

# Are you a FAMILY CAREGIVER?



Rosalynn Carter  
INSTITUTE  
FOR CAREGIVING



## DATE:

March 9th, 2020

## TIME:

10AM—2PM

Lunch Provided

## PLACE:

Red Bluff Senior Center  
1500 S. Jackson Street  
Red Bluff, CA 96080

## Sign up today for your **FREE** Dealing with Dementia Workshop



### DO YOU NEED HELP IN THESE AREAS?

- ◇ Understanding Dementia
- ◇ Managing Problem Behaviors
- ◇ Handling Stress
- ◇ Finding Time for You



*"I wish this guide and training had been available when I was caring for my mother with vascular dementia. Following the suggestions in this guide book will make a BIG difference for the caregiver and the person receiving care." ~ Family Caregiver*

**PRE-REGISTRATION IS REQUIRED.** To reserve your spot, please contact:

Passages Caregiver Resource Center | 530.898.5925 |