

Guide to the good life

By: Anna Turner

NUVO Editorial Staff

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Indianapolis' newest roller derby team, the Circle City Socialites, is known for its classy portrayal of roller derby, taking the sport to an art with their retro homage to the ladies of the 1950s. Flaunting their socialite image to the fullest, the girls have come out with *The Roller Derby Guide to the Good Life*, a cookbook and domesticity how-to manual written by the "debutaunts" themselves. When coach Roller Dex first heard about the Socialites' cookbook plans, he was hardly surprised. "This is such an awesome group of talented women," Roller Dex says. "This is just one more amazing thing they've done."

The cookbook idea was originally conceived as an alternative to a team calendar, a regular project taken on by many roller derby teams. Faye Stunaway (whose real name is Kelly Kendall) says that the socialites wanted to do something creative and original that showed their individuality. "We wanted to do something no one had ever seen before," Stunaway says. "We wanted something that played on our 1950s socialite image, and so the whole idea of housekeeping and cooking came to mind. The cookbook fit perfectly - and each one of us is in the book in one way or another."

The book is filled with personal tips and recipes from the girls, ranging from how to get rid of deodorant spots on that little black dress to cooking up Prozac in a Pan. The domestic nature of the book allows the girls to showcase their personalities in a new arena, one that is a nice contrast to the pushing, shoving and aggressive skating bouts they are so accustomed to. Junior Say-ow, photographer for *The Roller Derby Guide to the Good Life*, comments that the girls really embraced the retro socialite photo shoots. "The cookbook gave these tough, hard, aggressive women a chance to do something new. I had a hell of a good time doing this project." But the cookbook is not just about fun and games; there is also a charity aspect. Just as with anything the Circle City Socialites do - including every bout they participate in - proceeds from the cookbook will benefit a local charity. In this case, Second Helpings is the beneficiary, receiving money from both the cookbook launch party's sales and the Circle City Socialites' June 20 bout, where they will have food, cocktails and copies of the cookbook available. Second Helpings will use the money to support its mission in rescuing thrown-out food and also in its Culinary Job Training Program.

The Roller Derby Guide to the Good Life will officially be available to the public on June 20 during the bout against the Stateline Derby DIVAS from Rockford, Ill., at the Hamilton County 4-H Fairgrounds. The doors open at 6 p.m. with the bout starting at 7 p.m. Keep an eye out for Circle City Socialites around Indianapolis, because, as coach Roller Dex says, "You never know what they're gonna do next."



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