



Sacred Heart Catholic School Menu October, 2019



| Monday | Tuesday | Wednesday | Thursday | Friday | News |
|--|--|---|---|---|--|
| Sep-30 Grilled Cheese Sandwich Tomato Soup Dill Pickle Spear Peaches Milk | Oct-1 BBQ Pulled Pork Sandwich Tater Tots Pineapple Milk | Oct-2 Nachos w Meat & Cheese Corn Sorbet Cup Milk | Oct-3 Chicken Fryz Dinner Roll Mashed Potatoes & Gravy Applesauce Milk | Oct-4 Cheese Pizza Caesar Salad Pears Milk | Oct 4 -Blessing of the Pets @ 11am Oct 18 - End of First Nine Weeks Oct 19 - Rosary at Noon at Gazebo, Crestline - Trick or Trunk @ 6pm Oct 25 - Halloween Party, more details to follow later - Grade cards sent home |
| Oct-7 Hot Dog Sandwich Baked Beans Mandarin Oranges Cookie Milk | Oct-8 Salisbury Steak Dinner Roll Mashed Potatoes & Gravy Mixed Fruit Milk | Oct-9 Chicken Nuggets Dinner Roll Smiley Taters Carrots & Dip Banana Milk | Oct-10 Turkey & Cheese Sandwich Green Beans Mixed Berry Cup Milk | Oct-11 Pepperoni Calzone Tossed Salad Peaches Milk Choice: Pizza | Oct 29 - Photo Retakes Oct 30 - Cookie Dough Sale Oct 31 - Mass at SH @6:30pm |
| Oct-14 No school Teacher In-Service | Oct-15 Mini Corn Dogs Baked Beans Carrots & Dip Applesauce Milk | Oct-16 Popcorn Chicken w Rice Steamed Broccoli Mandarin Oranges Fortune Cookie Milk Choice:Gen. Tso or Sweet & Sour | Oct-17 Pepperoni Pizza Green Beans Fresh Apple Milk | Oct-18 Chicken Littles Tater Tots Sorbet Cup Milk |  Breakfast is served in the cafeteria each morning before school. If you are eligible for free or reduced price lunch you are also eligible for free or reduced breakfast. Want to know your cafeteria balance? Get a text / email when the balance is low? See what your children are purchasing? Re-allocate balances among your children? Go to k12paymentcenter.com to sign up for the free services listed above. |
| Oct-21 Stuffed Breadsticks w Sauce Tossed Salad Peaches Milk | Oct-22 Beef Taco w Cheese Shredded Lettuce Potato Wedge Strawberry Cup Milk | Oct-23 Macaroni & Cheese Apple Muffin Loaf Cooked Carrots Banana Milk | Oct-24 Sub Sandwich Smiley Taters Mixed Fruit Milk | Oct-25 Chicken Patty Sandwich Corn Applesauce Milk | |
| Oct-28 Chicken Quesadilla Caesar Salad Pears Milk Choice: Pizza | Oct-29 Shredded Turkey Sandwich Mashed Potatoes & Gravy Apple Crisp Milk | Oct-30 Cinnamon French Toast Sausage Patty Potato Wedge Juice Milk | Oct-31 Frito Flip Corn Peach Cup Milk | Nov-1 Cheeseburger w Pickles French Fries Fresh Apple Milk | |

"Offer vs Serve" is a provision of the National School Lunch Program that allows students to refuse up to two items from the lunch menu and one item from the breakfast menu. If a student refuses one or two items, the full price is still charged therefore we encourage students to take the full meal. Breakfast is \$1.25 and Lunch is \$2.75. If your family qualifies for reduced price meals breakfast is \$.30 and lunch is \$.40

"This institution is an equal opportunity provider"