



Walk to
Emmaus
THE UPPER ROOM®

Central Alabama Emmaus Community

the 4th day newsletter

September 21, 2014

A MESSAGE FROM WALK #164 LAY DIRECTOR

The cool thing about Emmaus is that there are not just fifteen talks over three days filled with agape love. It is a group of people whose priorities are in the right place. A group of people who don't just talk about the Body of Christ and Changing Our World; but, who live it out to each other outside of Camp Alamisco.

Randy and I experienced God's prevenient grace when we were invited to Emmaus nine years ago. He knew that in a few years Randy would be diagnosed with cancer and we would have many needs. He blessed us with a group of people who said yes to the promptings to be the body of Christ by bringing food to our children and parents while we were in Little Rock for many weeks. A group that embodied Christian action by sending cards, emails, texts and letters of encouragement at just the right time; who prayed and prayed and prayed some more; who cut our grass and raked our yard; who flew our children to see us over Thanksgiving and gave them a ride back home (even giving up their seat for one of them); who made sure that we had a yummy Thanksgiving dinner far from home; who packed up every single thing in our house in a very orderly fashion and helped us moved; who provided when times were tight; and so many other ways. I am always overwhelmed by the love of Christ at Emmaus. However, the body of Christ has inundated us with love and encouragement outside of camp. Just as we did nothing to deserve this love, your discipleship has given us a picture of Christ's extravagant love for us that we could never earn on our own. What a blessing it is to be part of such an awesome priesthood of believers!

I am also thankful for what God has done in my heart since my Emmaus walk. He knew my priorities were not where they should be and that I needed to grow through study. He put in my heart a desire to strive for a life of piety. Having back and neck surgery fifteen years ago and then Randy's cancer has taught me much about perseverance. In addition, He knew that I needed grace – lots of it!

I am so grateful for Emmaus and all of the many ways that it has touched my life! I pray that the ladies of Walk 164 will be overwhelmed by the love of Christ and that they will know this joy. This walk just might be God's prevenient grace for one of them. A huge thank you to everyone who is giving of their time to pray, serve or just be a part of Walk 164! May you be richly blessed for all you do!

DeColores,

Fran Lyons

"And their eyes were opened and they knew Him." Luke 24:31



Women's Walk #164

Fran Lyons—Lay Director
Lake Martin Cluster

Times To Remember

Wednesday 7pm Send-Off

Friday 7pm Candlelight

Saturday 7am Serenade

Saturday 4pm Closing



IN THIS ISSUE

Walk 164 Lay Director Page 1
 Walk 164 Spiritual Director..... Page 2
 2014 & 2015 Walk Dates Page 2
 Walk 164 Pilgrims..... Page 3
 Conference Room Team Page 4
 Work Area Chairpersons..... Page 4
 Men of CAEW 163..... Page 4
 2014 CAEW Board..... Page 5
 Cluster Information..... Page 6
 The Theology of 1 clap..... Page 6

A MESSAGE FROM WALK #164 SPIRITUAL DIRECTOR

I am so excited and delighted to serve as the Spiritual Director on Ladies Walk #164. I have served many times as a Spiritual Director and as an Assistant Spiritual Director and I am always humbled by the opportunity. God works in such wonderful ways on these walks. You can feel His presence and watch Him working in the lives of the pilgrims. It always causes me to reflect on my own walk and how God touched me in a very real and special way. My walk changed my life and I know it will be a life changing experience for these pilgrims. How awesome to be a part of the work that God is going to do. How wonderful to serve with the Community and see all the service rendered to God unreservedly and unselfishly. The Emmaus walk is truly a work of God I am blessed to be a part. Please pray for us and all the pilgrims on Walk #164. To God Be the Glory! DeColores.

Neil Epler

Blue Lake Walk to Emmaus #40

Table of Luke

2014 Walk Dates to Remember

Walk #165 October 22–25
Cindy Clem—Lay Director
Elmore Cluster

2015 Walk Dates

Walk #166 January 21-24
Duane Skarecky-Lay Director
Prattville Cluster

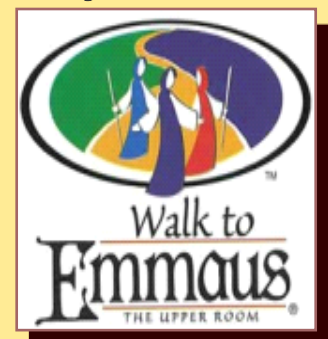
Walk #167 February 25-28
Connie Parr-Lay Director
Greenville Cluster

Walk #168 March 18-21
Jim Ferguson-Lay Director
Montgomery Cluster

Walk #169 April 15-18
Kathy Richardsom-Lay Director
Millbrook Cluster

Walk #170 May 13-16
Truman Hornsby- Lay Director
Selma Cluster

For additional Emmaus and Chrysalis information and updates, periodically refer to our website at www.caew.org
Remember, God equips & gives you the means & strength you need to serve, and bring others to Christ.



Agape Needs:
65 of each item for All



Sign Up For Emmaus Prayer Vigils

To sign up for a prayer vigil for Emmaus Walks locally and around the world go to:

<http://www.3dayol.org>

click on the walk number on the schedule and look for sign up information.

Community Prayer Requests

<http://www.caew.org>

Pilgrims of Women's Walk #164

PILGRIM		CITY	ST	CHURCH	SPONSOR(S)	
Callie	Abel	Ashland	AL	Lifespring non denom	Lorri	Schoonover
Thomasina	Allen	Lanett	AL	Pilgrim Baptist	Tommy	Holt
Barbara	Barnes	Montgomery	AL	Eastmont Baptist	Rosalyn & Zack	Godwin
Kim	Birchfield	West Point	GA	Faith Baptist	Frances	Reeves
Ruth	Brooks	Hogansville	GA	Pleasant Grove Christian	Barry	Brooks
Margaret	Brown	Pike Road	AL	Murdock Chapel AME	Nancy	Thompson
Jean	Clifton	Montgomery	AL	St. James UMC	Helen	Johnson
Pam	Cloud	Pike Road	AL	Frazer UMC	Sidney	Chancellor
Sara	Cummings	Roanoke	AL	Pleasant Grove Christian	Ricky	Cummings
Ashley	Fancher	Valley Grande	AL	Crosspoint Christian	Robbie	Fancher
Jennifer	French	LaFayette	AL	Pleasant Grove Christian	Leigh	Wages
Lacey	Genard	Millbrook	AL	Elkdale Baptist Selma	Darrell & Carla	Pugh
Laura	Hamilton	Montgomery	AL	St. James UMC	Linda	Pearson
Liz	Hamilton	Montgomery	AL	St. James UMC	Linda	Pearson
Megan	Harrison	Selma	AL	Crosspoint Christian	Donna	Harrison
Dianne	Henderson	Troy	AL	Transformation Church non-denom	Anne	Givens
Karen	Holland	Prattville	AL	Prattville FUMC	Kay	Walters
Pat	Jarrell	Auburn	AL	Gateway Family Assembly of God	Chad	Wilbanks
Krystal	Jones	Valley Grande	AL	Crosspoint Christian	Eric	Jones
Taylor	Kerby	Auburn	AL	Auburn Fellowship	Belinda	Doyle
Aimee	Krenz	Pinson	AL	The Healing Place Church of God	Kaye	Poe
Brantley	Leverette	Pike Road	AL	St. James UMC	Jamie	Brown
Camille	Mitchell	Valley	AL	Holy Family Catholic	Frances	Reeves
Kim	Posey	Lanett	AL	PC Baptist Church	Kaitlynn	Spradlin
Cretia	Pugh	Montgomery	AL	Eastmont Baptist	Carol	Hyland
Michelle	Ragsdale	Montgomery	AL	Centerpoint non denominational	Ramona	Stiff
Delia	Rivera	Auburn	AL	Lifespring Non Denom	Lorri	Schoonover
Joanne	Saucer	Titus	AL	Frazer UMC	Judy	Harrison
Laura	Sims	Montgomery	AL	Aldersgate UMC	Susan	Reynolds
Marie	Smith	LaFayette	AL	Pleasant Grove Christian	Wayne	Smith
Cathy	Stevens	Montgomery	AL	Eastmont Baptist	Blake	Eatman
Kaye	Stiles	Valley	AL	Pine Grove	Kathy	Richardson
Barbara	Tutchtone	Greenville	AL	Antioch East Baptist	Carol & Franklin	Mixon
Christine	Watkins	Montgomery	AL	St. Jude Catholic	Ashley	Belcher
Jodi	Wells	Opelika	AL	Trinity UMC Opelika	Melissa	Bice
Pam	Williams	Prattville	AL	First Baptist	Darrell&Carla	Pugh
Nicole	Willis	Valley Grande	AL	Crosspoint Christian	Jerry	Ware

Conference Room - Women's Walk #164

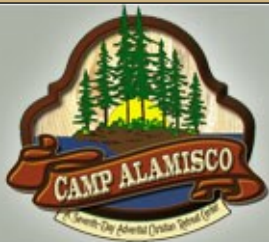
Lay Director	Fran Lyons
Spiritual Director	Neil Epler
Assistant Spiritual Directors	Suzie Beeson Cliff Cobb Steve Dean Jim Sasser
Assistant Lay Directors	Thina Biblis Hope Brackin Helena Britton Linda Pearson
Table Leaders	Jamie Brown Polly Dunn Barbara Rosser Jennifer Spencer Ginger Lee Jamie Shelton
Assistant Table Leaders	Karen Dean Rosalyn Godwin Meredith Parham Bev Robinson Betsy Terry Rita Carswell
Music	Crystal Strickland Marian Woodman
Media	Mo Moseley
Board Rep	Terri Sasser

Work Areas - Women's Walk #164

Support Area	Chair / Co-Chair
Agape	Mickie Lane / Mallory Snider
Book Bags – Pilgrim Bk.	Bonnie Poole
Book Covers	Marcia Wright / Nancy Whitfield
Bed Tags	LaNell Black
Book Table	Kay Walters / Hope Brash
Candlelight	Molly Cross and Family
Entertainment	Kathy Richardson & Nun Group
Friday Night Party	Brad and Kathy Jones
Greeters	Sybil Pemberton / Joan Turner
Logistics	Sammy Teel / Jim Ferguson
Food Prep	Sidney Chancellor / Catherine Jones
Meal Service	Franklin Mixon / Judy Kopecky
Photography	Rita Harman / Alan Byrd
Refreshments	Tracy Teel / Jennifer Morrow
Housing & Registration	Missy Johnson / Wanda Ryals
Serenade	John Biblis / Jason Belcher / Chuck Parkinson
Sponsors' Hour	Jennifer Andrews / Jackie Andrews
72 Hour Prayer Vigil	Catherine Jones / Kathryn Besong
Speaker's Prayer Chapel	Wendy Rajan / Marsha Davis
Worship	Tony Thacker / Jim Smith



Welcome Men of Walk #163



In Case Of Emergency
Camp Alamisco
256-825-9482

LOST YOUR BADGE?

Contact

Keith Robinson at

rangerlkr@hotmail.com

The cost to replace a lost badge is \$2.



TEAM SELECTION

Robert Turner Chairperson

rpturner@charter.net

Work Area Sign In Sheets from each walk should be sent to Rita Carswell

ritacarswell14@yahoo.com

NEWSLETTER EDITORS

John & Thina Biblis

johnbiblis@gmail.com 334-887-2387

***Please send articles, updates, cluster & reunion group photos and information to share with the Emmaus community.

Address, contact phone, or email changes?

Help keep your information updated. Go to

www.CAEW.org

If you don't have email or computer access, call anyone in the Community to assist you with any update needed to your current address, phone or other information.

Emmaus Work Area	2014 Community Board Representative
72 Hour Prayer Vigil	Keith Robinson
Agape	Lori Schoonover
Book Table	Glenn Kinard
Candlelight	Cindy Clem
Food Preparation	Robert Turner
Friday Night Party	Jess Henderson
Greeters	Gene Ann Mullins
Housing and Registration	Kay Walters
Logistics	Danny Sanford
Meal Service	Alan Byrd / Rita Carswell
Music & Media	Steve Dean
Photography	Rolland Truman
Refreshments	Kathy Richardson
Training	Terri Sasser
Serenade	Truman Hornsby
Speaker's Prayer Chapel	Keith Robinson
Sponsor's Hour	Kay Morris
Supplies	Mack Lovelady
Worship	Bob Money
Registrar - Men's	Jim Snyder
Registrar - Women's	Lynn "Mo" Moseley
Name Badge Coordinator	Keith Robinson
Community Website Coordinator	Allen Brewer
Community Newsletter	John and Thina Biblis
Community Spiritual Director	Neil Epler
Community Lay Director	Rita Carswell
Community ALD	Terri Sasser
Community Treasurer	Michelle Granberry
Community Secretary	Gene Ann Mullins
Communications Coordinator	Darrell Pearson
Community ASDs	Steve Dean, Dru Mattox
	& David Waldrop
Chrysalis Committee Chair	Toby Hanna

2014 CAEW—CLUSTER INFORMATION

Clanton Emmaus Cluster:

Cluster meetings are the 1st Tuesday of every month at 6:30 pm at Mt. Pisgah United Methodist Church

East Alabama Emmaus Cluster:

Contact-Dave & Lorri Schoonover
email: lorrianddave@yahoo.com 256-270-3572

Covered dish dinners are on the first Monday of every month at 6 pm alternating between Auburn UMC and Opelika First UMC.

Elmore County Emmaus Cluster: Contact – Mack Lovelady

email: mlovelady@elmore.rr.com - 334-514-1661

Meets the 2nd Tuesday of each month at Elmore UMC.

Greenville Wannabes Cluster : Contact Brad Jones

email: katent12@gmail.com - 334-235-2723

Meets on Tuesday following a walk at 6:30 pm at Antioch East Baptist Church 2303 Old Stage Rd in Greenville, for a covered dish dinner.

Lake Martin Area Emmaus Cluster : Contact – Sammy Teel

email: teelsammy@gmail.com

Meets on Monday following a walk at 6:30 pm and have a covered dish dinner. Rotate between Flint Hill UMC, Dadeville FUMC, Trinity UMC, Hillabee Baptist and Alexander City FUMC.

Millbrook Miracles Emmaus Cluster: Contact – Jamie Brown

email: jybsphr03@aol.com - 334-462-0300

Meets at 12 noon on the 4th Sunday of each month for a covered dish meal at Millbrook FUMC Missions Building.

Montgomery Emmaus Cluster: Contact Jimmy Dennis

email: dennisfamily@charter.net - 334-262-1940

Covered dish dinners are held at Aldersgate UMC on the Tuesday following each walk at 6:30pm

Prattville Walkers Emmaus Cluster: Contact Gene Ann Mullins,

alabamasoupgirl@aol.com, 334-361-6333 or

Glenn Kinnard, glennkinal@aol.com , 334-365-1030

A "Follow-up" dinner will be held on the Tuesday after each Emmaus Walk at 6:00pm at Trinity UMC in Prattville.

Selma Emmaus Cluster: Contact – Sharon Truman

sharontruman520@gmail.com - 334-354-4382

Covered dish dinners held the first Tuesday of each month at 6:30pm at Church Street UMC in the fellowship hall.

Valley Emmaus Cluster: Contact – Ted McConnell

TednDeb@charter.net - 334-745-2370 or 334-444-2585 or

Betty Jo Landrum LandrumBetty@hotmail.com - 334-864-0928

Covered dish dinners are held at various church locations at 7:00pm on the Tuesday following each walk. If walks are back to back, the dinner is after the second walk.

The Theology of 1 Clap

Last year, the Emmaus board voted to adopt abbreviated claps for Emmaus introductions. Aside from saving time at closing when many introductions are made, there are other reasons why the vote makes sense. You are invited to consider the theology behind a single clap:

1 clap is far more mysterious than many. John Wesley used the word *mystery* a fair amount, especially related to faith. The mystery of our faith is something he rarely apologized for. Mystery should be celebrated. Anyone can applaud the traditional fashion, but distinct organizations are wise to be set apart. One clap immediately communicates to new pilgrims at sendoff that there *will* be something mysterious and uniquely original about the upcoming weekend experience.

Too much clapping may appear insincere. Any group welcomes honorees with standard applause. As guest speakers are introduced, when people are recognized by awards, a large crowd all claps randomly until each participant decides that's enough. At the end of tiring, consecutive introductions, apologies for half-hearted enthusiasm are as necessary as any clapping redo. We wouldn't want to risk differentiating the level of reception among many introductions. One clap avoids this problem when people commit to one strong clap. Why hurt anyone's feelings by clapping more for some and less for others? Give everyone a single clap, and avoid the problem all together.

1 clap is less tiring. Jesus promises rest for the weary (Matthew 11:28).

When several introductions are made one after the other, subsequent receptions become less and less enthusiastic. Should you really feel guilty your clapping volume is waning with so much clapping to do? No need to be tired - I can motivate my hands into one strong clap. I know they'll get to rest in a half second! The energy you save can be reallocated to cleaning toilets, cutting 38 tomatoes in the kitchen, or whatever else God called you to do.

1 clap is consistent with other Emmaus principles. Let's face it-we do things differently at Emmaus. We worship on Saturday evenings, set our alarm at 3 am to pray for a half hour, clean toilets for people we have never met, and hide in the dark to sing to strangers. If we are going to honor all these crazy marks of discipleship, why not set the tone at the first introduction with the one slap clap?

Thanks for reading.

Ryan Heatherly, West Tennessee Chrysalis Flight #14, Table of Juvenile Disciples... CLAP!