



*A good samaritan since 1974, faithfully serving SWM through behavioral counseling, coaching, consulting, education, and prevention.*



**Christin Adams,**  
LMSW

*Christin Adams received her Masters of Social Work from Western Michigan University. Christin also has her certificate in school social work. She has experience in working with the addiction and recovery community since 2011, and clinical experience since 2006.*

*She specializes in individual, children, family, couples, and group counseling, ranging in age from three to eighty-three. She utilizes an eclectic therapeutic technique that provides best results for each individual client in the following age groups:*

- |            |               |          |           |
|------------|---------------|----------|-----------|
| ✓ Children | ✓ Adolescents | ✓ Adults | ✓ Seniors |
|------------|---------------|----------|-----------|

*Christin has been with Center[ed] On Wellness for since 2014 and excels in the following client issues:*

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|--------------------------|------------------------------|------------------------------|--------------------------|
| ✓ Abuse                  | ✓ Conflict Resolution        | ✓ Intimacy Issues            | ✓ Retirement             |
| ✓ Alcohol Issues         | ✓ Crisis Response            | ✓ Leadership Consult         | ✓ Separation             |
| ✓ Anger Management       | ✓ Depression                 | ✓ Learning Challenges        | ✓ School Performance     |
| ✓ Anxiety and Fears      | ✓ Divorce/Separation         | ✓ Loss & Life Transitions    | ✓ Stress Management      |
| ✓ Attention Difficulties | ✓ Driver Reinstatement Eval. | ✓ Marriage Issues            | ✓ Stress Reduction       |
| ✓ Behavior Disorders     | ✓ Drug/Addiction Issues      | ✓ Mediation                  | ✓ Social Skills Training |
| ✓ Blended Families       | ✓ Eating Disorders           | ✓ Mood/Behavior Disorders    | ✓ Transitions            |
| ✓ Career Coaching        | ✓ Educational Consult        | ✓ Organizational Transitions | ✓ Trauma                 |
| ✓ Communication Issues   | ✓ Employee Assist. Program   | ✓ Parent/Child Issues        | ✓ Women's & Men's Issues |
|                          | ✓ Faith & Spiritual Issues   | ✓ Parenting                  | ✓ OTHER:                 |
|                          | ✓ Health Issues              | ✓ Play Therapy               |                          |
|                          |                              | ✓ PTSD                       |                          |
|                          |                              | ✓ Premarital Consult         |                          |
|                          |                              | ✓ Relationship Differences   |                          |

*Christin is currently accepting a limited number of new clients at her Benton Harbor, Coloma, and South Haven locations. Please contact Center[ed] On Wellness for her availability and to set up an appointment.*

<p>SATELLITE OFFICES Coloma, Niles, St. Joseph, Stevensville, South Haven, Sawyer</p>	<p>MAIN OFFICE 1850 Colfax Avenue Benton Harbor, MI 49022</p>	<p>PHONE 269.926.6199 FAX 269.926.6780 EMAIL info@centeredonwellness.info WEB SITE centeredonwellness.info</p>	
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