



RHYTHMIC FALL SCHEDULE
Fall 2019 –2020
Lakeshore Dance and Gymnastics
 701 Beta Dr. Unit 25 Mayfield Village, Oh
 440-461-0015

STUDIO CLOSINGS
 Thanksgiving Break Nov. 27-30
 Winter Break Dec. 23-Jan. 1
 Spring Break April 9-15
 Memorial Day Break May24-25



Revised 11/9//19

Sally@lakeshoregym.com
 www.Lakeshoregym.com

	Level	Hours	4	Mon.	Tues.	Weds.	Thurs	Fri.	Sat.
PRESCHOOL	3-5yrs	45 Min.	\$55						
	ONE FREE MONTH month of November Call in to reserve a space 12:00-12:45								
RECREATION	Level 1 beginner 6 yrs. and up	2	\$60			5:30-6:30			
	Level 3	4		4:30-6:30			4:30-6:30		
	COMPETITIVE								
INVITATION	EXCEL Level 4	6 8		4:30-7:30			4:30-7:30		1:00-3:00 first 2 Sat of the month 12:00-2:00 other Sat. of the month
	Level 5	11		5:30-8:30		5:30-8:30		5:30-7:30	11:00-2:00
	Level 8	13		5:30-8:30		5:30-8:30		5:30-8:30	11:00-3:00

Group Routine Practice Excel Talia, Maiia, Dina, & Ava
1:00-3:00 the 1st & 2nd Sat of each month
 Oct. 5,12 Nov. 2, 9 Dec. 7, 14

Excel will be from **12:00-2:00 the other days and sometimes at JCC**
 Dina & Ava

level excel -8

We will use the JCC for level competitive Excel -8 on Sat.
 Oct. 26, Nov, 16, 23, Dec. 21.

CHRISTMAS SHOW AND MOCK MEET December to prepare the girls for the competition season.

We have some apparatus for the gymnasts to purchase:

Small Balls –Yellow/Pink/Blue \$20 1 Large Green Ball from \$24
 Ropes– Yellow /Pink \$20 Hoops 65 Cm. -\$40
 Apparel: Black Leotards, or shorts & t-shirt, white socks and buns.