

## Levels of Development Chart

### Healthy

- 1** *Level of Liberation:* Ego Transcended — Balance & Freedom
- 2** *Level of Psychological Capacity:* Ego is Identified with as the basis of a Particular Mode of Being
- 3** *Level of Social Gift:* Ego Operating in a Constructive Way, Successfully Sublimating

### Average

- 4** *Level of Fixation:* Losing Contact with Presence and Awareness, the Beginning of “Sleep” — as Ego-Role assumed
- 5** *Level of Interpersonal Conflict:* Ego Controlling Environment to get its needs met — Manipulative & Defended
- 6** *Level of Overcompensation:* Ego Inflation, Aggressive defense of Ego-Identity. Demanding that others/reality support the ego-agenda

### Unhealthy

- 7** *Level of Violation:* Ego willing to violate self and others to maintain itself. Abusive, Devaluing, Desperate (Serious pathology arises)
- 8** *Level of Delusion and Compulsion:* Ego-self out of Control and Out of Touch with Reality (Major Personality Disorders)
- 9** *Level of Pathological Destructiveness:* Extreme Pathology or death (Psychosis)