



Hi Friends,

My name is Preston, and I'm a coach at Jump! North. I grew up in Houston, Texas and moved to Austin when I was a Junior in High School. I was a competitive gymnast for 6 years, but after I stopped I didn't give gymnastics much thought. It wasn't until I saw a coaching position for gymnastics that I found my passion again for the sport and especially coaching. After 6 months of coaching I was lucky enough to be added to the Jump! Gymnastics

family and I couldn't be more excited! My style of coaching revolves around making solid connections with the kids, and to help encourage and support them to become the best gymnasts and people they can be. There's nothing quite like the smile on a kid's face when they finally complete a skill or a task they've been working so hard at. I am blessed to be able to help them with that.

I have 4 siblings and 9 nieces and nephews, which is always a ton of fun even though it can be a little hectic at times. Being able to babysit and play with them has helped grow my love for working with kids, and taught me lots of patience. It has also taught me how much children look up to us. It's inspired me to work to become the best person I can be to make sure I'm setting a good example.

Fun Facts: At one point, one of my brothers and his wife had 6 kids under the age of 6. It was the craziest and most fun time when we were able to visit.

- Preston Nicholas