

Dance Center of LaGrange

Winter 2016 Newsletter

Attention!

Session IV & V are 8-week sessions (versus a typical 7-week session). As a result, below is the fee schedule for an **8-week session**

# of Classes Per Week	Class Length	
	45min/1hr	1.5hr
1	\$112.00	\$117.00
2	\$212.00	\$223.00
3	\$318.00	\$335.00
4	\$395.00	\$416.00
5	\$489.00	\$517.00

Session IV- (Feb. 8th-April 9th)

Session payment is due by the first week of the new session. Please send your payment on time or add a \$10.00 late fee.

Make-up classes

Many dancers have missed class due to vacations or illness...please feel free to make-up a class. Look at our schedule and come to a class that is the same age and level. Please call and let us know which class you will be making up in, so we can let the teacher know. It is important that we know when you are coming so that we don't have too many make-ups in one class at a time.

MARK YOUR CALENDARS NOW

**Our Annual Dance
Concerts will be on
SAT. June 11th**

**We will have a
mandatory dress
rehearsal on**

FRI. June 10th.

**More detailed
information will be
coming soon...*8:00**

**Int/Adv dancers will also
have a mandatory re-
hearsal Thurs. June 9th**

**Save the Dates
Now!!!**

Balletone!!!

**Want to get in shape?
We are starting a
Weds night class
7:00pm email us for
class availability.**

Reminder

Please try to get your dancers to class on time! It is very distracting to the other children when someone comes late... Also, your child is missing important warm-ups.

Attendance is also important. We are beginning to work on dance choreography for our concerts. It is difficult for the child to catch up when they are missing new dance combinations and progressions.

Attention Parents:

We would like to share with you some skills and physical development that your child has learned and possibly mastered since the beginning of our program.

Body Strength and Flexibility

Participation in warm-up/cool-down activities. Stretching on the floor. Ballet: Plie's, releve's, tendus, bourees... Jazz: Isolated movements and strengthening exercises. Tap: center and barwork foot and leg exercises.

Basic Motor Skills

Pre-dance and ballet: jumping, hopping on one foot, skipping, leaping, galloping, eye/foot coordination (balance beam). Older dancers and Jazz class: chasses-using opposite arms, leaps, turns, triplets eye/foot coordination.

Musicality

Marches/skips to a beat. Improvisation: Dancing with scarves, animal action, good-bye dance. Dancing to the drum-speed changes, tap dances and holds the beat.

Awareness of Space

Dance levels-low, upright and up high, personal space, others space, dancing with a partner and with a group.

Social Skills

Attentive to teacher, waits for turn, listening/following directions, concentration, motivation and energy. **Website:**

dclagrange.com