Spring Lake Park Recreation
Spring/Summer 2019
Activity Catalog

Tower Days
Youth Summer Camps and Outings
Youth Activities
Adult Sports
Adult Special Interest
Free Senior Clubs
Travel Show
Day Trips and Extended Tours
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Employment

Applications available at www.slprec.org and at the
Spring Lake Park Recreation Department, 1301 81st Ave.
NE For more information call 763-792-7201.

Summer Playground Staff

The Recreation Department is seeking creative adults with
experience in coordinating, implementing, and supervising
activities for children in grades K-6. Position hours are
Monday – Friday 9:00 am - 4:00 pm, from approximately
June 17 – August 9. Application deadline: May 1

SLP Junior Leader Positions

This is a great volunteer experience for teens this
summer, working with a variety of ages in our Able Park
Summer Camps (approximately June 17 – August 9). If
you are 13 or older and have some time to share, we could
use your help at the Able Park Summer Program. Gain
valuable work experience that will benefit you in the future!

Sports / Specialty Instructor

Salary: $10 – 15/hour done on a contract basis
Dates: Anytime
Days / Hours: Flexible
Qualifications / Description: Organize and run sports or
special interest classes during the day or evening hours for
youth and/or adults. Must be 18 or older.

SLP Recreation Student Internship

The Spring Lake Park Recreation Department is pleased to
offer internship opportunities to undergraduate and
graduate students in the parks and recreation or leisure
services curriculum of an accredited school, university or
college. Internships can be tailor-made to fit the students’
educational and skill development needs. The SLP
Recreation Department offers programs for Youth, Adult, &
Seniors in the areas of Art/Culture, Fitness/Sports, Social
Enrichment, Outdoor Recreation, Therapeutic Recreation,
Special Events, Day Outings and more. Possible Days/
Hours: Weekdays 8:00am – 4:30pm (some evenings and
weekends)

Application available at www.slprec.org

Follow us on Facebook, Twitter and Instagram
Making Memories that will last a lifetime

NEW Dine & Dance Summer Music Series

Experience free live entertainment for the entire family. Spend a relaxing evening at Spring Lake enjoying live music from popular local bands. A variety of genre including jazz, country, rock and folk music will be performed. In addition to music, The Beyond the Yellow Ribbon Organization will be providing food for purchase, with all proceeds going to benefit veterans and their families. So grab a lawn chair, gather your family and friends and join us for some good music, good food and good company on a lovely summer night by the lake.

Co-Sponsored with the Spring Lake Park Lions Club

Wednesdays, 6:30 – 8:00pm
Lakeside Lions Park – 1696 -79th Ave NE

<table>
<thead>
<tr>
<th>Date</th>
<th>Band</th>
<th>Genre</th>
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</thead>
<tbody>
<tr>
<td>June 5</td>
<td>Spring Lake Park High School Jazz Band</td>
<td>Jazz</td>
</tr>
<tr>
<td>June 19</td>
<td>“Country Band”</td>
<td>Classic Country</td>
</tr>
<tr>
<td>July 10</td>
<td>“Swing Cats”</td>
<td>Jazz and Swing</td>
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<tr>
<td>July 24</td>
<td>“The Michael Handler Project”</td>
<td>Folk, Pop, Rock, Country</td>
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<tr>
<td>August 14</td>
<td>“The Castaways”</td>
<td>50’s Rock</td>
</tr>
</tbody>
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Family Hayride & S’mores Cookout

Official Tower Days event returning this year - join us for a fun summer evening on a horse drawn hayride through Bunker Hills Park. After the hayride the wonderful staff at Bunker Park Stable will have a few fires ready for us, and you will get to roast marshmallows with your family and enjoy s’mores. This is a family event, children must be accompanied by adults. Register the whole family! Please be sure to dress for the weather and bring your roasting sticks. S’more ingredients & refreshments provided.

Registration deadline: June 5.

Friday, June 7
5:15pm - Meet at Bunker Park Stable
5:30pm – Hayride begins
6:15pm – S’mores Roast
Fee: $9/person

Bunker Park Stable is located in the north region of the park, 1.4 miles east of Hanson Blvd. and 2.5 miles west of Hwy. 65/Central Ave. on Bunker Lake Blvd NW. You will turn at the Activities Center entrance – but drive past the Activities Center parking lot and follow the winding road – it ends at the stable. Do not go into the main [Bunker Beach] entrance. More directions available at www.bunkerparkstable.com.
We are Kicking off Tower Day’s with our **NEW** Dine and Dance Summer Series:
Featuring music from—SLP High School Jazz Band
Wednesday, June 5 at 6:30 –8:00pm at Lakeside Lions Park
(for more Dine & Dance summer Music Series see Pages 3&29)

**Parade** Thursday, June 6, 6:30pm

**City Wide Garage Sale** June 6 - 8

**500 Tournament for Seniors**
Friday, June 7, 1:00pm $4.00 entry fee
Tournament held at Legends of Spring Lake Park.
(Pre-registration required by 5-31-19)

**Family Hay Ride**
Friday, June 7, 5:15pm
(Pre-registration required.  See Page 3 for more details)

**Outdoor Movie**
“Ralph Breaks the Internet”
Saturday, June 8, 9:00pm at Sanburnol Park (8463 Terrace Rd)

**Adult Softball Tournament** June 8-9

**Paint and Sip**
Sunday, June 9, 1:00 - 3:30pm (Pre-registration required.  Must be 21 years of age.  See page 17 for more details)

**Festival at Lakeside Lions Park**
Sunday, June 9, 11:00am - Dusk
- Lumberjack Shows
- Live Music Rockin’ Hollywood’s 6:30pm
- MSMA Car Show
- Beer Garden
- Food Vendors 10:00am - 10:00pm
- Arts, Craft and Business Fair
- Family Bingo & Designer Handbag Bingo
- Kid Activities - Inflatable games, face painting & carnival
- Mobile Video Game Theater
- Water Wars and Bungee trampoline
- Carnival Games
- Fireworks
“Celebration in the Park” at Lakeside Lions Park

Sunday, June 9

Live music in the park, softball tournament, car show, Culver’s custard and All American Lumberjack Shows are all scheduled at Lakeside Lions Park. Fantastic Fireworks at dusk.

A $3.00 donation gets you a button to enjoy the following Sunday events free of charge: car show, craft show, Culvers frozen custard social, water wars, face painting, live music, lumberjack shows, fun events and more for all ages.

Located at Pleasantview Drive and 79th Ave in Spring Lake Park

Event Attributes-Accessible to Disabled

Button Designer: Brenna Rea

Fireworks at Dusk

Grab your lawn chair and join us for some great pyrotechnic entertainment.
Join us for some a summer full of activities

FREE PLAYGROUND PROGRAM
AT ABLE PARK (Ages 6 – 12)

These free program days are offered at Able Park and supervised by our playground camp staff. Parents can sign their children in and out at the park. They are also a great option to use in coordination with our other paid camp programs. Our staff will have fun and engaging activities planned each day, which include simple art projects, outside games, team building and more!

Monday, Tuesday & Thursday
June 17 – August 8 (closed July 4)
9:30am – Noon
Able Park Building (8200 Able St.)
Free!
No registration required

ABLE PARK PANTHERS
(Ages 6 – 12)

Join the fun in a program offered for youth to enjoy a variety of activities this summer. Special interest areas such as woodworking, arts and crafts, drama, sports, and nature are just some of the many areas that will be explored. Boys and girls meet three afternoons per week for 8 weeks. Join us for a summer of fun and adventure. Please register no later than 1 day prior to program start date.

Monday, Tuesday & Thursday
June 17 – August 8 (closed July 4)
1:00 – 4:00pm
Able Park Building (8200 Able St.)
Fee: $45/child (Includes t-shirt, supervision, all activities & arts & craft projects)

ABLE PARK MUNCHKINS
(Ages 4 & 5)

Let your 4 and 5 year olds enjoy summer at Able Park with stories, songs, games, arts & crafts and much more! Daily snack provided. Please register no later than one day prior to program start date.

Tuesday and Thursday
June 18 – August 8 (closed July 4)
10:30am - Noon
Able Park Building (8200 Able St.)
Fee: $30/child (Includes t-shirt, supervision and snacks)

Join the fun in a program offered for youth to enjoy a variety of activities this summer. Special interest areas such as woodworking, arts and crafts, drama, sports, and nature are just some of the many areas that will be explored. Boys and girls meet three afternoons per week for 8 weeks. Join us for a summer of fun and adventure. Please register no later than 1 day prior to program start date.

Monday, Tuesday & Thursday
June 17 – August 8 (closed July 4)
1:00 – 4:00pm
Able Park Building (8200 Able St.)
Fee: $45/child (Includes t-shirt, supervision, all activities & arts & craft projects)
**Summer Camp Weekly Schedule**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>9:30am - Noon&lt;br&gt;Free Playground Program</td>
<td>9:30am - Noon&lt;br&gt;Free Playground Program</td>
<td>9:30am - 4:00pm&lt;br&gt;Outings</td>
<td>9:30am - Noon&lt;br&gt;Free Playground Program</td>
<td>9:30am – Noon&lt;br&gt;Free Playground Program (Closed July 5)</td>
</tr>
<tr>
<td>1:00 - 4:00pm&lt;br&gt;Able Park Panthers</td>
<td>1:00 - 4:00pm&lt;br&gt;Able Park Panthers</td>
<td>(Times vary see outing list)</td>
<td>1:00 - 4:00pm&lt;br&gt;Able Park Panthers (Closed July 4)</td>
<td>1:00 – 4:00pm&lt;br&gt;Free Playground Program (Closed July 5)</td>
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**SPECIAL EVENT FREE FRIDAYS!**

**(Ages 6-12)**

- We will be open in the morning from 9:30 am – Noon for games and arts/crafts.
- In the afternoon from 1:00 – 4:00 pm there will be a special event planned such as a carnival, various tournaments, sand castle building contests, prizes and more! Don’t miss the fun – a new surprise is planned each week.

Friday, June 21 - August 9 (closed July 5)
9:30am – Noon and 1:00 – 4:00pm
Able Park Building (8200 Able St.)
Free!
No registration required

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**Wednesday Youth Summer Outings**

Drop off & pick up will be at the Able Park Building located at:
8200 Able Street, Spring Lake Park, 55432.
Parents please go inside the building with your children to sign them in and out.

**THE FUN LAB! (ages 6 – 12)**

We are off to the brand new Fun Lab in Blaine! You’ll get unlimited laser tag, mini bowling, and laser maze and spin zone, and on top of all that, each child will get a $5 game card and two slices of pizza and beverage for lunch! In the afternoon we will have exciting games and activities at Able Park and if weather allows inflatable fun!
Registration deadline: June 10.

Wednesday, June 19
9:00am – 4:00pm
Drop off/Pick up at Able Park Building - 8200 Able St.
Fee: $38/child

**COMO ZOO & COMO TOWN**

**(Ages 6-12)**

Join us for a fun filled day at Como Zoo & Como Town amusement park. We’ll begin the day viewing the wonderful animals at Como zoo. After lunch we are off to Como Town where you will get an unlimited ride wristband and we will spend the afternoon enjoying as many of the rides and attractions as we can! Be sure to bring a bag lunch and dress for the weather. Includes supervision, transportation, and unlimited ride wristband.
Registration deadline: June 19.

Wednesday, June 26
9:00am – 4:00pm
Drop off/Pick up at Able Park Building - 8200 Able St.
Fee: $30/child

More Wednesday Youth Summer Outings on the next page
WEDNESDAY SUMMER OUTINGS CONTINUED

**WET N WILD DAY AT COMMONS PARK (Ages 6 – 12)**

This annual event is always a cool afternoon adventure! The morning we will spend having fun at Able Park and in the afternoon we’ll head to Commons Park in Fridley and enjoy big slide, lots of sprinklers, water toys, and tons of water balloons! Don’t forget to bring a swimsuit and towel, and sunscreen! In case of inclement weather, parents will be notified by the recreation department of what the weather back up plan will be. Registration deadline: July 3.

Wednesday, July 10
9:00am – 4:00pm
Drop off/Pick up at Able Park Building - 8200 Able St.
Fee: $35/child

**OLD LOG THEATRE & HYLAND PARK (Grades K-6)**

There are two sides to every story, and when the Big Bad Wolf takes the stand in Piggsylvania’s Trial of the Century, he finally gets his say. Enter the jury box and decide the fate of Big ‘n’ Bad in this musical adaptation of the hit children’s book. The Old Log Theatre brings the story of “The True Story of the Three Little Pigs” to life and is a great place to introduce youngsters to the fun and magic of live theatre. After the show we’ll stop at the awesome play area for lunch and playtime. Please bring a bag lunch and water bottle. Registration deadline: July 10.

Wednesday, July 17
9:00am - 4:00pm
Drop off/Pick up at Able Park Building - 8200 Able St.
Fee: $35/child

**WILD MOUNTAIN (Grades K-7)**

Wild Mountain Waterpark, located in Taylors Falls. Here we will enjoy the 4 awesome waterslides, an 800-foot lazy river, and a zero depth entry water play area complete with four slides, hydro fountains, a cargo climbing net, water cannons and bubblers. Also, for those interested and at least 46 inches tall, you may bring $5 to try the FREEFALL. This new attraction is a 27-foot high landing that you can jump off onto a huge inflatable mat! Please bring your swimsuit, towel, sunscreen and bag lunch. Registration deadline: August 1.

Wednesday, August 7
9:00am - 4:00pm
Drop off/Pick up at Able Park Building - 8200 Able St.
Fee: $38/child

**BUNKER BEACH WATER PARK (Ages 7 – 12)**

Come spend the day with us a Bunker Beach water park! The park includes 25,000 sq ft wave pool, waterslide tower, a large adventure pool including a play structure and lazy river! Be sure to pack your bag with a bag lunch, swimsuit, towel, and sunscreen. Registration deadline: July 17.

Wednesday, July 24
9:00am – 4:00pm
Drop off/Pick up at Able Park Building - 8200 Able St.
Fee: $32/child

**NICKEL JAMBOREE (Ages 6 – 12)**

The morning we are spending at Able park doing fun activities and games. After lunch we are headed to Commons Park in Fridley for the Nickel Jamboree! Fee includes a $5 card kids can use towards - carnival games, puppet shows, face painting, hayrides, popcorn and beverages. Activities are between 10-50 cents, so each child should bring a few dollars in extra change. Bring a bag lunch. Registration deadline: July 24.

Wednesday, July 31
9:00am – 4:00pm
Drop off/Pick up at Able Park Building - 8200 Able St.
Fee: $35/child
SCIENCE DAY CAMP - JR. SCIENTIST
(Grades 1 - 5)

Become a Mad Scientist chemist, physicist, magician, and illusionist. Help make a volcano explode and learn the principles of polymers while making your own slime and putty. Discover the difference between white light, ultraviolet and laser lights. Is it magic? No...it's science! Sworn to secrecy, you'll learn the science behind some great magic tricks. Investigate how psychology, chemistry and physics combine to create amazing optical illusions and magic effects. See how your mind can be tricked into looking at things in a whole new way. Registration deadline: April 15.

Friday, April 19
9:30am – 4:00pm
Able Park Building (8200 Able St)
Fee: $56/child (Includes all instruction & afternoon snack)

SCIENCE DAY CAMP - ROCKET BLAST OFF
(Grades 1 - 5)

3-2-1 Blast Off! This action packed class focuses solely on rockets and rocket flight. Learn about model rocket design, building, aerodynamics, propulsion, launching, safety and recovery. Take part in a launch. Take home your own rockets and an abundance of model rocket knowledge. This Mad Science camp is a blast for boys and girls alike. Registration deadline: April 15.

Monday, April 22
9:30am – 4:00pm
Able Park Building (8200 Able St)
Fee: $56/child (Includes all instruction & afternoon snack)

Little Slugger Co-ed T-Ball Program
4 Year Olds

A great program for your young ones to meet new friends and learn about the importance of teamwork. Children must turn required age by June 17, 2019. Learn softball basics with emphasis on skill development, rules, sportsmanship and fun. Coaches needed! - If you would like to help by coaching your child’s team please email: jangell@slpmn.org Registration deadline: June 1.

Mondays & Wednesdays, June 17 – July 31 (not meeting July 3)
Sanburnol Park (520 Sanburnol Dr.)
6:00 - 7:00pm
Fee: $35/child (Includes t-shirt, hat & participation award)

KARATE/ART OF SELF DEFENSE (Ages 5 - up)

This karate program is designed to enhance the student’s self-esteem and confidence while increasing self-discipline and knowledge of personal safety. Basic karate moves and self-defense combinations are taught by black belt instructor Norm Rolando. Optional uniforms are available to purchase from the instructor for $30.00. Please indicate on registration form which "Time" you are signing up for. Register by class start date.

TIME(S)
New Students ages: 5 - 7: 5:30 - 6:10pm
Returning: 6:20 - 7:00pm
advanced: 7:10 - 8:00pm

Spring Session : Tuesdays, April 16 - June 4
Location: SLP High School
KH Community Room (Enter Door #33)

Summer Session: Tuesdays, June 11 - August 6 (no class July 2)
Location: Able Park Building (8200 Able St.)
Fee: $48/child/session

RED CROSS BABYSITTERS COURSE (Ages 11 & up)

This one day course is offered to boys and girls ages 11 and older who wish to learn child care skills. Our certified Red Cross Instructor: Allison Curtis will teach students basic childcare including: child development, supervision, accident prevention, emergency response, feeding and infant care, as well as some basic first aid skills. Bring a bag lunch. Please register early – class sizes are limited! A great class for a great price! Registration deadline: May 3.

Saturday, May 11
9:00am – 3:30pm
SLP City Hall
Fee: $58/child (Includes instruction, certification and take home materials)

Register at WWW.SLPREC.ORG
YOUTH ACTIVITIES

We’ve partnered up with QC Dance
All classes held at: QC Dance Studio
(9967 Ulysses St. NE, Blaine, MN 55434)

TUMMY TIME-INFANT MOVEMENT CLASS
(Ages 3 months through crawlers + parent/adult)

This interactive class provides parent/infant bonding during a class filled with music, props and activities. Each infant will participate in stretching, tummy time and more to reach their developmental milestones through play! Registration deadlines: one week in advance of each session.

Session I: Fridays, June 14 - July 19
10:50 - 11:35am
Fee: $40/session

Session II: Fridays, July 26 - August 23
10:50 - 11:35am
Fee: $40/session

INTRO TO DANCE (Ages 3 – 5)

A delightful introduction to the art of dance with ballet basics, creative movement, fun with props and tumbling, all in a professional dance setting. Please wear leotard (skirt attached is acceptable if not too long) or exercise/comfortable stretchy attire and ballet slippers. This class is perfect for the child who is comfortable separating from mom or dad. Registration deadlines: one week in advance of each session.

Session I: Wednesdays, June 19 - July 17
5:00 - 5:35pm
Session II: Fridays, June 14 - July 19 (no class July 5)
10:10 - 10:45am
Fee: $50/session

BALLET, TAP & KIDS’ JAZZ (Ages 5 to 8)

Participants will learn basic ballet positions and steps in a relaxed atmosphere where fun and creativity are encouraged. Enjoy some foot stomping and jazz for coordination and rhythm. Discover Dance! Fun for your feet! Registration deadline: June 12.

Wednesdays, June 19 – July 17
8:00 – 8:40pm
Fee: $50/child

LIL’ HIP HOPPERS (Ages 4 to 6)

Students will learn the latest styles of dance through body isolations, funky-styled steps and contemporary moves to the latest approved pop and hip hop Music. Wear comfortable clothes and sneakers.
Registration deadline: June 12.

Wednesdays, June 19 – July 17
5:10 – 5:50pm
Fee: $50/child

HIP HOP (Ages 7-11)

Students will learn the latest styles of dance through body isolations, funky-styled steps and contemporary moves to the latest approved pop and hip hop music. Wear comfortable clothes and sneakers.
Registration deadline: June 12.

Wednesdays, June 19 – July 17
7:25 - 8:05pm
QC Dance Studio (9967 Ulysses St., NE, Blaine)
Fee: $50/child

Pre-registration required for all courses - at least one week in advance
YOUTH ACTIVITIES

INTRO TO CLOGGING (Ages 6-10)

This lively, non-stop fun class will leave every student wanting MORE! Students will be introduced to clogging basics and combinations. It’s more than the old school clogging! Students will love the popular upbeat music and the fast pace of the class. A definite favorite. Minimum Enrollment 5. Registration deadline: June 12.

Wednesdays, June 19 – July 17
8:15 – 8:50pm
Fee: $50/child

DANCETEAM PREP & TECHNIQUE (Ages 10-18)

Everything you need for your school dance team! Taught by competition dance team coaches, these classes are open to all dancers and all levels. These classes specialize in State-level dance team skills including kick stamina, jazz and kick technique and flexibility. Registration deadline: June 12.

Wednesdays June 19 – July 17
7:45 - 8:30pm
Fee: $50/child

MELODY BEAR™ (Ages 3-6)

Melody Movement introduces children to dance and movement using the natural actions of the body such as running, walking, jumping, hopping, skipping and galloping. It is structured to aid children’s physical development, coordination, spatial awareness, sensory development, creativity and self-expression, working individually, with a partner, or as a group. Melody Movement also introduces children to other fundamental curriculum learning skills such as counting, colour and shape recognition, vocabulary and language skills. The strength of the system is that learning is achieved through imaginative movement which is enjoyable and fun. Melody Movement provides every child with the opportunity to discover and fulfill their own potential whilst nurturing creative development. Taught by Julie Wadey – certified Melody Bear Curriculum Instructor. Registration deadlines: one week in advance of each session.

Session I: Fridays, June 14 - July 19 (no class July 5th)
Session II: Fridays, July 26 - August 23
12:30 - 1:15pm
Fee $50/session

STORY TIME WITH A TWIST (see age details in description)

Reading is fun and so is wiggling around! Story Time with a Twist is a weekly activity for children of all ages and their caregivers. This fun-filled activity combines storybooks with music, dance, rhymes, instruments, finger plays, and much more! Join us as we explore stories while learning rhythm, musicality, motor skills and verbal skills. Registration deadlines: one week in advance of each session.

Session I: Wednesday, June 5 - June 26
Session II: Wednesday, August 7 - August 28
Option - Ages 0-3 (with Parent/Adult) 9:35-10:10am
Option - Ages 2-5 (independent) 10:10-10:45am
Fee $25/session/option

All classes held at: QC Dance Studio
(9967 Ulysses St. NE, Blaine, MN 55434)

Register at WWW.SLPREC.ORG
New Class!
EXTREME ROBOTICS: EV3 BATTLEBOTS (Entering grades 3 – 8)

New Class! With new builds and challenges! Combining the versatility of the LEGO building system and the Mindstorms EV3 (the most sophisticated microcomputer brick ever made by LEGO), this camp will energize and excite students. Working each day in teams, students will construct fun LEGO models, experiment with programs, and compete in robotic challenges. Robot building, block programming, and teamwork will be part of each day’s activities. Final challenges will be centered on hitting targets and a sumo battle. Please bring a drink and snack daily. Registration deadline: June 2.

Mon, Tues, Wed, June 10 – 12
9:00am – Noon
SLP City Hall
Fee: $99/child

INTRO TO CODING WITH SUPER HEROES (Entering grades 1 – 3)

Create YOUR OWN VIDEO GAME! Love video games? Students as young as five years old can create their own platform video games in this cool class! Choose your storyline with favorite superheroes as your stars; add challenges and levels of difficulty, then share by email or post on the web to challenge family and friends. Now young students can practice math, logic, and programming and put their video game talents to work! The game will be in an animated Flash format, viewable in most internet browsers. Bring a jump drive to the last day of class, or files can be emailed to parents. Registration deadline: June 11.

Tues & Wed, June 18 - 19
9:00am – Noon
SLP City Hall
Fee: $70/child

New Class! POKÉMON MOVIE MAKING (Entering grades 1 – 8)

New Class! Work on a stop-motion animated POKÉMON movie. Pick your favorite characters to star in your mini-movie; the possibilities are endless. Action figures, props, and backdrops will be available for filming in class. Handle all the technical details including using a digital movie camera, filming scenes, doing stop-motion animation, digital editing, and adding finishing touches, special effects, and transitions to the movie. Students’ groups’ final projects will be emailed to parents, or students may bring a USB jump drive the last day. Registration deadline: June 8.

Tues & Wed, June 25 - 26
9:00am – Noon
SLP City Hall
Fee: $70/child

MULTIPLAYER MINECRAFT: CITY BUILDER (Entering grades 2 – 6)

Minecraft is a sandbox building game that’s been dominating the world of video gaming for the past several years. Collaborate with fellow students to construct a city! Students will take home their completed world file at the end of class. Beginners and experienced Minecrafters alike will love this action-packed camp! Please bring a drink and snack daily.

Registration deadline: July 1.

Mon, Tues, Wed, July 8 – 10
8:00am – Noon
SLP City Hall
Fee: $99/child
ENGINEERING: CRAZY ACTION CONTRAPTIONS
(Entering grades k – 3)

Unleash your imagination as you journey through the wide-ranging world of LEGO building. Students working in pairs will build models and discuss the engineering science behind each. This fun, hands-on class shows students how engineering can be fun and silly, yet still educational. Students will then be challenged to improve the model and customize their creations. Possible models include the Never-Look-Back Machine, Skittletops, Do-Nothing Machine, Coat Hanger Daredevil, Trapdoor Cable Car Parachute Machine, Rubberband Racer, Balloon - Powered Car, and other Crazy Action Contraptions. Please bring a drink and snack daily. Registration deadline: July 15.

Tues & Wed, July 23 - 24
9:00am – Noon
SLP City Hall
$68 / child

New Class!
JAVA MINECRAFT MODDING:
INFINITY GAUNTLET
(Entering grades 4 – 7)

New Class! Learn and use elements of Java coding to create Minecraft mods. Alter the world around you with the real stone, defeat the ender dragon with the power stone, and halve the universe using all six infinity stones. Shape the world to your will and make the universe “perfectly balanced”. Use the Java programming language to create Thanos armor and a working infinity gauntlet. Students should be comfortable with keyboarding and, of course, playing Minecraft! At the end of class, take home your mods to share with family and friends. Bring a USB drive, a snack, and a drink each day. Registration deadline: July 25.

Mon, Tues, Wed, August 5 – 7
9:00am – Noon
SLP City Hall
Fee: $99 child

SLP Mile Challenge!
This is a great option if you want to increase your endurance, energy, and improve your health. To get started all you need to do is pick up a Personal Log Form from the Recreation Department (or online) and get moving! www.slprec.org. How to reach your goal: biking four miles = one SLP Mile, swimming one mile = four SLP Miles, and jogging – walking – running one mile = one SLP Mile.

100 Mile Club
Complete 100 miles by jogging, swimming, or bicycling in any combination during a four month period and receive a “100 Mile Club” T-shirt and certificate! You must keep a record of your distance and achievements on a personal log sheet. When you have completed your 100 miles bring the log sheet and $15 to the Recreation Department to receive your T-shirt and certificate.

500 Mile Club
Why stop after completing your 100 mile goal, try the “500 Mile Club”! The rules are the same, only your 500 miles must be reached within a twelve month period. After reaching your goal, bring in your 500 mile log sheet and $27 to receive your 500 mile sweatshirt and certificate.

1000 Mile Club
After making it this far are you ready for the ultimate challenge? Try the “1000 Mile Club”! The rules are the same as the 100 and 500 only your 1000 miles must be reached within an 18 month period. When you reach your goal, bring in your 1000 mile log sheet and pick up information on how to order your special 1000 Mile windbreaker jacket. Call for price.

Register online at WWW.SLPREC.ORG
**2019 SUNDAY NIGHT CO-REC FUN SOFTBALL LEAGUE 18+**

Sunday evening single game league for co-red adult teams. Team fee includes seven weeks of play, plus end of the season double elimination tournament, and tournament awards for top three finishers. For information email: jangell@slpmn.org. Registration forms and online registration available at www.slprec.org.

Register your team early, space is limited!

**Summer Season** [10 wks.]: $460/team

*some openings might still be available, contact Recreation Department ASAP!

Games: April 28 – July 14 (no games May 26 & July 7)

Game Times: 5, 6, 7 & 8pm. (3, 4 & 9pm if necessary depending on size of league)

Tournament: Friday evening, July 19 & Saturday daytime/evening July 20

**Fall Season** [7 wks.]: $360/team

Games: August 4 – September 22 (no games Sept 1, Labor Day)

Game Times: 5, 6, 7 & 8pm. (3, 4 & 9pm if necessary depending on size of league)

Tournament: Friday evening September 27, and Saturday daytime September 28

(Sunday, Sept 29 weather back up if needed)

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**YOGA**

Come explore this ancient exercise system that strengthens the body while calming and focusing the mind. Learn how to take these basic exercises into your daily life to strengthen and tone your body, improve circulation, lower blood pressure, and help relieve stress. All classes include classic Hatha or stretching, breathing practices and a guided relaxation/meditation. Instructor: Michael Ledman.

New for 2019: sessions will run on a monthly basis.

**Thursdays,**

- May 2 – 30 Fee: $45/person [5wks.]
- June 6 – 27 Fee: $36/person [4wks.]
- July 11 – 25 Fee: $27/person [3wks.]
- August 1 – 29 Fee: $45/person [5wks.]
- September 5 – 26 Fee: $36/person [4wks.]

6:00 – 7:30pm

SLP City Hall

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**NORDIC WALKING**

Anyone can do it! It takes a simple walk and turns it into a full body workout and it doesn’t feel like you are working any harder. Increase your heart rate, burn more calories, strengthen your upper body and create resistance to build better bone density. Certified Nordic Walking Instructor. Registration deadline: June 13.

Thursday, June 20

Lakeside Lions Park

11:00am - 12:30pm

Fee: $10/person

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Pre-registration required for all courses - at least one week in advance
New Class! **FAT TIRE**

Fat tire biking has increased in popularity due to the versatility and unique access the bikes provide. The fatter tires improve grip and traction allowing for use year-round, even in the snow. The low-pressure tires allow for a larger contact area with the trail surface, providing better balance to the rider, letting even the most inexperienced rider get the hang of it quickly. We will provide instruction along with a ride. Registration deadline: May 22. Space is limited!

Wednesday, May 29
Coon Rapids Dam Regional Park
(east, Anoka County side)
3:00 - 5:00pm
Fee: $22/person

**BIRD HIKE**

Want to get better at your bird identification, take your birding skills to the next level, or simply get outside for a hike and observe animals? Join an experienced bird guide as we hike through Coon Rapids Dam. Binoculars, bird lists, and lots of birding fun included. Registration deadline: May 8.

Wednesday, May 15
9:00 - 11:00am
Coon Rapids Dam Regional Park (east, Anoka County side)
Fee: $10/person

**STAND UP PADDLE BOARDING**

Easy, fun and a great workout! What else is there to say? Paddle boards are a great way to get out on the water and be active. Picture a beefed up surf board that is stable and a long canoe paddle used to propel yourself. Class sizes are very small and the instruction is short and easy, so most of our time will be out on the water. Registration deadline: June 18.

Tuesday, June 25
6:00 - 7:30pm,
Coon Rapids Dam Regional Park
(east, Anoka County side)
Fee: $27/person

**INTRODUCTION TO KAYAKING**

We will cover basic strokes, boat safety, bracing and the common “which kayak is best for me” question. No experience is necessary. Space is limited.

Registration deadline: one week in advance of each session.

Session I: Tuesday, May 21
Session II: Thursday, June 13
6:00 - 8:00pm
Coon Rapids Dam Regional Park
(east, Anoka County side)
Fee: $20/person/session

**WOMEN’S FALL COLOR KAYAK RIVER TRIP**

Join us for a fall day on the St. Croix River. Participants will meet at Interstate Park near Taylors Falls (state park sticker required). The one-way trip begins below the falls and ends at the Osceola landing. Participants will then shuttle back to the park. Life jackets required to be worn. Kayaks are provided through the state park vendor.

Registration deadline: September 30.

Monday, October 7
12:30 - 3:00pm
Fee: $37/person
(Includes instruction, lifejackets and kayak, and guide)
ZUMBA

Zumba is a Latin-inspired fitness class that incorporated music and dance movements, creating a dynamic, exciting, effective and non-intimidating exercise environment. Zumba is great for the body and the mind! It truly is EXERCISE IN DISGUISE! Appropriate for all skills and fitness levels, no experience necessary! Registration deadline: one week in advance of each session.

Thursdays,
  Session I: June 6 - July 11 (no class July 4th)
  Session II: July 18 - August 15th
  7:15 - 8:00pm
  QC Dance Studio –9967 Ulysses St. NE, Blaine
  Fee: $30/person/session

COUNTRY TWOSTEP

Country Two Step is a fast, fun partner dance – it’s basically a Swing dance that progresses around the floor. It can be danced to a variety of country music and has endless step combinations. We will focus on the concepts of lead and follow, the basic Two Step patterns and several fun turns. And, we will learn the choreography to one of the most popular line dances, the Boot Scoot! No experience necessary! Registration deadline: May 30.

Thursdays, June 6 - June 27
  8:00 - 9:00pm
  QC Dance Studio-9967 Ulysses St. NE, Blaine
  Fee: $40/person

BEGINNING SALSA, MERENGUE AND BACHATA

Salsa is a fast, sexy and fun dance. It is also extremely popular. You can find a club to Salsa dance most every night of the week. It has origins in Cuba and Puerto Rico, but has many influences from around the world including New York’s 1970’s disco scene. Merengue is the National dance of the Dominican Republic. It is an easy dance with very brisk, quick steps and hip action. There are several theories as to the origins of the dance, one of which is that the Dominican people honoring a wounded war hero danced with a limp. Bachata also has its origins in the Dominican Republic. It is danced widely all over the world but with many varying styles. The music is romantic with prominent acoustic guitar. In this class we will work on the basics and add fun patterns to all three dances, with the focus on Salsa. No experience necessary! Registration deadline: July 25.

Thursdays, August 1 - 22
  8:00 - 9:00pm
  QC Dance Studio-9967 Ulysses St. NE, Blaine
  Fee: $40/person
**ACRYLIC PAINTING**

Students will learn the basic technique of One Stroke Painting and techniques using acrylic paints. Class includes step by step instruction, painting supplies and your own 16 x 20 canvas masterpiece. Brushes available to use during class OR bring your own. Instructor: Jill Mason

(Complete description of the artwork at: www.picturetrail.com/paintingwithjill)

Mondays
May 6  “Tulips Painting”
May 20  “Butterfly Painting”
6:00 - 9:00pm
SLP City Hall
Fee: $27/person (There is a separate supply fee to be paid to instructor night of class)

**PAINT AND SIP**

Step by step instruction, painting supplies and your own masterpiece. Alcohol and food are purchased at VFW; no carry-in allowed. Must be 21 years of age.

Registration deadline: one week prior to class start date.

**Thursday, May 16 “Lovin the Lake”**
6:00 - 9:00pm
Kraus-Hartig VFW-Membership Room
(8100 Pleasant View Dr.)
Fee: $35/person

**Sunday, June 9 “Tower Days Paint and Sip”**
1:00 - 3:30pm
Class will be held outside at the Tower Days Festival at Lakeside Lions Park (79th Ave & Pleasant Dr.)
Fee: $35/person

**GRANDPARENT AND ME PAINTING**

Parents or Grandparents, spend a fun morning with your kids making one large canvas painting together. Brushes will be supplied or you may bring your own. Children must be accompanied by an adult. Keep in mind there is one canvas per registered Adult/Child to work on together, you may register another child to work on the same canvas for an additional $5/chid.

Saturday, May 11 “Spring Time”
10:00 - Noon
SLP City Hall
Fee: $27/per class for one grandparent and one grandchild; each additional child $5.00
(Please call 763-792-7201 if adding an additional child)

**MAKE YOUR OWN BIRD BATH**

This bird bath is made from a terra cotta tray which you usually place under a pot. It is decorated with mosaic tiles and is beautiful when completed. It’s then placed on a wrought iron stand which can be purchased locally. Bring an ice cream bucket and small cool whip container. Wear clothes that can get dirty. An additional $25/person materials fee is payable to instructor the night of the class. Instructor Peggy Decker. Registration deadline: April 30.

**New Class! THE ART OF SUSHI**

Come explore the world of sushi as you create this Japanese delicacy yourself. We’ll begin by preparing the coveted sushi rice then you’ll learn the art of “nigiri-sushi” (hand molded rice) topped with shrimp, unagi, and ahi tuna. You’ll then learn how to prepare “maki-sushi” using a bamboo mat to roll rice with various fillings in and around Nori (seaweed sheets). Options and accompaniments will include surimi, cucumber, avocado, cream cheese, teriyaki chicken, tempura onions, spicy mayo, eel sauce, wasabi, pickled ginger and soy sauce.

Registration deadline: May 14.

**Tuesday, May 21**
6:30 - 8:30pm
Spring Lake Park High School Room – B108
Fee: $31/person

**Culinary Class**

Class taught by Jeff Sandino

Jeff is founder of “Flavors from the Home” Jeff’s love of food began at the Lincoln Del. He sought formal training at L’Hotel Sofitel in Bloomington, MN and Houston Texas. His 40+ year professional career has brought him to such spots as Buca Di Beppo, Figlio, Sunsets on the Bay, My pie pizza and the Sunshine Factory to name just a few. He’s appeared on several cooking shows demonstrating his culinary wizardry but his passion is teaching and demystifying the process of gourmet cooking.

Pre-registration required for all courses - at least one week in advance
**ADULT SPECIAL INTEREST**

**ESSENTIAL OILS** Each class participants will receive a recipe book and tips. All natural ingredients and 100% pure and therapeutic grade Essential Oils are used. There will be extra products and materials available if you want to purchase some after the class for CASH & CARRY.

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**GET OUTSIDE WITH ESSENTIAL OILS**

Essential oils are a healthy alternative to many common, chemical based products. From bug repellent, to hand sanitizer, to after sun spray and more. Come learn how easy it is to replace toxic chemicals with natural products. Participants will receive a handout of natural recipes and one free hand sanitizer, bug repellent, or cooling spray to take home. Additional products will be available for purchase during class if desired. Registration deadline: May 15.

Wednesday, May 22
6:30 - 7:30pm
SLP City Hall
Fee: $17/person

**New Class! ESSENTIAL OIL BINGO**

Learn more about essential oils and how they work while playing Essential Oil Bingo and winning prizes at the same time! Registration deadline: August 13.

Tuesday, August 20
6:30 - 7:30pm
SLP City Hall
Fee: $17/person

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**STAR TREK: BEHIND THE SCENES OF THE FINAL FRONTIER**

Go behind the scenes of the final frontier with this great class from North Metro TV Studio Manager Eric Houston! This one hour class features dozens of fascinating facts about the Star Trek franchise as well as rare clips and videos, including the original Star Trek blooper reel, footage from the un-airred Star Trek pilot starring Jeffrey Hunter, and a scene from the rarely seen Star Trek animated series. Plus you'll learn the important part Lucille Ball played in Star Trek history, see the original designs for the Enterprise and even enjoy the musical stylings of William Shatner and Leonard Nimoy! Don't miss your chance to go where no one (well, actually, several people) has gone before with this fun and informative class!

Wednesday, June 19
10:00 - 11:00am
SLP City Hall
Fee: $2/person

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**JIM HENSON AND THE MUPPETS**

It's time to raise the curtains! It's time to light the lights! It's time to grab a seat for this terrific one hour look at the life and career of one of the most talented and creative men ever born: Jim Henson. North Metro TV Studio Manager Eric Houston will use rare photographs and clips to take you on a tour of Jim's work, including the birth of the Muppets. You'll see rare Muppet commercials, clips from Jim's most famous and most obscure movies and TV shows, and even get a look at Sam and Friends, the very first Muppet show! You won't want to miss it!

Wednesday, August 7
10:00 - 11:00am
SLP City Hall
Fee: $2/person

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**New Class! STRESS LESS AND LIVE MORE**

Your body doesn't distinguish one kind of stress from another. When you alleviate stress in your body, you sleep better, your moods will change, your digestion will improve, and in general you will feel better. Come learn different ways to stress less and which essential oils promote relaxation. Each participant will receive essential oil recipes and a sample of stress relieving essential oil. Registration deadline: June 11.

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**MAKE OVER YOUR MEDICINE CABINET MAKE & TAKE**

Enhance your family's health by making over your medicine cabinet with Pure Therapeutic Grade essential oils. Learn which oils can be used in replacement of over the counter products. Each participant will receive essential oil roller ball bottle recipes and 2 roller ball bottle blends of their choice. More will be available for purchase if you'd like to make more to take home. Registration deadline: July 9.

Tuesday, July 16
6:30 - 7:30pm
SLP City Hall
Fee: $27/person

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**ESSENTIAL OIL BINGO**

Learn more about essential oils and how they work while playing Essential Oil Bingo and winning prizes at the same time!) Registration deadline: August 13.

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**New Class!**

Tuesday, June 18
6:30 - 7:30pm
SLP City Hall
Fee: $17/person

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**Early Film Treasures**

**NEW COURSE**

**STAR TREK: BEHIND THE SCENES OF THE FINAL FRONTIER**

Go behind the scenes of the final frontier with this great class from North Metro TV Studio Manager Eric Houston! This one hour class features dozens of fascinating facts about the Star Trek franchise as well as rare clips and videos, including the original Star Trek blooper reel, footage from the un-airred Star Trek pilot starring Jeffrey Hunter, and a scene from the rarely seen Star Trek animated series. Plus you'll learn the important part Lucille Ball played in Star Trek history, see the original designs for the Enterprise and even enjoy the musical stylings of William Shatner and Lenard Nimoy! Don't miss your chance to go where no one (well, actually, several people) has gone before with this fun and informative class!

Wednesday, June 19
10:00 - 11:00am
SLP City Hall
Fee: $2/person

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Wednesday, August 7
10:00 - 11:00am
SLP City Hall
Fee: $2/person

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Pre-registration required for all courses - at least one week in advance
INVESTMENT BASICS

A thorough investment strategy can help you meet your short-term, mid-term and long-term financial goals. Identify your financial goals and time horizons, while taking into account your risk tolerance. Discover investment fundamentals, the difference between stocks and bonds and the importance of asset allocation. Registration deadline: April 25

Tuesday, May 7
6:00 - 7:00pm
SLP City Hall
Fee: $2/person

MONEY

Retire Wisely Learn how to manage six risks all retirees face—outliving income, inflation, unpredictable events, market volatility, income taxes and rising health care costs—to help you maximize your retirement. Registration deadline: June 13.

Thursday, June 20
6:30 - 7:30pm
SLP City Hall
Fee: $2/person

Firearm Safety Classes

Instructor is Gary King of the Big Sky Firearms, LLC 763-213-2793.

WOMEN’S FIREARMS FAMILIARIZATION

This class will be for women who want more hands-on knowledge about hand guns. Class outline: safety, weapon ID, weapon selection, ammo selection, proper stance, proper grip, holster selection. Live fire a 22cal. revolver, 38 cal. revolver and a 9mm semi-automatic. Weapons are provided however participants may bring their own unloaded weapon. Participants must provide own eye and ear protections. Minimum age is 18.
Register deadline: April 23.

Tuesday, April 30
4:30 - 7:30pm
SLP City Hall
Fee: $70/person/class (Includes range fees, course materials, certified instructor)

PERMIT TO CARRY

The class will cover state laws, weapon functions, ammo selection and legal aspects of the Minnesota carry permit. The Minnesota carry class will institute a course of fire. Upon successful completion of the carry class, you will receive all documents needed to obtain a permit in the State of Minnesota. Minimum age is 21, and must be a US citizen or permanent resident. Bring your personal firearm (Semi auto or revolver), 25 round of ammo, two magazines or a speed loader and eye & hearing protection.
Registration deadline: at least one week in advance of each session.

Session I: Saturday, April 20 at 11:30am - 2:30pm
Session II: Thursday, May 9 at 6:30 - 9:30pm
Session III: Saturday, May 18 at 11:30 - 2:30pm

SLP City Hall
Fee: $80/person/session (Includes range fees, course materials, certified instructor) Class fees do not include state application fees.

RENEWAL CLASS

Minnesota law simply states that for renewal permit training, the individual must take another class. An applicant must present evidence that the applicant received training in the safe use of a pistol within one year of the date of an original or renewal application. Must be 21 and US Citizen or Permanent Resident. Bring your personal firearm (Semi auto or revolver), 25 round of ammo, two magazines or a speed loader and eye & hearing protection. Registration deadline: at least one week in advance of each session.

Session I: Saturday, April 20 at 11:30am - 2:30pm
Session II: Thursday, May 9 at 6:30 - 9:30pm
Session III: Saturday, May 18 at 11:30 - 2:30pm

SLP City Hall
Fee: $80/person/session (Includes range fees, course materials, certified instructor) Class fees do not include state application fees.

INVESTMENT BASICS

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Tuesday, May 7
6:00 - 7:00pm
SLP City Hall
Fee: $2/person

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Register deadline: April 23.

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4:30 - 7:30pm
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Registration deadline: at least one week in advance of each session.

Session I: Saturday, April 20 at 11:30am - 2:30pm
Session II: Thursday, May 9 at 6:30 - 9:30pm
Session III: Saturday May 18 at 11:30 - 2:30pm

SLP City Hall
Fee: $100/person/session (Includes range fees, course materials, certified instructor) Class fees do not include state application fees.

RENEWAL CLASS

Minnesota law simply states that for renewal permit training, the individual must take another class. An applicant must present evidence that the applicant received training in the safe use of a pistol within one year of the date of an original or renewal application. Must be 21 and US Citizen or Permanent Resident. Bring your personal firearm (Semi auto or revolver), 25 round of ammo, two magazines or a speed loader and eye & hearing protection. Registration deadline: at least one week in advance of each session.

Session I: Saturday, April 20 at 11:30am - 2:30pm
Session II: Thursday, May 9 at 6:30 - 9:30pm
Session III: Saturday, May 18 at 11:30 - 2:30pm

SLP City Hall
Fee: $80/person/session (Includes range fees, course materials, certified instructor) Class fees do not include state application fees.
**MN SAFETY COUNCIL 55+ DRIVING CLASSES**

**8 HOUR COURSE**
This course is required for all adults 55 and over who wish to receive a minimum discount of 10 percent on their automobile insurance. Once you have completed the eight hour course, you must take a 4 hour refresher course every 3 years to maintain your discount. Classes do fill quickly. No walk-ins.

Saturday, June 8 and 15 9:00am - 1:00pm
Fee: $23/person

**4 HOUR REFRESHER COURSE**

Every three years, you are required to take the 4 hour refresher course in order to maintain your discounted automobile insurance. Classes do fill quickly. No walk-ins.

Tuesdays
May 21  9:00am - 1:00pm
June 18  9:00am - 1:00pm
September 24  9:00am - 1:00pm
Fee: $20/person/class

**SENIOR Safety & Wellness Fair**

**Thursday, May 2**
8:30am: Check-in & Vendor Displays
9:15am-2:15pm: Safety & Wellness Fair

Mail check, along with name & contact information to:
SBM Fire Station #3
Attn: Senior Safety Fair
11920 Ulysses St. NE
Blaine, MN 55434

Many great speakers will present a variety of safety and wellness topics at the annual Senior Safety Fair. Registration includes lunch, snacks throughout the day, speakers, health screenings, door prize drawings, and a vendor fair. Preregistration is required. For more information, please contact Katrina Krist at 763-767-4003.

Guest Speaker, Mark Irving, Former Jockey
Mark Irving has spent his life working with horses, which lead him to a career as a professional jockey for 20 years. Mr. Irving did not let retiring be the end of his career and instead he threw himself into another one by using his interests, skills and passion.
SENIOR BINGO
Every second and fourth Monday of the month enjoy BINGO at the Spring Lake Park City Hall! There’s no charge to have fun and maybe win a prize. No registration required.

2nd & 4th Mondays
September - May
SLP City Hall
1:00 - 3:00 pm

BOOK CLUB
Do you love to read, and want to share and discuss the book? Join us the first Thursday of every month. No charge to participate.

May Read  “Marathon by Brian Freeman”

First Thursday of the Month
October - May
11:00 am - Noon
SLP City Hall

SENIOR CARD CLUB
Join other seniors every Thursday from 1:00-3:00 pm for 500 at the Spring Lake Park City Hall. There is no charge to participate and no pre-registration is required.

Thursdays, Year round activity
1:00 - 3:00 pm
SLP City Hall

WALKING CLUB
Get Out of the house and enjoy a stroll in an area park with other walkers. Senior Strollers coordinator Beverly Kronstedt, a volunteer with the Spring Lake Park Recreation Department will lead the group of strollers each week. No charge to participate.

For More information call Beverly at 763-571-7502

FREE SENIOR CLUBS & ADULT TRAVEL SHOW

Join us….
Free Senior Clubs
At Spring Lake park City Hall

Join us for Our....
Hawaii Travel Show

Join us for an exciting Presentation

• Highlighting Hawaiian Adventure
• Plus other upcoming Tours

Wednesday, July 17
10:00am
SLP City Hall
Free
Please call 763-792-7201 to reserve your spot

Register at WWW.SLPREC.ORG
MOTORCOACH TOUR OF HISTORIC CEMETERIES OF THE TWIN CITIES

Spend a fun and most interesting day with photographer and storyteller Doug Ohman as he takes us round the Twin Cities to experience historic cemeteries. We will catch a glimpse of frontier Minnesota as we visit the graves of the state’s early pioneers. The tour will include unique stops that shed new light on Minnesota history, including the oldest cemetery in Minneapolis. If you have been on Doug’s tours in the past you know he will entertain with stories and information that will make the day most memorable. Tour includes transportation via motor coach, lunch and lots of walking on uneven surfaces. Registration deadline: April 30.

Wednesday, May 15
9:00 - 4:00pm
Depart from SLP City Hall
Fee: $82/person (Includes tour, lunch, coach transportation & SLP escort)

A TOUCH OF COUNTRY CLASS!

We’re off to Waseca this morning to the Touch of Country Class Farm Boutique! Before we get to the farm, we’ll make a stop at Russell Stover’s Outlet Store in Owatonna. Always a great place to visit — filled with wonderful deals. Remember to look for the boxes of “Bloopers” — always the best deal in town! At the farm you’ll have plenty of time to wander through the three story barn filled from top to bottom with creative, unique crafts. There are four specialized outbuildings brimming with everything from garden accessories to antiques to food specialties and more! Then it’s on to enjoy a wonderful included late lunch and another shopping stop along the way. Moderate walking — some on unpaved areas.

Registration deadline: May 9.

Thursday, May 23
8:00am - 4:00pm
Depart from SLP City Hall
Fee: $60/person (Includes all activities, lunch, coach transportation & SLP escort)

WALKER OUTDOOR SCULPTURE GARDEN TOUR

Enjoy some of the Twin Cities finest outdoor sculpture gardens! We start the day with an hour long walking tour of the Outdoor Walker Sculpture Garden. This garden was updated in 2016. Then we will enjoy lunch at Casper’s Cherokee Steak House of Eagan. This family owned restaurant is a well-loved Eagan landmark.

Please select when registering one of the following:

- Top Sirloin, 5 Ounce
- Walleye Fingers
- Cheese Stuffed Tortellini with Red Sauce (no potato)
- Chicken Caesar Salad with Soup (no house salad)
- Cherokee Burger-cheddar, bacon, lettuce, tomato, raw onion, green pepper

*All entrees include a Cherokee House salad with homemade creamy Italian dressing, baked potato, fresh rolls, butter and dessert and select non-alcoholic beverages.

Then it is off to a distinctive natural outdoor park offering seamlessly blends of art and Caponi Art Park. This 30 minute walking tour will explore the history of the sculptures and the man who created them. After the tour you will have time to enjoy the park on your own. We finish our adventure with a stop at Abdullah Candies newest store in Apple Valley.

Registration deadline: June 11.

Tuesday, June 25
9:15am - 4:30pm
Depart from SLP City Hall
Fee: $68/person (Includes transportation, guided tours, lunch and SLP Escort)
LAKE MINNETONKA SIGHTSEEING LUNCH CRUISE

Enjoy a wonderful relaxing lunch buffet aboard a Paradise Charter yacht on Lake Minnetonka. This one and half hour boat cruise will pass by fabulous homes of the rich and famous located along the shores plus listen to the captain give an interesting narration. Time to enjoy a beautiful summer day together. Registration deadline: July 8.

Monday, July 22
10:15am - 2:00pm
Depart from SLP City Hall
Fee: $61/person (Includes cruise, delicious lunch assortment of sandwiches, coleslaw, fresh fruit, cookie and nonalcoholic drink, coach transportation and SLP escort)

VISIT THE BELL MUSEUM!

We start the day with lunch at Keyes Café. Meal includes turkey lunch, beverage, and dessert. We then make a stop at Como Park before we immerse ourselves in a journey through space and time in the breathtaking 120-seat planetarium. Next we will take a guided walking tour (70 minutes) where you will learn about the diversity of life on earth through the lens of the Bell’s world-renowned wildlife dioramas. The brand new Bell Museum is a must see! Registration deadline is 7-12-19

Wednesday, August 14
10:45am - 4:15pm
Depart from SLP City Hall
Fee:$65/person (includes admission, lunch, transportation and SLP Escort)

HARMONY AMISH TOUR

We travel to the tiny village of Harmony (making a comfort stop at the Apache Mall Food Court in Rochester - meal not included at mall) and then enjoy lunch at the Harmony House Restaurant. It is a small-town Café with home cooked meal. (Chicken dinner with potatoes, salad, veggies, dessert and nonalcoholic beverage). Harmony’s Amish community is the largest in Minnesota and is strictly “Old Order” Amish, meaning that the people are very private and have strong Christian convictions that bind their community together, enabling them to resist the ways of modern society. After lunch, a local guide will board the coach and escort the group into the countryside with stops at 3-4 Amish Farms. Hear about their extraordinary way of life and their beliefs. See the beautiful rolling countryside and black buggies. Stops are made where you can purchase some homemade goods (cash only). Registration deadline: August 16.

Tuesday, September 10
8:15am - 6:00pm
Fee: $74/person
(Includes transportation, meal, tour and SLP Escort)

A GENTLEMAN’S GUIDE TO LOVE & MURDER

A Gentleman’s Guide to Love and Murder is the knock-em-dead, uproarious hit and the most-nominated show of the 2014 season. With ten Tony nominations and four wins, including Best Musical, Book, Direction and Costumes, it also earned seven Drama Desk Awards (including Best Musical), four Outer Critics Circle Awards (including Best Musical) and one Drama League Award (Best Musical).

When the low-born Monty Navarro finds out that he's eighth in line for an earldom in the lofty D'Ysquith family, he figures his chances of outliving his predecessors are slight and sets off down a far more ghoulish path. Can he knock off his unsuspecting relatives without being caught and become the ninth Earl of Highbhurst? And what of love? Because murder isn't the only thing on Monty's mind...Registration deadline: September 23.

Wednesday, October 23
11:00 am - 5:00 pm
Depart from SLP City Hall
Fee: $81/person
(Includes transportation, meal, show and SLP escort)
Hawaiian Adventure

Three Islands featuring Oahu, Kauai and Maui
with Optional 2-Night Big Island Post Tour Extension
April 19 – 28, 2020

10 Days ● 13 Meals: 9 Breakfasts, 4 Dinners

Day 1: Sunday, April 19
Honolulu, Oahu - Aloha! Your adventure in the sundrenched Hawaiian Islands begins in Honolulu. Upon arrival you’ll be welcomed with a traditional Hawaiian floral lei before transferring to your Waikiki Beach hotel. Relax and “hang loose” — you are in Hawaii!

Day 2: Monday, April 20
Oahu - This morning “Remember Pearl Harbor” as you embark on a historic journey. Begin at the World War II Valor in the Pacific National Monument to view artifacts from the attack and a short documentary on the Day of Infamy. Travel by naval launch to the white marble-clad USS Arizona Memorial. In the silence, reflect on history as you gaze upon the thousands of names inscribed on the wall of remembrance. After this poignant experience, take a city tour of Honolulu highlighting the historic Iolani Palace, the impressive state capitol building, King Kamehameha’s statue, and the moving National Cemetery of the Pacific, known as the Punchbowl. The remainder of your day is at leisure to explore Oahu your way.

Day 3: Tuesday, April 21
Oahu - Embark on a wonderful journey along Oahu’s famous North Shore. If there is such a thing as a perfect wave, you’ll likely find it here. The large waves of this legendary surf mecca attract the best surfers. Several television series and movies were filmed in this area. A stop in the surfing town of Haleiwa will surely be a highlight as you learn why surfers gather from all over the world with waves ranging from 2 to 40 feet! Rich with island history, Haleiwa is now the social and artistic hub of the North Shore. Here you will find surfers fueling up at the restaurants in its plantation-era buildings before hitting the famous beaches of Waimea Bay, Ehukai (Banzai Pipeline) and Sunset Beach. Return to Waikiki and enjoy the remainder of the day at leisure.

Day 4: Wednesday, April 22

Day 5: Thursday, April 23
Kauai - The day is yours to enjoy this beautiful island at leisure. Stroll along the beach or take advantage of your resort’s activities. You may also choose to experience the island through the eyes of Hollywood with an optional tour of the island’s famous movie filming locations.

Day 6: Friday, April 24
Kauai - Step aboard an open-air boat for a cruise along the tranquil Wailua River. Your captain will tell stories of days gone by before making a stop to disembark for a short guided walk to the lush, green Fern Grotto. On your return boat ride, hula dancers join you to demonstrate this ancient art form, originally performed for the volcano goddess Pele.

Oahu - Kauai - A short flight takes you to the “Garden Isle” of Kauai, the oldest island in the chain. Only here, on the outer islands, can you find the timeless world of ancient Polynesia. Upon arrival, travel to breathtaking Waimea Canyon. Carved thousands of years ago by rivers and floods, each of the lines in the canyon walls represent a different volcanic eruption or lava flow. At 10 miles long, 1 mile wide, and more than 3,500 feet deep, it is considered the “Grand Canyon of the Pacific.” Later, visit the largest coffee estate in Hawaii and discover the coffee bean’s journey from tree to your morning cup. Learn about sustainability practices and taste several of their coffees.
Day 7: Saturday, April 25
Kauai - Maui - Board an inter-island flight* to the “Valley Isle” of Maui, one of the most beautiful and popular outer islands. Visit the stunning Iao Valley and view the 2,000-foot-high Iao Needle, one of Maui’s famous natural landforms. Visit the old royal capital of Lahaina, once home of the world’s largest whaling fleets, where you can stroll through historic streets. Travel through sugarcane fields to the resort area of Kaanapali and arrive at your deluxe beachfront hotel.

Day 8: Sunday, April 26
Maui - Spend a day at leisure to see for yourself why locals say “Maui no ka ‘oi” (Maui is the best). Perhaps you will take an optional cliffside drive on the legendary Road to Hana. Or you may choose to take a stroll along the beach, shop for souvenirs or simply relax at your luxurious Maui resort. There is no limit to the adventures you can have on this gorgeous island!

Day 9: Monday, April 27
Maui - Enjoy another day in paradise. To cap off your visit, you may decide to view the sunrise from the summit of Haleakala (optional). Tonight, complete your wonderful trip with a farewell dinner, Hawaiian-style, at a traditional Polynesian luau featuring endless tropical drinks and a sumptuous feast.

Day 10: Tuesday, April 28
Maui - Bid “Aloha” to Hawaii as your memorable tour ends in Maui.** Now, wherever your home is, you’ll always be part of the Hawaiian “ohana” (family).

Highlights
- Waikiki Beach
- Pearl Harbor
- Oahu’s North Shore
- Waimea Canyon
- Kauai Coffee Estate
- Fern Grotto
- Iao valley
- Lahaina
- Polynesian Luau

Price Per Person
Double Occupancy $5,899
Single Occupancy $7,899
Triple Occupancy $5,849

A deposit of $500 per person is due upon reservation. Reservations made are on first come, first service basis. Reservations made after the deposit due date of August 12, 2019 are based on availability. Final payment due by February 19, 2020. Deposits are refundable up until August 19, 2019.

Hawaii Travel Show
- Highlighting Hawaiian Adventure
- Plus other upcoming Tours
Wednesday, July 17
10:00am at SLP City Hall
Free
Please call 763-792-7201 to reserve your spot

Call us for Complete Itineraries 763-792-7201
Canadian Rockies
and Glacier National Park

September 16 - 24, 2019

Tour Highlights

9 days/8 nights
$2,259 Double, $2,989 Single
$2,209 Triple

- Sulphur Mountain Gondola Ride
- Lake Minnewanka Boat Cruise
- Banff National Park — Mountains and Waterfalls, Lake Louise, Columbia Icefield, Glacier Skywalk
- Jasper National Park - Athabasca Falls
- Peyto Lake
- Calgary Olympic Park
- Glacier National Park
- All hotel accommodations & baggage handling when available
- 13 meals—8 breakfast, 2 lunch, 3 dinner
- Deluxe motorcoach
- Experienced tour manager and motorcoach driver

$100.00 deposit due at time of registration, balance due by July 16, 2019. Passport or Pass card required.

Fees include all hotel accommodations, deluxe motorcoach transportation, activities and meals as indicated, luggage handling for one bag when available* and SLP Escort

CANCELLATION POLICY
Full refund provided by Spring Park Recreation up to 7-16-19 after that date you must file a claim with Travel Insured International.

SLP Recreation has purchased the Group Protection plan from Travel Insured International on behalf of all participants.

DAY 1—September 16
Today we begin our travels to the beautiful Canadian Rockies. We will take rest stops, play games and watch movies as we head to our first stop in Minot, North Dakota. Tonight your dinner will be included at the local Pizza Ranch. Comfort Inn (D)

DAY 2 - September 17
Have your passport or pass card ready this morning as we enter Canada and make our way to our lunch stop (on your own) in Moose Jaw, which is known for its giant historical murals. We continue our trip to Medicine Hat Lodge for our overnight, stopping along the way for photo opportunities. (B)

DAY 3 - September 18
Today we head to Calgary, which is set against the beautiful backdrop of the Canadian Rockies. Calgary sits at the confluence of the Bow and Elbow Rivers. Once just a small western outpost, Calgary is now a booming city in an energy rich Province. After enjoying lunch on your own, we will have a 3 hour guided tour of Calgary. Highlights include major attractions like Heritage Park, Fort Calgary, Stampede Park, and Canada Olympic Park. Included tonight is dinner at the hotel—Holiday Inn* (B, D)

DAY 4 - September 19
We depart this morning for Banff, the nation’s highest town, at 4530 feet above sea level. We will pick up our local step on guide and then stop at Bow Falls which cascade between Mount Rundle and Tunnel Mountain near the Banff Springs Hotel, making a beautiful backdrop for photos. Next we catch the gondola to Sulphur Mountain, where the surrounding scenery will keep your cameras busy. Lunch will be on your own in the quaint town of Banff. This afternoon we will head to Lake Minnewanka for an hour narrated boat cruise, offering wide open views of the Canadian Rockies. In addition, we will see Surprise Corner (the spot where most of the famous pictures have been taken of the historic Fairmont Banff Springs Hotel) and take scenic Tunnel Mountain Drive. Tonight dinner is on your own in Banff. Banff Inns of Banff * (B)
DAY 5 - September 20
After included breakfast at the hotel we depart on the Icefields Parkway and see some of the most spectacular scenery in the world. We see Peyto Lake, considered the best view in Canada. A highlight of the tour is a thrilling snow coach ride on the Columbia Icefield. Finishing the day with a Glacier Skywalk where a cliff-edge walkway allows you to view glaciers above you and the spectacular Sunwapta Valley below. This evening enjoy Jasper and dinner on your own. Sawridge Inn*(B, L)

DAY 6 - September 21
Today we will travel southward with our first stop being at the Athabasca Falls viewpoint. Then we’ll continue on to the picturesque town of Lake Louise stopping for included lunch. Following lunch we head to the lake itself. You will have free time to explore the grounds at one of Canada’s most iconic hotels, Chateau Lake Louise. Perched on the glistening emerald lake and surrounded by soaring mountain peaks it is probably the most beloved and most photographed scene in all the Canadian Rockies. We continue south through Yoho National Park, taking stops for photos and then stopping in Invermere, British Columbia for the night. The evening is at your leisure to gather with your fellow travelers for a little socializing and to have dinner at one of the local restaurants. Best Western. (B, L)

DAY 7 - September 22
Today we head back to the United States and enter Glacier National Park. Have your passport ready. Entering the west side of Glacier National Park, we head to Lake McDonald Lodge to meet the “Red Buses” for a narrated trip along the Huckleberry Mountain Route. Start your Red Bus tour with amazing scenic and wildlife viewing opportunities on Cameron Road to the little explored North Fork region of Glacier National Park. Enjoy an easy and optional walk on the Huckleberry Mountain Nature Trail before your return trip through the spectacular burn areas from the fires of 2003. The tour concludes as you delve into the great cedar and hemlock forests that lie within the Lake McDonald Valley on your way to Sacred Dancing Cascade. (The Going to the Sun Road is closed for repairs at this time of year). After our tour we travel another 2 hours to Shelby, MT. Tonight at the hotel we will have a our FAREWELL PIZZA Dinner at hotel. Best Western* (B, D)

DAY 8 - September 23
We continue our journey east making our way through Montana into North Dakota, taking rest stops along the drive to our evening stop in Minot. Comfort Inn (B)

DAY 9 - September 24
We are off to a bright early start as we enjoy our last day traveling together. We will play games, watch DVD’s and enjoy reminiscing about all the fabulous sights we saw and experienced on our Canadian Rockies and Glacier National Park Tour. We should arrive back in SLP around 5:00pm. (B)

Activity Level
This is a moderately high activity tour. Although participants are not required to participate in all activities, in order to get the most benefit from the tour it is encouraged. Days start early and are full of adventure.

Itinerary Note
Every effort is made to retain the exact itinerary as advertised. We occasionally have to make changes due to circumstances beyond our control. Any cancelled activity will be replaced with an activity of equal or greater value.

* Luggage service available at this location.
PANCAKE BREAKFAST

Join the Spring Lake Park Lions for their popular all-you-can-eat pancake breakfast. For just a free-will offering, you can enjoy your fill of pancakes, French toast, sausage, scrambled eggs, juice, milk and coffee. In addition to the breakfast, there will be face painting, craft and bake sale, community exhibits and free cholesterol screening with blood pressure checks by the Wellness Van. Bring the entire family for an enjoyable fall morning. All proceeds go to support local community programs.

RAISED-BED COMMUNITY GARDEN

Sanburnol Park is home to the raised-bed community garden. Located in the south east corner of the park, these raised-beds make gardening easier for you to plant, maintain and harvest your crops. The 4’x8’ garden beds are available to reserve now, on a first-come, first-serve basis.

- One garden plot per household can be reserved by mail or in person at the Recreation Department. Fee is only $20.00.
- There will be access to water, however, the gardens will be situated to receive regular watering from the park irrigation system.
- Barrels for waste and organic materials will be provided to encourage a clean garden area.—Mowed grass paths separate the gardens.
- You may use granular fertilizers and insecticidal soap for pest control. No aerosol or hose end sprayer fertilizers/pesticides will be allowed.
- The gardens will be available for planting beginning May 1 and will close October 31 when all plant materials shall be removed.
- Garden hours are 5:00am – 10:00pm.
- Be a good gardener and harvest only your crops.
- These raised beds are a natural pest deterrent. However, temporary fencing will be allowed but must be removed at the end of the season.

Enjoy this therapeutic stress reliever growing your own healthy, fresh produce, herbs or flowers.

Share Your Skills!

Bring your interests, hobbies and skills to the community by teaching a class. We are always looking for new ideas and instructors to become involved in bringing their interest to others. If you have an idea for a class and are interested in teaching, youth or adults, please call 763-792-7201 for more information or email us at recinfo@slpmn.org

PANCAKE BREAKFAST

Sunday, April 28
8:00am – Noon
SLP High School cafeteria – Enter door #33
Free-will offering

LET’S SADDLE UP TO SUPPORT FORT SPRING LAKE PARK

A Beyond the Yellow Ribbon City

Pork Chop Dinner w/baked potato, vegetable, applesauce, & dinner roll.

4th Monday of every month
5:00 - 7:00pm
Kraus-Hartig VFW #6587
Fee: $8.00/person
(Proceeds go to help veterans and families in our community)

SPRING LAKE PARK LIONS EQUIPMENT RENTALS

6 Ft Tables
Folding Chairs
10/20 Ft Tents *
20/30 Ft Tents *
*Includes setup & tear down of tents
Delivery & Pick Up - 50¢ per mile (first 10 miles are free)

Call for pricing and availability:
763-780-1619

Enjoy this therapeutic stress reliever growing your own healthy, fresh produce, herbs or flowers.
Experience free live entertainment for the entire family. Spend a relaxing evening at Spring Lake enjoying live music from popular local bands. A variety of genre including jazz, country, rock and folk music will be performed. In addition to music, The Beyond the Yellow Ribbon Organization will be providing food for purchase, with all proceeds going to benefit veterans and their families. So grab a lawn chair, gather your family and friends and join us for some good music, good food and good company on a lovely summer night by the lake.

Co-Sponsored by the Spring Lake Park Lions Club

**NEW Dine & Dance Summer Music Series**

Wednesdays, 6:30 – 8:00pm
Lakeside Lions Park – 1696-79th Ave NE

<table>
<thead>
<tr>
<th>Date</th>
<th>Band</th>
<th>Genre</th>
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<tbody>
<tr>
<td>June 5</td>
<td>Spring Lake Park High School Jazz Band</td>
<td>Jazz</td>
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<tr>
<td>June 19</td>
<td>“Country Band“</td>
<td>Classic Country</td>
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<tr>
<td>July 10</td>
<td>“Swing Cats”</td>
<td>Jazz and Swing</td>
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<td>July 24</td>
<td>“The Michael Handler Project”</td>
<td>Folk, Pop, Rock, Country</td>
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<td>August 14</td>
<td>“The Castaways”</td>
<td>50’s Rock</td>
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**Movies in the Park**

Join us for a movie in the park. Grab your blanket or lawn chair and join us for an outdoor movie experience with your family and friends.

Sanburnol Park - 8463 Terrace Rd.
At Dusk (Approx. 9:00pm)
Free
*Popcorn, beverages & candy will be available to purchase at the event for a small fee.

Wednesdays,
June 8     “Ralph Breaks the Internet”
July 17    “The Original Ghostbusters”
July 31    “Mary Poppins Returns”

The Spring Lake Park Lions along with SLP Park & Recreation Department and The City of Spring Lake Park host this event as an affordable way for families to enjoy a night in the community.

Spring Lake Park Lic.# 00584

**YOUTH ATHLETIC ASSOCIATIONS**

The following associations are organized and run by volunteers and are available for Spring Lake Park School District 16 youth to participate in.

**Blaine Area Little League**
Baseball for youth ages 4-15.
www.ba-littleleague.org

**SLP Youth Lacrosse**
Ages 7-14.
www.springlakeparklacrosse.org

**Blaine Soccer Club**
In-house and traveling programs for boys and girls ages 3-19.
763-792-7369  www.blainesoccer.org

**SLP Panther Football Association**
Youth football program for grades K-6.
www.pantheryouthfootball.org

**SLP Youth Hockey Assoc.**
In-house and traveling programs ages 4-15.
www.slpyna.org

**SLP Basketball Club**
In-house (grades 2-6) and traveling (grades 4-8) programs for boys and girls.
www.pantherbasketball.org

Our Fall Catalog will be available August 2019
REGISTRATION
Three Easy ways to Register

Register online
- Please go to the Registration page on the website www.slpmn.org to create your account and add family members. If you are having trouble setting up your account or logging in, let us help. Call us at 763-792-7201.

Register in person
- Visit the Recreation Office at City Hall, 1301 81st Ave NE, Spring Lake Park, MN and we will set up your account and add your family into our new system.

Call us 763-792-7201
- We can do the same thing over the phone as we can in Person.

*All courses/classes have pre-registration deadlines of one week prior to course/class date unless otherwise indicated.

*There is an additional processing fee when using your credit card for all extended tours.

AFTER HOURS

DROP SLOT
Drop slot is located inside the doors at Spring Lake Park City Hall. (City Hall Hours 8:00am - 4:30pm)

CLASS REFUND / CANCELLATION POLICY
Refunds cannot be guaranteed after registration deadline which is one week prior to class start date or by registration deadline indicated and may be subject to a $5.00 processing fee. Absolutely no refunds will be issued 72 hours or less prior to the activity start date. In the event SLP Recreation needs to cancel a class due to lack of enrollment, weather or an emergency you will have the option of transferring to another class or we will issue you a refund. Our Day trip and Extended tours have their own specific refund/cancellation policies see below.

PHOTO POLICY
Photographs and videos are periodically taken while participants are in programs, special events or enjoying the parks. Please be aware that these photos may appear in the local newspaper, on local cable television and/or Park and Recreation Department publications.

DAY TRIP AND EXTENDED TOURS

REGISTRATION PROCEDURES
For Extended Tours — in order to be considered registered you are required to complete a registration form and submit your deposit. For Day Trips — you should complete your registration form and submit it with your full payment. Anyone can hold a spot on a tour or outing for 72 hours by calling the Rec. office at 763-792-7201. Payment needs to made within 3 business days of the reservation. For day trips — refunds are not guaranteed after the registration deadline. Absolutely no refunds for day trips 72 hours prior to event unless there is a waiting list and your spot can be filled. Please contact the Recreation Dept. at 763-792-7201 if you need further information.

Every effort is made to maintain the Integrity of the itineraries. However, sometimes because of unforeseen situations (i.e. road conditions, inclement weather, facility closures and cancellations), it is impossible to include an activity. In this case, the activity will either be rescheduled or replaced with an activity of equal or greater value.

A NOTE ABOUT EXTENDED TOURS AND DAY TRIPS
All the extended tours and day trips offered by Spring Lake Park Recreation Department are planned and escorted by experienced SLP Recreation Dept. staff. Pick up is at Spring Lake Park City Hall, 1301 81st Avenue NE only. For extended tours, you can park your vehicle in the City Hall lot. To register, please complete the registration form and submit it with your full payment or deposit. Payment is accepted with check or cash. Credit Cards are now accepted with additional processing fee for extended tours. All Tours include luggage handling for one bag, deluxe coach with professional driver and professional SLP Tour Director.

CANCELLATION POLICY FOR EXTENDED TRIPS

Full refund provided by Spring Park Recreation registration deadline. After deadline date you must file a claim with Travel Insured International.

Spring Lake Park purchases a Group Protection Plan from Travel Insured International on behalf of all Extended Tour participants.

Visit WWW.SLPREC.ORG for more Parks and Recreation Information
**Register at WWW.SLPREC.ORG**

The Spring Lake Park Recreation Department accepts registration [online or by mail or in person at the Recreation Office, 1301 81st Avenue NE, Spring Lake Park, MN 55432. Registrations may be dropped off during regular business hours or placed in the night depository located on the left hand side of the inside double doors. All registrations must be accompanied by check/cash or Credit card information. Cash during office hours. **MAKE CHECK PAYABLE TO SLP RECREATION.**}
Mark your Calendars for some Family Fun!

The Spring Lake Park Lions Club &
The City of Spring Lake Park proudly present

Spring Lake Park Tower Days

June 6-9, 2019

Craft & Business Fair
Lumberjack Show
Kid Activities
Food Vendors
Live Music
Beer Garden
Fireworks at dusk
See pages 3-5