

Curriculum Schedule for Outback Serenity Center

***This is a 26 week overview of the curriculum process for each resident.**

***All residents will be required to complete the Life Recovery Workbook before completion.**

I. Freedom From Addictive Behaviors DVD – 8 sessions – 2 per week – (4weeks)

(*Day 1- view DVD / Discussion - Day 2- view same DVD / Answer questions)

II. Victory Over the Darkness – 8 sessions – 2 per week – (4 weeks)

(*Day 1- view DVD / Discussion – Day 2- view same DVD / Workbook questions)

III. Bondage Breaker DVD – 12 sessions – 2 per week / 7 Steps – 1 per day – (8weeks)

(*Day 1- view DVD / Discussion – Day 2- view same DVD / Workbook questions)

IV. Steps to Freedom in Christ – 7 Step counseling process to be worked through with Program Manager.

IV. Freedom From Addiction – 10 sessions – 1 per week – (10 weeks)

(*Complete required reading and 1 chapter per week in workbook)