Title Sponsors

Best Care Treatment Services
Serenity Lane
Turning Points Recovery

Platinum
To Be Announced

Gold
To Be Announced

Silver
The Printing Post
Windermere of Central Oregon
Lisa Hart & Lori Schneringer

Bronze
To Be Announced

Interested in sponsorship? or donating toward the cause?
Contact Peggy Roberts
at 541-480-4019
for information.

All dogs must stay leashed.

Redmond Alano Club Mission

To provide a safe, sober environment
for 12 Step Recovery Activities
in Central Oregon.

Redmond Alano Club
Where Recovery Happens

In 2003, group of volunteers in Redmond, Oregon, crated the Redmond Alano Club. This group provides a central location for 12 step support meetings to thousands of individuals each year. It helps them to recover from their addiction(s) and to rebuild their lives.

Find out more online at
www.redmondalanoclub.com



6th Annual
4RUNRECOVERY

5.19.18
Redmond, OR

2nd Year: Team Registration!

Race day and location:

Saturday, May 19, 2018
American Legion Park
850 SW Rimrock Way
Redmond, OR

Packet Pick-Up 7:30am-8:30am

Pre-registered runners, pick up packets at race location, American Legion Park stage.

Race Day Registration 7:30am-8:45am

American Legion Park stage.
Note: Registration closes ***firmly at 8:45am.***

5K/10K race begins 9:00am

1K Fun Run 10:00am

Children up to 12 years old.
All 1K Fun Run participants receive prizes.

After the race:

There is a raffle and silent auction, food, drinks, and awards for the top race finishers. *All runners receive a free raffle ticket for the post-race raffle.*

Proceeds from the race benefit the Redmond Alano Club. Alano Clubs are independent, nonprofit organizations that provide stable, centralized meeting places for 12 step recovery programs.

Clip here and mail registration with payment to Redmond Alano Club, PO Box 265, Redmond, Oregon, 97756

Registration Information

COMPLETE ALL INFORMATION for each participant.

First _____ Last _____

Address _____

City, State, Zip _____

Phone _____ E-mail _____

Age _____ (at time of race) ☐ Individual ☐ Team (Team Name)_____

Sign up online at www.redmondalanoclub.com or **mail registration and entry fee** to:
Redmond Alano Club, PO Box 265, Redmond, OR 97756

I will be running / walking: ☐ 5K ☐ 10K

$30 (rec'd by 5/19/17) $40 (day of race)
Cost includes T-shirt *$10 T-shirt (optional) day of race*
☐ T-shirt Size **(Size specification available only thru 4/29/18)** ☐ S ☐ M ☐ L ☐ XL

$125 Team of 5, $25 per each additional
Cost includes T-shirt *$10 T-shirt (optional) day of race*
☐ T-shirt Size **(Size specification available only thru 4/29/18)** ☐ S ☐ M ☐ L ☐ XL

Team Captain _____

☐ Donating to Redmond Alano Club $_____

Payment due with registration and must be received no later than 15 minutes before first race begins (8:45am on race day). **No refunds.**

In consideration of your accepting this entry, I hereby for myself, my heirs, and administrators, waive and release any and all rights and claims for damages which I may have or which may hereafter accrue to me, against Redmond Alano Club, Deschutes County, Redmond Park and Recreation District, the City of Redmond, and their respective officers, agents, representatives, and/or assigns, arising from injuries by me from participation in or traveling for this competition. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. I am fully responsible for my children and dog(s). My dog(s) will be kept on a leash and in my control at all times, and I am responsible for picking up after it/them.

_____ _____
Signature of participant Date

_____ _____
Signature of parent/guardian if participant is under 18 Date