

EXAMPLE

HOW I DAY TRADE – EOD/Swing Trade Ideas

EOD/Swing Trade Idea's, Review and Update's:

- Open Swings: IBM, move stop to low of the day
- SPY: Closed for a +1.25R gainer
- MSFT: Closed for a nice +1R gainer
- UNH: Closed at the end of day for a -.2R loss

NEW Trade IDEAS:

- Long XLK 76 – stop 75.49 – target 1.25
- Long NFLX 339.40 – stop 336
- Short NKE 83.50 – stop 84.01

** If price trades lower then stated will pass for a long or if trading over will pass for a short – target is 1R unless stated otherwise. (if your stop is .75 then your exit is .75 for a 1R gainer – if the goal is 1.25R then the exit is $.75 \times 1.25r = .93$ exit goal from your entry)*

The Trade Ideas are provided for educational purposes. The purpose is to educate traders on short term trading setups through a two-step process of selecting Daily Charts and applying intraday trading setups. Always use a stock trading simulator to test, master strategies and become more educated in the markets before risking real money. Become successful on a simulator before risking your money and always use a stop. If the markets conditions don't feel right or if you're unsure of the current days trading environment then PASS on the trade. A missed trade is better than a losing trade.

– **Have a Great Trading Day!**

** The first newsletter comes with a supplement guide for following the Newsletter & End Of Day Trade Ideas on stops/exits and risk/reward.*