KITSAP COUNTY 2019 COMMUNITY HEALTH PRIORITIES SURVEY RESULTS PARTICIPATION SUMMARY

The Kitsap Community Health Priorities Survey was administered to gather insights from residents on Kitsap County's most substantial challenges, current health behaviors and outcomes, and ways to improve health and well-being in Kitsap County. The survey was made available online on Monday, September 9th, 2019, and was closed on Monday, September 30th, 2019. The survey was distributed widely via email, Facebook, Instagram, Twitter, the Kitsap County Public Health website, and the Kitsap County GovDelivery list serve. It resulted in 1173 respondents. This report includes a summary of results for demographics, quality of life, and community ranking of elements that impact health.

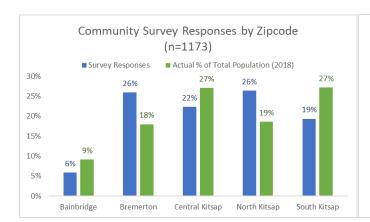
DEMOGRAPHICS

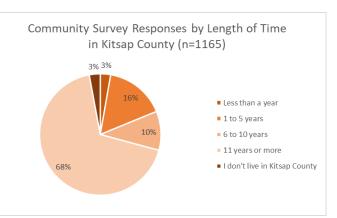
Geographic region of respondents by zip code.

Respondents were spread out across Kitsap County. Three sub-county regions were underreported in the survey compared to the population. Bainbridge Island accounted for 6% of respondents in the survey in comparison to representing 9% of the total population of Kitsap. Central Kitsap and South Kitsap accounted for 22% and 19% of respondents, while both representing 27% of the total population. Bremerton and North Kitsap were overrepresented in the survey, both with 8% more survey responses than their share of the total population.

Kitsap Geographic I	Regions			
	NUMBER OF	% OF TOTAL	KITSAP POPULATION*	SURVEY COMPARED TO KITSAP
	RESPONDENTS	RESPONDENTS		POPULATION
Bainbridge	67	6%	9%	-3%
Bremerton	294	26%	18%	8%
Central Kitsap	253	22%	27%	-5%
North Kitsap	299	26%	19%	8%
South Kitsap	219	19%	27%	-8%
Total	1132	100%		

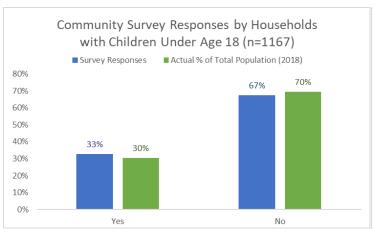
^{*}Source: 2018 WA State Office of Financial Management

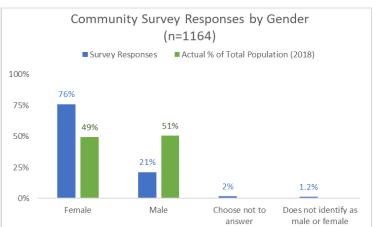




Length of time living in Kitsap County

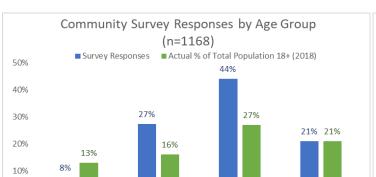
Sixty eight percent of respondents have lived in Kitsap County for 11 or more years, making up the largest pool of respondents. The percent of respondents living in the County for less than a year was 3%. Twenty six percent of respondents have lived in the county for between one and 10 years. Three percent of respondents did not live in Kitsap County. Their responses were included in the analysis of the report.





Community Responses by Household

Thirty three percent of respondents reported having children under the age of 18 in the house. This is similar to the actual number of people in Kitsap County with children under the age of 18 in the household (30%). Reciprocally, 67% of respondents did not have children under the age of 18 in the house, which is similar to the actual number in the County (70%).

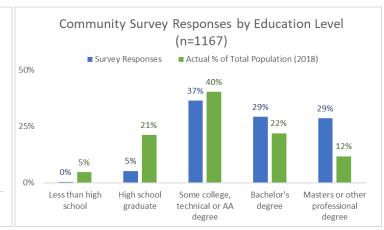


45-64

65+

Community Responses by Gender

Seventy six percent of respondents identified as female. This is a higher rate than the actual percent of women in Kitsap County (49%). Men accounted for 21% of survey respondents, which is lower than actual males living the County (51%). Additionally, 2% did not answer this question and 1.2% did not identify as male or female.



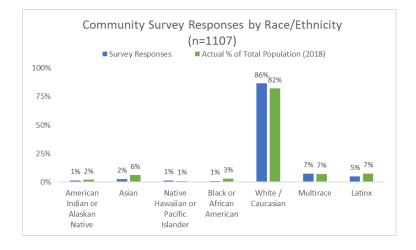
Community Responses by Age group

18-29

0%

The lowest percent of respondents as a proportion the population was the youngest age group, 18-29 year old, at 8%. This group makes up 13% of the actual population. The highest respondent group was individuals between 45 and 64 which made up 44% of responses. Twenty seven percent of individuals between 30 and 44 represented the second highest group of respondents, followed by 65 and older at 21%.

30-44



Community Responses by Education

The highest percentage of respondents have some college, technical degree or AA degree at 37%, which is similar to that of the actual population (40%). Twenty nine percent of respondents have a bachelor's degree, and 29% have a master's degree which are higher percentage's than in the actual population at 22% and 12%, respectively. Five percent of respondents graduated from high school, and nobody took the survey that had less than a high school diploma.

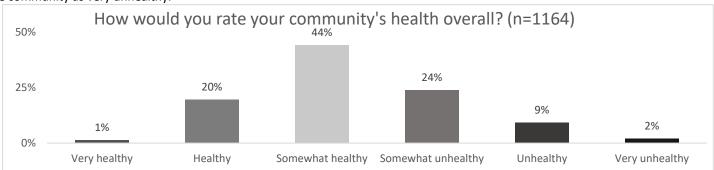
Community Responses by Race

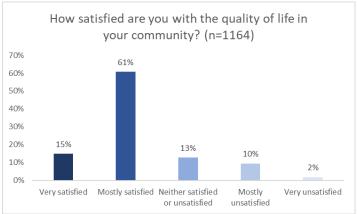
The highest percentage of respondents are White or Caucasian at 86%, which is more than that of the actual population (82%). American Indian or Alaskan Native, Asian, Native Hawaiian or Pacific Islander, Black or African Americans, and Latinx populations were underrepresented in the online survey. Individuals who identified as multi-racial were represented similar to the actual percent of multi race people in the County.

QUALITY OF LIFE

Community Health

Respondents vary when rating the overall health of the community. Only 1% of the respondents rate the community as very healthy. The largest group of respondents view the community as somewhat healthy, at 44%. Twenty percent perceive the community to be healthy, and 24% believe it is somewhat unhealthy. Nine percent of respondents believe the community is unhealthy, and 2% rated the community as very unhealthy.





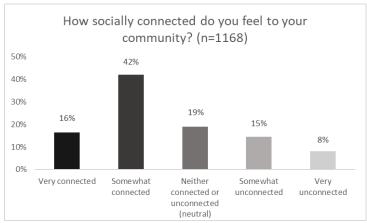


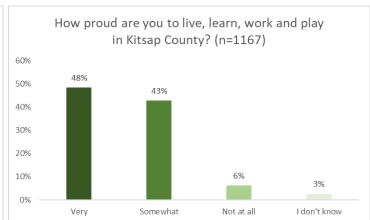
How satisfied with the quality of life in your community?

The majority of respondents (61%) are mostly satisfied with the quality of life in Kitsap County. Fifteen percent are very satisfied, while 13% are neither satisfied or unsatisfied. Ten percent of respondents are mostly unsatisfied, and 2% are very unsatisfied.

How stressful are most days?

Five percent of respondents believe they live an extremely stressful life, while 19% live a very stressful life. Sixty one percent of respondents have a somewhat stressful life. Fourteen percent of respondent do not live a stressful life at all.





How socially connected do you feel to your community?

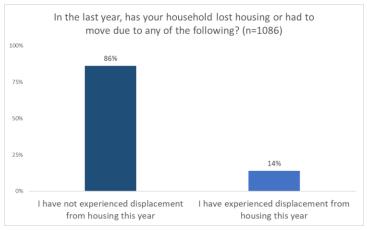
Sixteen percent of respondents feel very connected to the community in Kitsap County, while 8% feel very unconnected. Forty two percent feel somewhat connected, and 15% feel somewhat unconnected. Nineteen percent of respondents remained neutral – neither connected or unconnected.

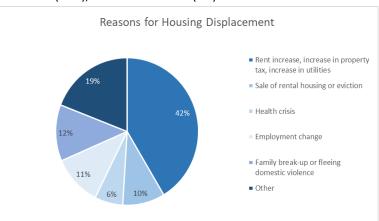
How proud are you to live, learn, work and play?

Forty eight percent of respondents are very proud to live, learn, work and play in Kitsap County. Forty three percent of respondents are somewhat proud, 6% aren't proud at all, and 3% don't know.

Housing

In the last year, 86% of survey respondents did not experience displacement from housing. On the contrary, 14% of respondents had. Reasons for housing displacement varied for the displaced residents. Rent increase, increase in property tax, or an increase in utilities displaced the largest percent respondents (42%), followed by other reasons (19%), family break-up or fleeing domestic violence (12%), employment change (11%), sale of rental housing or eviction (10%), and a health crisis (6%).

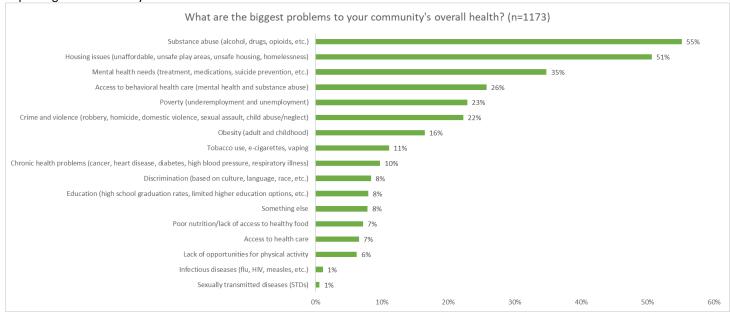




COMMUNITY RANKINGS

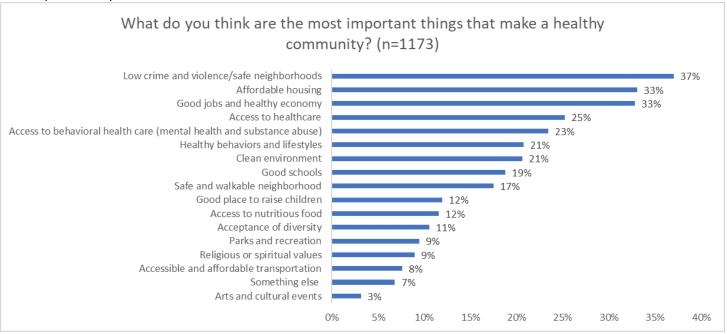
Biggest problems to the community's overall health.

Respondents were asked to pick the top 3 biggest problems to their community's overall health. The largest health problem impacting the overall health of Kitsap County is substance abuse (55%), according to respondents. Housing issues (51%), mental health needs (35%), access to behavioral health care (26%), and poverty (23%) were identified as the next largest health problems impacting the community.



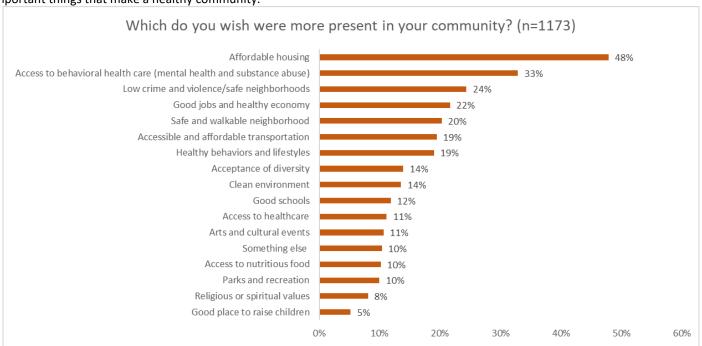
Factors that make a healthy community.

Respondents were asked to pick the top 3 most important things that make a healthy community. The most frequently selected response was low crime and violence/safe neighborhoods (37%). Affordable housing (33%), good jobs and a healthy economy (33%), access to health care (25%), and access to behavioral health care (23%) were identified as the next most important things that make a healthy community.



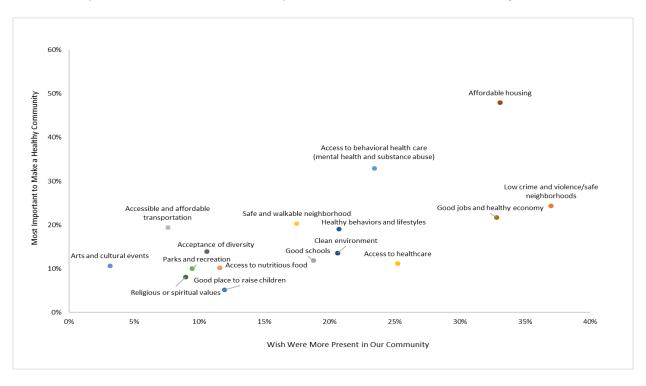
Factors wished to be more present in the community.

Respondents were asked to pick the top 3 factors they wished were more present in the community. Affordable housing was the most frequently selected response (48%). Access to behavioral health care (33%), low crime rates and violence/safe neighborhoods (24%), good jobs and a healthy economy (22%), and safe and walkable neighborhood (20%) were identified as the next most important things that make a healthy community.



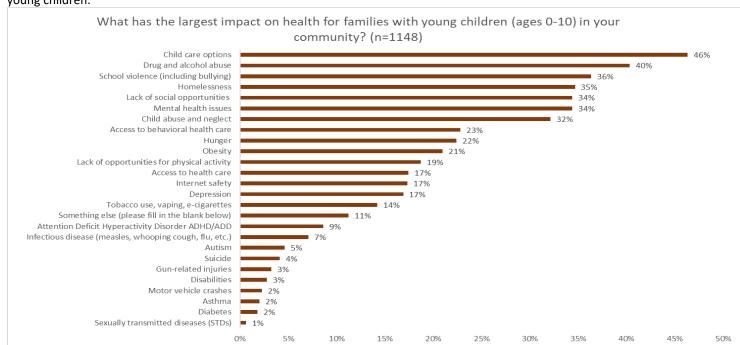
Most important and most wished for.

Responses to the previous two community rankings were compared to identify those items thought to be most important and most wished for. In the following chart, the closer an item is to the top right-hand corner, the more important and wished for it was considered. The items closer to the bottom left-hand corner were considered the least wished for and least important by survey respondents. Affordable housing, low crime and violence/safe neighborhoods, good jobs and a healthy economy, and access to behavioral health care (mental health and substance abuse) stood out as the most wished for and important.



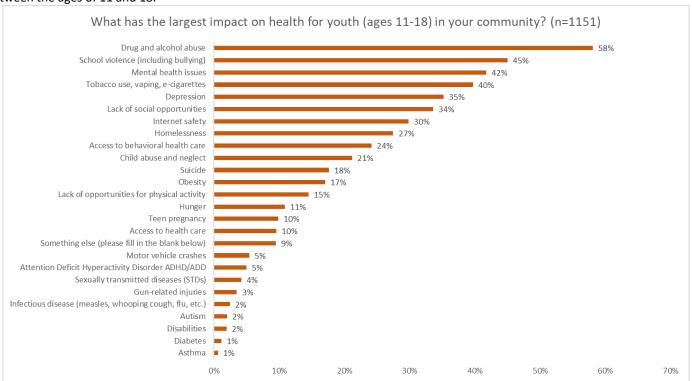
Factors with the largest impact on health for families with young children, ages 0 to 10.

Respondents were asked to pick the top 3 factors that impact health for families with young children. Child care options was selected as the most frequent response (46%). Drug and alcohol abuse (40%), school violence (36%), homelessness (35%), a lack of social opportunities (34%), and mental health issues (34%) were identified as the next most important things impacting families with young children.



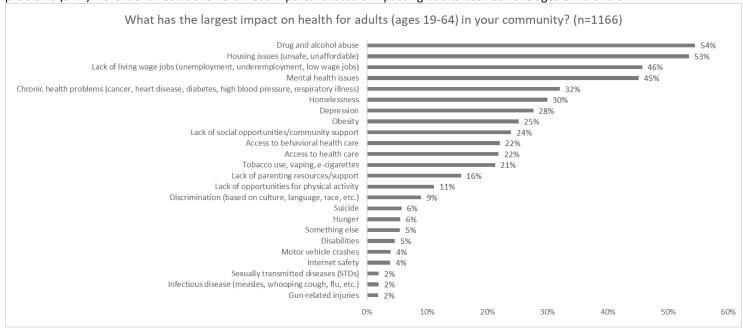
Factors with the largest impact on health for youth between the ages of 11 and 18.

Respondents were asked to pick the top 3 factors that impact youth in the community. Drug and alcohol abuse was selected as the most frequent response (58%). School violence (45%), mental health issues (42%), tobacco use including vaping and e-cigarettes (40%), and depression lack of social opportunities (35%) were identified as the next most important factors impacting youth between the ages of 11 and 18.



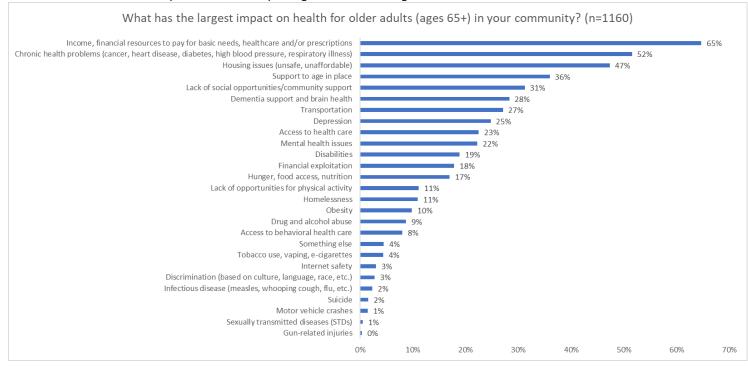
Factors with the largest impact on health for adults between the ages of 19 and 64.

Respondents were asked to pick the top 3 factors that impact adults in the community. Drug and alcohol abuse was selected as the most frequent response (54%). Housing issues (53%), lack of living wage jobs (46%), mental health issues (45%), and chronic health problems (32%) were identified as the next most important factors impacting adults between the ages of 19 and 64.



Factors with the largest impact on health for adults, age of 65 and older.

Respondents were asked to pick the top 3 factors that impact adults over the age of 65 in the community. Income, financial resource to pay for basic needs, healthcare, and/or prescriptions was selected as the most frequent response (65%). Chronic health problems (52%), housing issues (47%), support to age in place (36%), and lack of social opportunities/community support (31%) were identified as the next most important factors impacting adults over the age of 65.



Appendix A:

COMPARISON of SPECIFIC POPULATIONS RESPONSES and TOTAL SURVEY RESPONSES

Table 1. Factors with the largest impact on health for adults over the age of 65

Respondents within the age group	Total Survey Respondents
Factor (% of respondents)	Factor (% of respondents)
Income, financial resources to pay for basic needs (60)	Income, financial resources to pay for basic needs (65)
Chronic health problems (53)	Chronic health problems (52)
Support to age in place (42)	Housing issues (47)
Housing issues (40)	Support to age in place (36)
Dementia support and brain health (28)	Lack of social opportunities/social support (31)

Table 2. Factors with the largest impact on health for adults between the ages of 19 and 64

Respondents within the age group	Total Survey Respondents
Factor (% of respondents)	Factor (% of respondents)
Drug and alcohol abuse (56)	Drug and alcohol abuse (54)
Housing issues (55)	Housing issues (53)
Mental health issues (47)	Lack of living wage jobs (46)
Lack of living wage jobs (47)	Mental health issues (45)
Homelessness (31)	Chronic health problems (32)

Table 3. Factors with the largest impact on health for families with young children, ages 0 to 10

Respondents with a child under	Total Survey Respondents
the age of 18 in the house	
Factor (% of respondents)	Factor (% of respondents)
Child care options (55)	Child care options (46)
Drug and alcohol abuse (40)	Drug and alcohol abuse (40)
Lack of social opportunities (37)	School violence (36)
Mental health issues (36)	Homelessness (35)
School violence (35)	Lack of social opportunities (34)

Appendix B: SURVEY INSTRUMENT

THE AND STATE OF THE STATE OF T	l out what you think about health and the strengths and needs re very important to us and are anonymous - your name will
This survey is completely voluntary. access services.	. Your choice to participate will in no way affect your ability to
The results of this survey will be and	alyzed and used for development of community health priorities.
This is a wonderful way for you to he participation!	ave a voice in community planning. Thank you for your
1. How satisfied are you with the qu	ality of life in your community?
Very satisfied	Somewhat unsatisfied
Somewhat satisfied	○ Very unsatisfied
Neither satisfied or unsatisfied	
How socially connected do you fe others in your community.	eel to your community? Connected means being socially involved with
Very connected	Somewhat unconnected
Somewhat connected	○ Very unconnected
Neither connected or unconnected (ne	utral)
3. Thinking about the amount of stre	ess in your life, how stressful are most days?
extremely	not at all
very	I don't know
somewhat	
4. In your opinion, in Kitsap County,	is there a shared feeling of pride for what happens in the community'
definitely	
somewhat	
O Somewhat	
not at all	

definitely		
_		
somewhat		
not at all		
I don't know		
6. How would you rate your con	nmunity's health overall?	
Very healthy	O Somewhat u	nhealthy
Healthy	Unhealthy	
Somewhat healthy	Very unhealt	hy
(Please pick 3.)	REE most important things that make	
Good place to raise children	Clean environment	Religious or spiritual values
Low crime and violence/safe neighborhoods	Affordable housing	Arts and cultural events
Good schools	Acceptance of diversity	Access to nutritious food
Access to healthcare	Good jobs and healthy economy	Accessible and affordable transportation
Parks and recreation	Healthy behaviors and lifestyles	Safe and walkable neighborhood
Something else (please fill in blan	k holmu)	Sale tald Halland Heighberhand
Jonething else (please fill ill blatt	k delow)	_
Which of the following do you Please pick your top 3.) Good place to raise children	wish were more present in your com	munity?
Low crime and violence/safe	Affordable housing	Arts and cultural events
neighborhoods	Acceptance of diversity	Access to nutritious food
Good schools	Good jobs and healthy economy	Accessible and affordable
Access to healthcare	Healthy behaviors and lifestyles	transportation
Parks and recreation		Safe and walkable neighborhood
Something else (please fill in blan	k below)	

	n your opinion, what THREE thi	ings cause the biggest problems t	o your community's overall health?	11. In your opinion, what THREE things cause the bigge community?
(/ /	Access to healthcare	Infectious diseases (flu, HIV, meas	sles, Obesity (adult and childhood)	(Please pick 3.)
	Chronic health problems (cancer, head disease, diabetes, high blood pressur respiratory illness) Crime and violence (robbery, homicid domestic violence, sexual assault, ch abuse/neglect) Discrimination (based on culture, language, race, etc.) Education (high school graduation rates, limited higher education options etc.) Something else (please fill in blank be	re Housing issues (unaffordable, uns play areas, unsafe housing, homelessness) Je, silic Mental health needs (treatment, medications, suicide prevention, etc.) Substance abuse (alcohol, drugs, opioids, etc.) Smoking, e-cigarettes, vaping s,	Lack of opportunities for physical activity etc.) Poverty (underemployment and unemployment)	Attention Deficit Hyperactivity Disorder Obesity ADHD/ADD Depression Asthma Diabetes Autism Gun-related injurier Child abuse and neglect Hunger Disabilities Homelessness Drug and alcohol abuse Internet safety Smoking, vaping, e-cigarettes Motor vehicle crasil cough, flu, etc.) Something else (please fill in the blank below)
10)	In your opinion, what THREE the in your community? ase pick 3.) Attention Deficit Hyperactivity Disorde ADHD/ADD		, •	12. In your opinion, what THREE things cause the bigge community? (Please pick 3.)
	Asthma	Obesity Depression	Lack of opportunities for physical activity School violence (including bullying)	Chronic health problems (cancer, heart Gun-related injuried disease, diabetes, high blood pressure, respiratory illness)
	Child abuse and neglect	Diabetes	Sexually transmitted diseases (STDs)	Disabilities Homelessness
	Child care options	Gun-related injuries	Mental health issues	Drug and alcohol abuse Housing issues (ur
	Disabilities	Hunger	Suicide	Smoking, vaping, e-cigarettes Discrimination (bas language, race, etc
	Drug and alcohol abuse	Homelessness	Lack of social opportunities (including after-school activities, camps, classes,	Infectious disease (measles, whooping cough, flu, etc.) Internet safety
	Smoking, vaping, e-cigarettes	Internet safety	sports, etc.)	Obesity Motor vehicle crast
	Something else (please fill in the blan	nk below)		Depression
				Something else (please fill in the blank below)

\Box	Attention Deficit Hyperactivity Disc	order Obesity	Lack of opportunities for physical
	Action benefit hyperactivity base ADHD/ADD Asthma Autism Child abuse and neglect Disabilities Drug and alcohol abuse Smoking, vaping, e-cigarettes Infectious disease (measles, who cough, flu, etc.) Something else (please fill in the b	Depression Diabetes Gun-related injuries Hunger Homelessness Internet safety Motor vehicle crashes	Lack of opportunities for physical activity School violence (including bullying Sexually transmitted diseases (ST Teen pregnancy Mental health issues Suicide Lack of social opportunities (incluater-school activities, camps, classports, etc.)
con	In your opinion, what THREE nmunity? ease pick 3.) Chronic health problems (cancer, i	E things cause the biggest problems	
	disease, diabetes, high blood pres respiratory illness) Disabilities Drug and alcohol abuse		Lack of parenting resources/supp
	disease, diabetes, high blood pres respiratory illness) Disabilities Drug and alcohol abuse Smoking, vaping, e-cigarettes	Hunger Homelessness Housing issues (unsafe, unafford Discrimination (based on culture, language, race, etc.)	activity Sexually transmitted diseases (ST Lack of parenting resources/suppr lable) Mental health issues
	disease, diabetes, high blood pres respiratory illness) Disabilities Drug and alcohol abuse	Hunger Homelessness Housing issues (unsafe, unafford Discrimination (based on culture, language, race, etc.)	activity Sexually transmitted diseases (ST Lack of parenting resources/suppr Lable) Mental health issues

oly we not experienced displacement from housing in f increase(s) that I could not afford	Black or African American White / Caucasian Bachelor's degree Masters or other professional degree Masters or other professional degree using or had to move due to any of the following? Check all the last a health crisis that affected my ability to pay rent/housing an employment change (job loss or reduction in hours) this
the Hawaiian or Pacific Islander er race (please specify) you identify as Hispanic or Latino? at is your highest level of education? s than high school h school graduate ne college, technical or AA degree ne last year, has your household lost hou ply you not experienced displacement from housing in a from the college of the last year in the college of the last year in the college of the last year in the college of the last year, has your household lost hou ply you not experienced displacement from housing in the college of the last year, has your household lost hou ply you not experienced displacement from housing in the college, the last year, has your household lost hou ply you not experienced displacement from housing in the college, the last year, has your household lost hou ply you not experienced displacement from housing in the college, the college of the last year, has your household lost hou ply you not experienced displacement from housing in the college.	Bachelor's degree Masters or other professional degree Masters or other professional degree using or had to move due to any of the following? Check all the last a health crisis that affected my ability to pay rent/housing
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ne last year, has your household lost hou oly ve not experienced displacement from housing in f increase(s) that I could not afford	the last a health crisis that affected my ability to pay rent/housing
sale of my rental housing unit by the owner ease in property taxes that I could not afford ease in utilities costs that I could not afford	affected my ability to pay rent/housing costs eviction for a cause other than not being able to pay the standard family break-up (divorce or separation) fleeing domestic violence
er (please specify)	Income delineste visitation
or (product opening)	
v long have you lived in Kitsap County?	
s than a year	11 years or more
5 years	I don't live in Kitsap County
10 years	
es to	ow long have you lived in Kitsap County? ess than a year to 5 years to 10 years

* 22. What is your zip code?	
98061	98353
98110	98359
98310	98364
98311	98366
98312	98367
98314	98370
98315	98378
98322	98380
98337	98383
98340	98384
98342	98386
98345	98392
98346	98393