Catholic Central London				
Name	Year	School	Finals	Points
1	Jaimie Phelan	St.Mary's-Kitche	2:11.97	
2	Cozette Collin	Assumption-Brant	2:14.42	
3	Michelle Reddy	St. Christopher	2:15.20	
4	Alexandra Moore	Vincent Massey	2:16.68	
5	Julie-Anne Staehli	Madill, F.E.	2:16.96	
6	Morgan Hendriks	Lord Dorchester	2:20.27	
7	Katie Parry	St.Thomas Aquina	2:23.83	
8	Jennifer Rowe	Kitchener Waterl	2:25.15	
9	Chelsea Gilles	West Hill	2:25.18	
10	Siobhan Smith	Northern- Sarnia	2:25.21	
11	Darian Limb	Lambton Central	2:25.72	
12	Carlie Trombley	Holy Names	2:25.76	
13	Sarah Spottiswood	Montcalm	2:26.93	
14	Ciara Wright	Northern- Sarnia	2:29.30	
15	Aleksandra Rakic	Saunders	2:36.78	

Women 1500 Meter Run Senior

West Region: * 4:26.66 2008 Jessica PARRY, Catholic Cenral London				
Name	Year	School	Finals	Points
1	Jaimie Phelan	St.Mary's-Kitche	4:35.97	
2	Cozette Collin	Assumption-Brant	4:44.56	
3	Hilary Stafford	St.Thomas Aquina	4:45.07	
4	Alexandra Moore	Vincent Massey	4:45.39	
5	Madeline Yungblut	Madill, F.E.	4:48.53	
6	Madalyn Ruby	Huron Park	4:49.53	
7	Vanessa Linton	Guelph	4:55.85	
8	Mariel Fluttert	Lord Dorchester	4:59.39	
9	Jazmin Martin	Belle River	5:01.32	
10	Nicki Parkes	St. Christopher	5:02.59	
11	Katie Matthews	Strathroy D C I	5:03.19	
12	Darian Limb	Lambton Central	5:04.56	
13	Cheyenne Hunter	Kincardine	5:08.30	
14	Elora Beitz	Bishop MacDonnel	5:11.87	
15	Ciara Wright	Northern- Sarnia	5:27.64	

Women 3000 Meter Run Senior

West Region: * 9:39.9h 1992 Kathy BUTLER / Waterloo CI				
Name	Year	School	Finals	Points
1	Madeline Yungblut	Madill, F.E.	10:10.58	
2	Hilary Stafford	St.Thomas Aquina	10:23.41	
3	Madalyn Ruby	Huron Park	10:25.71	
4	Jordyn Visscher	Woodland Christi	10:26.61	
5	Vanessa Linton	Guelph	10:28.01	
6	Jazmin Martin	Belle River	10:37.03	
7	Ashley Bracci	Vincent Massey	10:38.25	
8	Katie Matthews	Strathroy D C I	10:39.51	
9	Mariel Fluttert	Lord Dorchester	10:48.69	
10	Nicki Parkes	St. Christopher	10:58.68	

11	Erinn Lee	Wallaceburg	11:14.08
12	Ainsley Nantes	St.Mary's-Kitche	11:17.98
13	Paige Odegard	Northern- Sarnia	11:22.81
14	Breanne Lyons	Glenview Park	11:25.08
15	Olivia Flook	Blenheim	11:34.69

Women 100 Meter Hurdles Senior

West Region: * 13.15 2000		Jessica ZELINKA / London-Banting		
Name	Year	School	Prelims	Wind H#
Preliminaries				
1	Nicole Setterington	Oakridge	13.83Q	0.6 1
2	Christine MacNeill	London Central	14.43Q	1.6 2
3	Emily Bowerman	Ross, John F.	14.96Q	0.6 1
4	Samantha Brosseau	C.C.H. - Windsor	15.02Q	1.6 2
5	Mikeisha Bobb	Laurier, Sir W.	15.01Q	0.6 1
6	Rheanna Bulten	Preston	15.39Q	1.6 2
7	Chantal Caraher	Northern- Sarnia	15.20q	0.6 1
8	Megan Parsons	Huron Heights	15.26q	0.6 1
9	Anique Daley	McGregor, John	15.64	1.6 2
10	Elisa Wright	Harrow	15.73	0.6 1
11	Rachel Wolfs	Holy Cross	16.53	1.6 2
12	Tori Givlin	Grand River	17.11	1.6 2
13	Rachael Durocher	St.Thomas	17.24	0.6 1
14	Jilleen VanLeerzen	Lambton Central	17.28	1.6 2
15	Michaela Worrell-Rogers	St. Benedict	17.52	0.6 1

Women 100 Meter Hurdles Senior

West Region: * 13.15 2000		Jessica ZELINKA / London-Banting		
Name	Year	School	Finals	Wind Points
Finals				
1	Nicole Setterington	Oakridge	13.73	0.4
2	Christine MacNeill	London Central	13.87	0.4
3	Samantha Brosseau	C.C.H. - Windsor	14.74	0.4
4	Mikeisha Bobb	Laurier, Sir W.	14.82	0.4
5	Emily Bowerman	Ross, John F.	14.89	0.4
6	Megan Parsons	Huron Heights	15.05	0.4
7	Chantal Caraher	Northern- Sarnia	15.15	0.4
8	Rheanna Bulten	Preston	15.23	0.4

Women 400 Meter Hurdles Senior

West Region: * 58.03 1995		Nadia SCHMEIDT / London-John Paul II		
Name	Year	School	Finals	H# Points
1	Taylor Farquhar	London Central	59.65	2
2	Alejandra Gonzales	Regina Mundi	1:03.96	2
3	Mikeisha Bobb	Laurier, Sir W.	1:05.05	2
4	Anique Daley	McGregor, John	1:05.47	2
5	Amber Bechard	St. Anne-Windsor	1:06.54	1
6	Marlowe Pecora	Northern- Sarnia	1:07.13	2
7	Rheanna Bulten	Preston	1:07.68	2
8	Amanda Hancock	Parkside	1:07.93	2
9	Nadine Otten	St. Anne-Clinton	1:08.81	2
10	Courtney Fleming	Sandwich	1:09.20	1
11	Elisa Wright	Harrow	1:09.62	1
12	Rachel Costa	Lady of Lourdes	1:10.49	1
13	Holly Thomas	Northern- Sarnia	1:11.36	1
14	Megan Parsons	Huron Heights	1:11.40	1
15	Sara Silverthorne	Johnson, P.	1:14.46	1

16 Tyisha Thompson Cameron Heights 1:15.76 1

Women 4x100 Meter Relay Senior

West Region: * 48.73 2000		LONDON-BANTING		Finals	H#	Points
School						
1	London Central - London 'A'			49.47	2	
	1) Sydney Fisher	2) Mikaela Ferguson				
	3) Taylor Farquhar	4) Christine MacNeill				
	5) Aly Clark	6)				
2	Holy Trinity - Simcoe 'A'			50.10	1	
	1) Logan Land	2) Hannah Reardon				
	3) Celina Decarolis	4) Alannah Doyle				
	5) Jenna West	6) Ashley Snyder				
3	Northern - Sarnia 'A'			50.14	2	
	1) Marlowe Pecora	2) Chantal Caraher				
	3) Leanne Holdaway	4) Jess Bonnema				
	5) Siobhan Smith	6) Sidney Weiss				
4	Resurrection - Kitchener 'A'			50.16	2	
	1) Kristen Dietrich	2) Emma Higgins				
	3) Bailey Sprout	4) Tatum Dietrich				
	5) Michelle Kostka	6) Shannon Eby				
5	St. Mary's - Kitchener 'A'			50.53	2	
	1) Monica Januszek	2) Jaimie Phelan				
	3) Tanisha Johnson	4) Agata Kulczynska				
	5) Dashel Serieux	6)				
6	John F. Ross - Guelph 'A'			50.79	2	
	1) Alison Fraser	2) Emily Bowerman				
	3) Anna Sutton	4) Sarah Welch				
	5) Sandy Smith	6) Montana Crawford				
7	St. Anne's - Clinton 'A'			50.94	2	
	1) Lexi Aitken	2) Kelsey Smith				
	3) Shelby Janmaat	4) Nadine Otten				
	5) Andrea Bokkers	6)				
8	St. Anne - Windsor 'A'			51.05	1	
	1) Kortney Dietrich	2) Emily Omahen				
	3) Meighen Boyd	4) Amber Bechard				
	5) Jacquie Hutchings	6) Reiley Dresser				
9	Sir Wilfrid Laurier - London 'A'			51.08	2	
	1) Mikhaila Wright	2) Mikeisha Bobb				
	3) Becky LeBlanc	4) McKenzie Johnson				
	5) Megan Cossitt	6) Merrissa Jarvis				
	7) Ivy Allan	8)				
10	Catholic Central - London 'A'			51.24	1	
	1) Alyssa Medeiros	2) Jordan Stapleford				
	3) Andrea Quinn	4) Amy O'Donnell				
	5) Valentina Perez Montoya	6)				
11	Sandwich - Windsor 'A'			51.58	1	
	1) Emily Loebach	2) Courtney Fleming				
	3) Natalia Augustyn	4) Raegan Deschamps				
12	F. E. Madill - Wingham 'A'			52.19	1	
	1) Sarah Cook	2) Kayla Smith				
	3) Christine Peterson	4) Alisha Morrison				
	5) Kira Worner	6)				
13	Belle River - Belle River 'A'			53.52	1	
	1) Aubree Colquhoun	2) Lauren Howard				
	3) Madison Dalley	4) Brogan Probert				
	5) Colleen Stark	6) Kristen McMahon				
14	Centre Wellington - Fergus 'A'			54.05	2	
	1) Avery Moroney	2) Alisha Sealey				
	3) Kelsi Darmon	4) Taryn Collins				
	5) Alex Phillips	6) Emma Kelly				

-- General Amherst - Amherstburg 'A' DNF 1
 1) Aleah Marton 2) Jasmine Hurst
 3) Christine Belcher 4) Victoria Chase
 -- St. Joseph's - Windsor 'A' DQ 1 170.14
 1) Ore Ayo-Olaniyan 2) Madison Herman
 3) Jallandra Warden 4) Enita Parent

Women High Jump Senior

West Region: * 1.78m 1986 Catherine BOND / Woodstock CI										
Name	Year	School	Finals		Points					
1 Brooke Rowland		Westside	1.70m							
1.43 1.48 1.53 1.58 1.63 1.66 1.70 1.73										
P P P O O O O XXX										
2 Carolyn Adams		Lucas, A.B.	1.63m							
1.43 1.48 1.53 1.58 1.63 1.66										
P P O O O XXX										
3 Melissa Stapleton		Centre Dufferin	1.58m							
1.43 1.48 1.53 1.58 1.63										
P P O O XXX										
4 Alexabree James-Ashkewe		St. James	J1.58m							
1.43 1.48 1.53 1.58 1.63										
P P O XO XXX										
5 Bryar Hind		Galt	1.53m							
1.43 1.48 1.53 1.58										
P O O XXX										
6 Ali Baker		Mother Teresa	J1.53m							
1.43 1.48 1.53 1.58										
P XO O XXX										
7 Alyssa Bickle		Woodstock CI	1.48m							
1.43 1.48 1.53										
O O XXX										
8 Kathryn Pierce		Strathroy D C I	J1.48m							
1.43 1.48 1.53										
XO O XXX										
9 Julie Ann Milling		Woodstock CI	J1.48m							
1.43 1.48 1.53										
O XO XXX										
9 Emelia Unsworth		Lambton Central	J1.48m							
1.43 1.48 1.53										
O XO XXX										
11 Kyla MacDougall		St. Joe's-Windsor	J1.48m							
1.43 1.48 1.53										
XO XO XXX										
12 Emily Loebach		Sandwich	J1.48m							
1.43 1.48 1.53										
O XXO XXX										
13 Emily Dodman		Chatham-Kent	1.43m							
1.43 1.48										
O XXX										
14 Sierra Spadafora		Holy Names	J1.43m							
1.43 1.48										
XO XXX										
15 Alex Wolting		Ursuline College	J1.43m							
1.43 1.48										
XXO XXX										
-- Jess Authier		Macdonald, J.A.	NH							
1.43 1.48										
P XXX										

Women Pole Vault Senior

West Region: * 3.91m 28/05/2011 Alysha Newman, Mother Teresa													
Name	Year	School										Finals	Points
1 Alysha Newman		Mother Teresa										3.70m	
	1.90	2.10	2.25	2.40	2.55	2.70	3.00	3.10	3.20	3.70	3.90		
	P	P	P	P	P	P	P	P	P	XO	XXX		
2 Emily Loebach		Sandwich										3.20m	
	1.90	2.10	2.25	2.40	2.55	2.70	3.00	3.10	3.20	3.70			
	P	P	P	P	XO	O	O	O	O	XXX			
3 Rachel Brander		Kingsville										3.10m	
	1.90	2.10	2.25	2.40	2.55	2.70	3.00	3.10	3.20				
	P	P	P	O	O	O	O	XXO	XXX				
4 Nadya Morrow		St. Anne-Windsor										2.55m	
	1.90	2.10	2.25	2.40	2.55	2.70							
	P	O	O	XO	O	XXX							
5 Meredith Leitch		Banting, Sir F.										J2.55m	
	1.90	2.10	2.25	2.40	2.55	2.70							
	P	P	P	XXO	O	XXX							
6 Mallory Chamberlain		Saunders										J2.55m	
	1.90	2.10	2.25	2.40	2.55	2.70							
	XXO	O	XO	XO	XO	XXX							
7 Alyssa Fiedler		Grand River										J2.55m	
	1.90	2.10	2.25	2.40	2.55	2.70							
	P	P	P	O	XXO	XXX							
8 Jess Authier		Macdonald, J.A.										2.40m	
	1.90	2.10	2.25	2.40	2.55								
	P	O	O	O	XXX								
8 Laura Sauro		Assumption-Winds										2.40m	
	1.90	2.10	2.25	2.40	2.55								
	P	O	O	O	XXX								
10 Abbie McLellan		Cameron Heights										J2.40m	
	1.90	2.10	2.25	2.40	2.55								
	O	O	XO	XO	XXX								
11 Naomi Harris		Sandwich										2.25m	
	1.90	2.10	2.25	2.40									
	O	O	XO	XXX									
12 Shayla Burrows		Oakridge										2.10m	
	1.90	2.10	2.25										
	O	O	XXX										
13 Sarah Shepherd		Macdonald, J.A.										J2.10m	
	1.90	2.10	2.25										
	XO	O	X										
14 Corrie Cowell		Delhi										1.90m	
	1.90	2.10											
	O	XXX											

Women Long Jump Senior

West Region: * 5.92m 1996 Laura WESSELING / Delhi												
Name	Year	School								Finals	Wind	Points
1 Celina Decarolis		Holy Trinity								5.85m	1.0	
	5.85m(1.0)	FOUL	FOUL	5.80m(3.4)	5.83m(3.5)	FOUL						
2 Brooke Rowland		Westside								5.75m	2.5	
	5.75m(2.5)	FOUL	FOUL	5.41m(1.4)	FOUL	FOUL						
3 Emily Omahan		St. Anne-Windsor								5.69m	2.0	
	5.39m(2.7)	5.69m(2.0)	5.50m(0.4)	5.58m(2.0)	FOUL(3.7)	5.68m(3.5)						
4 Mikaela Vandenheuvel		Medway								5.52m	1.4	
	FOUL(1.9)	5.21m(2.6)	5.38m(2.5)	5.33m(2.7)	5.52m(1.4)	5.36m(1.3)						
5 Jenna West		Holy Trinity								5.43m	2.4	
	5.14m(2.6)	5.12m(1.6)	5.11m(2.2)	4.80m(2.2)	5.43m(2.4)	4.67m(3.0)						
6 Helena Reinfels		Centennial								5.27m	1.4	
	FOUL	5.27m(1.4)	4.72m(1.1)	FOUL(2.4)	5.12m(4.2)	5.20m(4.5)						

7	Jasmin Kerr	London South	5.24m	1.3
	5.15m(1.7) FOUL	5.17m(2.1) 5.24m(1.3) FOUL	FOUL	
8	Briawna Taylor	Oakridge	5.18m	2.9
	5.18m(2.9) 5.13m(3.0) 5.04m(3.0) 4.87m(1.4) 5.10m(3.3) FOUL(6.1)			
9	Breanne Nicholas	Blenheim	5.08m	3.1
	4.84m(3.1) 5.08m(3.1) 4.60m(1.7)			
10	Nicole Settingington	Oakridge	5.01m	1.9
	FOUL 5.01m(1.9) FOUL			
11	Natalia Augustyn	Sandwich	4.98m	2.6
	4.77m(2.1) FOUL 4.98m(2.6)			
12	Sierra Spadafora	Holy Names	4.94m	3.3
	FOUL 4.85m(3.3) 4.94m(3.3)			
13	Emma Higgins	Resurrection	4.75m	3.5
	4.75m(3.5) 4.37m(2.3) PASS			
14	Heather Grandy	C.C.H. - London	4.70m	1.6
	4.70m(1.6) FOUL FOUL			
--	Carly Horvath	Ursuline College	FOUL	
	FOUL FOUL FOUL			

Women Triple Jump Senior

West Region: * 12.11m 1996 Monique HAAN / London Christian					
Name	Year	School	Finals	Wind	Points
1	Danielle Gunsch	Huron Heights	11.94m	-1.7	
	11.13m(-0.4) 10.79m(1.2) 11.32m(0.4) 11.94m(-1.7) 11.54m(1.1) 11.63m(-0.2)				
2	Danielle Quinn	St. Christopher	11.32m	0.2	
	10.63m(0.2) 11.25m(1.0) 11.32m(0.2) 11.10m(+0.0) 11.15m(0.3) 11.28m(0.6)				
3	Jenna West	Holy Trinity	11.20m	+0.0	
	10.93m(0.2) 10.87m(0.1) 10.71m(-0.5) 11.00m(0.4) 11.20m(+0.0) 0.12m(NWI)				
4	Sierra Spadafora	Holy Names	11.16m	-0.5	
	10.67m(1.5) 11.16m(-0.5) 10.21m(-0.7) 10.90m(0.3) FOUL(-0.4) 0.22m(NWI)				
5	Heather Grandy	C.C.H. - London	11.14m	0.8	
	11.05m(1.5) 10.86m(-0.5) 10.98m(0.5) FOUL(0.2) 10.84m(0.9) 11.14m(0.8)				
6	Jasmin Kerr	London South	11.09m	3.1	
	10.99m(0.3) 11.09m(3.1) 10.61m(-1.2) FOUL(0.3) 10.65m(0.2) FOUL				
7	Mikaela Vandenheuvel	Medway	11.07m	1.1	
	10.78m(1.5) FOUL(0.7) 11.07m(1.1) FOUL(1.1) FOUL(0.3) FOUL(0.2)				
8	Briawna Taylor	Oakridge	10.63m	0.6	
	FOUL 10.26m(0.6) 10.32m(1.0) 10.21m(1.0) 10.63m(0.6) 10.60m(+0.0)				
9	Leah de los Santos	Cameron Heights	10.30m	0.4	
	FOUL FOUL 10.30m(0.4)				
10	Mialyn Lee Daigle	ES L'Essor	10.29m	0.4	
	10.29m(0.4) 10.10m(0.6) FOUL(0.8)				
11	Taylor Wilson	Assumption-Brant	10.27m	0.1	
	10.27m(0.1) 10.22m(1.5) 9.94m(0.4)				
12	Natalia Augustyn	Sandwich	10.17m	0.1	
	10.17m(0.1) 9.66m(0.9) 10.16m(0.8)				
13	Nancy Yu	Kingsville	10.07m	0.5	
	10.07m(0.5) FOUL(+0.0) 9.48m(0.8)				
14	Kelsie Eadie	Madill, F.E.	10.03m	1.0	
	10.03m(1.0) 9.99m(0.6) 9.98m(0.4)				
15	Emelia Unsworth	Lambton Central	9.79m	-0.8	
	9.70m(0.7) 9.79m(-0.8) 9.47m(2.0)				
15	Mackenzie Pulham	Johnson, P.	9.79m	2.4	
	9.79m(2.4) 9.58m(0.8) 9.71m(2.9)				

Women Shot Put Senior

West Region: * 14.25m 1996 Liz TOMAN / Elmira				
Name	Year	School	Finals	Points
1	Jill Van Damme	Bluevale	11.93m	

	10.94m	11.93m	11.48m	11.01m	11.59m	11.58m	
2	Nicole Horneman Medway						11.04m
	10.73m	10.30m	10.52m	10.56m	10.90m	11.04m	
3	Natalie Warren Lucas, A.B.						10.99m
	10.65m	10.23m	10.13m	10.72m	10.73m	10.99m	
4	Brett Jutzi Stratford NW						10.92m
	10.92m	10.17m	10.77m	10.35m	10.49m	10.89m	
5	Karlee Kelly Bruce Penninsula						10.78m
	10.59m	10.32m	10.45m	10.27m	10.09m	10.78m	
6	Kelly Gribbons Saugeen District						10.62m
	9.66m	10.61m	10.22m	FOUL	FOUL	10.62m	
7	Brooke Hoxar Lord Dorchester						10.45m
	10.40m	10.02m	FOUL	10.45m	10.40m	10.36m	
8	Brindley Jantzi Stratford Centra						10.40m
	9.94m	FOUL	10.36m	10.10m	10.33m	10.40m	
9	Rachel Lacoursiere Belle River						10.18m
	10.18m	9.22m	9.42m				
10	Alex Coyle Sarnia						10.01m
	10.01m	FOUL	9.15m				
11	Mackenzie Colbran Northern- Sarnia						9.89m
	FOUL	FOUL	9.89m				
12	Chelsea Masson Vincent Massey						9.84m
	9.25m	9.84m	9.53m				
13	Nicole Morse Essex						9.62m
	9.62m	8.83m	9.23m				
14	Brianna Quenneville Belle River						9.52m
	8.95m	8.28m	9.52m				
15	Mercedes Vansloun Delhi						9.39m
	8.44m	9.39m	9.31m				

Women Discus Throw Senior

=====							
West Region:	*	48.20m	1982	Liz POLYAK / Brantford-North Park			
Name	Year			School	Finals	Points	
=====							
1	Kelly Gribbons			Saugeen District	42.47m		
	41.17m	40.12m	41.36m	39.79m	42.47m	39.53m	
2	Brindley Jantzi			Stratford Centra	40.17m		
	32.29m	37.85m	33.58m	38.48m	36.54m	40.17m	
3	Quinn Conlon			Assumption-Winds	39.55m		
	39.55m	FOUL	36.69m	34.01m	38.38m	35.84m	
4	Jill Van Damme			Bluevale	38.94m		
	FOUL	35.96m	FOUL	FOUL	38.94m	38.17m	
5	Brooke Hoxar			Lord Dorchester	37.27m		
	36.98m	36.31m	37.22m	37.27m	FOUL	36.46m	
6	Patti Blake			Listowel	36.49m		
	FOUL	35.31m	34.86m	35.18m	36.49m	FOUL	
7	Nicole Horneman			Medway	33.69m		
	FOUL	27.81m	33.58m	33.69m	32.63m	FOUL	
8	Alexis Beddard			Holy Cross	33.10m		
	33.10m	FOUL	32.54m	32.22m	FOUL	FOUL	
9	Nicole Morse			Essex	32.46m		
	31.93m	32.46m	31.77m				
10	Karlee Kelly			Bruce Penninsula	31.27m		
	31.27m	FOUL	26.49m				
11	Taylor Campbell			Riverside	27.47m		
	26.02m	27.47m	26.66m				
12	Sierra Stoffelson			Tollgate	26.67m		
	FOUL	26.46m	26.67m				
13	Veronica Carpani			St. Clair	25.89m		
	25.89m	FOUL	25.59m				
14	Cayla Wood			Harrow	25.16m		
	25.16m	FOUL	FOUL				

-- Alex Coyle
FOUL FOUL FOUL

Sarnia

FOUL

Women Javelin Throw Senior

West Region: * 47.56m 1997		Andrea BULAT / Windsor-Brennan				
Name	Year	School			Finals	Points
1 Victoria Smith		Belle River			44.39m	
	43.64m	39.82m	43.17m	44.39m 44.39m 43.84m		
2 Brooke Rowland		Westside			43.71m	
	43.71m	FOUL	FOUL	42.29m FOUL 41.50m		
3 Jasmine Wilson		Elmira			41.90m	
	41.90m	38.61m	39.05m	37.95m 38.65m 41.01m		
4 Breanne Hutchings		Doyle, Mgsr.E.A.			39.32m	
	36.22m	38.42m	34.36m	33.70m 35.22m 39.32m		
5 Stephanie Shepard		Huron Park			38.34m	
	35.38m	34.76m	36.19m	33.75m 36.89m 38.34m		
6 Sophie Bauer		Saunders			37.59m	
	37.59m	31.28m	FOUL	36.24m 36.64m FOUL		
7 Brooke Hoxar		Lord Dorchester			37.08m	
	37.08m	FOUL	FOUL	FOUL 33.75m 33.77m		
8 Samantha Bondy		Herman, W.F.			36.34m	
	34.70m	35.19m	36.34m	33.04m FOUL FOUL		
9 Mackenzie Sleaford		Lambton Central			34.98m	
	33.67m	34.98m	31.35m			
10 Rachel Woolley		Waterloo-Oxford			34.75m	
	34.17m	33.70m	34.75m			
11 Lexie Hanly		St. Clair			33.65m	
	33.65m	31.67m	32.85m			
12 Laura Vermeire		Mother Teresa			31.91m	
	31.91m	29.76m	29.69m			
13 Jordan Henry		St. Christopher			31.15m	
	29.30m	30.13m	31.15m			
14 Alex Bondy		Vincent Massey			29.78m	
	29.78m	28.20m	27.09m			
15 Samantha Lanteigne		Cameron Heights			27.39m	
	26.32m	FOUL	27.39m			
16 Deseree Bender		Clarke Road			25.18m	
	FOUL	FOUL	25.18m			

Women 1500 Meter Steeplechase Open

West Region: * 5:02.59 2009		Haley Cadwallader, Sarnia CI@TS				
Name	Year	School			Finals	Points
1 Julie-Anne Staehli		Madill, F.E.			5:08.79	
2 Sarah Spottiswood		Montcalm			5:10.69	
3 Jordyn Visscher		Woodland Christi			5:12.88	
4 Nicki Parkes		St. Christopher			5:13.70	
5 Mandie Jubenville		Herman, W.F.			5:20.12	
6 Alex Hildebrand		Elmira			5:26.45	
7 Ashley Bracci		Vincent Massey			5:28.50	
8 Emily Williams		North Lambton			5:29.15	
9 Shannen Murray		St. Anne-Clinton			5:29.33	
10 Paige Parker		Ross, John F.			5:31.13	
11 Paige Odegard		Northern- Sarnia			5:34.49	
12 Ainsley Nantes		St.Mary's-Kitche			5:34.77	
13 Olivia Mater		Guelph			5:42.75	
14 Stef Smith		Oakridge			5:45.12	
15 Tiana Beharriell		Strathroy D C I			5:48.38	
16 Olivia Flook		Blenheim			5:49.59	

Women 4x400 Meter Relay Open

West Region: * 3:54.13 2008		RESURRECTION	Finals	H#	Points
1	Northern - Sarnia 'A'		4:01.97	2	
	1) Leanne Holdaway	2) Marlowe Pecora			
	3) Chantal Caraher	4) Siobhan Smith			
	5) Madison Huzevka	6) Georgia Auger			
2	St. Anne - Windsor 'A'		4:02.68	2	
	1) Emily Omahen	2) Marissa Mcnaughton			
	3) Brittany Gill	4) Amber Bechard			
	5) Natalie Omahen	6) Jacquie Hutchings			
3	Belle River - Belle River 'A'		4:03.22	2	
	1) Isabella Habuda	2) Michaela Therrien			
	3) Emma Sparnaay	4) Madison Dalley			
	5) Jazmin Martin	6) Shayla Chauvin			
4	Vincent Massey - Windsor 'A'		4:05.37	2	
	1) Brianne Bracci	2) Fiona Rocheleau			
	3) Paiton Del Monte	4) Alexandra Moore			
	5) Ashley Bracci	6) Olivia Little			
5	St. Christopher - Sarnia 'A'		4:05.69	1	
	1) Lauren Holman	2) Allison Deery			
	3) Nicki Parkes	4) Michelle Reddy			
	5) Elissa Wilson	6)			
6	St. Mary's - Kitchener 'A'		4:07.61	2	
	1) Olivia Scagnetto	2) Ainsley Nantes			
	3) Monica Januszek	4) Jaimie Phelan			
	5) Agata Kulczynska	6)			
7	John F. Ross - Guelph 'A'		4:07.91	2	
	1) Alison Fraser	2) Emily Bowerman			
	3) Sarah Welch	4) Paige Parker			
	5) Montana Crawford	6) Anna Sutton			
8	Centre Wellington - Fergus 'A'		4:08.73	2	
	1) Alisha Sealey	2) Stephanie Shaw			
	3) Taryn Collins	4) Amber Sealey			
	5) Avery Moroney	6) Tina Richards			
9	Catholic Central - London 'A'		4:10.59	1	
	1) Alyssa Medeiros	2) Amy O'Donnell			
	3) Jordan Stapleford	4) Danielle Casavecchia			
	5) Adriana Beukeboom	6) Elise DeDecker			
10	St.Thomas Aquinas - London 'A'		4:11.21	1	
	1) Leah Komer	2) Katherine Marentette			
	3) Katie Parry	4) Hilary Stafford			
	5) Laura Travaglini	6)			
11	St. Anne's - Clinton 'A'		4:13.35	1	
	1) Lexi Aitken	2) Victoria Howard-Thompson			
	3) Shannen Murray	4) Nadine Otten			
	5) Andrea Bokkers	6)			
12	Guelph - Guelph 'A'		4:13.75	1	
	1) Alex Cvetich	2) Vanessa Linton			
	3) Taylor Jarvis	4) Marissa Kurtimah			
	5) Sydney Wilson	6)			
13	Our Lady of Lourdes - Guelph 'A'		4:14.33	1	
	1) Rachel Costa	2) Colleen Scott			
	3) Hannah Pearsall	4) Jaime Emmon			
	5) Alyssa Bolliger	6)			
14	Lambton Central - Petrolia 'A'		4:16.71	1	
	1) Darian Limb	2) Jillian Rops			
	3) Mallory Straatman	4) McKayla Eves			
15	F. E. Madill - Wingham 'A'		4:17.01	1	
	1) Christine Peterson	2) Madeline Yungblut			
	3) Julie-Anne Staehli	4) Brianna Bird			

5) Nicole Jacobs	6)		
16 Mother Teresa - London 'A'		4:17.79	2
1) Elizabeth Barbon	2) Alyssa Valente		
3) Leah Devos	4) Sara Grzywnowicz		
5) Olivia Gunnell	6) Michaela Valente		

Women 100 Meter Dash Ambulatory

West Region: * 15.29 28/05/2006 Joanna Edwards, MacKenzie-Sarnia				
Name	Year	School	Finals	Wind
1 Sara Albers		St.Thomas Aquina	16.95	1.2
2 Madison Wilson-Walker		Lord Dorchester	20.33	1.2

Men 100 Meter Dash Midget

West Region: * 11.18 2006 Corey CRAWLEY, A.B. Lucas					
Name	Year	School	Prelims	Wind	H#

Preliminaries

1 Connor Rosaasen		St.Thomas	11.44Q	0.1	2	
2 Ranz Rampillo		Holy Names	11.49Q	0.3	1	
3 Joey Eddleston		St. Christopher	11.79Q	0.3	1	
4 Braeden Braccio		St. Anne-Windsor	11.94Q	0.1	2	11.937
5 Alex Salytchev		Preston	11.94Q	0.3	1	11.932
6 Kingboy Douglas		St.Joe's-Windsor	11.99Q	0.1	2	
7 Nick Bissonette		Resurrection	12.03q	0.1	2	
8 Nyro Hang		Vincent Massey	12.11q	0.3	1	
9 Juarez Stewart		Assumption-Brant	12.15	0.3	1	
10 Jonathan Cebulak		Holy Trinity	12.16	0.1	2	
11 Mitchell Fife		Orangeville	12.16	0.3	1	
12 Graham Brulotte		Lord Dorchester	12.18	0.3	1	
13 Luke Medeiros		St.Thomas Aquina	12.21	0.1	2	
14 Antonio Bosnjak		St.Thomas Aquina	12.24	0.1	2	
15 Justin Elms		Woodstock CI	12.39	0.1	2	
16 Will Davidson		Medway	12.48	0.3	1	

Men 100 Meter Dash Midget

West Region: * 11.18 2006 Corey CRAWLEY, A.B. Lucas					
Name	Year	School	Finals	Wind	Points

Finals

1 Ranz Rampillo		Holy Names	11.52	0.7	
2 Joey Eddleston		St. Christopher	11.56	0.7	
3 Connor Rosaasen		St.Thomas	11.60	0.7	
4 Braeden Braccio		St. Anne-Windsor	11.90	0.7	
5 Nyro Hang		Vincent Massey	11.97	0.7	
6 Nick Bissonette		Resurrection	12.06	0.7	
7 Alex Salytchev		Preston	12.09	0.7	
8 Kingboy Douglas		St.Joe's-Windsor	12.16	0.7	

Men 200 Meter Dash Midget

West Region: * 22.69 1993 Andrew BECKFORD / Kitchener CI					
Name	Year	School	Prelims	Wind	H#

Preliminaries

1 Davis Edward		Oakridge	23.06Q	3.4	1
2 Connor Rosaasen		St.Thomas	23.37Q	-0.5	2
3 Ildemaro Ponnambalam		St. David	23.34Q	3.4	1
4 Austin Oulds		Chatham-Kent	24.43Q	-0.5	2
5 Ranz Rampillo		Holy Names	23.77Q	3.4	1

6	Antonio Bosnjak	St.Thomas Aquina	24.74Q	-0.5	2
7	Mitchell Fife	Orangeville	23.97q	3.4	1
8	Anthony Zina	ES L'Essor	24.05q	3.4	1
9	Luke Medeiros	St.Thomas Aquina	24.48	3.4	1
10	Nick Bissonette	Resurrection	24.54	3.4	1
11	Nyro Hang	Vincent Massey	24.81	-0.5	2
12	Kingboy Douglas	St.Joe's-Windsor	24.90	-0.5	2
13	Aaron Hudali	Cameron Heights	24.91	3.4	1
14	Fernando De La Rosa	C.C.H. - London	24.92	-0.5	2
15	Sebastian Vanin	C.C.H. - London	24.93	-0.5	2
16	Joey Heath	Lady of Lourdes	25.76	-0.5	2

Men 200 Meter Dash Midget

West Region: * 22.69 1993 Andrew BECKFORD / Kitchener CI					
Name	Year	School	Finals	Wind	Points
Finals					
1	Davis Edward	Oakridge	22.74	1.0	
2	Connor Rosaasen	St.Thomas	22.88	1.0	
3	Ildemaro Ponnambalam	St. David	23.48	1.0	
4	Mitchell Fife	Orangeville	23.87	1.0	
5	Ranz Rampillo	Holy Names	24.14	1.0	
6	Anthony Zina	ES L'Essor	24.20	1.0	
7	Austin Oulds	Chatham-Kent	24.35	1.0	
8	Antonio Bosnjak	St.Thomas Aquina	24.66	1.0	

Men 400 Meter Dash Midget

West Region: * 50.91 1994 Jeff ELLIS / Orangeville					
Name	Year	School	Finals	H#	Points
1	Giordanno LaCivita	Holy Names	52.18	2	10
2	Ildemaro Ponnambalam	St. David	52.79	2	8
3	Kalvin Mercier	Vincent Massey	53.67	2	6
4	Fernando De La Rosa	C.C.H. - London	53.98	2	5
5	Stephen McEwen	Maranatha Christ	54.28	2	4
6	Sebastian Vanin	C.C.H. - London	55.44	1	3
7	Ben McKelaar	Regina Mundi	56.00	2	2
8	Aaron Hudali	Cameron Heights	56.40	1	1
9	Andrew Newman	St. Clair	56.62	2	
10	Brendan Bohdanow	Brantford	56.72	1	
11	Mac Grenier	Lord Dorchester	57.24	1	
12	Joel LeBlanc	St.Thomas	57.49	1	
13	Yonatan Ahferram	Cameron Heights	58.36	1	
14	Mark Patton	Centr Wellington	59.06	2	
15	Alex Petk	Banting, Sir F.	59.75	1	

Men 800 Meter Run Midget

West Region: * 1:55.74 1989 Kevin Sullivan/Brantford-North Park					
Name	Year	School	Finals	Points	
1	Mark Patton	Centr Wellington	2:03.61		
2	Matt Pardo	General Amherst	2:05.04		
3	Kalvin Mercier	Vincent Massey	2:06.22		
4	Wyatt Bye	Wellington Heigh	2:06.43		
5	Kyle Denomme	Riverside	2:07.31		
6	Ty Moore	North Park	2:07.76		
7	Stephen DeJager	Goderich	2:10.96		
8	Branden Ireland	Belle River	2:11.19		
9	Max Neumann	Orangeville	2:11.52		
10	Adam Tait	South Huron	2:11.66		

11	Andrew Newman	St. Clair	2:16.46
12	Scott Harrison	Medway	2:17.60
13	Teddy McGeen	Riverside	2:17.92
14	Mitchell Taylor	East Elgin	2:18.57
15	Bryan Emery	London South	2:18.88
16	Yonatan Ahferram	Cameron Heights	2:18.95

Men 1500 Meter Run Midget

West Region: * 4:00.0h 1986				Andrew DUTZ / London-Central	
Name	Year	School	Finals	Points	
1	Muhumed Sirage	Montcalm	4:11.53		
2	Miles Mattheus	Belle River	4:15.27		
3	Brendan Wallace	Vincent Massey	4:19.24		
4	Matt Pardo	General Amherst	4:23.34		
5	Willem Quosai	Centennial	4:23.82		
6	Adam Tait	South Huron	4:26.05		
7	Logan Buruma	Lambton Central	4:28.67		
8	Simon Wells	Centennial	4:29.52		
9	Josh Kellier	Chatham-Kent	4:31.66		
10	Ben Harris	Banting, Sir F.	4:34.20		
11	Jacob Rothera	Assumption-Winds	4:35.40		
12	Cam Jowett	Holy Cross	4:38.64		
13	Harrison Ritchie	St. Michael	4:39.42		
14	Wyatt Bye	Wellington Heigh	4:45.06		
15	Iilir Lazoja	Cameron Heights	4:55.06		

Men 3000 Meter Run Midget

West Region: * 8:47.3h 1979				Chris BREWSTER / London-Cath. Cen.	
Name	Year	School	Finals	Points	
1	Muhumed Sirage	Montcalm	9:07.83		
2	Brendan Wallace	Vincent Massey	9:24.49		
3	Jared Ruest	Gbss	9:26.29		
4	Miles Mattheus	Belle River	9:27.12		
5	Simon Wells	Centennial	9:29.44		
6	Dan Hilbers	Saugeen District	9:54.73		
7	Josh Kellier	Chatham-Kent	9:56.15		
8	Jacob Rothera	Assumption-Winds	10:03.97		
9	Ben Harris	Banting, Sir F.	10:05.19		
10	Nehemiah Weldeab	Orangeville	10:05.61		
11	Ethan Gawne	Laurier, Sir W.	10:09.19		
12	Nathan Outridge	Wallaceburg	10:09.92		
13	Harrison Ritchie	St. Michael	10:28.13		
14	Cam Jowett	Holy Cross	10:44.06		
15	Aidan Snively	Assumption-Winds	10:47.26		

Men 100 Meter Hurdles Midget

West Region: * 13.12 1998				Paul WHITTY / London-Saunders		
Name	Year	School	Prelims	Wind	H#	
Preliminaries						
1	Davis Edward	Oakridge	14.53Q	-1.0	1	
2	Maher Akhtar	Cameron Heights	15.06Q	1.0	2	
3	Shane Salisbury	St. Clair	15.67Q	-1.0	1	
4	Joey Anderson	Essex	15.68Q	1.0	2	
5	Caleb Cipkar	General Amherst	15.68Q	-1.0	1	
6	Carter Franks	Grey Highlands	15.89Q	1.0	2	
7	Max Bannon	Medway	15.98q	-1.0	1	
8	Evan Falcone	Jacob Hespeler	16.00q	-1.0	1	

9	Josue Guillen-Santos	St.Joe's-Windsor	16.05	1.0	2
10	Ross Johnston	Belle River	16.11	-1.0	1
11	Mark Richter	Lambton Central	16.73	1.0	2
12	Scott Herod	St. Benedict	16.93	1.0	2
13	Keagon Croley	Banting, Sir F.	17.29	-1.0	1
14	Keelan Paliani	Medway	17.48	1.0	2
15	Alex Hudecki	Lady of Lourdes	17.57	-1.0	1
--	Josh Zwinlkes	Holy Cross	DQ	1.0	2 162.7

Men 100 Meter Hurdles Midget

West Region: * 13.12 1998 Paul WHITTY / London-Saunders

Name	Year	School	Finals	Wind	Points
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Finals

1	Davis Edward	Oakridge	13.93	0.4
2	Maher Akhtar	Cameron Heights	15.00	0.4
3	Shane Salisbury	St. Clair	15.15	0.4
4	Caleb Cipkar	General Amherst	15.28	0.4
5	Max Bannon	Medway	15.34	0.4
6	Joey Anderson	Essex	15.74	0.4
7	Carter Franks	Grey Highlands	15.75	0.4
8	Evan Falcone	Jacob Hespeler	15.77	0.4

Men 300 Meter Hurdles Midget

West Region: * 40.41 28/05/2005 Jeremy Gibbons, Herman

Name	Year	School	Finals	H#	Points
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1	Davis Edward	Oakridge	40.82	2
2	Brad Sato	Vincent Massey	42.74	2
3	Anthony Zina	ES L'Essor	43.27	2
4	Edwin Cipkar	Sandwich	43.54	2
5	Kyle Webster	St.Thomas Aquina	44.22	1
6	Kalvin Mercier	Vincent Massey	44.90	2
7	Josh Zwinlkes	Holy Cross	44.98	2
8	Maher Akhtar	Cameron Heights	45.01	2
9	Caleb Cipkar	General Amherst	45.38	1
10	Jacob Fortin	Preston	45.39	1
11	Spencer Cregan	C.C.H. - London	45.54	1
12	Tyson Stewart	Simcoe	46.42	1
13	Collin Tate	Johnson, P.	46.85	1
14	Alex Hudecki	Lady of Lourdes	47.90	1
15	Keelan Paliani	Medway	48.67	1
--	Shane Salisbury	St. Clair	DNF	2

Men 4x100 Meter Relay Midget

West Region: * 45.37 2002 LASALLE-VILLANOVA

School	Finals	H#	Points
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1	St Thomas of Villanova-Lasalle 'A'	45.58	2
	1) Connor Rosaasen	2) Matt Pebenitio	
	3) Kevin Neuts	4) Joel LeBlanc	
2	St. Anne - Windsor 'A'	47.14	2
	1) Ben Clarke	2) Conor McDermott	
	3) Stephen Sarweh	4) Braeden Braccio	
	5) Jack Steen	6)	
3	St.Thomas Aquinas - London 'A'	47.32	2
	1) Luke Medeiros	2) Antonio Bosnjak	
	3) Sam Peifer-Dawson	4) Brock VanBerlo	
	5) Kyle Webster	6)	
4	Catholic Central - London 'A'	47.86	2

1) Ethan Cucorullo	2) Pearson Brown			
3) Fernando De La Rosa	4) Sebastian Vanin			
5) Martin Ortega	6)			
5 St. Clair - Sarnia 'A'		47.94	2	
1) Andrew Newman	2) Shane Salisbury			
3) Aaron Kameka	4) Gee Maness			
5) Tyler Whitbread	6) Tim Kaldeway			
6 Preston - Cambridge 'A'		48.09	2	
1) Jacob Fortin	2) Jacob Metcalfe			
3) Braedon Baker	4) Alex Salytchev			
5) David Mitobe	6)			
7 Grand River - Kitchener 'A'		48.10	1	
1) Ben Daub	2) Kyle Rath			
3) Kodie Oude Vashaar	4) Haitham Husic			
5) John Nay	6) Luke Salata			
7) Jake Tsetsekas	8)			
8 Medway - Arva 'A'		48.41	1	
9 Cameron Heights - Kitchener 'A'		48.43	1	
1) Maher Akhtar	2) Thoune Burgess			
3) Andy Tran	4) Aaron Hudali			
5) Ian Cross	6)			
10 Resurrection - Kitchener 'A'		48.79	2	
1) Kevin Santolini	2) Robel Berhane			
3) Juan Nino	4) Nick Bissonette			
5) Nick Snider	6)			
11 St. Joseph's - Windsor 'A'		49.19	1	
1) Angelo Di Donato	2) Kingboy Douglas			
3) Tyler Male	4) Josue Guillen-Santos			
12 St. Mary's - St. Mary's 'A'		49.52	1	
1) Trent Dundas	2) Julian Herrell			
3) Brock Jeffrey	4) Mason Mueller			
-- Vincent Massey - Windsor 'A'		DNF	2	
1) Nyro Hang	2) Shehram Khan			
3) Calvin Mercier	4) Ahmed Hassan			
5) Brad Sato	6) Himel Mondal			
-- St. Christopher - Sarnia 'A'		DQ	1	170.14
1) Marco DiFederico	2) Joel DeMoor			
3) Hayden Patterson	4) Joey Eddleston			
5) Kurtis Tamming	6)			
-- Lord Dorchester - Dorchester 'A'		DQ	1	170.14

Men High Jump Midget

West Region: * 1.90m 02/06/2007 Branden Wilhelm, Woodstock						
Name	Year	School	Finals	Points		
1 Slade Simmons		Delhi	1.75m			
1.47	1.52	1.57	1.62	1.67	1.72	1.75 1.78
P	O	O	XO	XO	XXO	XO XXX
2 Justin McKague		Madill, F.E.	1.72m			
1.47	1.52	1.57	1.62	1.67	1.72	1.75
P	P	O	O	O	O	XXX
3 Spencer Blake		Holy Trinity	1.67m			
1.47	1.52	1.57	1.62	1.67	1.72	
P	O	O	O	O	XXX	
3 Zev Weisdorf		Beal, H.B.	1.67m			
1.47	1.52	1.57	1.62	1.67	1.72	
P	O	O	O	O	XXX	
5 Martin Klaperbein		Resurrection	J1.67m			
1.47	1.52	1.57	1.62	1.67	1.72	
P	O	O	O	O	XXX	
6 Matt Baxter		Medway	J1.67m			
1.47	1.52	1.57	1.62	1.67	1.72	

	P	O	O	O	XO	XXX		
7	Scott Billings						London Central	J1.67m
	1.47	1.52	1.57	1.62	1.67	1.72		
	P	O	XXO	XXO	XO	XXX		
8	Joel DeMoore						St. Christopher	J1.67m
	1.47	1.52	1.57	1.62	1.67	1.72		
	P	XO	O	O	XXO	XXX		
9	Randy Wouters						Stratford NW	1.62m
	1.47	1.52	1.57	1.62	1.67			
	P	XO	O	XO	XXX			
10	Tyler Whitbread						St. Clair	J1.62m
	1.47	1.52	1.57	1.62	1.67			
	O	XO	XXO	XO	XXX			
11	Jacob Fortin						Preston	J1.62m
	1.47	1.52	1.57	1.62	1.67			
	P	O	XO	XXO	XXX			
12	Jesse Van Rees						Orangeville	J1.62m
	1.47	1.52	1.57	1.62	1.67			
	P	O	XXO	XXO	XXX			
13	Cai Kellier						Chatham-Kent	1.52m
	1.47	1.52	1.57					
	O	XO	XXX					
14	Brett McGugan						Northern- Sarnia	J1.52m
	1.47	1.52	1.57					
	XXO	XXO	XXX					
15	Zachary Padayachy						Lambton Central	1.47m
	1.47	1.52						
	O	XXX						
16	Noah Giovanatti						St.Thomas	J1.47m
	1.47	1.52						
	XO	XXX						

Men Pole Vault Midget

West Region: * 3.80m 1997										Frank KLUNDERT / Cardinal Carter	
Name	Year						School	Finals	Points		
1 Brock VanBerlo							St.Thomas Aquina	3.05m			
	2.10	2.30	2.45	2.60	2.75	2.90	3.05	3.15			
	P	P	O	O	O	O	XO	XXX			
2 Jack Steen							St. Anne-Windsor	2.90m			
	2.10	2.30	2.45	2.60	2.75	2.90	3.05				
	P	P	O	O	O	XO	XXX				
3 Thomas Weigl							Jacob Hespeler	J2.90m			
	2.10	2.30	2.45	2.60	2.75	2.90	3.05				
	P	O	O	O	XXO	XO	XXX				
4 Brad Gyemi							St. Anne-Windsor	J2.90m			
	2.10	2.30	2.45	2.60	2.75	2.90	3.05				
	P	XO	O	O	XO	XXO	XXX				
5 Mathew Van Brunschot							Macdonald, J.A.	2.75m			
	2.10	2.30	2.45	2.60	2.75	2.90					
	P	P	O	O	O	XXX					
5 Kevin Holden							Huron Park	2.75m			
	2.10	2.30	2.45	2.60	2.75	2.90					
	P	O	O	O	O	XXX					
7 Sam Peifer-Dawson							St.Thomas Aquina	J2.75m			
	2.10	2.30	2.45	2.60	2.75	2.90					
	XO	XXO	O	O	O	XXX					
8 Andrew Dunsmore							Stratford NW	2.60m			
	2.10	2.30	2.45	2.60	2.75						
	O	O	O	O	XXX						
8 Ian Cross							Cameron Heights	2.60m			
	2.10	2.30	2.45	2.60	2.75						

	P	P	O	O	XXX		
10	Bruce Lynch					Macdonald, J.A.	2.45m
	2.10	2.30	2.45	2.60			
	P	P	O	XXX			
11	Liam Higgins					Resurrection	2.30m
	2.10	2.30	2.45				
	O	O	XXX				
12	Bryce Hughes					St. Anne-Windsor	J2.30m
	2.10	2.30	2.45				
	XXO	O	XXX				
--	Sean Vogan					Oakridge	NH
	2.10	2.30					
	P	XXX					

Men Long Jump Midget

West Region: * 6.67m 1979		Ken BERRY / London-Laurier	
Name	Year	School	Finals Wind Points
1	Scott Billings	London Central	6.04m 0.1
	6.04m(0.1)	5.82m(1.6)	5.74m(0.8) 5.79m(1.1) PASS FOUL
2	Ranz Rampillo	Holy Names	5.91m 0.7
	FOUL	5.61m(1.6)	5.75m(0.8) 5.27m(2.2) 5.72m(3.3) 5.91m(0.7)
3	Wesley Tang	Waterloo	5.86m 2.1
	FOUL	5.45m(0.2)	5.60m(0.1) 5.41m(-0.6) 5.86m(2.1) 5.24m(1.3)
4	Brock VanBerlo	St.Thomas Aquina	5.71m 2.3
	5.53m(+0.0)	5.71m(2.3)	5.49m(2.1) 5.50m(0.3) 5.53m(2.1) 5.51m(0.3)
5	James McBride	St. David	5.65m 1.0
	5.51m(1.2)	5.53m(2.2)	5.46m(1.9) 5.27m(1.0) 5.65m(1.0) 5.61m(2.6)
6	Jacob Metcalfe	Preston	J5.65m 1.0
	FOUL	4.48m(1.3)	5.45m(0.8) 5.65m(1.0) 5.51m(1.4) 4.65m(0.8)
7	Beau Janssen	Centr Wellington	5.57m NWI
	5.43m(0.5)	FOUL	5.32m(1.0) 4.79m(1.6) 5.57m(NWI) FOUL
8	Stephen McEwen	Maranatha Christ	5.48m 1.4
	5.30m(0.5)	5.39m(1.7) PASS	PASS PASS PASS 5.48m(1.4)
9	Gee Maness	St. Clair	5.34m 0.1
	5.32m(2.5)	5.34m(0.1)	4.86m(0.9)
10	Matt Pebenitio	St.Thomas	5.24m 1.1
	4.87m(-0.4)	5.24m(1.1)	5.24m(1.1)
11	Kevin Neuts	St.Thomas	5.22m 2.3
	FOUL	5.22m(2.3)	5.09m(0.4)
12	Connor Neil	Laurier, Sir W.	5.20m 0.9
	5.20m(0.9)	5.00m(1.2)	4.73m(2.6)
13	Joel DeMoor	St. Christopher	5.19m 1.2
	5.18m(0.9)	5.19m(1.2)	5.17m(0.2)
14	Zach Bolden	St. Mary's (Os)	5.13m 1.6
	4.77m(1.8)	5.13m(1.6)	5.07m(0.8)
15	Will Davidson	Medway	5.01m 3.1
	5.01m(3.1)	4.87m(2.9)	4.38m(2.5)
16	Mackenzie Oxley	Woodstock CI	4.96m +0.0
	4.96m(+0.0)	4.59m(0.9)	4.91m(1.3)

Men Triple Jump Midget

West Region: * 13.78m 1994		Kriss PETERSON / LaSalle-Sandwich	
Name	Year	School	Finals Wind Points
1	Stephen McEwen	Maranatha Christ	12.71m 1.3
	FOUL(1.1)	12.71m(1.3)	11.86m(0.6) FOUL(1.1) PASS 12.39m(-2.0)
2	Scott Billings	London Central	12.70m 1.8
	12.20m(1.1)	12.25m(1.9)	12.70m(1.8) FOUL(0.7) 12.29m(0.1) FOUL(1.9)
3	Jack Thomas	North Lambton	12.65m 2.0
	11.40m(0.6)	12.21m(1.3)	12.20m(2.9) 12.47m(1.8) 12.65m(2.0) 12.44m(0.6)

4	Aramri Jones	Riverside	12.11m	1.5
	12.03m(0.5) 12.05m(1.8) 12.11m(1.5) 12.08m(0.5)	FOUL(1.1) FOUL(3.2)		
5	Logan Howard	Ursuline College	11.91m	1.0
	11.87m(0.4) 11.91m(1.0) 11.71m(2.5) 11.80m(-0.2)	11.19m(0.5) 11.78m(1.7)		
6	Justin McKague	Madill, F.E.	11.90m	1.3
	11.90m(1.3) 11.46m(0.7) 11.31m(1.0) 10.65m(1.1)	FOUL(1.5) FOUL(2.5)		
7	Beau Janssen	Centr Wellington	11.89m	0.7
	FOUL(1.5) 11.89m(0.7) 11.26m(1.4) 11.14m(1.9)	FOUL(1.7) 11.11m(2.6)		
8	Christian Lippai	Stratford Centra	11.82m	0.4
	11.61m(2.1) FOUL(2.0) 11.82m(0.4) FOUL(-1.5)	11.71m(0.9) FOUL(0.7)		
9	Dylan Hathaway	Glencoe	11.71m	1.8
	11.71m(1.8) FOUL(2.2) 11.48m(0.7)			
10	Wesley Tang	Waterloo	11.58m	2.5
	11.58m(2.5) 10.43m(1.3) 11.35m(0.1)			
11	Stephen Sarweh	St. Anne-Windsor	11.38m	1.8
	11.38m(1.8) FOUL(2.0) 11.27m(1.8)			
12	Yitong Zhao	London Central	11.25m	2.6
	FOUL 11.25m(2.6) FOUL			
13	Gee Maness	St. Clair	11.24m	3.7
	FOUL(1.3) 11.17m(1.2) 11.24m(3.7)			
14	Nevinn Becker	Sacred Heart	11.10m	1.1
	FOUL(2.1) 11.10m(1.1) FOUL(2.5)			
15	Slade Simmons	Delhi	11.02m	2.1
	11.02m(2.1) 10.76m(2.5) 10.82m(0.6)			
16	Shane Clarke	Woodland Christi	10.62m	1.4
	10.62m(1.4) 10.61m(-0.4) 10.33m(1.4)			

Men Shot Put Midget

West Region: * 18.23m 1982 Dave CROMBEEN / Sarnia-St. Patrick's						
Name	Year	School	Finals	Points		
1 Travis Wagner		Lambton Central	14.45m			
	14.45m 14.08m 13.44m	13.65m 13.59m 13.01m				
2 Curtis Lister		Vista Academy	14.09m			
	14.03m 14.09m 11.32m	12.29m 13.83m 14.00m				
3 Andrew Taphorn		Stratford NW	13.28m			
	13.03m 12.20m 13.07m	13.27m 13.26m 13.28m				
4 Kurtis Tamming		St. Christopher	13.12m			
	11.34m 12.88m 13.12m	12.16m 12.93m 12.60m				
5 Threston Murray		Forster Joh	12.95m			
	12.42m 12.95m FOUL	11.50m 12.03m 12.28m				
6 Will Davidson		Medway	12.91m			
	12.91m 12.86m FOUL	12.80m 11.84m 12.22m				
7 Jakob Miller		Holy Trinity	12.88m			
	12.71m 12.67m 12.52m	12.62m 12.09m 12.88m				
8 Josh Horney		Chatham-Kent	12.82m			
	12.82m 12.27m 12.54m	11.85m 12.49m 12.68m				
9 Andrew Jones		North Middlesex	12.56m			
	12.56m 12.41m 12.50m					
10 Maclean Haggarty		Johnson, P.	12.27m			
	12.27m 12.11m 11.93m					
11 Mohammad El-Nasser		Vincent Massey	12.22m			
	12.22m 11.47m 10.88m					
12 Noah Rolph		Parkside	12.10m			
	FOUL 11.97m 12.10m					
13 David Khayipangi		Lady of Lourdes	11.85m			
	11.33m 11.85m 11.14m					
14 Dan Skinner		Mitchell	11.81m			
	11.74m 11.81m 11.73m					
15 Jesse Van Rees		Orangeville	11.31m			
	10.45m 11.31m 11.03m					
16 David Gutschon		Southwood	11.08m			

10.62m 11.08m 10.28m

Men Discus Throw Midget

West Region: * 55.14m 2002 Joe POCOCK/Windsor						
Name	Year	School	Finals	Points		
1 Noah Rolph		Parkside	47.51m			
39.60m 45.00m 41.07m 47.51m 40.08m 42.32m						
2 Tristan Cotter		Oakridge	42.98m			
38.22m 42.98m FOUL FOUL 41.20m FOUL						
3 Jakob Miller		Holy Trinity	41.09m			
40.35m 37.67m 41.09m 39.18m FOUL FOUL						
4 Daniel Pearn		Riverside	40.71m			
26.00m 38.95m 38.61m 13.47m 37.30m 40.71m						
5 Curtis Lister		Vista Academy	39.71m			
28.23m 37.42m FOUL 39.27m 39.71m 32.78m						
6 Andrew Taphorn		Stratford NW	39.58m			
FOUL 38.89m FOUL 39.58m FOUL 39.03m						
7 Drew Desjarlais		Belle River	39.41m			
37.41m FOUL 39.41m 37.85m 33.61m FOUL						
8 Cameron MacAlpine		Lambton Central	38.41m			
35.07m 38.41m 32.17m 35.65m FOUL 36.81m						
9 Maclean Haggarty		Johnson, P.	36.63m			
FOUL 32.35m 36.63m						
10 Boady Santavy		St. Christopher	35.87m			
35.87m 34.98m 34.04m						
11 Jakob Prinzie		C.C.H. - London	35.38m			
30.53m FOUL 35.38m						
12 Brandon Toushan		Bluevale	34.44m			
33.72m 34.44m 32.98m						
13 Stuart Cameron		Madill, F.E.	32.36m			
24.65m 31.76m 32.36m						
14 Matt Bondy		General Amherst	31.89m			
31.89m 31.84m FOUL						
15 Jesse Van Rees		Orangeville	31.46m			
FOUL FOUL 31.46m						
16 Ben Matthews		Assumption-Brant	28.44m			
FOUL FOUL 28.44m						

Men Javelin Throw Midget

West Region: * 61.70m 1982 Dave CROMBEEN / Sarnia-St. Patrick's						
Name	Year	School	Finals	Points		
1 Jake Fraggis		Medway	47.07m			
47.07m 40.40m 46.14m 43.86m 40.49m FOUL						
2 Travis Garrity		St. Patrick's	46.03m			
43.73m 46.03m 43.29m PASS PASS PASS						
3 Mitchell Ball		Chatham Christia	43.12m			
37.60m FOUL 41.25m 43.12m 38.75m 36.64m						
4 Thomas Nitz		Glenview Park	42.16m			
33.75m 39.59m 38.14m 39.18m 38.95m 42.16m						
5 Steven Jaworski		Brennan, F.J.	41.99m			
41.99m 38.89m 38.16m 35.21m 32.76m FOUL						
6 Noah Rolph		Parkside	40.71m			
40.50m 38.33m 40.71m FOUL 37.48m 40.53m						
7 Dallas Manley		Lambton Central	40.13m			
39.11m FOUL 37.05m FOUL 40.13m 39.24m						
8 Zev Weisdorf		Beal, H.B.	39.89m			
39.89m 39.38m 33.23m FOUL 35.12m FOUL						
9 Devin Dabanovich		St. Christopher	38.09m			
32.32m 36.61m 38.09m						

10	Gavin Ramsey		Essex	34.48m
	34.48m	34.04m	31.20m	
11	Keegan Stratford		Galt	34.22m
	30.99m	34.22m	32.91m	
12	Scott Herod		St. Benedict	33.60m
	32.48m	33.60m	33.46m	
13	Steven Kim		Banting, Sir F.	33.09m
	33.09m	29.89m	28.68m	
14	Trevor Tomlinson		Saugeen District	32.28m
	32.28m	FOUL	FOUL	
15	Shawn O'Connor		St. Michael	31.76m
	31.76m	29.67m	29.61m	
16	David Gutschon		Southwood	27.09m
	27.09m	FOUL	23.49m	

Men 100 Meter Dash Junior

West Region: * 10.60 2002 Rhoan STERLING/Galt
 Name Year School Prelims Wind H#

Preliminaries

1	Lucas DeNard		C.C.H. - London	11.27Q	1.1	2	11.265
2	Mitchell Smiley		Northern- Sarnia	11.27Q	2.0	1	11.269
3	Alex Peters		Madill, F.E.	11.28Q	2.0	1	
4	Skye Wolfe		Essex	11.43Q	1.1	2	
5	Khaliel James		C.C.H. - Windsor	11.54Q	1.1	2	
6	Jackson McIntosh		Resurrection	11.68Q	2.0	1	11.674
7	Dylan Wymenga		Chatham Christia	11.68q	1.1	2	11.678
8	David Mohan		Cameron Heights	11.69q	1.1	2	
9	Myles Deslandes		Galt	11.82	1.1	2	
10	Noel Amaya		Lady of Lourdes	11.84	2.0	1	
11	Nicolas Tugui		Kennedy, Hon.W.C	11.85	2.0	1	
12	Victor Puvanendran		Lucas, A.B.	11.97	1.1	2	
13	Blake Freeman		St.Joe-St.Thomas	12.12	1.1	2	
13	Armel Kayeye		Lady of Lourdes	12.12	2.0	1	
15	Kevin Willemse		St. Christopher	12.14	2.0	1	
16	Kieran Lobb		St. Anne-Clinton	12.22	2.0	1	

Men 100 Meter Dash Junior

West Region: * 10.60 2002 Rhoan STERLING/Galt
 Name Year School Finals Wind Points

Finals

1	Mitchell Smiley		Northern- Sarnia	11.38	0.1
2	Lucas DeNard		C.C.H. - London	11.39	0.1
3	Alex Peters		Madill, F.E.	11.40	0.1
4	Skye Wolfe		Essex	11.57	0.1
5	Jackson McIntosh		Resurrection	11.65	0.1
6	Khaliel James		C.C.H. - Windsor	11.69	0.1
7	David Mohan		Cameron Heights	11.77	0.1
8	Dylan Wymenga		Chatham Christia	12.06	0.1

Men 200 Meter Dash Junior

West Region: * 21.67 1993 Chris ROBINSON / Cambridge-Hespeler
 Name Year School Prelims Wind H#

Preliminaries

1	Alex Peters		Madill, F.E.	22.91Q	4.4	2
2	Lucas DeNard		C.C.H. - London	23.35Q	3.8	1
3	Skye Wolfe		Essex	23.17Q	4.4	2
4	Devon Woods		Herman, W.F.	23.73Q	3.8	1

5	David Mohan	Cameron Heights	23.49Q	4.4	2
6	Danny Garratt	Northern- Sarnia	23.98Q	3.8	1
7	Noah Renaud	St.Thomas	23.87q	4.4	2
8	Nicolas Tugui	Kennedy, Hon.W.C	23.90q	4.4	2
9	Aldon Doyle	St.Mary's-Kitche	24.27	4.4	2
10	Andrew Elia	Regina Mundi	24.27	3.8	1
11	Dylan Burns	C.C.H. - London	24.49	4.4	2
12	Armel Kayeye	Lady of Lourdes	24.75	4.4	2
13	Daniel McArthur	St. Benedict	25.14	3.8	1
--	Mitchell Smiley	Northern- Sarnia	FS	3.8	1 162.7

Men 200 Meter Dash Junior

West Region: * 21.67 1993 Chris ROBINSON / Cambridge-Hespeler

Name	Year	School	Finals	Wind	Points
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Finals

1	Alex Peters	Madill, F.E.	22.49	0.8
2	Lucas DeNard	C.C.H. - London	22.82	0.8
3	Skye Wolfe	Essex	22.99	0.8
4	David Mohan	Cameron Heights	23.35	0.8
5	Devon Woods	Herman, W.F.	23.43	0.8
6	Nicolas Tugui	Kennedy, Hon.W.C	23.57	0.8
7	Danny Garratt	Northern- Sarnia	23.72	0.8
8	Noah Renaud	St.Thomas	23.89	0.8

Men 400 Meter Dash Junior

West Region: * 47.94 1997 Liam CARD / Port Elgin-Saugeen

Name	Year	School	Finals	H#	Points
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1	Carter Day	Sandwich	50.82	2
2	Lyjah Dunn	Riverside	51.10	2
3	Aaron Lebold	Elmira	52.67	2
4	Jonathan Koomans	Chatham Christia	53.07	1
5	Sheldon Budhram	Bluevale	53.61	1
6	Tyler Edginton	Central Huron	53.66	2
7	Danny Garratt	Northern- Sarnia	54.08	2
8	Devon Woods	Herman, W.F.	54.20	1
9	Dylan Caron	St. Clair	54.67	1
10	Mackenzie Ferguson	Banting, Sir F.	55.28	1
11	Ben Etienne	Grand River	55.30	2
12	Brody Simpson	Delhi	55.36	2
13	Chris Langford	Huron Park	56.28	2
14	Conor O'Brien	St.Thomas Aquina	56.76	1
15	Ted Vanhie	South Huron	57.01	1

Men 800 Meter Run Junior

West Region: * 1:50.90 2000 Nathan BRANNEN / Preston HS

Name	Year	School	Finals	Points
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1	Carter Day	Sandwich	1:58.36	
2	Nick Bedi	Waterloo	1:58.87	
3	Lyjah Dunn	Riverside	1:58.91	
4	Sheldon Budhram	Bluevale	2:01.73	2:01.723
5	Riley Alvarez	St. David	2:01.73	2:01.727
6	Aaron Lebold	Elmira	2:03.30	
7	Hendrick Vermeulen	St. Christopher	2:03.39	
8	Matt Cimino	Centennial	2:07.72	
9	Avin Chanderdat	John Paul II	2:08.84	
10	Jed Walker	Central Elgin	2:08.87	
11	Nick Giswein	Kennedy, Hon.W.C	2:09.72	

12	Eminet Bogale	London Central	2:09.85
13	Cameron Howes	London Central	2:09.92
14	Kwesi Asantey	London Central	2:11.54
15	Brandon Dumeah	Brennan, F.J.	2:11.81
16	Quaid Roberts	Sandwich	2:16.77

Men 1500 Meter Run Junior

West Region: * 3:49.3h 1994 Jay CANTIN / Sarnia-St. Clair				
Name	Year	School	Finals	Points
1	Nick Bedi	Waterloo	4:09.99	
2	Riley Alvarez	St. David	4:12.06	
3	Scott Neilson	Riverside	4:13.97	
4	Brandon Thomas	Paris	4:17.05	
5	Connor Black	North Lambton	4:19.33	
6	Hendrick Vermeulen	St. Christopher	4:21.25	
7	Rawle Groothuizen	Lady of Lourdes	4:21.26	
8	Matt Sheeler	Holy Cross	4:25.04	
9	Mark Schmidt	Stratford NW	4:25.65	
10	Skylar Edwards	Vincent Massey	4:25.85	
11	Reid Palmer	Banting, Sir F.	4:25.99	
12	Jacob Wagner	Riverside	4:31.97	
13	Chris Marentette	St.Thomas Aquina	4:32.63	
14	Mitch Wilson	Lambton Central	4:38.97	
15	Craig Klomp	St. Michael	4:50.82	
--	Matthew Napier	Erin	DNF	

Men 3000 Meter Run Junior

West Region: * 8:35.46 2001 Adam HORTIAN / Bluevale				
Name	Year	School	Finals	Points
1	Brandon Thomas	Paris	9:07.11	
2	Connor Black	North Lambton	9:11.50	
3	Matt Sheeler	Holy Cross	9:13.64	
4	Rawle Groothuizen	Lady of Lourdes	9:14.58	
5	Reid Palmer	Banting, Sir F.	9:15.69	
6	Skylar Edwards	Vincent Massey	9:23.74	
7	Mark Schmidt	Stratford NW	9:36.94	
8	Jacob Wagner	Riverside	9:43.03	
9	Grant Desjardins	St. Anne-Windsor	9:44.44	
10	Joe Sheridan	Cameron Heights	9:44.62	
11	Mitch Salter	Essex	9:48.05	
12	Chris Marentette	St.Thomas Aquina	9:48.55	
13	Jack Sheffar	London Central	9:52.75	
14	Jordan Sullivan	Orangeville	9:53.11	
15	Ian Manser	Vincent Massey	10:22.12	
--	Matthew Napier	Erin	DNF	

Men 100 Meter Hurdles Junior

West Region: * 13.42 27/05/2011 Jordan Sherwood, Cameron Heights					
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Nathan Hesman	Sandwich	14.26Q	1.9	2
2	Brett Storr	St. Clair	14.87Q	1.3	1
3	Spencer Roe	Ursuline College	14.99Q	1.3	1
4	Jason Keating	St. James	15.00Q	1.9	2
5	Christian Fryer-Davis	Cameron Heights	15.05Q	1.3	1 15.044
6	Sam Gordon	North Lambton	15.05Q	1.9	2 15.049
7	Kyle Lawrence	General Amherst	15.09q	1.9	2

8	Sinjon Crombleholme	St.Thomas Aquina	15.20q	1.3	1	15.191
9	Elijah Callender	Forest Heights	15.20	1.9	2	15.192
10	Connor Finnigan	Resurrection	15.40	1.3	1	
11	Zach Taylor	St. Christopher	15.45	1.9	2	
12	Abe Fischer	Walkerton	15.57	1.3	1	
13	Kyle Morris	Banting, Sir F.	15.75	1.9	2	
14	Jake Harrison	Central Huron	16.33	1.3	1	
15	Darren Holden	Huron Park	16.95	1.3	1	
--	Joel Lines	North Middlesex	DNF	1.9	2	

Men 100 Meter Hurdles Junior

West Region: * 13.42 27/05/2011 Jordan Sherwood, Cameron Heights
 Name Year School Finals Wind Points

Finals

1	Brett Storr	St. Clair	14.27	2.1	
2	Nathan Hesman	Sandwich	14.35	2.1	
3	Jason Keating	St. James	14.48	2.1	
4	Christian Fryer-Davis	Cameron Heights	14.64	2.1	
5	Spencer Roe	Ursuline College	14.70	2.1	
6	Kyle Lawrence	General Amherst	14.87	2.1	
7	Sam Gordon	North Lambton	15.14	2.1	
8	Sinjon Crombleholme	St.Thomas Aquina	15.80	2.1	

Men 300 Meter Hurdles Junior

West Region: * 38.11 1996 Jeff ELLIS/Orangeville
 Name Year School Finals H# Points

1	Carter Day	Sandwich	38.89	2	
2	Nathan Hesman	Sandwich	40.89	2	
3	Noah Mole	St.Thomas	41.38	2	
4	Christian Fryer-Davis	Cameron Heights	41.58	1	
5	Connor Finnigan	Resurrection	41.74	2	
6	Brett Storr	St. Clair	42.18	2	
7	Sam Gordon	North Lambton	42.50	1	
8	Ben Etienne	Grand River	42.96	2	
9	Mackenzie Ferguson	Banting, Sir F.	43.03	1	
10	Abe Fischer	Walkerton	43.35	1	
11	Matt Cowell	Belle River	43.36	2	
12	Dustin Owen	Parkside	43.93	2	
13	Carson deRuitter	St. Anne-Clinton	44.34	1	
14	Kyle Morris	Banting, Sir F.	44.45	1	
15	Craig Colpaert	Holy Cross	46.35	1	

Men 4x100 Meter Relay Junior

West Region: * 43.15 2002 LONDON-CATHOLIC CENTRAL
 School Finals H# Points

1	Cameron Heights - Kitchener	'A'	45.54	2	
	1) Mitchell Van Eerd				
	2) Alexander Kuttelwascher				
	3) Christian Fryer-Davis				
	4) David Mohan				
	5) Maher Akhtar				
	6) Sanket Joshi				
2	St Thomas of Villanova-Lasalle	'A'	45.90	2	
	1) Joaquim Lourenco				
	2) Noah Mole				
	3) Colin Pretty				
	4) Noah Renaud				
3	Sandwich - Windsor	'A'	45.96	2	
	1) Tristian Lee-Hyman				
	2) Nick O'Neil				
	3) Nathan Hesman				
	4) Luke Demers				
	5) Edwin Cipkar				
	6) Carter Day				
4	Forest Heights - Kitchener	'A'	46.43	1	

1) Marcus Gregory	2) Elijah Callender			
3) David Oniga	4) Tayaw Paljola			
5) Brad Shusheck	6)			
5 Sir Frederick Banting - London 'A'		46.57	2	
1) Kyle Morris	2) Everett Nyof			
3) Kaleb Krosetch	4) Mackenzie Ferguson			
6 Kingsville - Kingsville 'A'		46.99	1	
1) Travis Neufeld	2) Logan Cleary			
3) Hube Kemmere	4) Eric Hedge			
5) Trevor Affleck	6)			
7 Brantford - Brantford 'A'		47.25	2	
1) Tristan Almas	2) Jamaal Jones-Peters			
3) Ethan Ferguson	4) Alex Chan			
5) Josh Davis	6)			
8 Catholic Central - London 'A'		47.53	1	
1) Allen Torrez	2) Jordan DeSousa			
3) Alex Ayala	4) Dylan Burns			
5) Scott Jurjevich	6)			
9 St. Christopher - Sarnia 'A'		47.84	2	
1) Zach Taylor	2) Kevin Willemse			
3) Patrick Lange	4) Curtis Lindsay			
5) Hayden McLean	6)			
10 Holy Cross - Strathroy 'A'		48.60	1	
1) Jarred Ryan	2) Craig Colpaert			
3) James Das	4) Tyler Silva			
5) Matt Sheeler	6)			
11 Central Huron - Clinton 'A'		48.91	1	
1) Cody Kropf	2) Tyler Edginton			
3) Kalen Martene	4) Jake Harrison			
-- Vincent Massey - Windsor 'A'		DNF	2	
1) Justin Fisher	2) Robert Lauzon			
3) Shawn Lloyd	4) Brian Weingust			
5) Hussein Al-Hayawi	6)			
-- Northern - Sarnia 'A'		DNF	1	
1) Mikael Morneault	2) Danny Garratt			
3) Austin Khan	4) Matt Withers			
-- Resurrection - Kitchener 'A'		DQ	1	170.15
1) Connor Finnigan	2) Paul Henning			
3) Jackson McIntosh	4) Tyler Woods			
-- Galt - Cambridge 'A'		DQ	2	145
1) Jothan Salfarlie	2) Jasper Arnoldi			
3) Nathan Balesdent	4) Myles Deslandes			
5) Michael Pepper	6)			
-- Huron Park - Woodstock 'A'		DQ	1	170.14

Men High Jump Junior

=====										
West Region: * 2.01m 1984 Andrew MCLEAN / Arva-Medway										
Name	Year					School	Finals	Points		
=====										
1 Kevin Willemse						St. Christopher	1.93m			
1.65	1.70	1.75	1.80	1.85	1.87	1.89	1.91	1.93	1.95	
O	O	O	O	O	XO	O	O	O	XXX	
2 Derek Toews						U.M.E.I.	1.80m			
1.65	1.70	1.75	1.80	1.85						
O	O	O	O	XXX						
2 Simon Dobransky						London Central	1.80m			
1.65	1.70	1.75	1.80	1.85						
P	O	O	O	XXX						
4 Sam Gordon						North Lambton	J1.80m			
1.65	1.70	1.75	1.80	1.85						
O	O	O	XXO	XXX						
5 Mac Crawford						South Huron	1.75m			

	1.65	1.70	1.75	1.80			
	O	O	O	XXX			
6	Marvin Okoko				Holy Names	J1.75m	
	1.65	1.70	1.75	1.80			
	P	XO	O	XXX			
7	Stephen Taylor				Oakridge	J1.75m	
	1.65	1.70	1.75	1.80			
	O	O	XO	XXX			
7	Matt Swarath				Lambton Central	J1.75m	
	1.65	1.70	1.75	1.80			
	O	O	XO	XXX			
9	Tristin Kozub				Huron Heights	J1.75m	
	1.65	1.70	1.75	1.80			
	XO	XO	XO	XXX			
10	Marcus Gregory				Forest Heights	J1.75m	
	1.65	1.70	1.75	1.80			
	O	O	XXO	XXX			
11	Alex Peters				Madill, F.E.	1.70m	
	1.65	1.70	1.75				
	O	O	XXX				
12	Abe Fischer				Walkerton	J1.70m	
	1.65	1.70	1.75				
	XO	O	XXX				
13	Jonathan Koomans				Chatham Christia	J1.70m	
	1.65	1.70	1.75				
	O	XO	XXX				
14	Cameron Phelan				Ross, John F.	J1.70m	
	1.65	1.70	1.75				
	XO	XXO	XXX				
15	Jeremy Beynen				Woodstock CI	1.65m	
	1.65	1.70					
	O	XXX					
--	Liam Newell				St. David	NH	
	1.65						
	XXX						

Men Pole Vault Junior

West Region: * 4.40m 1991													Mike NOLAN / Lord Dorchester	
Name											Year	School	Finals	Points
1	Jandre Smit											Kingsville	3.60m	
	2.00	2.20	2.40	2.60	2.75	2.90	3.05	3.20	3.35	3.50	3.60	3.70		
	P	P	P	P	O	O	O	XO	O	O	XO	XXX		
2	Devan Primeau											Herman, W.F.	3.50m	
	2.00	2.20	2.40	2.60	2.75	2.90	3.05	3.20	3.35	3.50	3.60			
	P	P	P	P	P	XO	O	O	O	O	XXX			
2	Paul Henning											Resurrection	3.50m	
	2.00	2.20	2.40	2.60	2.75	2.90	3.05	3.20	3.35	3.50	3.60			
	P	P	P	P	P	P	O	XO	O	O	XXX			
4	Alex Colenutt											Cameron Heights	3.20m	
	2.00	2.20	2.40	2.60	2.75	2.90	3.05	3.20	3.35					
	P	P	P	O	O	XO	O	XXO	XXX					
5	Richard Lupas											St. Anne-Windsor	3.05m	
	2.00	2.20	2.40	2.60	2.75	2.90	3.05	3.20						
	P	P	P	O	O	O	O	XXX						
6	Michael Holden											Grand River	2.90m	
	2.00	2.20	2.40	2.60	2.75	2.90	3.05							
	P	P	O	O	O	O	XXX							
7	John Bice											Stratford NW	J2.90m	
	2.00	2.20	2.40	2.60	2.75	2.90	3.05							
	P	P	O	O	XO	O	XXX							
7	Ben Congram											Stratford NW	J2.90m	

	2.00	2.20	2.40	2.60	2.75	2.90	3.05			
	P	O	O	O	XO	O	XXX			
9	Aaron Pigeon						Resurrection	J2.90m		
	2.00	2.20	2.40	2.60	2.75	2.90	3.05			
	P	P	O	O	O	XO	XXX			
9	Cal Redmond						Grand River	J2.90m		
	2.00	2.20	2.40	2.60	2.75	2.90	3.05			
	P	P	O	O	O	XO	XXX			
11	Adam Lomazzo						Sandwich	J2.90m		
	2.00	2.20	2.40	2.60	2.75	2.90	3.05			
	P	O	O	O	O	XXO	XXX			
12	Josh Bickell						Stratford NW	2.60m		
	2.00	2.20	2.40	2.60	2.75					
	P	O	O	O	XXX					
12	Erik Pelland						Sandwich	2.60m		
	2.00	2.20	2.40	2.60	2.75					
	P	O	O	O	XXX					
12	Brad Buckley						Huron Park	2.60m		
	2.00	2.20	2.40	2.60	2.75	2.90	3.05			
	P	P	O	O	P	P	XXX			

Men Long Jump Junior

West Region: * 7.18m 1999 Paul WHITTY / London-Saunders											
Name	Year	School	Finals	Wind	Points						
1	Angelo Bortilon	Holy Names	6.48m	2.1		5.84m(-0.2)	5.93m(1.8)	5.78m(2.1)	FOUL(2.6)	6.37m(2.5)	6.48m(2.1)
2	Khaliel James	C.C.H. - Windsor	6.38m	1.5		FOUL(1.3)	6.30m(1.0)	6.38m(1.5)	6.37m(1.3)	6.33m(0.7)	FOUL(1.7)
3	Jeremy Beynen	Woodstock CI	6.22m	4.0		FOUL(1.0)	6.16m(3.5)	6.08m(1.0)	FOUL(3.2)	6.16m(1.4)	6.22m(4.0)
4	William Luong	Centennial	6.13m	2.6		5.72m(1.1)	FOUL(1.6)	FOUL(3.2)	6.06m(0.3)	6.13m(2.6)	FOUL(0.4)
5	Madalitso McHaina	Southwood	6.11m	2.5		5.75m(2.1)	5.62m(1.7)	5.54m(1.6)	5.69m(1.9)	6.11m(2.5)	5.63m(2.1)
6	Skye Wolfe	Essex	6.09m	1.5		6.07m(2.1)	5.91m(2.2)	FOUL(0.2)	6.09m(1.5)	5.92m(1.8)	FOUL(1.7)
7	Kyle Sinden	Glendale	5.92m	3.7		5.12m(0.2)	5.18m(1.0)	5.75m(2.4)	5.64m(1.8)	5.65m(0.9)	5.92m(3.7)
8	Stephen Taylor	Oakridge	5.81m	1.2		5.74m(2.0)	FOUL(1.4)	5.72m(1.8)	5.81m(1.2)	5.56m(2.2)	5.59m(1.4)
9	Augustine Soga	St. Benedict	5.60m	1.1		4.72m(0.4)	5.60m(1.1)	FOUL			
10	Marvin Okoko	Holy Names	5.59m	1.9		5.39m(1.8)	5.59m(1.9)	5.38m(0.6)			
11	Irving Ding	Bluevale	5.56m	0.7		FOUL	5.56m(0.7)	FOUL			
12	Alexander Kuttelwascher	Cameron Heights	5.38m	2.5		5.38m(2.5)	5.30m(2.5)	5.33m(0.1)			
13	Cody Carde	Stratford NW	5.11m	1.2		5.11m(1.2)	FOUL	4.77m(1.8)			
--	Roland Enache	Chatham-Kent	FOUL			FOUL	FOUL	FOUL			

Men Triple Jump Junior

West Region: * 15.22m 2000 Kenen SHADD / Kitchner-Grand River CI											
Name	Year	School	Finals	Wind	Points						
1	Angelo Bortilon	Holy Names	13.60m	0.3		13.01m(0.3)	13.40m(0.8)	13.60m(0.3)	PASS	11.89m(0.9)	FOUL
2	Madalitso McHaina	Southwood	13.15m	0.7							

	12.83m(2.0)	13.08m(0.6)	13.15m(0.7)	12.80m(1.2)	13.05m(2.4)	FOUL(1.0)
3	Preston Soucie		Kennedy, Hon.W.C		12.66m	1.0
	12.29m(0.3)	12.66m(1.0)	12.40m(1.2)	12.15m(1.2)	12.14m(0.6)	11.99m(1.1)
4	Stephen Taylor		Oakridge		J12.66m	1.0
	12.40m(1.1)	12.66m(1.0)	11.80m(0.4)	12.13m(0.7)	12.00m(0.6)	FOUL(0.6)
5	Fian Folani		Holy Names		12.30m	+0.0
	12.20m(0.6)	12.16m(0.7)	11.78m(0.9)	12.05m(1.0)	12.10m(+0.0)	12.30m(+0.0)
6	Marvin Okoko		Holy Names		12.28m	1.8
	11.98m(1.2)	11.87m(1.7)	12.28m(1.8)	FOUL(2.5)	11.11m(0.3)	11.22m(1.3)
7	Ryan Bushfield		Stratford Centra		12.17m	1.5
	12.17m(1.5)	11.86m(0.9)	FOUL(0.4)	11.31m(1.1)	11.71m(1.6)	11.69m(1.5)
8	Ifabiyi Adaran		Huron Heights		12.16m	1.3
	12.16m(1.3)	11.81m(2.2)	11.24m(NWI)	FOUL(1.4)	11.31m(0.2)	FOUL(0.5)
9	Ryan Foster		Stratford Centra		J12.16m	1.1
	11.68m(1.9)	11.59m(1.8)	12.16m(1.1)			
10	Jonathan Koomans		Chatham Christia		12.06m	0.1
	11.80m(0.2)	FOUL	12.06m(0.1)			
11	Matt Swarath		Lambton Central		11.91m	1.8
	11.91m(1.8)	11.64m(0.9)	11.23m(1.6)			
12	Augustine Soga		St. Benedict		11.86m	0.9
	11.86m(0.9)	FOUL(0.7)	11.83m(0.2)			
13	Tristan Almas		Brantford		11.69m	0.3
	11.33m(1.5)	11.69m(0.3)	11.42m(0.8)			
14	DJ Johnson		Johnson, P.		11.55m	1.4
	11.35m(0.5)	11.43m(1.1)	11.55m(1.4)			
15	Troy Lamoure		Glendale		11.52m	0.5
	11.43m(0.5)	11.28m(1.0)	11.52m(0.5)			
16	Blake Freeman		St.Joe-St.Thomas		11.48m	0.6
	11.35m(0.5)	11.48m(0.6)	10.76m(0.8)			

Men Shot Put Junior

=====						
West Region:	* 17.41m	2009	Jordan YOUNG, St.Joseph St.Thomas			
Name	Year		School	Finals	Points	
=====						
1	Andrew Martin		Strathroy D C I	16.36m		
	15.82m	16.05m	16.29m	16.36m	16.31m	15.69m
2	Keith Carscadden		Belle River	15.65m		
	FOUL	14.57m	14.13m	15.21m	FOUL	15.65m
3	Mackenzie Josie		Central Huron	15.22m		
	14.68m	14.17m	15.22m	14.32m	14.62m	13.80m
4	Logan Webster		Kingsville	15.21m		
	13.74m	14.45m	14.58m	14.08m	14.57m	15.21m
5	Lucas Lamondin		St. Michael	15.20m		
	14.43m	14.87m	14.44m	14.94m	14.65m	15.20m
6	Sam Ellenor		St. Christopher	14.86m		
	14.86m	13.93m	14.61m	14.75m	14.42m	14.75m
7	Norvell McGlaun		Herman, W.F.	14.20m		
	13.68m	13.98m	13.15m	13.09m	14.20m	13.53m
8	Justin Kunder		Stratford NW	14.15m		
	13.88m	13.79m	FOUL	13.89m	13.91m	14.15m
9	Liam Graham		Mother Teresa	13.92m		
	13.92m	13.61m	FOUL			
10	Matthew Ross		Cameron Heights	13.67m		
	12.71m	13.67m	13.64m			
11	Adam Lomazzo		Sandwich	13.20m		
	12.38m	13.20m	FOUL			
12	Jake McGill		Macdonald, J.A.	13.10m		
	FOUL	13.10m	13.08m			
13	Justin Brandon		Valley Heights	13.06m		
	12.28m	13.06m	13.02m			
14	Stephen Pillar		Saugeen District	13.05m		
	FOUL	13.05m	12.72m			

15 Marco Parete	St. Clair	13.03m
13.03m 12.60m 13.01m		
16 Cullen Fawcett	Brantford	12.95m
12.11m FOUL 12.95m		

Men Discus Throw Junior

West Region: * 61.26m 2009							Jordan YOUNG, St. Joseph St. Thomas	
Name	Year	School	Finals	Points				
1 Kevin Mackey		Banting, Sir F.	53.64m					
52.45m 50.10m FOUL	53.02m	46.83m 53.64m						
2 Andrew Martin		Strathroy D C I	48.24m					
40.02m 44.63m 42.55m	46.08m	FOUL 48.24m						
3 Stephen Pillar		Saugeen District	45.48m					
42.55m 40.13m FOUL	45.48m	44.84m FOUL						
4 Liam Graham		Mother Teresa	44.87m					
41.71m 42.32m 41.96m	43.58m	44.87m 43.93m						
5 Derek Elliott		Mitchell	43.38m					
FOUL 41.44m 43.38m	FOUL	36.20m 37.64m						
6 Nolan Malenfant		Essex	43.30m					
41.98m 43.30m FOUL	FOUL	39.50m FOUL						
7 Bailey Collins		Beal, H.B.	42.90m					
36.08m 42.90m 41.78m	FOUL	FOUL 40.13m						
8 Jack Van Damme		Bluevale	42.34m					
FOUL 42.34m FOUL	FOUL	FOUL FOUL						
9 Marco Parete		St. Clair	40.12m					
34.29m 39.83m 40.12m								
10 Josh Pederson		Erin	39.50m					
37.65m 39.46m 39.50m								
11 Danny Garratt		Northern- Sarnia	38.73m					
36.90m 38.73m 36.95m								
12 Cal Stevenson		Belle River	37.08m					
37.08m 35.03m FOUL								
13 Ethan Ferguson		Brantford	36.05m					
32.60m 36.05m FOUL								
14 Sam Ellenor		St. Christopher	34.86m					
FOUL 21.47m 34.86m								
15 Logan Webster		Kingsville	32.78m					
FOUL FOUL 32.78m								

Men Javelin Throw Junior

West Region: * 61.10m 2009							Tyler WITHERS, Northern	
Name	Year	School	Finals	Points				
1 Alex Keys		Brennan, F.J.	53.70m					
48.77m 53.70m 47.17m	PASS	50.61m FOUL						
2 Spencer Swan		Montcalm	51.96m					
45.43m 47.67m 51.96m	43.33m	49.51m FOUL						
3 Matt Withers		Northern- Sarnia	51.80m					
40.88m 47.06m 43.13m	44.09m	48.83m 51.80m						
4 Spencer Trinier		Herman, W.F.	50.96m					
45.85m 50.21m 49.90m	50.96m	49.14m 49.94m						
5 James Pavey		St. Patrick's	49.99m					
49.99m 47.00m 47.47m	48.30m	47.14m FOUL						
6 Josh Caley		Saugeen District	47.75m					
47.75m 42.59m 43.81m	46.40m	47.73m 47.17m						
7 Hayden McLean		St. Christopher	47.51m					
47.51m FOUL FOUL	FOUL	43.87m 44.68m						
8 Rik Van Espen		Sandwich	47.07m					
47.07m 43.81m FOUL	FOUL	40.57m 39.30m						
9 Ben Smith		Medway	46.03m					

	46.03m	44.65m	44.01m		
10	Colton McLeod			Holy Trinity	45.83m
	42.82m	FOUL	45.83m		
11	Anthony Vader			Madill, F.E.	44.68m
	39.80m	FOUL	44.68m		
12	Bailey Collins			Beal, H.B.	44.24m
	44.24m	43.77m	FOUL		
13	Jason Keating			St. James	43.15m
	43.15m	FOUL	36.26m		
14	Matt Teschke			Saugeen District	42.96m
	42.96m	42.06m	38.31m		
15	Noah VanVeen			Kincardine	42.15m
	40.70m	42.15m	FOUL		
16	Garrett James			Stratford NW	41.99m
	40.48m	39.05m	41.99m		

Men 100 Meter Dash Senior

=====						
West Region:	* 10.57	1994	Dave TOMLIN / Kitchener-St. Mary's			
Name	Year	School	Prelims	Wind	H#	
=====						
Preliminaries						
1	Devon Rittinger	Forest Heights	* 10.56Q	0.9	2	
2	Drelan Bramwell	Northern- Sarnia	10.71Q	1.4	1	
3	Emeka Agada	Elmira	11.03Q	0.9	2	
4	Rob Baylis	St.Thomas	11.12Q	1.4	1	
5	Saeb Omer	Westminster	11.14Q	0.9	2	
6	Morgan Walls	North Park	11.20Q	1.4	1	
7	Mitch O'Donnell	Forest Heights	11.19q	0.9	2	
8	Scott Potenza	Holy Cross	11.35q	1.4	1	
9	Anthony Ubah	Holy Names	11.37	1.4	1	
10	Nick Parisotto	Lady of Lourdes	11.41	0.9	2	
11	Ryan Chevalier	C.C.H. - London	11.42	1.4	1	
12	Ricardo Rabanes	St.Thomas	11.47	0.9	2	
13	Tyler Bellaire	Essex	11.47	1.4	1	
14	Conner Hodgins-Depont	St.Joe-St.Thomas	11.51	0.9	2	
15	Mitchell Nelson	Sandwich	11.58	1.4	1	

Men 100 Meter Dash Senior

=====						
West Region:	* 10.57	1994	Dave TOMLIN / Kitchener-St. Mary's			
Name	Year	School	Finals	Wind	Points	
=====						
Finals						
1	Drelan Bramwell	Northern- Sarnia	10.68	-1.0		
2	Devon Rittinger	Forest Heights	10.72	-1.0		
3	Emeka Agada	Elmira	11.13	-1.0		
4	Rob Baylis	St.Thomas	11.17	-1.0		
5	Morgan Walls	North Park	11.27	-1.0	11.264	
6	Saeb Omer	Westminster	11.27	-1.0	11.269	
7	Mitch O'Donnell	Forest Heights	11.29	-1.0		
8	Scott Potenza	Holy Cross	11.51	-1.0		

Men 200 Meter Dash Senior

=====						
West Region:	* 21.30	1995	Dave TOMLIN / Kitchener-St. Mary's			
Name	Year	School	Prelims	Wind	H#	
=====						
Preliminaries						
1	Devon Rittinger	Forest Heights	21.42Q	2.4	1	
2	Drelan Bramwell	Northern- Sarnia	21.81Q	3.0	2	
3	Rob Baylis	St.Thomas	22.15Q	3.0	2	
4	Jermaine Stephenson	St. James	22.29Q	2.4	1	

5	Nick Vanin	C.C.H. - London	22.30Q	3.0	2	
6	Mike Giorgi	Lambton Central	22.32Q	2.4	1	22.315
7	Morgan Walls	North Park	22.32q	3.0	2	22.314
8	Joel Webster	Southwood	22.51q	3.0	2	
9	Emeka Agada	Elmira	22.57	2.4	1	
10	Chase Konecny	West Elgin	22.70	2.4	1	
11	Anthony Ubah	Holy Names	22.89	3.0	2	
12	Jamie Geisler	St.Joe-St.Thomas	22.95	3.0	2	
13	Curtis D'Hollander	C.C.H. - London	23.12	2.4	1	
14	Mitchell Nelson	Sandwich	23.17	3.0	2	
15	Luke Dailleboust	Madill, F.E.	23.24	2.4	1	
16	Robert Herzog	Holy Names	23.25	2.4	1	

Men 200 Meter Dash Senior

West Region: * 21.30 1995 Dave TOMLIN / Kitchener-St. Mary's						
Name	Year	School	Finals	Wind	Points	
Finals						
1	Drelan Bramwell	Northern- Sarnia	21.40	1.5		
2	Rob Baylis	St.Thomas	22.30	1.5		
3	Jermaine Stephenson	St. James	22.38	1.5		
4	Mike Giorgi	Lambton Central	22.40	1.5		
5	Joel Webster	Southwood	22.49	1.5		
6	Nick Vanin	C.C.H. - London	22.65	1.5		
7	Morgan Walls	North Park	24.71	1.5		

Men 400 Meter Dash Senior

West Region: * 47.59 1999 Liam CARD / Port Elgin-Saugeen						
Name	Year	School	Finals	H#	Points	
1	Brandon McBride	Herman, W.F.	46.54*	2		
2	Drelan Bramwell	Northern- Sarnia	48.78	2		
3	Jermaine Stephenson	St. James	49.42	2		
4	Scott Buttinger	Resurrection	49.48	2		
5	Khalil Parris	Sandwich	50.03	2	50.022	
6	Joel Webster	Southwood	50.03	2	50.023	
7	Broderick Webster	Northern- Sarnia	50.50	1		
8	Tommy Land	Holy Trinity	50.72	1		
9	Nick Vanin	C.C.H. - London	51.08	2		
10	Ryan Chevalier	C.C.H. - London	51.56	1		
11	Dylan Papak	Herman, W.F.	51.60	1		
12	Sam Martinello	St.Mary's-Kitche	51.76	1		
13	Chase Konecny	West Elgin	52.05	2		
14	Mark Emode	Kennedy, Hon.W.C	52.63	1		
15	Curtis D'Hollander	C.C.H. - London	52.82	1		
16	Craig Maltby	East Elgin	55.27	1		

Men 800 Meter Run Senior

West Region: * 1:48.69 2001 Natthan BRANNEN / Preston						
Name	Year	School	Finals	Points		
1	Brandon McBride	Herman, W.F.	1:47.56*			
2	Scott Buttinger	Resurrection	1:52.12			
3	Corey Bellemore	Riverside	1:52.38			
4	Shawn Master	Northern- Sarnia	1:54.00			
5	Jerry Colaluca	C.C.H. - Windsor	1:55.81			
6	Riley Malcolm	North Park	1:55.88			
7	Cory Simard	Kennedy, Hon.W.C	1:57.31			
8	Matt Bannon	Elmira	1:57.85			
9	Jordan Kadlecik	St. Anne-Clinton	1:58.17			

10 Tommy Land	Holy Trinity	1:58.29
11 Jake Clement	Brennan, F.J.	1:58.57
12 Liam Wilson	Banting, Sir F.	1:59.88
13 Liam Stiles	Ross, John F.	2:00.30
14 Luke Rachar	London South	2:01.27
15 Chris Taylor	St.Joe-St.Thomas	2:05.53

Men 1500 Meter Run Senior

West Region: * 3:45.06 1993 Kevin SULLIVAN / Brantford-North Park				
Name	Year	School	Finals	Points
1 Corey Bellemore		Riverside	3:55.18	
2 Shawn Master		Northern- Sarnia	3:55.62	
3 Logan Chappell		Saugeen District	3:56.46	
4 Ben Flanagan		St.Mary's-Kitche	3:58.37	
5 Sam Baxter		St.Mary's-Kitche	4:01.34	
6 Matt Bannon		Elmira	4:02.16	
7 Taylor McArthur		Ursuline College	4:04.74	
8 Chris Taylor		St.Joe-St.Thomas	4:07.88	
9 Alexander Rocheleau		Vincent Massey	4:08.50	
10 Jerry Colaluca		C.C.H. - Windsor	4:08.95	
11 Liam Wilson		Banting, Sir F.	4:12.24	
12 Patrick Deane		Lord Dorchester	4:12.26	
13 Jordan Kadlecik		St. Anne-Clinton	4:14.12	
14 Brandon Miner		Holy Names	4:15.07	
15 Luke Rachar		London South	4:18.26	
16 Tyler van Leeuwen		St. John College	4:24.36	

Men 3000 Meter Run Senior

West Region: * 8:21.8h 1995 Matt KERR / Fergus - Centre Wellington				
Name	Year	School	Finals	Points
1 Ben Flanagan		St.Mary's-Kitche	8:31.22	
2 Ryan Sleiman		Kingsville	8:33.70	
3 Sam Baxter		St.Mary's-Kitche	8:39.86	
4 Daniel Piticariu		Vincent Massey	8:41.92	
5 Brandon Allen		General Amherst	8:46.48	
6 Taylor McArthur		Ursuline College	8:54.67	
7 Logan Chappell		Saugeen District	8:57.12	
8 Tristan Fleming		London Central	8:57.56	
9 Alexander Rocheleau		Vincent Massey	9:00.22	
10 Matt Hall		St. Christopher	9:00.39	
11 Peter Quosai		Centennial	9:04.61	
12 Jeremy Hick		Strathroy D C I	9:04.64	
13 Paul Rochus		East Elgin	9:08.79	
14 Shane Roberts		Oakridge	9:16.49	
15 Seth Marcaccio		C.C.H. - London	9:20.99	
16 Tyler van Leeuwen		St. John College	9:26.15	

Men 110 Meter Hurdles Senior

West Region: * 13.46 28/05/2010 Greg MacNeill, Mother Teresa					
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Jordan Sherwood		Cameron Heights	14.09Q	3.5	1
2 Jon Ravenhorst		Northern- Sarnia	14.87Q	2.8	2
3 Christopher Green		Cameron Heights	14.61Q	3.5	1
4 Aaron Stemmler		St. David	14.97Q	2.8	2
5 Mitch Long		Harrow	14.73Q	3.5	1
6 Michael Paisley		Lambton Central	15.18Q	2.8	2

7	Luke Dailleboust	Madill, F.E.	14.90q	3.5	1
8	Jordan Huzevka	Northern- Sarnia	15.29q	2.8	2
9	Mike Giorgi	Lambton Central	15.32	3.5	1
10	Shawn Beaudoin	Sandwich	15.33	2.8	2
11	Shawn Wu	Ross, John F.	15.40	2.8	2
12	Matt Gruninger	Banting, Sir F.	15.81	3.5	1
13	Cameron Geddes	C.C.H. - London	16.13	3.5	1
14	Steven Buckley	Huron Park	16.84	2.8	2
15	Zach Zwinkles	Holy Cross	17.00	3.5	1

Men 110 Meter Hurdles Senior

West Region: * 13.46 28/05/2010 Greg MacNeill, Mother Teresa
 Name Year School Finals Wind Points

Finals

1	Jordan Sherwood	Cameron Heights	14.33	0.4
2	Christopher Green	Cameron Heights	14.37	0.4
3	Luke Dailleboust	Madill, F.E.	14.70	0.4
4	Mitch Long	Harrow	15.00	0.4
5	Jon Ravenhorst	Northern- Sarnia	15.16	0.4
6	Jordan Huzevka	Northern- Sarnia	15.20	0.4
7	Aaron Stemmler	St. David	15.27	0.4
8	Michael Paisley	Lambton Central	15.29	0.4

Men 400 Meter Hurdles Senior

West Region: * 52.37 1997 Jeff ELLIS / Orangeville
 Name Year School Finals H# Points

1	Christopher Green	Cameron Heights	55.11	1
2	Khalil Parris	Sandwich	55.75	2
3	Charlie Sutton	Ross, John F.	56.10	2
4	Shawn Beaudoin	Sandwich	56.28	2
5	Jeff Mah	Ross, John F.	57.02	2
6	Chase Konecny	West Elgin	57.37	2
7	Micah Hesman	Sandwich	57.47	2
8	Mark Emode	Kennedy, Hon.W.C	57.89	1
9	Michael Gray	Lambton Central	58.42	2
10	Sam Martinello	St.Mary's-Kitche	58.62	1
11	Corey Squires	Parkside	59.15	1
12	Wilson Kaboutangana	Banting, Sir F.	1:00.12	1
13	Jordan Sherwood	Cameron Heights	1:00.41	2
14	Leendert Van Dorp	St. Anne-Clinton	1:00.49	1
15	Lorcan Balfe	Regina Mundi	1:00.69	1
16	Mitch Long	Harrow	1:02.68	1

Men 4x100 Meter Relay Senior

West Region: * 42.21 2011 Northern CIVS
 School Finals H# Points

1	W. F. Herman - Windsor 'A'		42.60	2
	1) Jaydon Gauthier	2) Brandon McBride		
	3) Curtis Holmes	4) Dylan Papak		
	5) Mike Ascott	6) Cody Brown		
2	F. E. Madill - Wingham 'A'		42.83	2
	1) Brayden Pellett	2) Alex Peters		
	3) Luke Dailleboust	4) Michael Ballagh		
	5) Jesse Fortier	6) Mitch Kuik		
3	Northern - Sarnia 'A'		43.08	2
	1) Mitchell Smiley	2) Nick Zottl		
	3) Drelan Bramwell	4) Broderick Webster		

5) Tyler Annett	6) Danny Garratt		
4 Catholic Central - London 'A'		43.20	2
1) Lucas DeNard	2) Myles Rombough		
3) Ryan Chevalier	4) Nick Vanin		
5) Curtis D'Hollander	6) Avery Lawrence		
5 Sandwich - Windsor 'A'		43.21	2
1) Khalil Parris	2) Shawn Beaudoin		
3) Micah Hesman	4) Mitchell Nelson		
5) Collin Clarke	6)		
6 Westminster - London 'A'		43.71	2
1) Toufic Hammoud	2) Sami Krasniqi		
3) Isaiah Mels	4) Saeb Omer		
5) Isaiah Nganga	6)		
7 Holy Names - Windsor 'A'		44.09	2
1) Anthony Ubah	2) Robert Herzog		
3) Jake Francis-Taylor	4) Ian Montero		
5) Adie Ireymi	6) James Krasinkiewicz		
8 Our Lady of Lourdes - Guelph 'B'		44.52	2
1) Nick Parisotto	2) Shayne Finoro		
3) Braedon Gorgi	4) Evan McLaughlan		
5) Noel Amaya	6)		
9 Essex - Essex 'A'		44.75	1
1) Skye Wolfe	2) Tyler Bellaire		
3) Josh Dame	4) Mitchell Taveirne		
5) Jacob Taveirne	6) Dayne Garant		
10 Sir John A Macdonald SS 'A'		44.84	1
1) Matt Bell	2) Michael Piaseczney		
3) Braden Cok	4) Dennis Hong		
5) Theshawn Barry	6)		
11 Holy Cross - Strathroy 'A'		44.94	1
1) Scott Potenza	2) Mike Berkers		
3) Justin VandenDriessche	4) Mike Slegers		
5) Chris Posliff	6) Theron Hankinson		
12 Lambton Central - Petrolia 'A'		45.10	1
1) Mike Giorgi	2) Michael Gray		
3) Steven Helps	4) Scott Campbell		
5) George Unsworth	6)		
13 Assumption College - Brantford 'A'		45.12	1
1) Brayden Dickenson	2) Justin Robinson		
3) Eric Carey	4) Anthony Powless		
5) Aaron Zuwala	6)		
14 Strathroy - Strathroy 'A'		45.19	1
15 St. Mary's - Kitchener 'A'		45.44	1
1) Nathan Hann	2) Sam Martinello		
3) Russel Ferdinand	4) Rushane Lewis		
5) Dylan Medford	6)		
16 Guelph - Guelph 'A'		45.93	1
1) Aaron Loder	2) Thomas Snelgrove		
3) Jordan Beatty	4) Chris Hood		

Men High Jump Senior

West Region: * 2.19m 28/05/2010 Branden Wilhelm, Woodstock						
Name	Year	School	Finals	Points		
1 Shawn Beaudoin		Sandwich	1.93m			
1.73	1.78	1.83	1.88	1.93	1.96	
P	P	O	XXO	O	XXX	
2 Mark Boles		C.C.H. - London	1.88m			
1.73	1.78	1.83	1.88	1.93		
O	XO	O	O	XXX		
3 Quinton Eaton		Listowel	J1.88m			
1.73	1.78	1.83	1.88	1.93		

	P	P	O	O	O	O	XXO	XX		
9	Jay Meyer						St. Anne-Windsor		3.50m	
	2.70	2.90	3.05	3.20	3.35	3.50	3.65			
	P	P	O	O	O	O	XXX			
10	Corey Abbruzzese						Kingsville		J3.50m	
	2.70	2.90	3.05	3.20	3.35	3.50	3.65			
	P	P	P	O	O	XXO	XXX			
11	Ryan McAiney						St. Anne-Windsor		3.35m	
	2.70	2.90	3.05	3.20	3.35	3.50				
	P	P	XXO	XO	XXO	XXX				
12	Brian Mundt						Macdonald, J.A.		3.20m	
	2.70	2.90	3.05	3.20	3.35					
	O	O	XXO	O	XXX					
13	Mike Lavdas						Banting, Sir F.		2.90m	
	2.70	2.90	3.05							
	O	O	XXX							
14	Colin Nancekivell						Lord Dorchester		J2.90m	
	2.70	2.90	3.05							
	O	XXO	XXX							

Men Long Jump Senior

West Region: * 7.50m 29/05/2010 Taylor Stewart, Regina Mundi											
Name	Year	School	Finals	Wind	Points						
1 Riley Bell		Central Elgin	7.02m	2.1		6.75m(2.0)	6.78m(2.3)	6.88m(1.6)	6.90m(3.4)	6.93m(-0.2)	7.02m(2.1)
2 Mitch O'Donnell		Forest Heights	6.90m	1.2		6.90m(1.2)	FOUL	FOUL	PASS	FOUL	FOUL
3 Brandon Leitert		Erin	6.83m	-1.4		4.66m(2.7)	6.64m(1.9)	6.63m(2.0)	6.83m(-1.4)	FOUL(5.6)	6.44m(3.4)
4 Conner Hodgins-Depont		St.Joe-St.Thomas	6.82m	1.1		6.43m(0.6)	6.55m(1.9)	6.62m(1.8)	6.58m(2.6)	6.76m(0.9)	6.82m(1.1)
5 Mike Ascott		Herman, W.F.	6.65m	2.0		6.65m(2.0)	6.26m(1.1)	FOUL(2.6)	6.28m(3.9)	6.57m(0.4)	FOUL(1.0)
6 Brayden Pellett		Madill, F.E.	6.58m	2.0		FOUL(1.5)	FOUL(2.9)	6.30m(-0.4)	6.58m(2.0)	FOUL(1.0)	6.29m(4.7)
7 Eric Webber		Holy Trinity	6.54m	1.1		6.29m(0.1)	6.27m(1.4)	6.35m(1.2)	6.22m(1.0)	6.39m(2.0)	6.54m(1.1)
8 Riley Flanagan		St.Mary's-Kitche	6.45m	2.8		6.45m(2.8)	6.02m(2.3)	5.92m(1.9)	6.24m(+0.0)	6.36m(0.9)	6.36m(3.1)
9 Destin Gardner		Vincent Massey	6.24m	1.9		6.17m(4.1)	6.19m(1.9)	6.24m(1.9)			
10 Tyrell Davis		C.C.H. - Windsor	6.17m	2.1		6.17m(2.1)	5.83m(0.5)	5.44m(1.8)			
11 Jaydon Gauthier		Herman, W.F.	6.14m	1.1		6.10m(3.9)	5.98m(2.4)	6.14m(1.1)			
12 Braden Cok		Macdonald, J.A.	6.13m	2.0		5.72m(1.7)	6.13m(2.0)	5.91m(2.1)			
13 Cormac Brown		St. Patrick's	5.98m	1.5		5.98m(1.5)	FOUL	FOUL			
14 Ben Kelly		Sarnia	5.96m	0.8		5.57m(2.5)	5.96m(0.8)	5.94m(0.3)			
15 Mark Edmonds		Glendale	5.90m	0.5		5.74m(2.5)	5.90m(0.5)	5.89m(0.3)			
-- Isaiah Nganga		Westminster	FOUL			FOUL	FOUL	FOUL			

Men Triple Jump Senior

West Region: * 15.73m 2002 Kenen SHADD/Kitchener Grand River									
Name	Year	School	Finals	Wind	Points				

1	Riley Bell	Central Elgin	14.06m	0.7
	FOUL	13.70m(0.9) 13.99m(2.3) 13.92m(0.4)	FOUL	14.06m(0.7)
2	Braden Cok	Macdonald, J.A.	14.03m	0.4
		13.54m(+0.0) 13.31m(0.9) 14.03m(0.4) 13.56m(1.5) 13.67m(2.4) 13.64m(0.4)		
3	Mike Ascott	Herman, W.F.	13.91m	2.2
		13.24m(3.0) 13.74m(2.3) 13.09m(1.4) 13.44m(1.7) 13.91m(2.2) 13.73m(0.8)		
4	Malcolm Thompson	Holy Names	13.56m	1.9
		12.86m(1.2) FOUL(3.3) 13.01m(1.5) 12.77m(+0.0) 13.56m(1.9) FOUL(2.2)		
5	Jaydon Gauthier	Herman, W.F.	13.29m	0.8
		12.38m(0.7) 12.71m(0.1) 13.29m(0.8) 13.21m(1.8) 13.08m(0.4) 13.16m(1.3)		
6	Scott Goad	Mother Teresa	13.26m	0.5
	FOUL	13.26m(0.5) FOUL	FOUL	FOUL
7	Austin Kreller	Bluevale	13.24m	1.7
		12.75m(0.9) FOUL(1.5) 13.11m(0.6) 13.01m(1.1) 13.24m(1.7) FOUL(-1.0)		
8	Mitchell Taveirne	Essex	13.01m	3.1
		12.81m(1.2) 12.21m(0.7) FOUL(1.6) 12.16m(1.9) 12.83m(4.5) 13.01m(3.1)		
9	Brandon Leitert	Erin	12.75m	0.1
		12.75m(0.1) FOUL(1.0) 12.40m(3.0)		
10	Mark Edmonds	Glendale	12.39m	1.5
		12.28m(0.6) 12.39m(1.5) FOUL(2.0)		
11	Colin Black	Sacred Heart	12.35m	1.5
	FOUL	12.35m(1.5) FOUL		
12	Isaiah Nganga	Westminster	12.31m	0.5
		12.31m(0.5) 12.05m(2.5) 11.92m(0.8)		
13	Dante Current	Holy Names	12.29m	1.6
		11.72m(1.6) 12.29m(1.6) 11.99m(2.2)		
14	Collin Clarke	Sandwich	12.24m	1.3
		11.93m(1.1) 12.24m(1.3) 12.11m(0.5)		
15	Aidan Simone	London Central	12.15m	1.9
		11.72m(0.3) 12.15m(1.9) 11.81m(2.3)		
16	Marco Zanette	Centre Dufferin	11.93m	1.5
	FOUL	11.93m(1.5) FOUL		

Men Shot Put Senior

West Region: * 20.78m 1995							Brad SNYDER / Windsor - St. Joseph's	
Name	Year	School	Finals	Points				
1 Brett Boersma		Northern- Sarnia	16.96m					
		16.15m 16.40m FOUL 16.96m 16.37m FOUL						
2 Kevin Bowman		Saugeen District	16.71m					
		16.66m 16.71m FOUL FOUL 16.64m FOUL						
3 Josh Dame		Essex	15.92m					
		13.85m FOUL 14.25m 14.88m 15.92m 15.81m						
4 Austin Baggio		Lady of Lourdes	14.99m					
		13.65m 14.17m 14.86m FOUL 14.99m 14.28m						
5 Dan Medel		Riverside	14.50m					
		13.75m 13.15m 13.09m 13.27m 13.70m 14.50m						
6 Michael Paisley		Lambton Central	14.42m					
		12.63m 14.42m 13.84m 14.20m 14.40m FOUL						
7 Joe Parsons		Ingersoll	13.32m					
		12.08m 13.32m 11.98m 11.98m 11.92m 12.49m						
8 Corey Wortley		Vincent Massey	13.27m					
		13.27m 12.44m 12.88m 12.53m 12.55m 13.00m						
9 Andrew Cullen		Medway	12.72m					
		FOUL 12.08m 12.72m						
10 Mitch Kuik		Madill, F.E.	12.66m					
		12.66m 12.38m FOUL						
11 Curtis Cherewka		Delhi	12.03m					
		10.81m 12.03m 11.64m						
12 Amari Ellsworth		Essex	11.39m					
		11.20m 10.98m 11.39m						
-- Charles Nguyen		St. Joe-St. Thomas	FOUL					

FOUL FOUL FOUL

Men Discus Throw Senior

West Region: * 64.94m 1995 Jason TUNKS / London-Banting						
Name	Year		School	Finals	Points	
1 Kevin Bowman			Saugeen District	53.64m		
	45.25m	49.76m	52.74m	51.82m	50.55m	53.64m
2 Andrew Cullen			Medway	51.78m		
	36.46m	39.85m	50.03m	43.39m	FOUL	51.78m
3 Charles Nguyen			St.Joe-St.Thomas	47.96m		
	46.89m	FOUL	45.64m	FOUL	42.52m	47.96m
4 Josh Dame			Essex	47.62m		
	47.62m	46.07m	FOUL	FOUL	FOUL	46.08m
5 Nick Zottl			Northern- Sarnia	47.46m		
	FOUL	45.91m	47.46m	44.94m	FOUL	35.21m
6 Dan Medel			Riverside	46.49m		
	42.17m	38.91m	45.21m	37.16m	44.15m	46.49m
7 James Burns			Bluevale	43.75m		
	43.68m	43.02m	FOUL	FOUL	43.75m	FOUL
8 Andrew Vermette			C.C.H. - Windsor	42.73m		
	FOUL	42.73m	FOUL	41.75m	FOUL	40.42m
9 Mitch Kuik			Madill, F.E.	41.72m		
	34.35m	41.72m	FOUL			
10 Josh Vandeven			Strathroy D C I	40.71m		
	FOUL	40.71m	FOUL			
11 Carter Noll			Lambton Central	39.74m		
	FOUL	39.74m	FOUL			
12 Eric Danecke			Grand River	38.56m		
	36.13m	38.56m	33.47m			
13 Ryan Smith			Vincent Massey	35.83m		
	FOUL	35.70m	35.83m			
14 Eric Yelle			Brantford	34.54m		
	31.94m	31.63m	34.54m			
15 Thomas Godwin			Saugeen District	33.81m		
	33.81m	31.92m	FOUL			
-- Lance Freer			Strathroy D C I	FOUL		
	FOUL	FOUL	FOUL			

Men Javelin Throw Senior

West Region: * 70.20m 2001 Trevor SNYDER / Windsor-St.Joseph's						
Name	Year		School	Finals	Points	
1 Aaron Hackney			Sandwich	55.85m		
	50.58m	48.96m	51.26m	53.31m	55.85m	55.02m
2 Josh Shepley			Belle River	55.78m		
	44.83m	50.39m	FOUL	55.78m	51.65m	49.17m
3 Michael Paisley			Lambton Central	55.50m		
	45.83m	52.66m	53.49m	55.39m	FOUL	55.50m
4 Eric Danecke			Grand River	54.82m		
	FOUL	42.90m	52.40m	53.40m	54.82m	47.96m
5 Isaiah Mels			Westminster	52.57m		
	49.49m	FOUL	48.44m	52.57m	50.96m	49.87m
6 Nolan Anderson			Mother Teresa	52.42m		
	43.99m	48.71m	46.96m	47.28m	52.42m	51.11m
7 Thomas Godwin			Saugeen District	52.34m		
	50.63m	48.75m	48.86m	FOUL	48.35m	52.34m
8 Sam Jasmin			Northern- Sarnia	48.45m		
	47.56m	48.45m	48.35m	47.86m	FOUL	44.05m
9 Mitch Kuik			Madill, F.E.	45.42m		
	45.42m	FOUL	FOUL			

10	Isaiah Kelly	London Central	43.84m
	42.76m 43.84m FOUL		
11	Hussein Bazzi	Vincent Massey	43.81m
	42.59m 40.89m 43.81m		
12	Mac MacSorley	St. Michael	43.58m
	41.20m 42.87m 43.58m		
13	Kyle Kinsey	Erin	43.34m
	40.41m 42.56m 43.34m		
14	Waylon Hodgson	Bruce Peninsula	42.81m
	38.09m FOUL 42.81m		
15	Braden Litt	St. Clair	40.60m
	39.21m 40.60m FOUL		

Men 2000 Meter Steeplechase Open

West Region: * 5:56.7h 1984 Nick CIPP/Waterloo-Bluevale				
Name	Year	School	Finals	Points
1	Daniel Piticariu	Vincent Massey	5:54.94*	
2	Daniel Debus	Bluevale	6:04.02	
3	Brandon Allen	General Amherst	6:06.67	
4	Jeremy Hick	Strathroy D C I	6:07.04	
5	Taylor McArthur	Ursuline College	6:09.15	
6	Matt Hall	St. Christopher	6:18.50	
7	Tyler van Leeuwen	St. John College	6:25.89	
8	Jack Porter	Riverside	6:25.93	
9	Garrick Loewen	Assumption-Winds	6:26.70	
10	Peter Quosai	Centennial	6:31.00	
11	Colin Pegg	Woodstock CI	6:44.50	
12	Jesse Burt	Huron Park	6:44.59	
13	Alexander Wallace	London Central	6:51.62	
14	Jason Huber	St. Anne-Clinton	7:01.44	
15	Kieran Doherty	Galt	7:03.74	

Men 4x400 Meter Relay Open

West Region: * 3:19.22 29/05/2010 W. F. Herman S S - swhe, Herman, W.F.				
A Colquhoun, C Johnson, B McBride, M Savic				
School	Finals	H#	Points	
1 W. F. Herman - Windsor 'A'	3:24.11	2		
1) Jason Johnson	2) Brandon McBride			
3) Dylan Papak	4) Devon Woods			
5) Curtis Holmes	6) Spencer Trinier			
7) Jalen Jackson	8) Marcus Kentner			
2 Sandwich - Windsor 'A'	3:24.44	2		
1) Nick O'Neil	2) Shawn Beaudoin			
3) Micah Hesman	4) Khalil Parris			
5) Carter Day	6) Edwin Cipkar			
3 Northern - Sarnia 'A'	3:24.53	2		
1) Jordan Huzevka	2) Broderick Webster			
3) Nick Zottl	4) Drelan Bramwell			
5) Shawn Master	6) Danny Garratt			
4 Catholic Central - London 'A'	3:25.53	2		
1) Myles Rombough	2) Curtis D'Hollander			
3) Ryan Chevalier	4) Nick Vanin			
5) Cameron Patterson	6) Lucas DeNard			
5 Riverside - Windsor 'A'	3:29.83	2		
1) Corey Bellemore	2) Justin Bellemore			
3) Ryan Marchand	4) Scott Neilson			
5) Lyjah Dunn	6) Jack Porter			
7) Jacob Wagner	8) Teddy McGeen			
6 Hon. W.C. Kennedy - Windsor 'A'	3:31.93	2		

1) Tommy Duongchantha	2) Mark Emode		
3) Cory Simard	4) Preston Soucie		
5) Jared Muise	6) Nicolas Tugui		
7) Rain Van Dusen	8) Joshua Richer		
7 Cameron Heights - Kitchener 'A'		3:31.94	2
1) Jordan Sherwood	2) Christopher Green		
3) David Mohan	4) Christian Fryer-Davis		
5) Robbie Borsi	6)		
8 Holy Names - Windsor 'A'		3:32.12	1
1) Anthony Ubah	2) James Krasinkiewicz		
3) Brandon Miner	4) Cole Crowley		
5) Giordanno LaCivita	6) Jake Francis-Taylor		
9 Resurrection - Kitchener 'A'		3:33.24	1
1) Connor Finnigan	2) Jackson McIntosh		
3) Craig Lyons	4) Scott Buttinger		
10 John F. Ross - Guelph 'A'		3:35.26	1
11 St. Mary's - Kitchener 'A'		3:35.90	1
1) Sam Martinello	2) Ben Flanagan		
3) Sam Baxter	4) Zac Bandura		
5) Lucas Galecki	6)		
12 F. E. Madill - Wingham 'A'		3:36.03	2
1) Brayden Pellett	2) Michael Ballagh		
3) Jesse Fortier	4) Alex Peters		
5) Luke Dailleboust	6)		
13 Lord Dorchester - Dorchester 'A'		3:38.89	1
14 Regina Mundi College - London 'A'		3:43.19	1
1) Lorcan Balfe	2) Ben McKelaar		
3) Stefan Poljanowski	4) Wilson Nixon		
15 Huron Park - Woodstock 'A'		3:44.13	1
16 Bluevale - Waterloo 'A'		3:44.97	1
1) Sheldon Budhram	2) Daniel Debus		
3) Jesse Smith	4) Raphael Nosakhare		
5) Adam Clark	6)		

Men 1500 Meter Dash Wheelchair

=====			
West Region: *	4:37.13	2008	Ian Van Heteren, Strathroy
Name		Year School	Finals
=====			
1 Eric Voss		St. Michael	6:29.23

Men 100 Meter Dash Ambulatory

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West Region: *	12.08	01/06/2006	Deric Kruse, F.E.Madill	
Name		Year School	Finals	Wind
=====				
1 Cody Salomons		London Christian	13.50	-0.6
2 Austin McLaren		Saugeen District	16.72	-0.6
3 Matt Monroe		Ursuline College	16.78	-0.6
4 Devon Newell		Central Huron	19.07	-0.6

Men - Midget - Team Rankings - 0 Events Scored

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1) Holy Names - Windsor	10	2) St. David - Waterloo	8	
2) Catholic Central - London	8	4) Vincent Massey - Windsor	6	
5) Maranatha Christian - Wind	4	6) Regina Mundi College - Lo	2	
7) Cameron Heights - Kitchen	1			