



Child Intake Questionnaire

Thank you for completing this form and any others that you are given by *Sunlight Counseling, LLC*. The information you provide is confidential as outlined in *Sunlight Counseling, LLC Professional Disclosure and Notice of Privacy Practices* statements and will help your therapist create a treatment plan tailored to meet your needs and those of your family.

Date: ____/____/____

Client's Name: _____
(First) (MI) (Last)

Email: _____ Date of Birth: _____ Age: _____

Parent/Guardian Address: _____

Telephone: (Home) _____ Yes ___ No ___ (Cell) _____ Yes ___ No ___
(Work) _____ Yes ___ No ___

Emergency Contact: Please provide the name of the person to contact in case of emergency.

Name: _____ Relationship to Client: _____

Address: _____ Telephone #1: _____

_____ Alternate Telephone: _____

Insurance Information

If using an insurance for payment, please provide your insurance card for photocopying.

Primary Insurance: _____ Secondary Insurance: _____

Education

Not in School: ___ Grade: _____ School Attending: _____

Please list any issues with School/Learning:

Client's Siblings

Name	Date of Birth	Age	Living with You	Other Parent's Name
First _____	_____	_____	Yes ___ No ___	_____
Second _____	_____	_____	Yes ___ No ___	_____
Third _____	_____	_____	Yes ___ No ___	_____
Fourth _____	_____	_____	Yes ___ No ___	_____
Fifth _____	_____	_____	Yes ___ No ___	_____

Is there anyone living in your household other than parents or siblings? If so, please list:

Are Biological Parents Divorced or Separated? Yes ___ No ___ If yes—How long? _____

Is there Shared Custody with another Parent? Yes ___ No ___ If yes—Please list:

Name: _____ Telephone: _____

Address: _____

Are there presently any Child Custody issues involving you or your family? Yes ___ No ___

Does your family currently have Child Protective Services involved? Yes ___ No ___

If yes—Please provide the following: Case Worker's Name: _____

Telephone: _____ State: _____ County: _____

Other Agencies or Community Services involved? _____

Medical/Psychological History

Who is providing client's history information? Client ___ Other _____

Has child/adolescent received or participated in Previous Counseling or Therapy? Yes ___ No ___

If yes—Who was the therapist? _____

When did they begin therapy and for how long? _____

Has child/adolescent ever been Hospitalized for Psychological Concerns? Yes ___ No ___

If yes—Please briefly explain:

Please describe the current complaint or problem as specifically as you can in your own words.

How long has child/adolescent experienced this problem, or when did you first notice it?

Please check all words/phrases that express what you are experiencing and explain if possible.

<input type="checkbox"/> Substance abuse/dependence – If so, what is/are your substance of choice?	<input type="checkbox"/> Anxious/nervous/tense feelings
<input type="checkbox"/> Addiction (internet, pornography, shopping, exercise, gaming, gambling, etc)	<input type="checkbox"/> Panic attacks
<input type="checkbox"/> Depression/sad/down feelings	<input type="checkbox"/> Racing/scrambled thoughts
<input type="checkbox"/> High/Low energy level	<input type="checkbox"/> Nightmares/flashbacks
<input type="checkbox"/> Angry/irritable	<input type="checkbox"/> Hearing voices/hallucinations
<input type="checkbox"/> Loss of interest in activities	<input type="checkbox"/> Thoughts of running away
<input type="checkbox"/> Difficulty enjoying things	<input type="checkbox"/> Paranoid thoughts
<input type="checkbox"/> Crying spells	<input type="checkbox"/> Feelings of being cheated
<input type="checkbox"/> Decreased motivation	<input type="checkbox"/> Perfectionism
<input type="checkbox"/> Withdrawing from people/isolation	<input type="checkbox"/> Rituals of counting things/washing hands/checking locks/stove/etc/overly concerned about germs
<input type="checkbox"/> Mood swings	<input type="checkbox"/> Dissatisfaction with body image
<input type="checkbox"/> Change in weight/appetite	<input type="checkbox"/> Concerns about dieting
<input type="checkbox"/> Change in sleeping patterns	<input type="checkbox"/> Feelings of loss of control regarding eating
<input type="checkbox"/> Suicidal thoughts or plans – hurting yourself	<input type="checkbox"/> Binge eating/purging
<input type="checkbox"/> Self harm (cutting, burning, etc) – If so, date of last experience:	<input type="checkbox"/> Excessive exercise
<input type="checkbox"/> Homicidal thoughts or plans – hurting others	<input type="checkbox"/> Rules about eating
<input type="checkbox"/> Poor concentration/difficulty focusing	<input type="checkbox"/> Indecisiveness about career
<input type="checkbox"/> Feelings of hopelessness/worthlessness	<input type="checkbox"/> Job problems
<input type="checkbox"/> Feelings of shame/guilt	<input type="checkbox"/> Other – If so, describe:
<input type="checkbox"/> Feelings of inadequacy/low self-esteem	

Has child/adolescent ever experienced any Significant Head Injuries? Yes ___ No ___

Current known Diagnosis: _____

Current Major Health Concerns: _____

Please explain any Allergies:

List current Medications (name, dosage, frequency):

Primary Care Physician? Yes ___ No ___

If yes—Please provide the following: Physician's Name: _____

Practice Name: _____ Telephone: _____

Any Abuse History? (physical, emotional, sexual) Yes ___ No ___

Please list any significant life events in the past 2 years? (moves, divorces, separations, deaths, trauma, etc)

Client's Personal and Social Resources and Strengths: _____

What Goals/Expectations do you have for counseling therapy?

Is there any Additional Information that you believe is important for the therapist to know? Please explain.

Referral Source

Were you referred to our office? Yes ___ No ___

If yes—By whom? _____

If no—How did you hear or learn about our office? _____

Treatment Contract

"I agree to receive (or agree that the client named above may receive) therapy at *Sunlight Counseling, LLC* and I acknowledge that I have received, read, understood and agreed to the terms outlined in the **Professional Disclosure** of *Sunlight Counseling, LLC*. I also acknowledge that I have received or have been offered a copy of the **Notice of Privacy Practices** of *Sunlight Counseling, LLC* and that I understood the contents thereof."

Print Client's Name: _____

Parent/Guardian's Signature: _____ Date: _____