

JULY 2020

Preston Hollow UMC Child Development Center

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast: Cereal
Lunch: No nut butter w/jelly sandwich, veggie chips, peach cups
Snack: Fig Newton bars

6

Breakfast: Yogurt
Lunch: Chicken spaghetti, salad, fresh fruit
Snack: Goldfish crackers & raisins

7

Breakfast: Cereal
Lunch: No nut butter w/jelly sandwich, veggie chips, fresh fruit
Snack: Fig Newton bars

13

Breakfast: Yogurt
Lunch: Chicken veggie wraps, fresh fruit
Snack: Goldfish crackers & raisins

14

Breakfast: Cereal
Lunch: No nut butter w/jelly sandwich, veggie chips, fresh fruit
Snack: Fig Newton bars

20

Breakfast: Yogurt
Lunch: Chicken tacos w/salad, mild salsa, black beans, fresh fruit
Snack: Goldfish crackers & raisins

21

Breakfast: Cereal
Lunch: No nut butter w/jelly sandwich, veggie chips, fresh fruit
Snack: Fig Newton bars

27

Breakfast: Yogurt
Lunch: Veggie pizza, salad, fresh fruit
Snack: Goldfish crackers & raisins

28

Breakfast: Biscuits w/jelly
Lunch: Turkey & cheese sandwiches, veggie chips, fresh fruit
Snack: Red, white & blue popsicles

1

Breakfast: Biscuits w/jelly
Lunch: Turkey hot dogs w/veggie chips, applesauce
Snack: Nutri Grain bar

8

Breakfast: Biscuits w/jelly
Lunch: Turkey pigs in a blanket, veggie chips, applesauce
Snack: Nutri Grain bar

15

Breakfast: Biscuits w/jelly
Lunch: Turkey burgers w/veggie chips, applesauce
Snack: Nutri Grain bar

22

Breakfast: Biscuits w/jelly
Lunch: Turkey bologna roll ups, salad, applesauce
Snack: Nutri Grain bar

29

Breakfast: BelVita breakfast bars
Lunch: Chicken nuggets, broccoli, fresh fruit
Snack: Fruit snacks

2

Breakfast: BelVita breakfast bars
Lunch: No nut butter w/jelly sandwich, veggie chips, fresh fruit
Snack: Fruit Snacks

9

Breakfast: BelVita breakfast bars
Lunch: No nut butter w/jelly sandwich veggie chips, fresh fruit
Snack: Fruit Snacks

16

Breakfast: BelVita breakfast bars
Lunch: No nut butter w/jelly sandwich, veggie chips, fresh fruit
Snack: Fruit Snacks

23

Breakfast: BelVita breakfast bars
Lunch: No nut butter w/jelly sandwich, veggie chips, fresh fruit
Snack: Fruit Snacks

30

Closed

3

Breakfast: Yogurt
Lunch: Fish sticks, coleslaw, fresh fruit
Snack: Ice cream cups

10

Breakfast: Yogurt
Lunch: Tuna salad sandwich, veggie chips, fresh fruit
Snack: Ice cream cups

17

Breakfast: Yogurt
Lunch: Fish sticks, coleslaw, fresh fruit
Snack: Ice cream cups

24

Breakfast: Yogurt
Lunch: Tuna salad sandwich, veggie chips, fresh fruit
Snack: Ice cream cups

31