

FREE Heart Screening For Ages 12-25

Hosted by Torrey Pines High School

Sunday, October 23, 2022 • Appointments from 9:30–2:30



- Standard well-child exams and sports physicals are not designed to identify undetected heart conditions that annually put thousands of youth at risk for sudden cardiac arrest
- Studies show EKGs more accurately detect abnormalities, given heart conditions often have unrecognized warning signs or risk factors
- Screening includes a cardiac risk assessment, EKG, cardiologist consultation and if indicated, a limited echocardiogram
- Youth at risk referred back to their own doctor for follow up
- Quick, (less than 60 minutes), noninvasive, painless
- **International guidelines recommend screening every two years through age 25**
- Screening will adhere to current COVID-19 Safety Protocol

Sudden Cardiac Arrest is the
**LEADING CAUSE
OF DEATH**
on school campuses

#1 KILLER
of student athletes

1 IN 300
YOUTH HAS AN
undetected heart condition

35,000
youth screened since 2010

550 YOUTH
with undetected
heart abnormalities

SCAN QR CODE OR CLICK HERE TO REGISTER

