

PlayGram

JANUARY 2020

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www.indianaapt.org



Happy New Year!

President Tondra's Note:

Where did January go? I hope you all had a great holiday season and found some time to reflect and recharge. I struggled with that this year. Reflection I have down, the recharge not so much. I feel that it is so important to try to have some balance in our lives and that we need to model this for our peers and our clients but let's be honest, somedays it just isn't going to happen. I would love to hear how you recharge. I am going to post the question on our Facebook group page when this newsletter is sent so we can learn from each other and support each other as we fail and as we succeed.

Celebrate National Play Therapy Week!



Use **#playtherapyweek2020** on your social media posts to promote your passion.

Check out www.a4pt.org for more ways to show your support.



INAPT ANNUAL CONFERENCE 2020

Jeffrey Ashby, Ph.D., ABPP, RPT-S

June 18-19, 2020

Valle Vista Golf Club and Conference Center

Greenwood, Indiana

Day 1: Teens and Tweens

Day 2: Creativity in Play Therapy



Ethics Training with

Davi Stein-Kiley, LCSW, RPT-S

1 hour Ethics training for play therapy

Ethics training will be on Day 1 of the

Conference.

****INAPT will send out a separate email when registration is open. ****

Visit our website for more details to come

www.indianaapt.org

Supervision

Looking for your RPT/S certification?

Supervision opportunities available!

Flora Crin, MA, LMFT, LCAC, RPT-S, Individual and group supervision in the Noblesville area. Flora can be reached at (765)667-9920. Contact her at Flora.crim@lifesoulutionspc.com

Tondra Crum, LMHC, RPT-S, offering individual and small group supervision on the south side of Indianapolis. Contact her at tondracrum@gmail.com or at 317-258-8611

Kristin Hughes, LCSW, RPT-S, Certified Adlerian Play Therapy Trainer, Presenter, and Supervisor Individual or group supervision. Kristin can be reached at 317-332-8839, her office is located in New Whiteland (South Indianapolis), webpage www.abettertoday.info

Laura Kirchhofer, LMHC, LMFT, LCAC, RPT-S, Individual supervision and group supervision for RPT and can be contacted at Laura@lkchild-familytherapy.com and (765)-860-8447

Rebecca Peters, LMHC, RPT-S, Individual supervision or those wanting to improve their play therapy skills in the Lafayette area. Contact her at 765-463-3016 ext#7 or innerstrengthcounseling@outlook.com for more information.

Catherine Tucker, PhD, LMHC, RPT-S, Individual and group supervision. Contact her at 812-230-5126 or catherinetucker812@gmail.com.

Heather Maritano, LCSW, RPT-S Individual and group supervision hmartino@gmail.com website: heathermartino.com or by phone at (812)323-8230 Supervision opportunity: September 10-13, 2020

Training advertisements in the INAPT play gram can be provided for a small fee of \$25.00 per year. Send checks to: Indiana Association for Play Therapy P.O. Box 40933 Indianapolis, IN 46240 memo: play gram fee

Training Opportunities for 2020 with Heather Maritano. Please visit heathermartino.com for more information.

Sand Tray Trainings 2020

Level 1 Feb 22-23 in Bloomington and July 10-11 in Kendallville

Level II April 4-5 in Bloomington and August 28-29 in Kendallville

Level III October 3-4 in Bloomington

Level IV November 7-8 in Bloomington

Area Annual Play Therapy Conferences

Michigan

February 28 & 29, 2020 Lansing, Michigan

Pam Dyson, MA, LPC-S, RPT-S

Assessment & treatment planning involving parents in play therapy and play therapy for grieving children.

More information visit: www.mafpt39.wildapricot.org

Kentucky

March 12 & 13, 2020 Lagrange, Kentucky

J.P. Lilly, LSCW, RPT-S

“Understanding the Deeper Meaning of Children’s Play: A Jungian Analytical Play Therapy Perspective”

More information visit: www.KYA4PT.org

Registration information at www.events.r20.constantcontact.com

Ohio

April 23 & 24, 2020 Columbus, Ohio

Pam Dyson, MA, LPC-S, RPT-S

Using Play Therapy to Treat Attachment Disorders and Play Therapy for the Often

Misunderstood Preschool Population

More information, visit: www.ohioa4pt.com

Creative Intervention

Glitter or Gel Bags



I cannot thank my friend, Katie, who is an Occupational Therapist, enough for this inexpensive and wonderful tool. I am not sure who to give credit for the original intervention, as I am sure it is all over every social media outlet.

Materials:

1 Large Bottle of inexpensive hair gel (Dollar Tree) colored or clear

1 freezer quart size plastic bag (freezer bags are more durable)

Glitter (optional)

Food Coloring (optional)

Directions:

Squeeze the hair gel into the plastic bag. Fill the bag at least halfway. Add as much glitter as you like or leave plain. For a different color, add a few drops of food coloring. Release the excess air out of the bag. Seal the plastic bag. Squeeze the gel around to mix the glitter and food coloring.

Do you feel its relaxing qualities?

Some use this toy to help with mood regulation, sensory work, practice with fine motor skills such as writing letters or numbers, feeling faces, for just plain fun.

Playfully,

Jenny Beisner, LCSW, RPT-S