

# NPC ULTIMATE MUSCLE EXTRAVAGANZA

**EVENT DATE:** Saturday, June 9, 2018

**Promoter:** Deb Callahan (863-812- 8788) **Contact:** debsgym@gmail.com.

**Contest Venue:** Youkey Theatre at RP Funding (formally known as The Lakeland Center), 701 West Lime Street Lakeland Florida 3380). **NPC**

**Membership:** All contestants must be a member of the NPC National Physique Committee. Competitors May register for an NPC card at [www.npcregistration.com](http://www.npcregistration.com) or you may register on Friday at the Check-in/weigh- in.

**Friday, June 8: Mandatory Weigh-in/Check- in for all competitors** at the Youkey Theater from **5:30 to 7:30. No weigh-ins/check- ins on Saturday June 9.** Bodybuilders must wear posing suits to weigh/ins.

**Saturday June 9:** Prejudging all divisions

**8:30 am:** Meeting for ALL NPC competitors at the Youkey Theater

**10:00 am:** Prejudging begins. **Saturday June 9:** Finals all divisions

**5:00 pm:** Athlete meeting.

**6:00 pm:** Finals Begin.

## **COMPETITION DIVISIONS:**

**(All Divisions are subject to change depending on entries received)**

**Men's Bodybuilding:** 6 Classes, 5 places and 1 overall. OPEN CLASS- NATIONAL QUALIFYING – (Up to 143 ¼, Over 143 ¼ to 154 ¼, Over 154 ¼ to 176 ¼, Over 176 ¼ to 198 ¼, Over 198 ¼ to 225 ¼ Over 225 ¼).

**TEEN MEN'S BODYBUILDING:** 1 Class, 3 Places (16 yrs. old to 19 yrs old)

**MASTERS MEN'S BODYBUILDING:** 1 Class 3 Places – (40 years & over)

**MASTERS MEN'S BODUBUILDING:** 1 Class 3 Places – (50 years & over)

**MASTERS MEN'S BODYBUILDING:** 1 Class 3 Places – (60years & over)

**FIGURE:** 3 CLASSES, 5 Places 1 overall: NATIONAL QUALIFYING (A class up to 5'4 - B class over 5'4 up to 5'6 - C class over 5'6)

**MASTERS FIGURE:** 1 class 3 places (35 Years and over)

**MASTERS FIGURE:** 1 class 3 places (45 Years and over)

**TRUE Novice FIGURE:** 1 Class 5 places – (1st time ever competitor in an NPC event)

**BIKINI:** 4 Classes, 5 Places and 1 Overall. Open Class – NATIONAL QUALIFYING – (See NPC news online bikini rules for 4 class height breakdown)

**Master Bikini:** 1 Class, 3 Places – (35 years and over)

**Master Bikini:** 1 Class, 3 Places - (45 years and over)

**Novice Bikini:** 1 Class, 3 Places – (Open to any athlete that has not placed top 10 in a national level contest) **True**

**Novice Bikini:** 1 Class 5 Places – (1st time competitor in an NPC event)

**Teen Bikini:** 1 Class 3 Places

**Men's Physique:** 3 Classes, 5 Places and 1 Overall. Open Class- National Qualifying – (See NPC news online MPD rules for 4 class height breakdown)

**Masters Men's Physique:** 1 Classes, 3 Places – (35 years and over)

**Masters Men's Physique:** 1 Classes, 3 Places – (45 years and over)

**True Men's Physique:** 1 Class 5 Places – (1st time competitor in an NPC event)

**Women's Physique:** 2 Classes, 5 Places and 1 Overall – National Qualifying – Heights will be set to balance the classes at check-in.

**Women's Bodybuilding:** 1 Class, 5 Places Open Class – National Qualifying

**Men's Classic Physique:** 3 Classes 5 Places and 1 Overall. Open Class - National Qualifying – (MUST MEET WEIGHT REQUIREMENTS SET FOR EACH HEIGHT GROUP per NPC GUIDELINES Up to and including 5'7", Over 5;7" up to and including 5'10", Over 5'10")

**Masters Classic Physique:** 1 Class, 3 Places – (35 years and over – MUST MEET WEIGHT REQUIREMENTS SET FOR EACH HEIGHT GROUP PER NPC GUIDELINES)

**True Men's Classic Physique:** 1 Class 5 places – (1st time ever competitor in an NPC event) **Bodybuilding,**

**Women's Physique, and Classic Physique Individual Routines**

All bodybuilding and Physique competitors will perform their routines at the Finals.

**National Qualifier this contest is an NPC National Qualifier Open Nation Wide to NPC Athletes**

Please refer to the NPC website for rules regarding national contest qualifications. <http://npcnewsonline.com/rules>

**Music:** CD's ONLY

All music for Bodybuilding, Classic Physique, and Women's Physique will be no more than 60 seconds. Posing Music MUST BE THE ONLY MUSIC ON THE CD. NO VULGAR MUSIC PERMITTED.

**Tickets (absolutely NO Refund): Prejudging 25.00** (general admission seating)

**Finals: \$35.00** (General Admissions seating) or **\$50.00** (VIP seating)

**PRE-SALE Tickets available through Debs Gym (863) 683-9300**

**Trainers Pass: \$100.00 (Purchase at Check-in/weigh- in cash only)**

**Trainers must also buy admission ticket for prejudging and evening show. Pass holder must be a current member of the NPC. Contact Deb Callahan for details: 863-812- 8788.**

**Host Hotel:**

Hyatt Place 525 W Orange St., Lakeland, Fl. 33815 (863) 413-1122 Special rates for competitors. Mention the show.

**Spray tanning and makeup by Hot Spot Tanning.** For more information call 727-403- 5180 **Show Photography provided by:**

# NPC ULTIMATE MUSCLE EXTRAVAGANZA OFFICIAL ENTRY FORM

**IF NOT UTILIZING ONLINE ENTRY METHOD, PLEASE MAIL THIS FORM WITH ENTRY FEE TO:  
DEB CALLAHAN 1052 E MEMORIAL BLVD LAKELAND, FLORIDA 33801**

Print Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
 E-mail Address: \_\_\_\_\_ Phone: \_\_\_\_\_

**Official Use Only:**  
 NPC: \_\_\_\_\_ ENTRY: \_\_\_\_\_  
 \_\_\_\_\_ DIV: \_\_\_\_\_  
 \_\_\_\_\_ HGT/WGT: \_\_\_\_\_  
 \_\_\_\_\_

**Entry Fee (ABSOLUTELY NO REFUNDS):** An entry fee of \$100.00 will be charged for one division. An additional \$50.00 will be charged for each additional division. The entry fee must be sent with your application. **Late Fee: Entry fee will increase to \$125.00 if not received by June 1, 2018.**

**Money orders and checks:** payable to: **Debs Gym** / Mail to: Debs Gym 1052 E Memorial Blvd Lakeland Florida 33801  
**One Trainer's Pass per competitor (Absolutely No Refunds) - \$100.00 (Purchase at Check-in/weigh in – cash only) Trainer must also buy admission ticket for prejudging and evening show. Pass holder must be a current member of the NPC.**

**Please enter me in the following NPC Florida Muscle Championships Division:**

- Men's Bodybuilding  Men's Bodybuilding Masters  Women Bodybuilding  Figure  Masters Figure  Bikini
- Master Bikini  Novice Bikini  Men's Physique  Master Men's Physique  Women's Physique
- Classic Physique  Master Classic Physique  Teen Bodybuilding  Teen Bikini
- True Novice Bikini  True Novice Figure  True Novice Men's Physique  True Novice Classic Physique

## RELEASE

In consideration of being allowed to participate in any way in the NPC ULTIMATE MUSCLE EXTRAVAGANZA ("EVENT") promoted by Deb Callahan ("Promoter(s)") and sanctioned by the National Physique Committee if the USA, Inc. ("NPC"), its related events and activities, I \_\_\_\_\_ the undersigned, acknowledge, appreciate and agree that: 1 The risk of injury from the activities involved in this Event is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist: and 2. I KNOWING AND FREELY ASSUME ALL SUCH RISKS, both known and unknown EVEN IF ARISING FROM THE NEGLIGENCE OF THE PROMOTER AND/OR THE NPC or others, and assume full responsibility for my participation; and, 3, I willingly agree to comply with the stated and customary terms and conditions for participation, if however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the promoter immediately; and 4. I for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE PROMOTER AND THE NPC and each of their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used for the activity (" Releasees"). WITH RESPECT TO ANY AND ALL INJURY DISABILITY, DEATH or loss or damage to person or property associated with my presence at or participation in or in traveling to and from the Event, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

The undersigned further consents and agrees that the undersigned will comply with all rules and regulations of Hyatt Place including any rules or regulations prohibiting

Cooking or food preparation in the hotel rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the promoter from

Against any damages caused by the undersigned to the hotel or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned Acknowledges that the undersigned's failure to comply with any rule or regulation of the hotel or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to suspension as a member of the NPC and/or competing in contest sanctioned by the NPC. And in further consideration or permission being granted to me to participate in the Event and its related events. I hereby grant the NPC, Promoter and/or any other NPC approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or other wise reproduce (whether by film, tape. still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitations, by means of still photography, motion pictures, radio, television motion picture, video, printing or digital or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate

the NPC, Promoter, and/or any other NPC-approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that the NPC, the Promoter and/or any approved NPC-approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to the NPC, Promoter and/or any other NPC-approved video or entertainment organization hereunder.. I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS UNDERSTAND THAT I HAVE GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT. THERE ARE NO REFUNDS OR TRANSFERS OF ENTRY FEES OR TICKET SALES ALL SALES ARE FINAL.

X \_\_\_\_\_  
X \_\_\_\_\_

(Participant Signature)  
signed by a Parent / Guardian)

(If contestant is of minority age this blank must be

FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE (under age 18) AT THE TIME OF REGISTRATION)

This is to certify that I, as parent/ guardian with legal responsibility for this participant, do consent and agree to his/her releases as provided above of all the Releasees, and, for myself, my child and our heirs, assigns and next of kin. I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.