

Personal Training



Feel Stronger, Lighter & More Energized!

GETTING STARTED IS EASY

1

Set up a FitPath Session to talk with one of our trainers

2

Choose your plan

3

Schedule your sessions & start your journey!

Best Value

# of Sessions	Monthly Plans (Monthly Auto pay)	Packages
4	\$140	\$160 expires 90days
8	\$264	\$312 expires 90days
12	\$384	\$456 expires 90days
16	\$512	\$592 expires 120days

Member rates above, Non-members have added fees

TRAINERS & COACHES:

Karla Davis

NASM, Certified Personal Trainer

Josh Anderson

Taking NETA PT test in Fall 2019

NUTRITION SERVICES:

Jenny Kearney

Registered Dietitian/Nutritionist
Certified in Adult Weight Management
Licensed Medical Nutrition Therapist
Certified Diabetes Educator

1-session \$50 5-Sessions \$225